



THE BUZZELL BUZZ

OCTOBER 2015

THE DEPARTMENT OF ELDERLY SERVICES

15 SCHOOL STREET, WILMINGTON, MA 01887
DIRECTOR: TERRI MARCIELLO
EMAIL: TMARCIELLO@WILMINGTONMA.GOV
TELEPHONE: 978-657-7595 OR 978-658-2258

MONDAY THRU FRIDAY—9:00AM-4:30PM



Terri's Notes

Welcome to the month of October – the cool weather is starting and the beautiful leaves are soon to arrive. First, we would like to thank everyone who supported our Walk to End Alzheimer's. Our team members walked on Sunday, September 27, 2015 on the Paul Revere Park in Boston with many other supporters. It was a wonderful success. With everyone's donations, including Audrey Reed's "Ham I AM" performance, and Memory Flowers, - we were able to reach our goal. of \$2,000. Again, thank you for all your support!

This is also the time of year that the fuel applications begin. We have already processed over 40 renewal applications. If anyone should need assistance in their renewal applications , please feel free to contact the center at 978-657-7595. You will also see inside this months newsletter this years guidelines for the program, which starts on November 1, 2015. Again, feel free to call the center and we will assist you through the process. Let's all hope for a better winter.

Applications for the Senior Tax Work-off Program will be available this month. This year at the 2015 Annual Town Meeting, voters approved Article 43 "to accept M. G. L. Chapter 59 Section 5K affirming the Town's Senior Tax Volunteer Program which allows persons over the age of 60 to volunteer to provide services to the Town in exchange for a reduction in real state property tax obligations."M. G. L. Chapter 59, Section 5K mandates that earned reductions be applied to the **actual** tax bills. Actual tax bills are issued January 1 and April 1. Depending upon when a participant completes their hours, there may be a delay until reductions can be applied to the January 1 or April 1 tax bill. This means this year that Participants will not receive a check following completion of their hours, instead it will go directly to your property taxes. When you get your application all the information will be clearly explained but if you should have any questions please feel free to call the Assessor's Office at 978-657-3675.

We are excited this year to have our first "Buzz Bakery" at our Annual Holiday Fair on Saturday, November 21, 2015. If there are any great bakers out there that would like to take part we would be extremely appreciative. We are looking for cakes, cupcakes, brownies, pies cookies, jams and jellies and any other wonderful treat you may find at a bakery. If anyone is interested please contact the center at 978-657-7595.

Lastly, I hope to see many of you at our Halloween Luncheon on Friday, October 30, 2015 with your awesome costumes. We will be have a delicious lunch and prizes for your inventive costumes.

Enjoy the information throughout the newsletter and **Don't forget to set your clocks *back* 1 hour before going to bed Saturday night November 1, 2015**

Wilmington Fire Department Local Union 1370
Sponsored Breakfast—Wilmington Knights of Columbus
Saturday, October 17, 2015—7:30-9:30AM
Free Event—Start Signing-up *Thursday, October 1st!*



Halloween Luncheon!

Friday, October 30, 2015— 12:00PM
(**\$4 per ticket**)

It's that spooky time of the year again!
Let's all get together and have a wonderful luncheon and
get dressed in our best costumes!

Prizes will be awarded to the best dressed!

Please sign-up starting Tuesday, October 6th.



“Nuts & Bolts of Assisted Living”

@ **The Wilmington Memorial Library**
Wednesday, October 14—7PM

This presentation will provide the tools to assist you
in choosing an Assisted Living Center that will fit you
or your family's needs.

This session will provide you information on the types
of Assisted Livings such as; independent livings,
assisted livings and memory care along with an
explanation on the services that may be found in these
types of facilities. Terri Marciello as well as Michaela
Keough will be speaking.

For more information, contact the Buzzell Senior Center.

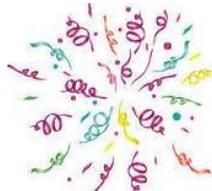
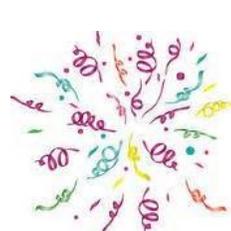
Zumba Event—October 20, 2015—9:00AM

Have you ever wanted to try Zumba? Well now is your chance! We will
be having an introductory class on Tuesday, October 20th at 9:00AM.

Zumba Gold is perfect for older adults who are looking for a modified
Zumba class. This class recreates the original dances at a lower-intensity.

Instructor Kelli will introduce you to easy-to-follow choreography that
will leave you feeling great! This class is so much fun you won't believe
that this is actually a workout.

This is a one-time introductory event in October—to register, please
call or visit the Buzzell Senior Center. (978-657-7595)



Smoke Detectors

**As a reminder, if you or anyone
you know needs a smoke
detector—please do not hesitate to
contact the Senior Center. Terri
Marciello and Lt. Bill Cavanaugh
from the Wilmington Fire
Department will be visiting homes
to assist anyone who may need this
FREE service.**



We Need Your Support—Buzz Bakery!

On November 21, 2015, the Buzzell Senior Center will be hosting the Annual Holiday Craft
Fair! This is an excellent way to welcome the holiday season. There will be a variety of
prizes bring raffled and tables that will offer an assortment of “crafted” items for purchase.

The “Buzz Bakery” will cater to all of your sweet tooth wants and needs! Delicious and
homemade desserts will be available to purchase. **WE NEED YOUR HELP!**

Do you have a favorite recipe that you would like to bake and share with our attendees?

If interested in baking an item for this event, please contact the Buzzell Senior Center!!



October Birthdays

We can't help you blow out the candles on your cake unless you tell us your special day!

Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!
(We are updating our systems)

Phyllis Allen
Jim Durkee
Helen Durkee
Bob Veno
Roy Crowell
June Thuillier
George Smyth
Rose Crosson
Eula Hilbinger
Dorothy McGrath
Rosemarie Golisano
Gary Briere
Ella Efraimson
Helen Shea

We would like to send a very special happy birthday to...

****Susan Harvey! ****

Susan recently celebrated her 100th birthday! We hope you had a great day!



IN LOVING MEMORY

We express sympathy for the loss of our friends

Vannie Henderson
Margaret Stewart
Donna Lydon
Frances Clemente
Maureen Vinal

GET WELL WISHES

Warren MacDonald
Dottie Noel
Marion Nee

Computer News

Last month, we published an announcement about our computer class for September. The greeting card class was a great success and so we will offer it again for October.

The greeting card program will be a **two week session**. You can sign-up for any of these sessions which will be starting on **October 1, October 15, or October 22**. Remember these sessions are on Thursdays. (9:15AM)

Tuesdays are reserved for "one on one" computer help. Also, if you have any questions about Windows 10, drop in and we can talk about it.

If you are interested in one of the October sessions, please call or visit the center to sign-up.

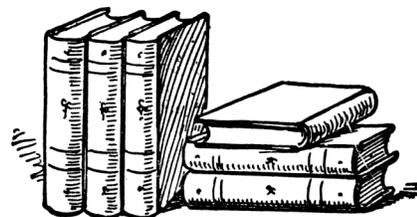


Homebound Library Delivery Service

Would you like to borrow books, DVDs, etc. from the Wilmington Memorial Library but have no one available to go to the library for you? Then you should know about the Homebound Library Delivery Service provided by volunteers.

We have volunteers who will go to the library and bring the books and materials to your home. Just contact Ann St. Onge (978-658-5036), coordinator of the Homebound Volunteers. You can also call the Adult Services Librarian, Kim Rowley (978-658-2967), at the library and request a volunteer.

Remember this is a **FREE** service provided by volunteer Friends of the Library.



SHINE Open Enrollment Fall 2015

DATE CHANGE—PLEASE NOTE

It's that time of the year again! If you have a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO or PPO), you should receive a notice from your plan by the end of September. That notice outlines changes to be made to your plan for 2016: it is important to review, understand and save this information!

During Medicare Open Enrollment, from October 15th to December 7th, you will be able to change your plan for next year. If you would like help understanding your upcoming changes and options, a trained SHINE counselor is available to offer FREE and CONFIDENTIAL counseling on all Medicare and related health insurance programs.

There will be an Open Enrollment Presentation at the Buzzell Senior Center on Tuesday, November 3, 2015 at 1:00pm.

Home Modification Loan Program Presentation

Thursday, October 29, 2015 at 1:00pm

Meet Alan Trebat from Community Teamwork as he explains the Home Modification Loan Program, a program that depending on income, provides loans up to \$30,000 to homeowners seeking to make modifications to their homes.

These loans have helped many finance such projects such as home security features, air filtration systems, ramps wheelchair and stair lifts, widened doorways, bathroom and kitchen modifications, and more.

Please sign-up for this presentation by calling or visiting the Buzzell Senior Center!

Candy Corn Contest!

Be sure to check out the jar full of candy corn in the lobby!

Try to guess how many pieces of candy are in the jar—the person with the closest estimate will win a prize!



Powerful Tools For Caregivers Workshop

Information Session—Monday, October 19, 2015—10:30 AM

Caring for a relative, a friend or someone with a chronic illness can be stressful physically, emotionally and financially. Learn more about this six week session designed to provide you, the family caregiver, with the skills you need to take care of yourself. The workshop will begin in November.

Please register by contacting Laura Pickett at lpickett@wilmingtonma.gov or by calling 978-657-7595.

Alzheimer's Awareness Month—Thank you!!

The Department of Elderly Services would like to extend a big thank you to everyone who has donated and helped support such an important cause. All of the beautiful "Forget-me-not" flowers in the lobby are all because of your support!

Another huge thank-you to Audrey Reed. Audrey worked so hard to put together the Ham I AM Part II in order to help fundraise for Alzheimer's.





Step Towards A Healthy & Happy Fall At The Buzzell Senior Center!

The Department of Elderly Services is going to keep you on your toes, moving & socializing! We are excited to present many different health programs and initiatives over the new few weeks to make this autumn extra special!



Upcoming Events

Saturday, October 17—~~7:30-9:30AM~~ Wilmington Fire Dept. Local Union 1370 Breakfast (FREE Event) Sign up starting October 1st!

Tuesday, October 20—9AM Zumba w/ Kelli

****Call or visit Senior Center to Sign-up****

Friday, October 30—12PM—Halloween Luncheon

Wear your best costume!! Prizes for the best dressed. (\$4 per ticket) - Sign-up starting Oct. 6th!

Fuel Assistance 2015

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2015 and runs thru April 2016. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in this application process with Terri Marciello (Director)/Laura Pickett (Case Manager) at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Household Size	Maximum Gross Income
1	\$33,126
2	\$43,319
3	\$53,511
4	\$63,704
5	\$73,897
6	\$84,089

“What takes us back to the past are the memories. What brings us forward is our dreams.”



The Buzzell Family



Principle Bob Barrett & Family



October 2015



SUN	MON	TUE	WED	THU	FRI	SAT
<p>Rich Curran from Senator Bruce Tarr's Office will have visiting hours on the following day in October/November:</p> <p>Wednesday 10/14/ 2015—10:30-11:30AM</p> <p>Wednesday 11/18/ 2015—10:30-11:30AM</p> <p>**All dates in this calendar are subject to change**</p>				<p>1</p> <p>9AM Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day 1PM Hearing Screenings</p>	<p>2</p> <p>10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards</p>	<p>3</p>
<p>4</p>	<p>5</p> <p>9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting</p>	<p>6</p> <p>9:00AM Walking Group 9:15AM Comp. Class 9:30AM Bocce 10:30 AM Aerobics 1230PMWii Bowling 2:00PM 3B Fitness</p>	<p>7</p> <p>9:45 AM SBF Exercise 11:00AM Special Exercise 1:00 PM Country Line Dancing 4:15PM Gentle Yoga</p>	<p>8</p> <p>9AM Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day</p>	<p>9</p> <p>10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards</p>	<p>10</p>
<p>11</p>	<p>12</p> <p>Center Closed</p>  <p>Columbus Day</p>	<p>13</p> <p>9:00AM Walking Group 9:15AM Comp. Class 9:30AM Bocce 10:30 AM Aerobics 1230PMWii Bowling 2:00PM 3B Fitness</p>	<p>14</p> <p>9:45 AM SBF Exercise 11AM Special Exercise 1:00 PM Country Line Dancing 4:15 Gentle Yoga 7PM Assisted Living @ Wilmington Memorial Library</p>	<p>15</p> <p>9:00AM Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00PM Game Day 1:30PM Commissioner's Meeting</p>	<p>16</p> <p>10:00 AM Video Exercise 11:00 AM Special Exercise 1:00PM Bingo 1:00 Cards</p>	<p>17</p> <p>Fire Dept. Local Union 1370 Sponsored Breakfast</p> 
<p>18</p>	<p>19</p> <p>9:30AM Blood Pressure 9:45 AM SBF Exercise 10:30AM Caregivers Informational Meeting 11AM Special Exercise 1:00PM Quilting</p>	<p>20</p> <p>9AM Zumba Event 9AM Walking Group 9:15AM Comp. Class 9:30AM Bocce 10:30 AM Aerobics 1230PM Wii Bowling 2:00PM 3B Fitness</p>	<p>21</p> <p>9:30AM Podiatrist 9:45 AM SBF Exercise 11:00AM Special Exer. 1:00 PM Country Line Dancing</p>	<p>22</p> <p>9AM Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day</p>	<p>23</p> <p>10:00 AM Video Exercise 11:00 AM Special Exercise 1:00PM Bingo 1:00 Cards</p>	<p>24</p>
<p>25</p>	<p>26</p> <p>9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting</p>	<p>27</p> <p>9:00AM Walking Group 9:15AM Comp. Class 9:30AM Bocce 10:30 AM Aerobics 1230PM Wii Bowling 2:00PM 3B Fitness</p>	<p>28</p> <p>9:45 AM SBF Exercise 11:00AM Special Exer. 1:00 PM Country Line Dancing</p>	<p>29</p> <p>9AM Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day 1PM Home Modif. Loan Program</p>	<p>30</p> <p>Halloween Luncheon— 12PM</p>  <p>No Exercise & Bingo!</p>	<p>31</p> <p>Happy Halloween!</p> 



TOWN OF WILMINGTON

**PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10**

CURRENT RESIDENT OR



ACTIVITY PROGRAMS

MONDAY

BLOOD PRESSURE CLINIC 9:00
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CERAMICS 12:00
QUILTING 1:00

TUESDAY

WALKING GROUP 9:00
AEROBICS 10:30
Wii BOWLING 1:00 PM

WEDNESDAY

CRAFT CLASS 9-12
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CARDS 1:30-4
FUN SINGERS 3:00

THURSDAY

WALKING GROUP 9:00
AEROBICS 10:30
ACRYLIC PAINTING 10:00
KNITTING/CROCHETING 11:00
CRIBBAGE/GAME DAY 1:00PM

FRIDAY

VIDEO EXERCISE 10-11
SPECIAL EXERCISE 11-12
BINGO 1-3
CARDS 1:30-4

DAILY

GAME ROOM -SOCIALIZATION
KITCHEN 9-4:30

HAIRDRESSER

LAST WEDNESDAY OF MONTH
CALL FOR APPT.
781-245-6605

SPECIAL PROGRAMS

PODIATRIST

3RD WEDNESDAY OF THE MONTH
9:30

SHINE COUNSELOR

CALL FOR PERSONAL
APPOINTMENT

HOME DELIVERED MEALS

MONDAY-FRIDAY
COST \$2.00
CALL FOR INFO
978-657-7595

COMMISSIONER'S MEETING

3rd THURSDAY OF EVERY MONTH
AT 1:30 PM

SENIOR VAN SERVICES

MONDAY THRU FRIDAY
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST
CALL TO SCHEDULE PICKUP AT LEAST 48
HOURS IN ADVANCE. VAN SERVICES A 13
MILE RADIUS OF WILMINGTON.