



THE BUZZELL BUZZ
THE DEPARTMENT OF
ELDERLY SERVICES
MAY 2024



BUZZELL
SENIOR CENTER
 15 SCHOOL STREET
 WILMINGTON,
 MA 01887
TELEPHONE:
 978-657-7595 OR
 978-658-2258
MONDAY – FRIDAY
9:00AM– 4:30PM
 

Department
of Elderly Services
Staff Contact
Information

Director:
 Terri Marciglio
 TMARCIELLO@WILMINGTON
 MA.GOV

Case Manager:
 Laura Pickett
 LPICKETT@WILMINGTON
 MA.GOV

Senior Clerk:
 Kelly Fordham
 KFORDHAM@WILMINGTON
 MA.GOV

Coordinator
Assistant:
 Debra Hurley
 DHURLEY@
 WILMINGTONMA.GOV

Van Driver:
 Sonja Halliday

NEWS & UPDATES

It's that time of the year again, Esther's garden is back. Esther and Kelly have started treating and prepping the straw bales. Take a peak at Esther's garden which is now located next to our bocce courts. We're excited to start our garden again and will be periodically giving updates on its progress!

We have a lot of new events scheduled for the spring and summer months so make sure to read through this month's and other upcoming newsletters so you don't miss out on the fun!

This month, get ready for the Kentucky Derby at the senior center on Friday, May 3, 2024. Please note that the Herb Garden event that was scheduled for Wednesday, May 1, 2024 has been postponed for now.

Our Moment Café restarted last month and had a great turnout. Each month, seniors living with memory loss and their caregivers can attend Our Moment Café to socialize, participate in an activity, and make new friends in a welcoming environment. More information about this can be found on page 3.

Cornhole will be held on Friday, May 10, 2024 and Friday, May 24, 2024 at 2:00PM. **Dance & Tone is cancelled beginning on Tuesday, May 28, 2024 until further notice.** Please note the following class cancellations for May; Gentle Yoga: Thursday, May 2, 2024; Chair yoga: Friday, May 3, and Friday, May 31, 2024. All exercise classes for Thursday, May 23, 2024 are cancelled.

Check out what's been going on with our new senior center on page 6. So much progress has been made. If you're able to, take a drive by and see for yourself! The next few months are going to be very exciting as we continue to watch our new senior center become a reality.

We would like to wish everyone a safe Memorial Day weekend as we remember and honor all the brave heroes who served our country. **The senior center will be closed on Monday, May 27, 2024 for Memorial Day. There will be no home delivered meals on this date as well. If you have any questions, don't hesitate to call the center.**

Don't forget! The annual Town Meeting is on Saturday, May 4, 2024 at 9:00AM.

TRANSPORTATION

Transportation is available for local medical appointments as well as trips to the salon/barber, grocery store, or pharmacy.



Call the center to book your ride!

HAPPY MOTHER'S DAY!

We would like to take a moment to wish all the mothers, grandmothers, great grandmothers, and great great grandmothers a very happy Mother's Day!



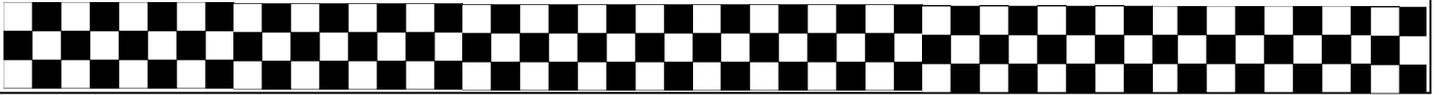
RUN FOR THE ROSES

And they're off...

Come and get ready for the Kentucky Derby at the senior center on
Friday, May 3, 2024 at 2:00PM

Women-wear your most creative, stunning fascinators. Gentleman-how about your most stylish bowtie as we all get ready for the "Run for the Roses".

Come and try your luck at the "track" and pick your favorite horse for the win, place or show. Races start at 2pm. Come share in the excitement, refreshments, and prizes! Sign up was in April. Call to see if space is still available.



GAME NIGHT

When: Thursday, May 9, 2024

from 4:30PM-7:00PM

Cost: \$4.00

Join us for a light dinner, dessert, and evening full of fun!

Sign up was in April. Call the center to see if space is still available.

Upcoming Game Night dates:

Thursday, June 13, 2024

Thursday, July 11, 2024

Thursday, August 8, 2024

Thursday, September 12, 2024



SAVE THE DATE:

June Game Night:

When: Thursday, June 13, 2024

From 4:30PM-7:00PM

Cost: \$ 4.00

Music BINGO & trivia with
Chris Ferraro.

Sign up for this event will be in person on Tuesday, May 28, 2024 at 10:00AM.

HAPPINESS: WHAT IT LOOKS LIKE AND HOW TO ACHIEVE IT

When: Wednesday, May 8, 2024 at 1:00PM

Join us for a discussion with Henry Quinlan about happiness. Henry is a renowned publisher and owner of Omni Publishing Company.

Call the center to sign up!



SPECIALIZED PHONES FOR PEOPLE WITH DISABILITIES

When: Wednesday, May 22, 2024 at 1:00PM

The Massachusetts Equipment Distribution Program (MassEDP) is a service that provides residents with a permanent disability (i.e. hearing loss) access to telephones. By offering specialized telephones for free or at a reduced cost, depending on income, this program fosters independence, empowerment, and freedom of choice.

Come learn more to see if you qualify for this free program. Call the center to sign up!



MAY BIRTHDAYS

Esther Bailey	Mike Elia	Roger Metcalfe	Frank Santangelo	Ginny Wilson
Eileen Banks	Paul Gerade	Robin MacMillan	Grace Santo	Cynthia Walsh
Elna Bent	Mary Gerry	Pat McKenna	Walter Sevener	Gertrude White
Joan Bannon	Gerri Familitti	Paz Mendoza	Kathy Shea	Laura Venio
Roberta Brennan	Charlotte Guthrie	Irene Mercurio	Stanley Souza	
Carol Costello	Roy Golisano	Grace Mullens	George Stewart	
Diana Couture	Jeanne Grant	Pat Newhouse	Kris Stone	
Rose Carrozza	Ann Marie Hill	Ralph Newhouse	Rosemarie Stowell	
Marilyn Cox	Ines Iocco	Joanne Newhouse	Ronald Swasey	
Edward Cronin	Mary Ellen Kottmyer	Frank Puleo	David Sweeney	
Barbara Crosby	Diane Lavoie Wilbur	Elaine Palizzolo	William Theriault	
Susan Delaney	Edward Leary	Marilyn Robinson	Tom Tivnan	
Marilyn DiBenedetto	Susan Lohrman	Pat Robarge	Diane Ward	
Ron Esher	Joan Maga	Ed Romanski	Charles Wayman	

We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

CAREGIVERS SUPPORT GROUP

This month our Caregivers Support Group will be on
Monday, May 20, 2024
from 10:30AM-12:00PM.



The role of the caregiver can be a difficult one. If you are caring for a loved one, please feel free to join us.

BRIDGING GENERATIONS

When: Friday, May 31, 2024 9:45AM-10:45AM

Come share in exercise and conversation with a wonderful group of Wilmington High School Students. We will be going over to the high school track.



Please call the center to sign up.
More information to be announced.

OUR MOMENT CAFÉ

Wednesday, May 15, 2024 from 1:00PM-2:30PM at the 4th of July Building.

All are welcome to come!



A memory café is a special gathering place for those living with memory loss and their caregivers. The café gives people the opportunity to socialize, participate in an activity, and make new friends in a welcoming environment.

Our Moment Café will meet on the third Wednesday of every month from 1:00PM-2:30PM at the 4th of July building. If you have any questions, please feel free to contact Terri Marciello or Laura Pickett.

MEMORIAL DAY LUNCHEON

When: Thursday, May 23, 2024 at 12:00PM
Join us for hotdogs and beans.

Cost: \$5.00
Veterans are free

*Sign up for this event is in person
beginning on Tuesday, May 14, 2024
at 10:30AM*



TECH HELP WITH BRAD

When: Tuesday, May 14, 2024
at 11:30AM

(2nd Tuesday of each month)

Call the center to sign up.



Brad McKenna spent fourteen years working in the IT Department for Partners Healthcare before going back to school

for his master's in library and information sciences. He's been the technology librarian at the Wilmington Memorial Library since 2014. His favorite piece of technology he owns are his hearing aids. His favorite piece of technology he used in the library is the VCR used to digitize old home movies.

He can help you with such things as social media and email; laptops, tablets, and phones; and, of course, any of the library services.

SENIOR SEMINAR

When: Friday, May 17, 2024
At 2:00PM

Hosted by State Senator Barry Finegold

Join Barry Finegold to talk about taxes, emergency preparedness, and scam prevention.

Special Guests include representatives from the Attorney General's Office and MEMA.

Call the center to sign up!



FUN SINGERS

When: Wednesdays at 3:00PM
Beginning on Wednesday, May 1, 2024

The fun singers are looking for people who love to sing. You don't have to be a singer, you just need to carry a tune.

The fun singers are not a choir, chorus, chorale group, or glee club. Just a group that gets together to have fun singing all those old songs of yesterday with residents at nursing homes.

Call the center to sign up!



"Music is the memory of your life"

BINGO

Join us for BINGO! Bingo is on the first and third Wednesday of the month at 1:00PM. No need to sign up. Just stop by!



Wednesday, May 1, 2024
at 1:00PM

Wednesday, May 15, 2024
at 1:00PM

Please bring small bills, preferably ones or fives to play.

WOOD CARVING

When: Friday, May 10, 2024
from 10:00AM-12:00PM

Friday, May 24, 2024
from 10:00AM-12:00PM

The project is TBD



MEXICAN TRAIN

New group meeting weekly!
Interested in learning how to play? Or, already know how to play and want to join the fun?

**No need to sign up,
just stop by!**

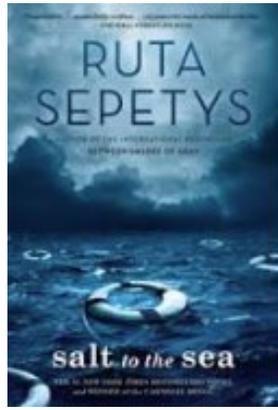
When: Wednesdays at 11:00AM



BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. Due to Memorial Day, this months meeting is **Monday, May 20, 2024 at 1:30PM**

This months book is **Salt to the Sea**
By: Ruta Sepetys
(2016)



INTRODUCTION TO PICKLEBALL

When: Wednesday, May 22, 2024 at 2:00PM

Where: Town Hall Pickleball Courts

All you need to bring is a pair of sneakers and a water bottle. Rackets and balls are provided.



Please call the center to sign up. Space is limited!

FLORAL ARRANGEMENT CLASS WITH DESIGNS BY DON

When: Thursday, June 6, 2024 at 11:00AM
Cost: \$12.00



Sign up for this event will begin on Monday, May 13, 2024 at 10:00AM. Space is limited!

DESIGNS BY DON FLORIST
EST. 1989

GUYS AND DOLLS

When: Wednesday, June 26, 2024 at 2:00PM

Where: Greater Boston Stage Company, Stoneham

Cost: \$30.00

Transportation is provided, More information will be posted around the senior center.



Sign up for this event will be in person beginning on Tuesday, May 21, 2024 at 10:30AM

WORCESTER WOOSOX EVENT



WooSox v. Buffalo Bisons
When: Thursday, August 1, 2024
Cost: \$35.00

Transportation is provided along with a lunch fresh off the grill. **Call the center as soon as possible to sign up. Limited space is available.**

SAVE THE DATE: "THE BEAT GENERATION" A CULTURAL REVIEW OF THE 1950'S



When: Wednesday, July 10, 2024 at 1:00PM

Join us for this multimedia presentation that highlights the cultural nuances of the 1950s. This presentation features live acoustic music and audience sing-alongs, coupled with audio and video clips highlighting the best (and sometimes the worst) of the 1950s.

More information will be in the June newsletter.

SAVE THE DATE: THE ART OF CARTOONING

When: Thursday, June 20, 2024



More information including how to sign up will be in the June newsletter!

SAVE THE DATE: ANNUAL COOKOUT

When: Wednesday, July 31, 2024



More information including how to sign up will be in the June newsletter!

HIKING GROUP



The Hiking Group meets on Tuesdays and Thursdays to hike in various locations both locally and in surrounding towns. If you are interested in joining, please register by calling the senior center.

As of the close for this newsletter, there were 4 hikes, and 34 attendees.

CANDY RAFFLE

CONGRATULATIONS TO PAT MCKENNA!

There were 83 candies in the jar.
Pat guessed closest with 82.

Make sure to stop by the front desk to enter our May candy raffle.

**One lucky winner will be chosen on
Tuesday, May 21, 2024**

NEW SENIOR CENTER UPDATE

- The Senior Center Building Committee met on April 17 at the Town Hall. Our OPM provided an update on the work completed and the construction schedule. The exterior walls are being constructed. The permits have been received from the state regarding access from Main Street (Route 38). The interior walls will be installed in May followed by the roof trusses. Weekly on-site construction meetings are being held, which Terri Marciello attends.

- The architect presented options for interior finishes and fixtures for the Committee's review and selection. The Committee also reviewed some of the proposed exterior amenities.



- The OPM reported that construction is on schedule and within the budget.
- No date was set for the next meeting.
- It is an exciting time in the construction schedule. As you drive by the site, you will now be able to see the building take shape. Much of the previous construction was underground.



MAY 2024

SUN	MON	TUES	WEDS	THUR	FRI	SAT
			1 • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • MEXICAN TRAIN 11:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM • FUN SINGERS 3:00PM	2 • HIKING GROUP 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	3 • ZUMBA 9:00AM • SEWING 9:30AM • POKER 1:00PM • RUN FOR THE ROSES 2:00PM	4 ANNUAL TOWN MEETING 9:00AM
5	6 • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM • STRENGTH & STRETCH 3:30PM	7 • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • BELLY DANCING 11:00AM • FUNCTIONALLY FIT 2:00PM	8 • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • MEXICAN TRAIN 11:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM • HAPPINESS IS 1:00PM • FUN SINGERS 3:00PM	9 • HIKING GROUP 9:00AM • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM • GAME NIGHT 4:30PM	10 • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM • CORNHOLE 2:00PM	11
12	13 • TAI CHI: 9:00AM • SIGN UP FLORAL ARRANGEMENT CLASS 10:00AM • SPECIAL EXERCISE 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM • STRENGTH & STRETCH 3:30PM	14 • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • SIGN UP MEMORIAL DAY LUNCHEON 10:30AM • BELLY DANCING 11:00AM • TECH HELP 11:30AM • FUNCTIONALLY FIT 2:00PM	15 • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • MEXICAN TRAIN 11:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM • OUR MOMENT CAFÉ 1:00PM • BINGO 1:00PM • FUN SINGERS 3:00PM	16 • HIKING GROUP 9:00AM • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • COMMISSIONERS MEETING 1:30PM • FUNCTIONALLY FIT 2:00PM	17 • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • SENIOR SEMINAR 2:00PM	18
19	20 • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • CAREGIVERS SUPPORT 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM • BOOK CLUB 1:30PM • STRENGTH & STRETCH 3:30PM	21 • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • GUYS & DOLLS SIGN UP 10:30AM • BEADING 10:30AM • BELLY DANCING 11:00AM • FUNCTIONALLY FIT 2:00PM • CANDY RAFFLE	22 • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • MEXICAN TRAIN 11:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM • SPECIALIZED PHONES 1:00PM • INTRO TO PICKLEBALL 2:00PM • FUN SINGERS 3:00PM	23 • HIKING GROUP 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • MEMORIAL DAY LUNCHEON 12:00PM • CERAMICS 1:30PM	24 • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM • CORNHOLE 2:00PM	25
26	27 CENTER CLOSED: MEMORIAL DAY	28 • HIKING GROUP 9:00AM • SIGN UP GAME NIGHT 10:00AM • BEADING 10:30AM • BELLY DANCING 11:00AM • FUNCTIONALLY FIT 2:00PM	29 • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • MEXICAN TRAIN 11:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM • FUN SINGERS 3:00PM	30 • HIKING GROUP 9:00AM • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	31 • ZUMBA 9:00AM • SEWING 9:30AM • BRIDGING GENERATIONS 9:45AM • POKER 1:00PM	



TOWN OF WILMINGTON

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10

CURRENT RESIDENT OR



my seniorcenter™



Next time you are at the center, please take a moment to stop at the front desk. We would like to update your profile and make sure we have correct information for you including your emergency contacts. This will only take a minute or two.

REMINDER!

Just a friendly reminder that it is very important to sign in to all events, activities, and classes every time you come to the center. If you do not have a card to scan, please ask for a new one at the front desk.



REMINDER

We ask that you stay at home if you are sick. We have been noticing more and more people coming to the center for activities that are not feeling well. This includes, but is not limited to COVID-19, colds, coughs, flu, stomach bugs, etc. Lets be mindful of the health of others. If you do not feel good, stay home and get some rest.



AVAILABLE AT THE CENTER

- Incontinence products & flushable wipes
 - Hearing aid batteries
 - Medical equipment
- Nutritional Drinks (*Ensure/Boost*)
 - Puzzles
- Books and Puzzle Books
 - DVD's

Call the center if you are in need!