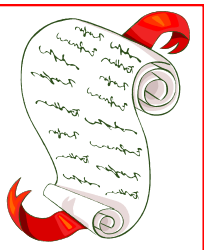
## *Community Events*

### Horribles Parade

**Date:** **Sunday, October 30**
**Time:** **4:30 p.m.**
**Location:** **Parade leaves from the Public Safety Building**
**For:** **Wilmington children <u>in costume</u>**
**Cost:** **Free**

Our 49th Annual Parade will march from the Public Safety Building to the High School Cafeteria where free goodies galore will be waiting. In case of inclement weather, go directly to the High School. Don't forget to bring a bag for your treasures!

### Santa's Workshop



**Date:** **Thursday, December 1**
**Time:** **6 - 7:30 p.m.**
**Location:** **Town Hall, Room 9**
**Cost:** **Free**

Santa has reserved some time to visit with Wilmington children. Bring your camera to capture this special moment!

## *Holiday Program*

### Breakfast with Santa

**Date:** **Saturday, December 3**
**Time:** **Choice of 8:15 a.m.**
*<u>or</u>* **10:15 a.m. seating**
**Location:** **Knights of Columbus Hall**
**Cost:** **$8 each for ages 1 and up**

Enjoy a hot, served, plated breakfast (with a set menu). Santa will be available to receive wish lists and pose for a quick snapshot. <u>Pre-purchased tickets are required.</u> Tickets will be on sale at the Recreation Department beginning <u>Wednesday, October 26</u>.

# Saturday = Fun Day

**KINDER BASKETBALL**
**Instructor:** Allison Bleier
**Ages:** 4 - Kindergarten
**Dates:** Saturdays, October 22 - November 19, (No 11/12), 4 Weeks
**Times:** 8:30 - 9:20 a.m. *or* 9:30 a.m. - 10:20 a.m. *or* 10:30 - 11:20 a.m. *or* 11:30 a.m. - 12:20 p.m.
**Location:** West Intermediate School Gym
**Cost:** $35

It all starts here! Learn and best of all - have a "ball"! Parents are invited to attend part of the last class for a demonstration of the newly-acquired skills!

**VIKING SOCCER CLINIC**
**Instructors:** Viking Sports Camps
**Age:** 3 w/caregiver
**Dates:** Saturdays, October 22 - December 10, (No 11/12 & 11/26), 6 Weeks
**Times:** 10 - 10:45 a.m.
**Location:** West Intermediate School Cafeteria
**Cost:** $62

This introductory program teaches beginning soccer skills using age-appropriate techniques. Just like the big kids, now you can play indoor soccer! The primary goal (!) is to have fun!!!

**POTTERY PLUS!**
**Instructor:** Tricia Langeleh, Magic Brush Pottery
**Grades:** K - 4
**Dates:** Saturdays, October 22 - November 19, (No 11/12), 4 Weeks
**Time:** 10 - 11 a.m.
**Location:** West Intermediate School Art Room
**Cost:** $52

This class offers three weeks of pottery, and a canvas painting. All pottery pieces will be functional, food-safe and make a memorable hand-crafted gift or collectible. Paints are non-toxic and washable.
Samples will be on display in the Recreation office.

## YOGA-PLAY

**Instructor:** Nicole Walker
**Dates:** Saturdays, October 22 - December 10 (No 11/12 & 11/26), 6 Weeks
**Location:** West Intermediate School Music Room
**Cost:** $40

**Junior Yogis**
**Ages:** 9 - 12
**Time:** 9 - 9:45 a.m.
Students will learn to center themselves and practice fun yoga poses individually and as a group. Non-competitive and fun, this class helps develop strength, flexibility, concentration and confidence.

**Mini Yogis**
**Ages:** 2 - 4 w/caregiver
**Time:** 10 - 10:45 a.m.
In this supportive, active class, your mini yogi will learn yoga inspired poses through music, stories and games all while building confidence, balance and flexibility.

**Little Yogis**
**Ages:** 5 - 8
**Time:** 11 - 11:45 a.m.
Children will strengthen their bodies by imitating animals and nature while learning basic yoga poses. This creative playful atmosphere helps to develop flexibility and explore ways to calm the mind.

# YOUTH BASKETBALL

***<u>*Weekday* programs held within a school are cancelled if school is closed or cancelled</u>***

## JUNIOR BASKETBALL

***<u>Registration Deadline</u>: Thursday, November 10***

**Grades:** **1 & 2**
**Dates:** **Saturdays, January 7 - February 11, 6 Weeks**
**Location:** **Shawsheen School Gym**
**Cost:** **$37**

This co-ed instructional league introduces the basics. Teams play a staggered schedule of Hourly sessions that include drills and scrimmages. Late registrations will be accepted based on availability; late registrants pay a $10 fee.

## WRBL
## Wilmington Recreation Basketball League

**Grades:** **3 - 8**
**Dates:** **December 3 - February 11 (no 12/24 & 12/31); 9 Weeks**
**Cost:** **$80**

This will mark the 54th year for Wilmington Recreation Basketball! There are 9 Saturday games and a one-hour weeknight practice each week, with separate divisions for boys and girls. Games and practices will be held in Wilmington school gyms. Late registrations will be accepted based on availability; late registrants pay a $20 late fee.

***<u>Registration Deadline</u>: Thursday, October 6***

## HIGH SCHOOL HOOPS

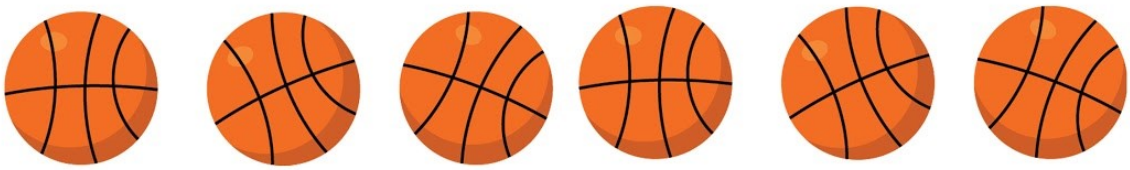
Keep in shape and have fun this winter playing organized pick-up basketball! Participants are **required** to wear a blue/white reversible mesh jersey. If needed, they are available in the Recreation Dept. for $10.

### F FRESHMAN/SOPHOMORE HOOPS

**Grades:** **9 & 10**
**Dates:** **Mondays, November 28 - February 6 (No 12/26, 1/2 & 1/16), 8 Weeks**
**Time:** **8 - 9:30 p.m.**
**Location:** **North Intermediate School Gym**
**Cost:** **$21**

### F JUNIOR/SENIOR HOOPS

**Grades:** **11 & 12**
**Dates:** **Thursdays, December 1 - February 2, (No 12/29 ), 9 Weeks**
**Time:** **8 - 9:30 p.m.**
**Location:** **Middle School Gym**
**Cost:** **$21**



**Beyond TOPS for Special Needs Children**

This program for special needs children ages 3 - 18 allows participation in group games and basketball. Children are paired with a volunteer middle or high school student. The program is on **Saturdays, December 3 - February 11 (no 12/24 & 12/31), 10:30 - 11:30 a.m.** in the North Intermediate School Cafeteria.

Contact Niki Wilson at NikiWilson3@gmail. com for registration and information.

## YOUTH PROGRAMS

***Weekday programs held within a school are cancelled if school is closed or cancelled***

### COACH CLINIC

**Instructor:** Ken O'Regan
**Grades:** 9 - Adult
**Dates:** Thursday, October 6 *or* Tuesday October 11
**Time:** 6:30 - 8:30 p.m.
**Location:** Shawsheen School Gym
**Cost:** Free

This class is mandatory for all first-time coaches and assistant coaches seeking volunteer/community service hours, and is recommended for any coaches wishing to improve their skills. Learn to run a fun and effective practice, review the rules we play by and get some tips for game day. Register online or call the Recreation Department.

### REFEREE CLINIC

**Instructor:** Ron Searles
**Ages:** 15 - Adult (must be 16 by 12/1/16)
**Dates:** Tuesday, November 1 & Monday, November 7
**Time:** 7 - 8:30 p.m.
**Location:** Shawsheen School Gym
**Cost:** Free

Learn the skills necessary to be a Recreation basketball referee. The Clinic will include classroom instruction and floor work. Priority hiring for WRBL referee positions will be given to those who attend the clinic. Register online or call the Recreation Department.

### VOLLEYBALL CLINIC

**Instructor:** Katie Lulsdorf
**Dates:** Tuesdays, October 18 - November 22, 6 Weeks
**Location:** Woburn Street Gym
**Cost:** $37

| Grades 2 - 4 | Grades 5 - 8 |
|---|---|
| 6:30– 7:20 p.m. | 7:30 - 8:20 p.m. |

This introductory program will teach the basics of this life-long sport using modified equipment as well as standard volleyballs. Students will develop skills and play mini-games.

### F "Saturday Night Lights" Flag Football

SNL

**Supervisor:** SNL
**Dates:** ***Revised*** - Saturdays, September 10 - November 5, (No 9/17), 8 Weeks, *Rain date: November 12*
**Location:** Wilmington High School Turf Field
**Cost:** $115

This no-contact league allows every player the opportunity to play quarterback! SNL is designed to provide fun football play (and family entertainment!) in a safe environment. Players will develop and improve their fine and gross motor skills as well as coordination and football skills. Each player receives a shirt and a mouth guard. Players need non-metal cleats or sneakers.

| | |
|---|---|
| Grades 1 - 2 | 5 - 6 p.m. |
| Grades 3 - 5 | Waiting List |
| Grades 6 - 8 | Waiting List |

Times may vary by one hour to accommodate more players

### BABYSITTER TRAINING

**Instructor:** Debbie LaFlamme
**Ages:** 11 & up
**Date:** Saturday, December 10
**Time:** 1 - 5 p.m.
**Location:** Wilmington Library Conference Room
**Cost:** $45

Learn the necessary skills to begin your babysitting career. Discuss interviewing with parents, infant and toddler care, handling bedtime issues, basic first aid and more. Course manual included.

# YOUTH PROGRAMS

********Weekday*** **programs held within a school are cancelled if school is closed or cancelled*****

## Chefs in Training
*with Kids Cooking Green*

**Instructor: Lori Deliso** **Location: WHS Consumer Science Room**

### Halloween Treats

**Grades: 2 - 8**
**Date: Friday, October 14**
**Time: 4 - 5:30 p.m.**
**Cost: $42**

In this new devilishly delicious class, students will learn to prepare healthier treats to fill their Halloween bags. Chocolate-cranberry bark, pumpkin spice cookies, and coconut truffles are on the menu. Eat healthier while you satisfy your sweet tooth! Students will go home with a handful of their own Trick or Treat creations!

### Homemade Pies

**Grades: 2 - 8**
**Date: Tuesday, November 15**
**Time: 4 - 5:45 p.m.**
**Cost: $42**

Just in time for Thanksgiving, students will learn how to create apple pie and pumpkin pie from scratch! In this hands-on class, students will make the dough, roll it out, and then add their choice of apple or pumpkin filling. Each child will go home with their own mini pie.

### Gingerbread House

**Grades: 3 - 8**
**Date: Tuesday, December 6**
*Snow date: Wednesday, December 7*
**Time: 4 - 6 p.m.**
**Cost: $47**

In this hands-on class, students will observe the process of making dough, rolling it out and cutting it into pieces. Using pre-baked homemade walls, students will construct and decorate a gingerbread house. Learn simple and fun decorating techniques including the use of a pastry bag. Each student will bring home their own decorated gingerbread house.

## KIDS TEST KITCHEN

**Instructor:** **Emily Seward**
**Grades:** **1 - 5**
**Dates:** **Wednesdays, October 12 - November 16, 6 Weeks**
**Time:** **4 - 5 p.m.**
**Location:** **WHS Consumer Science Room**
**Cost:** **$85**

In this new program, taught by a registered dietician, children will prepare fun snacks, entrees and side dishes with key nutritious ingredients. Think veggie spaghetti, great greens and healthy ice cream. Each week, students will take home the main ingredient to show off what they have learned.

## IRONCLAD MARTIAL ARTS

**Supervisor:** **John Johnston**
**Location:** **IronClad Martial Arts Center**
**442 Main Street**
**Dates:** **October 1 - 31**
**Cost:** **$36**

These classes are a combination of different martial arts (Muay Thai, Jiu Jitsu, Krav Maga, Karate and Wrestling) intended to improve self discipline, balance, flexibility, coordination and self control. Students can have fun while learning basic martial arts skills!

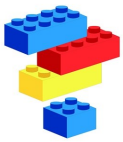
**Ages: 4 - 7** ***Unlimited visits!***
**Times: Mon. & Wed.: 4 - 4:30 p.m.**
**Tue. & Thu.: 4:30 - 5 p.m.**
**Sat.: 9:30 - 10 a.m.**

**Ages: 8 - 11** ***Unlimited visits!***
**Times: Mon. & Wed.: 4:45 - 5:30 p.m.**
**Tue. & Thu.: 5 - 5:45 p.m.**
**Sat.: 10:15 - 11 a.m.**

# YOUTH PROGRAMS

## BASIC LEGO ENGINEERING JR.

**Instructor:** Wicked Cool for Kids
**Grades:** K - 1
**Dates:** Mondays, November 14 - December 19, 6 Weeks
**Time:** 4 - 5 p.m.
**Location:** Town Hall Auditorium
**Cost:** $112



Class activities promote teamwork and critical thinking skills as students investigate basic engineering concepts using DUPLOS. Projects will include a seesaw, vehicle, spinning top and other fun working mechanisms.

## LEGO ROBOTICS

**Instructor:** Wicked Cool for Kids
**Grades:** 2 - 5
**Dates:** Mondays, November 14 - December 19, 6 Weeks
**Time:** 5: 15 – 6:15 p.m.
**Location:** Town Hall Auditorium
**Cost:** $112

This program introduces kids to robotics programming. Students will create robots with motors and sensors, and program them on classroom computers. There are lots of challenges to engage budding techies.

## BEGINNER BALLET LESSONS

**Instructor:** Nicolette McCoy
**Ages:** Ages 3 & 4
**Dates:** Fridays, October 7 - November 18, (No 11/11), 6 Weeks
**Time:** 12 - 1 p.m.
**Location:** Lorraine Spada School of Dance
52 Main Street, Suite #3
**Cost:** $52

A great way to introduce music and movement into your child's life. They will have so much fun twirling, skipping and hopping their way through this beginner ballet program.

## KARATE CLASSES

**Instructor:** Academy of Traditional Karate
155 West St.
**Dates:** Tuesdays, October 11 - November 1, 4 Weeks
**Cost:** $37

**Little Dragons**
**Ages: 3 - 4**
**5:00 - 5:30 p.m.**

**Little Samurai**
**Ages: 5 - 8**
**5:40 - 6:10 p.m.**

Classes include basic Karate moves, Japanese culture and life skills. T-shirt and red belt keychain included.

## SKATING LESSONS

**Instructors:** Wilmington Figure Skating Club
**Dates:** Fridays

| | | | |
|---|---|---|---|
| | **September 9 - October 28** | **8 Weeks** | **$135** |
| | *Sibling registered for the same session* | | *$123* |
| *or* | **November 4 - December 23 (No 11/25)** | **7 Weeks** | **$120** |
| | *Sibling registered for the same session* | | *$109* |

*Cost includes one-time annual $15 USFSC registration fee (7/1/16 - 6/30/17)*

**Time:** 4 - 4:50 p.m. *or* 5:20 - 6:10 p.m.
**Location:** Ristuccia Memorial Arena
**Equipment:** Helmet and single blade skates

Learn to Skate: Age 4 & up
Class consists of 25 minutes of instruction and 25 minutes of practice time.

Learn to Skate – Hockey: Age 5 & up
No pucks or sticks are used. Children without the necessary skills will move into Learn to Skate.

## FAMILY FUN SKATE

**Date:** Friday, November 25
**Time:** 4 - 6:10 p.m.
**Location:** Ristuccia Arena

Head to the rink for some cool fun!
Free for students enrolled in the Learn to Skate Program.

## GOLF LESSONS

**Instructor:** Barrie Bruce Golf School
**Ages:** 6 - 15
**Location:** Billerica Country Club
**Cost:** $119
**5 Weeks. All equipment provided.**

For both beginners and continuing students.

| | | |
|---|---|---|
| Junior Golf *or* Golf for Girls | Saturdays, September 10 - October 8 | 9:30 - 11 a.m. |
| Junior Golf | Sundays, September 11 - October 9 | 3 - 4:30 p.m. |
| "All you need is a pair of sneakers and a good attitude!" | | |