



# THE BUZZELL BUZZ NOVEMBER 2016

## THE DEPARTMENT OF ELDERLY SERVICES

15 SCHOOL STREET, WILMINGTON, MA 01887  
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**MONDAY THRU FRIDAY—9:00AM-4:30PM**

### Terri's Notes

Welcome to the month of November. We would also like to take this opportunity to wish everyone a very Happy Thanksgiving Season. We thank the many volunteers, local organizations and students for all their hard and dedicated efforts to make the Department of Elderly Services a strong part of this community.

This holiday season there will be an "Annual Giving Tree," a special tree in our lobby holding written ornaments stating needed gifts for the elders of Wilmington. This tree will give the community the opportunity to help other people in our town. Feel free to come down and choose an ornament from the tree starting November 21, 2016 and then bring your prepared gift back to the center wrapped for the holidays. Please have the prepared packages at the center by week of December 19, 2016 to make sure they will be delivered in time. These gifts are personally delivered to bring a bit of holiday cheer to Wilmington elders. If you should know anyone who could benefit from this program please feel free to contact Terri Marciello ([tmarciello@wilmingtonma.gov](mailto:tmarciello@wilmingtonma.gov)) or Laura Pickett ([lpickett@wilmingtonma.gov](mailto:lpickett@wilmingtonma.gov)) at 978-657-7595. There are no names given out to the public, everything is kept confidential. The past several years have been overwhelming in support from the community and the appreciation from the elderly participants. Thanks in advance to the many residents who help make this event possible.

We would like to give thanks to the Wilmington/Tewksbury Elks in advance for sponsoring a delicious and entertaining Annual Thanksgiving Dinner that will be held on Thursday November 3, 2016 at 6:30PM. There will be raffle prizes, dancing. Come and share in the fun. **Please sign-up at the front desk!**

**Home Delivered Meals Participants:** There will be no Home Delivered Meals on Tuesday, November 8th, November 11<sup>th</sup> (Friday/Veteran's Day), and also Thursday, November 24<sup>th</sup> through Friday November 25<sup>th</sup> due to the Thanksgiving Holiday.

*The Department of Elderly Services would also like to acknowledge all of Veterans' on this Veteran's Day, November 11th. We are so appreciative and thankful for all that you have done for our country.*



**Wilmington Has Talent**

**Sunday, November 5, 2016**

**2:00PM at the Wilmington Middle School**

**Tickets available at Senior Center or at the door day of the show (\$7.00)**





## Snowman Project

On Friday, November 18, 2016

10:30 AM

Doris is back!

She is going to get us started thinking about the holiday with her Snowman Class. For those who have taken her class, Doris is very talented and will bring out our creative talent.

Sign up —space is limited

## BREAKFAST in November

### We Thank You!!!!

The Wilmington Fire Fighters Union Local 1370 will be hosting a free breakfast on

Friday, November 18, 2016 at

8:00-10:00AM

at the Wilmington Knights of Columbus.

Please sign up at the front desk

## Upcoming Events

### Wilmington/Tewksbury Elks Senior Thanksgiving Dinner 2016

Thursday, November 3, 2016 (6:30PM) FREE EVENT

Doors open at 5:30PM, dinner starts at 6:30PM Sign-up and get your ticket at the Buzzell Senior Center.

(Event will be held at the Tewksbury/Wilmington Elks located at 777 South Street in Tewksbury)



### Veterans Luncheon

Wednesday, November 9, 2016 at 12PM

Join us for a nice lunch to honor all who served our country, and deserve a special day. Tickets are \$6.00

Sign up by stopping by the front desk at the Buzzell Senior Center starting October 24, 2016

### Mame

December 1, 2016

Evening show at 7:30PM

Cost: \$30.00 per person( transportation included)

Limited space—description in newsletter



### Luncheon Sponsored by Kiwanis Club of Wilmington—Sunday, December 4th(12:00PM) FREE EVENT

Spend your Sunday afternoon with us and the Kiwanis Club of Wilmington! This luncheon is sponsored by the Kiwanis Club and sure to be a great time. (Event will be held at the Buzzell Senior Center) -

Sign-up starting Monday, November 14h!

### La Salette-Wrights Farm

December 8, 2016

Have a delicious luncheon at Wright's Chicken Farm and then go to New England's largest and most colorful Christmas light display and Father Pat conducts his daily Christmas Choral Concert. Don't miss out on the fun!

Sign up Tuesday, November 15, 2016—cost \$50.00 per sperson

### 2016 Annual Holiday Party– Thursday, December 15, 2016—6:30PM

#### Tewksbury Country Club

Tickets are \$25/person—fun music and entertainment provided by DJ Dan!!

Purchase your tickets starting Tuesday, November 29th!



## November Birthdays

*We can't help you blow out the candles  
on your cake unless you tell us your  
special day!*

Please call the Senior Center to  
confirm your birthday month so  
that we can mention you in future  
newsletters!

(We are updating our systems)

Charlie Corsaro  
Donna Minervini  
Arlene Crossen  
Barbara Glover  
Judy Rachdorf  
Marsha Agostino  
Bertha DePrez

Joan Corsaro  
Krystyna Webber  
Angelo Tummino  
Betty Molvar  
Al Hale  
Polly O'Brien  
Tony Mattaliano



### IN LOVING MEMORY

We express sympathy for the loss of our friends

Peter Cunningham  
Eula Hilbinger  
Antoinette Defuria  
Elizabeth Gann

### GET WELL WISHES

Jeanne Giroux  
Rose Raposo

### Pop-Up Library

Simplify your Tuesday mornings!

Choose some reading materials while you're at the center. The Wilmington Memorial Library will have a "pop-up" library on

Tuesday, November 15, 2016  
and Tuesday, December 6, 2016  
between 10-11 am.

Adult Services Librarian, Kim Rowley will be there to offer recommendations and have a variety of fiction and non-fiction books and audiobooks for you to checkout with your library card. Don't have a card? We can get you one, just bring a photo ID. Return your items to the library or bring them to the Buzzell the next time the library "pops-up".



### Special Homebound Meals

The Department is sponsoring our special  
homebound meal on

Tuesday, December 6, 2016

This is a wonderful way to kick off the season!

If interested in helping in delivery  
please contact the center.



### Caregivers Support Group

The role of caregiver can be a difficult one. The Department of Elderly Services is offering a Caregivers Support Group that meets on the Second Monday of every month. If you are caring for a loved one, relative, or friend, come and meet others who understand all that you are going through and who can offer support and provide helpful coping strategies.

The group meets from 10:30 a.m. to 12 noon @ the Buzzell Senior Center. For more information, please contact Laura Pickett @ (978) 657-7595 or lpickett@wilmingtonma.gov

## “MAME”

Come and join us at the Stoneham Theater for a 7:30PM performance of “Mame”. This unforgettable Tony Award winning classic Broadway Musical centers in the irrepressibly eccentric Mame Dennis, who lives a carefree life in the 1920’s New York until she unexpectedly becomes a guardian of her 10 year old nephew, Patrick. Rather than change her ways, Mame introduces Patrick to all the wonder of her wild bohemian world while discovering the joy of having a family of her own.

Our own student volunteer, Isabelle Richards, is a cast member—Let’s show our support to Isabelle. Tickets are available \$30.00 (transportation included)

on Thursday, November 17, 2016 at 10:00AM.



**ENJOY AN EVENING OUT!**

## Wilmington Fire Fighters Union

We Thank You!!!!

The Wilmington Fire Fighters Union will be hosting a free breakfast on

Friday, November 18, 2016

at 8:00-10:00AM

at the

Wilmington Knights of Columbus.

Please sign up at the front desk.

## HOLIDAY COOKIE SWAP

Monday, December 5, 2016

At 1:00PM

Back by delicious demand, we will be having another cookie swap this year . Bake your favorite type of cookie and bring to share with the group!

To sign-up, please call or stop by the center!



## Medicare Open Enrollment Deadline Is Here –

### SHINE Can Help Seniors Make Sense Of It All

Don't Ignore Your Medicare Mail! It's that time of year again! If you have a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO, PPO), you should be receiving information from your plan. It is important to read this information because it explains the changes in your plan for 2017.

During the annual Medicare Open Enrollment, October 15 - December 7, you will have a chance to CHANGE your plan for next year.

We can help make sense of the information. Trained SHINE (Serving the Health Insurance Needs of Everyone) Counselors can help you understand your plan changes as well as what other options are available to you. Be sure you have the coverage that best meets your needs! SHINE counselors are in every community and there are still appointments available.

## **Fuel Assistance 2016**

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2016 and runs thru April 2017. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in this application process with Terri Marciello (Director)/Laura Pickett (Case Manager) at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

<b>Household Size</b>	<b>Maximum Gross Income</b>
1	\$34,001
2	\$44,463
3	\$54,925
4	\$65,387
5	\$75,849
6	\$86,331

### **Early Voting**

For the 2016 State Election, Secretary of the Commonwealth, William Francis Galvin, has instituted Early Voting, which provides voters with the opportunity to cast their ballots prior to the November 8th Election. Early Voting will be available in Wilmington from October 24th through November 4th. All in person Early Voting will take place at Town Hall, regardless of your precinct.

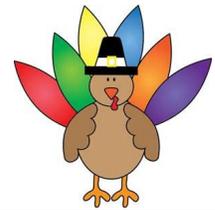
#### **Dates and Times for In Person Early Voting:**

Tuesday, November 1st 8:30am - 4:30pm  
Wednesday, November 2nd 8:30am - 4:30pm  
Thursday, November 3rd 8:30am - 4:30pm  
Friday, November 4th 8:30am - 4:30pm





# November 2016



SUN	MON	TUE	WED	THU	FRI	SAT
		<b>1</b> 9:00AM Zumba 10:30 AM Aerobics 12:30PM Wii Bowling	<b>2</b> 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Country Line Dancing 3:45PM Yoga	<b>3</b> 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day 6:30PM Elks Dinner	<b>4</b> 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	<b>5</b> <b>2:00 PM</b> <b>"Wilmington has talent"</b> <b>Middle School Auditorium</b>
<b>6</b>  DAY LIGHT SAVINGS TIME	<b>7</b> 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	<b>8</b> 9:00AM Zumba 10:30 AM Aerobics 1230PMWii Bowling <u><b>No Home Delivered Meals</b></u>	<b>9</b> 9:45 AM SBF Exercise 11 AM Special Exercise 12Noon Veteran's Lunch 1:00 pm Country Line Dancing 3:45PM Yoga	<b>10</b> 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day	<b>11</b> CENTER CLOSED  VETERANS DAY <u><b>No Home Delivered Meals</b></u>	
<b>13</b>	<b>14</b> 9:30AM Blood Pressure 9:45 AM SBF Exercise 10:30 Care Givers Support Group 11AM Special Exercise 1:00PM Quilting	<b>15</b> 9:00AM Zumba 10:00AM Sign up LasSalette Trip 10:30 AM Aerobics 1230PMWii Bowling	<b>16</b> <b>9:30AM Podiatrist</b> 9:45 AM SBF Exercise 11AM Special Exercise 1:00 PM Country Line Dancing 3:45PM Yoga	<b>17</b> 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00PM Game Day <b>1:30PM Commissioner's Meeting</b>	<b>18</b> 10:00 AM Video Exercise 10:30AM Snowman Project 11:00 AM Special Exercise 1:00PM Bingo 1:00 Cards  <b>8:00AM Fire Department Union Breakfast</b>	<b>19</b>
<b>20</b>	<b>21</b> 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	<b>22</b> 9AM Zumba 10:30 AM Aerobics 1230PM Wii Bowling	<b>23</b> 9:45 AM SBF Exercise 11:00AM Special Exercise 1:00 PM Country Line Dancing  No Yoga	<b>24</b> CENTER CLOSED  THANKSGIVING <u><b>No Home Delivered Meals</b></u>	<b>25</b> CENTER CLOSED  <u><b>No Home Delivered Meals</b></u>	<b>26</b>
<b>27</b>	<b>28</b> 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	<b>29</b>	<b>30</b>			

## **COMPUTER NEWS FOR NOVEMBER, 2016 AND BEYOND!**

We have decided that it was time to make a change from what we normally have done in the past. Rather than conduct classes and presume we know what you are interested in, we will offer help in areas that you decide where the help is needed. So with that in mind, we will offer what we call a “soft schedule” and allow you to spend at least one half hour with Tony on a “one on one” basis. We will offer these “one on one” computer sessions every **TUESDAY and THURSDAY!**

So, if you have questions about Fitbit's, Digital Camera's, Digital Photography, or about\_ i-pad's, i-phones, text messaging, or any topic you may want to talk about, come in and see if we can help you or at least point you in the right direction so that you can get your questions answered.

By the way, have you ever had the need to purchase a greeting card for a special or unique situation and discovered that the greeting companies don't have or sell a card like the one you want? If so, please remember that we have the Hallmark Greeting Card program available for our use. Drop in and we'll help you with making that special card. Just see Tony!

So just feel free to drop in between 9 to 11A.M. on Tuesdays or Thursdays.

**Remember these electronic devices are supposed to help us, and not give us stress, so together let's make using them fun and helpful.**

### **\*\*TONY'S APP OF THE MONTH!!!**

If you're looking for a fun app, and are a movie buff, then try downloading the APP called “IMDB”. This app is the world's most popular and authoritative source for movie, TV, and celebrity content. Don't know how to do it, or are having trouble with it, come in and have Tony help you. It truly is an App you'll use over and over again.



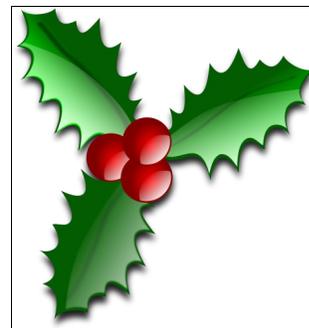
### **2016 Annual Holiday Party Thursday, December 15, 2016—6:30PM Tewksbury Country Club**

Let's celebrate the holiday season together with a delicious dinner! Come to the Tewksbury Country Club for an evening of delicious food, socializing, and fun. Music provided by DJ Dan!

**(Back by popular demand!!)**

Get your dancing shoes ready for a great time!

**Tickets are \$25 per person.  
Get your ticket starting November 21st!**





# TOWN OF WILMINGTON

**PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10**

**CURRENT RESIDENT OR**



## ACTIVITY PROGRAMS

### **MONDAY**

BLOOD PRESSURE CLINIC 9:00  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
QUILTING 1:00

### **TUESDAY**

WALKING GROUP 9:00  
ZUMBA 9:00  
BOCCE 9:30  
AEROBICS 10:30  
Wii BOWLING 12:30 PM

### **WEDNESDAY**

CRAFT CLASS 9-12  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
COUNTRY LINE DANCING 1:00  
CARDS 1:30-4  
FUN SINGERS 3:00  
GENTLE YOGA 3:45

### **THURSDAY**

WALKING GROUP 9:00  
ACRYLIC PAINTING 10:00  
AEROBICS 10:30  
KNITTING/CROCHETING 11:00  
CRIBBAGE/GAME DAY 1:00PM  
CERAMICS 1:00

### **FRIDAY**

VIDEO EXERCISE 10-11  
SPECIAL EXERCISE 11-12  
BINGO 1-3  
CARDS 1:30-4

### **DAILY**

GAME ROOM -SOCIALIZATION  
KITCHEN 9-4:30

## SPECIAL PROGRAMS

### **PODIATRIST**

3<sup>RD</sup> WEDNESDAY OF THE MONTH  
9:30

### **SHINE COUNSELOR**

CALL FOR PERSONAL  
APPOINTMENT

### **HOME DELIVERED MEALS**

MONDAY-FRIDAY  
COST \$2.00  
CALL FOR INFO  
978-657-7595

**COMMISSIONER'S MEETING**  
**3rd THURSDAY OF EVERY MONTH**  
**AT 1:30 PM**

### SENIOR VAN

#### **SERVICES**

MONDAY THRU FRIDAY  
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST  
CALL TO SCHEDULE PICKUP AT LEAST 48  
HOURS IN ADVANCE. VAN SERVICES A 13  
MILE RADIUS OF WILMINGTON.