



THE BUZZELL BUZZ **JANUARY 2016**

THE DEPARTMENT OF ELDERLY SERVICES

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MONDAY THRU FRIDAY—9:00AM-4:30PM

Terri's Notes

Welcome to 2016. We hope everyone had a wonderful holiday season and is ready for a fun and exciting New Year ahead. We also want to take this opportunity to thank the Methodist Church and the Boy Scout Troop 56 along with the many residents of Wilmington that made this years "Giving Tree" a wonderful success. One of the recipients put it so clearly when she stated "this is just too good to be true...I can't believe this is really for me...there really is a Santa". Thanks to everyone.

Free Income Tax Program

The Department of Elderly Services is excited this year to be able to provide the "Free Income Tax Assistance" through AAPR at the Wilmington Town Hall auditorium for elderly residents. Scheduled appointments should be arranged through the Buzzell Senior Center – 978-657-7595. The program will be held on Wednesdays, starting on Wednesday February 3, 2016 thru Wednesday, April 13, 2016. The appointments will be scheduled between 9:00AM – 1:00PM. All returns are prepared with computer accuracy and with electronic filing for rapid refunds.

Start making appointments on Monday, January 11, 2016.

Clients should bring:

- This year's tax information along with last year's tax returns to their appointments
- W-2 forms
- Your social security & pension information
- Tax forms sent by financial institutions
- Your property tax & water bills (for the Circuit Breaker Tax Credit)

If anyone is in need of transportation, please make the arrangements at the same time you make your appointments when calling the Department of Elderly Services at 978-657-7595 and please feel free to call the department with any questions or concerns.

Inclement Weather Policy

The Department of Elderly Services storm policy states that when the Wilmington Schools are closed due to inclement weather, all scheduled Senior Center activities are also canceled for the day. No meals are served and the van will not be available. The center will remain open for emergencies.

****Presentation on SCAMS! ****

Thursday, January 14, 2016—1:00PM

Lt. Brian Pupa & Detective Patrick Nally from the Wilmington Police Department will be coming to the center to discuss scams that are frequently occurring. This presentation will be extremely informative and could help you or someone you know prevent being scammed!

Please sign-up if interested in attending this talk!



*Happy
New
Year!*

Movie Of The Month—Cinderella

We will be playing a classic movie with a twist to start off the new year! Get out of the cold weather and come inside and watch this family favorite. This version of “Cinderella” is a remake from 2015—the characters now come to life!

Thursday, January 28—Cinderella (2015 edition!)

Time: 1:00PM

Feel free to bring any of your grandchildren to this event!



Light refreshments will be served—please call to sign-up!

Is there a movie you would like to see in the future?

Stop by the center and drop your idea in the suggestion box in the lobby!

Winter Exercise Updates!

- **Yoga** will be restarting on **February 17th**. This class will go until **April 6th** on **Wednesday** afternoons.
NEW TIME—3:45-4:45PM. Sign-up at the front desk!



- **Zumba** will be back soon this winter! Stay tuned for more details and sign-up dates.
- **3B Fitness** will be back starting January 19-February 23. (Weather permitting)
Sign-up starting Tuesday, January 5th.



January Birthdays

*We can't help you blow out the candles
on your cake unless you tell us your
special day!*

Please call the Senior Center to
confirm your birthday month so
that we can mention you in future
newsletters!

Joanne Fisher
Marge Spear
John Wallace
Nancy Brooks
Sara Piazza
Paul Agostino
Jean Webster

Bill Horvath
Gloria Diehl
Ken Michaud
Janet Gilhooly
Ann Morrell
Helen Pilla



IN LOVING MEMORY

We express sympathy for the loss of our friends

William "Bill" Diehl
Catherine Gillis
Stella Toto

GET WELL WISHES

Marion Nee Ruth Preble
John King Phyllis Hailey
Charlotte DeMarco Jim Banda

SENDING THANKS:

Wilmington Friendship Lodge,
Kiwanis Club, Wilmington Methodist
Church & Boy Scout Troop 56

Throughout the month of December, we
had two events sponsored by local groups
in our community. We would like to thank
the Wilmington Friendship Lodge and the
Kiwanis Club for hosting two great events
for our seniors. The meals were delicious
and started off the holiday season right.

The Wilmington Methodist Church & Boy
Scout Troop 56 were a huge part to our
Giving Tree program.

We are incredibly lucky and thankful to be
apart of such a strong community that
continues to give back!

Valentine's Day Luncheon

Friday, February 12, 2016—12:00PM

Join us for a delicious lunch where we
spend time with the people we love!
Harrow's Chicken Pot Pie will be served.

Tickets will be \$5 per person
Please start signing-up on
Wednesday, January 20, 2016!

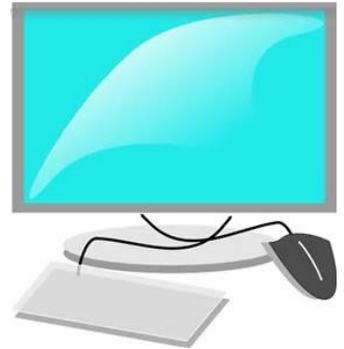


COMPUTER NEWS FOR JANUARY 2016

Please remember that every **TUESDAY** our Computer Guy is available in our computer room for “one on one” computer help or questions.

For Thursday’s in January, we will offer our two hour Computer Workshops.

Each week, we will offer a different topic for discussion, and you only need to commit two hours of your time for **any** or **all** of these workshops.



On January 7th, the topic will be: **WHAT HAPPENED TO MY STUFF?**

Has this ever happened to you? You spend much time and energy composing and typing an important letter or document or you have received a special photo, and you decide to save these to your computer. You hit the “save” button and assume that you will have access to these items in the future. However, when you try to retrieve them, you can’t find them. Well, this workshop will help you with learning all about **File Management** which is learning and understanding how to save documents or pictures and be able to retrieve them in the future.

On January 14th, the topic will be: **GIZMO’S EXPLAINED.**

We hear these terms used all the time, terms like “Facebook” or “Twitter” & “Tweet”, or we hear folks who like to read thinking about buying a “Nook or a Kindle Fire” or perhaps they want to purchase an “I-Pad.” Those that have Digital Cameras may talk about buying a larger “Memory Card” or folks complain about needing a new thumb drive or flash drive. And your say to yourself “What the heck are they talking about”? Well this workshop will hopefully answer those types of questions and more, and take the mystery out of those confusing Computer terms.

On January 21th, the topic will be: **HOW TO DO WEB STUFF.**

This day will include the following questions and answers will be explained. Find out:

How to be safe on the web...

How to buy airline tickets...

How to map out a car trip...

How to use Craigslist to sell items you no longer need...

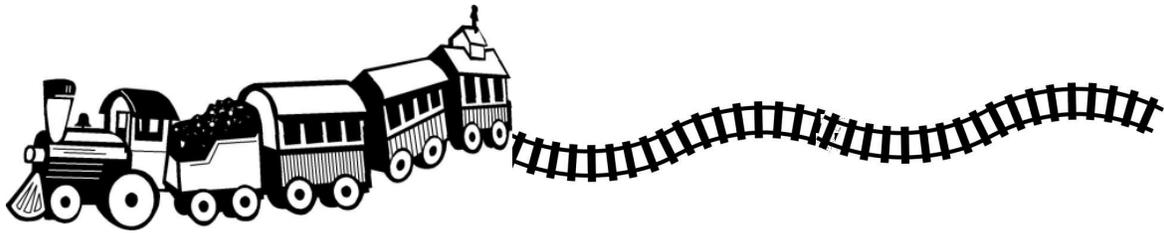
How to do something or find out information about some specific topic...etc.etc.



Remember, you can sign up for any one or all of these workshops as your only commitment is for two hours on any given Thursday. Call or speak to anyone at the front desk to sign up.

Important Note: Tony the Computer Guy will not have any classes or visiting hours on January 26, January 28, and February 2.

“On The Tracks To Giving Back 2016!”



This year, our mission is to give back to our wonderful community! We are fortunate to have so many wonderful organizations, departments, and individuals that support the elders of Wilmington and who help make Wilmington the great town it is.

*Our “Giving Back” train will be making a lot of fun stops along the way. Our first stop of is for the **Wilmington Police & Fire Department**. These hardworking men and women do so much to keep our community safe. Let’s show them how much we appreciate all of their efforts!*

We will be having a special luncheon at the Buzzell Senior Center on Monday, January 25, 2016 at 12:00PM to be able to show our thanks. Tickets will be \$4 per person.

(Start signing-up on Tuesday, January 12, 2016)

Where will the train stop next?

Fuel Assistance 2015-16

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2015 and runs thru April 2016. Fuel Assistance can help pay part of your home’s winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in this application process with Terri Marciello (Director)/Laura Pickett (Case Manager) at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran’s Agent (978-671-0968).

Household Size	Maximum Gross Income
1	\$33,126
2	\$43,319
3	\$53,511
4	\$63,704
5	\$73,897
6	\$84,089

“The love of family and the admiration of friends is much more important than wealth and privilege.” - Charles Kuralt

*Welcome to 2016! Thank you for a great year full of happiness and smiles—
We sprung into happiness in 48 days, splashed into a happy summer, and stepped
towards a healthy and happy fall. Here’s to an even better year ahead!*





January 2016



SUN	MON	TUE	WED	THU	FRI	SAT
					1 Center Closed  New Years Day	2
3	4 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	5 9:15AM Comp. Class 10:30 AM Aerobics 1230PMWii Bowling	6 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Country Line Dancing	7 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day	8 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	9
10	11 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	12 9:15AM Comp. Class 10:30 AM Aerobics 1230PMWii Bowling Sign-up for Fire & Police Dept. Appreciation Luncheon! (\$4)	13 9:30AM Podiatrist 9:45 AM SBF Exer- cise 11AM Special Exer- cise 1:00 PM Country Line Dancing	14 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00PM Game Day 1:00PM Presentation— Scams	15 10:00 AM Video Exer 11:00 AM Special Exer 1:00 Cards	16
17	18 CENTER CLOSED  Martin Luther King Jr. Day	19 9:15AM Comp. Class 10:30 AM Aerobics 1230PM Wii Bowling 2:00PM—3B Fitness	20 9:45 AM SBF Exercise 11:00AM Special Exer. 1:00 PM Country Line Dancing Sign-up for Valentine's Luncheon (\$5)	21 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day 1:30PM Commissioner's Meet- ing	22 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	23
24	25 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting Fire & Police Dept. Appreciation Luncheon— 12:00PM	26 9:15AM Comp. Class 10:30 AM Aerobics 1230PM Wii Bowling 2:00PM—3B Fitness	27 9:45 AM SBF Exercise 11:00AM Special Exer. 1:00 PM Country Line Dancing	28 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day Movie Event—1:00PM (Cinderella)	29 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	30
31		UPCOMING CHANGES (PODIATRIST) - Please note the date changes for January and February 2016 1/13 (January—2nd week) & 2/24 (February—4th week)				



TOWN OF WILMINGTON

**PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10**

CURRENT RESIDENT OR



ACTIVITY PROGRAMS

MONDAY

BLOOD PRESSURE CLINIC 9:00
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CERAMICS 12:00
QUILTING 1:00

TUESDAY

AEROBICS 10:30
Wii BOWLING 1:00 PM

WEDNESDAY

CRAFT CLASS 9-12
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CARDS 1:30-4
FUN SINGERS 3:00

THURSDAY

AEROBICS 10:30
ACRYLIC PAINTING 10:00
KNITTING/CROCHETING 11:00
CRIBBAGE/GAME DAY 1:00PM

FRIDAY

VIDEO EXERCISE 10-11
SPECIAL EXERCISE 11-12
BINGO 1-3
CARDS 1:30-4

DAILY

GAME ROOM –SOCIALIZATION
KITCHEN 9-4:30

HAIRDRESSER

LAST WEDNESDAY OF MONTH
CALL FOR APPT.
781-245-6605

SPECIAL PROGRAMS

PODIATRIST

3RD WEDNESDAY OF THE MONTH
9:30
(Please note changes for January/February)

SHINE COUNSELOR

CALL FOR PERSONAL
APPOINTMENT

HOME DELIVERED MEALS

MONDAY-FRIDAY
COST \$2.00
CALL FOR INFO
978-657-7595

COMMISSIONER'S MEETING
3rd THURSDAY OF EVERY MONTH
AT 1:30 PM

SENIOR VAN SERVICES

MONDAY THRU FRIDAY
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST
CALL TO SCHEDULE PICKUP AT LEAST 48
HOURS IN ADVANCE. VAN SERVICES A 13
MILE RADIUS OF WILMINGTON.