

TOWN OF WILMINGTON
Department of Elderly Services
15 School Street
Wilmington, MA 01887

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TOWN OF WILMINGTON, MA

Department of Elderly Services
Commissioners Meeting
February 16, 2023

The meeting was called to order at 1:26PM by Ken Clarkin with a salute to the flag and a moment of silence.

Roll Call:

Present was Ken Clarkin, Nancy Otovic, Mark Ryan, John Wallace, and Robin Theodos. Gail Protopapas and Linda Walsh.

Minutes – Thursday, January 19, 2023

John Wallace moved to accept the minutes of Thursday, January 19, as written, it was seconded by Mark Ryan.

Upon motion made and seconded

Voted: To accept the minutes of January 19, 2023, as written.

Old Business:

New Senior Center:

On February 3, 2023, Terri met with Architect Lee Morrisette who broke down each room and looked at what each room would be used for. Terri said a lot was accomplished in this meeting, especially the size of each room. The Fitness Room is 34 ft. long and 22 ft wide. Cubby space and media will be part of the room. There will be shelving for weights, yoga mats, exercise balls, etc. Some questions about the type of flooring are still being looked at. Terri is scheduled to meet with Lee again today. May be some changes in the set up of the rooms. Office space will be reviewed. Terri had been concerned about the Arts and Crafts room but was relieved to find out it would be perfect. Lots of storage for yarn. The “potential” Woodshop room is 12ft by 10 ft.- greenware for ceramics-sink. Terri feeling that everything is progressing nicely. Foyer is taking a lot of time and thought. First spot for everyone to see as they enter the building. Will be looking at interior design. Colors. Music in the lobby- speakers throughout the building. Plants in the living room area making the space more “homey”. Heating and cooling-cycling air all the time throughout the building.

On 2/27/2023 a Meeting with Lee, Architect Dan Palota, OPM, George Hooper, Public Buildings, Jamie Magaldi, Public Works, Valarie Gingrich, Joe Desmond, Chief WPD, Bill Cavanaugh, Chief, WFD, Jeff Hull, Town Manager will be held for plans to be shared. Departments can share input at this time.

Next Senior Center Committee Meeting is scheduled for 3/8/2023. Terri not certain if it will be in person on zoom.

New Business:

- **Tax Program**
 - Tax program is up and running. Everything seems to be going smoothly. We are doing taxes every Tuesday from 9am to 3pm.
 - Town Nurse has changed her day at the center from Tuesday to Wednesday during tax season.
 - Commissioners will send a thank you in April to the AARP tax volunteers.

- **"F"Word Farm- 2/22/2023**

Presentation on how to make vinegar and the many uses of vinegar in the home. Terri said the women is very interesting. Will see how this presentation is received and may have other presentations in the future.

- **"Coffee with a Cop"-3/22/2023**

Detective Butch Alpers will be here at the Center along with some other members of the WPD. Det. Alpers will share information and answer any questions from attendees.

- **St. Patrick's Day Luncheon-3/17/2023**

Rocco's will be preparing the lunch. Scheduled to serve at the center at noon. Very excited that will have an Irish step dancer. She is a 14-year-old ranked 9th in the country. Thank you to Matt Crossen for making this happen.

- **"Me Generation"-3/24/2023**

This is a music presentation of the music of the 1970's. Program looks at events that took place during the 70's and how those events influenced music.

- **Pizza Talk and Tasting-3/29/2023**

Program will discuss the different types of pizzas and how they are made. Information will be shared about where to find the best pizzas in the area. Great program for anyone who loves pizza. Space is limited.

- **Indoor Senior Cornhole-3/31/2023**

Audrey Reed will be leading this trial program. Audrey working on the rules and regulations of "senior" cornhole. Looking to see what the response will be. Hoping this will become a regular event.

- **Movie Date-3/20/2023**

Last month's movie event went great! This month the movie will be "Elvis".

No Sew Collage- 3/13/2023

This class has been very well received. Class will be doing a pineapple. Nancy Sandreuter has agreed to do a monthly class. Those interested in the class have to sign up on 3/3/2023.

Bingo-1st and 3rd Wednesdays of the month.

Bingo is going well. Everyone is glad to have it back on a regular basis.

Time Change-3/12/2023

Reminder that daylight saving time begins. Turn those clocks 1 hour ahead.

- **Volunteer Meeting**-Monday, January 30, 2023-1:00pm
Meeting to discuss different volunteer opportunities. Would like to focus on people to meet one on one with folks in the community who are still experiencing isolation.

Event Updates:

- **Volunteer Meeting** was held on 1/30/2023. Meeting went very well. Terri and Laura met with the volunteers. Plan is to match volunteers with seniors in need of companionship.
- Commissioner Gail Protopapas asked if volunteers would be able to take seniors shopping? Terri said at this time, probably no to shopping but that it could evolve to that. Important to build relationships with senior/family first.
- Commissioner Nancy Otovic shared that as a Home Delivered Meals driver, she sees firsthand the little things that folks need help with. "So many are just lonely".
- Commissioner Mark Ryan shared that his daughter passed out heart stickers on Valentine Day. Mark shared that his daughter was going to do it just with her student but decided to share it with others in the community. Mark said his daughter got so much out of this random act of kindness.

- **Comments from the Audience:**

No comments from audience.

Comments from the Commissioners:

No comments from the Commissioners.

Adjourn:

There being no further business to come before the commission, John Wallace moved to adjourn the meeting. It was seconded by Mark Ryan.

Upon motion made and seconded

Voted: To adjourn the meeting at 2:12.

Next commissioner's meeting is scheduled for Thursday, March 16, 2023, at 1:30PM.

Respectfully submitted,

Laura Pickett
Case Manager