

THE BUZZELL BUZZ THE DEPARTMENT OF ELDERLY SERVICES **APRIL 2023**



NEWS & UPDATES

Happy Spring! We made it through the winter and can begin to look forward to that warmer weather. There are a lot of events coming up at the center in the next few months, be sure to check out our save the dates on page 5.

Doris' craft class is back. Sign up for this class was in March but if you missed it and are still interested in joining, call the center to see if space is still available. Linda Walsh is also hosting a craft class for the month of April. For more details, please see page 2.

The center is looking to see if there would be any interest in starting a men's book club. We would need one or two leaders for this group to host and choose books for the group to read. If you are interested, in joining or leading the group, please call the center.

Tuesday, April 11, 2023 marks the last day of our income tax appointments. We want to thank our amazing AARP volunteers for taking the time to help over 140 Wilmington seniors file their taxes this year. It is such a great service they provide and we are very happy to have been able to have them again this year.

Make sure to stop by the front desk to enter the April candy raffle. One winner will be chosen on Friday, April 21, 2023. Also, be sure to enter our spring basket raffle! This is a free raffle for a fun filled spring themed basket that is on display in the lobby. One lucky winner will be chosen on Monday, April 24, 2023.



Grab the popcorn, its movie day! We will be showing 80 For Brady at the center on Wednesday, April 12, 2023. For more information, please see page 5.

Reminder, the Annual Town Meeting is on Saturday, April 29 2023 at 10:00AM.

Cute leprechaun alert! This month, Riley turns 4 months old. She is a very happy and smiley little baby. Here is her latest photo for Saint Patrick's Day.



Assistant Case Worker Patti Meehan PMEEHAN@WILMINGTON MA.GOV

TELEPHONE: 978-657-7595 OR 978-658-2258 MONDAY - FRIDAY



BUZZELL

SENIOR CENTER

15 SCHOOL STREET

WILMINGTON, MA 01887

<u>Department</u> of Elderly Services

> Staff Contact Information

Director: Terri Marciello TMARCIELLO@WILMINGTON MA.GOV

Case Manager: Laura Pickett LPICKETT@WILMINGTON MA.GOV

Senior Clerk: Kelly Fordham KFORDHAM@WILMINGTON MA.GOV

> note that there will be no home delivered meals on this date as well. There will be Minuteman meals from Tuesday, April 18, 2023 through Friday, April 21, 2023.





Come join Linda and make a sparkling Easter egg to hang on your Easter egg tree or put in a basket. All materials will be provided to make one sparkling Easter egg. It's easy, and they look beautiful. If you want to make two, bring with you a blown out raw egg. Happy Easter!

When: <u>Friday, April 7, 2023</u> <u>At 11:00AM</u>

Please call the center to sign up. Limited space is available.

SPARKLING EASTER EGG CLASS

DORIS' CRAFT CORNER "SMASHED CAN" FLORALS

Doris' Craft Class is BACK! She will be holding a class on Wednesday, April 12, 2023 at 11:00AM.

Sign up for this class began on Wednesday, March 22, 2023. If you have not signed up and are interested,

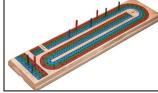
please call the Senior Center to see if space is still available.

For those who have signed up, please plan to bring a few silk flowers to class to use for the craft. All other supplies will be available at the time of the class.



<u>CRIBBAGE</u> Mondays @ 1:00PM

Stop by the center to play Cribbage on Mondays!



This group is led by Jack Cushing. Feel free to bring your own board.

<u>CHESS</u> Save the date: <u>Wednesday, May 10, 2023 from</u> <u>2:15PM-3:15PM</u>

Wilmington High School chess club will be at the center where they can teach you how to play chess or enjoy a game with you! *Call the center to sign up*

BEADING GROUP

The Beading Group is lead by Robin Theodos. This group meets on **Tuesdays at 10:30AM.**



Call the center to sign up for this group.

INDOOR SENIOR CORNHOLE

Indoor Senior Cornhole is led by Audrey Reed.

Looking for something FUN and different. Come on down and give cornhole a try! If you have never played before—that is not a problem. This is a simple, easy and fun game to play.

When: Friday, April 28, 2023 at 2:00PM Last Friday of each month



Don't miss out!

BINGO

BINGO is back... No sign up needed, just come on by! This month, Bingo will be on

> Wednesday, April 5, 2023 at 1:00PM Wednesday, April 19, 2023 at 1:00PM

Please be sure to bring small bills, preferably 1's or <u>5's to play</u>

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Elaine Coy	Diane Holden	Alfred Lamothe	Evelyn Olivari	Linda Swasey
Evelyn Cushing	Angela Holman	Maureen Maher	Shirley Pumfrey	Peggy Surrette
Alma D'Antonio	Carol Hurley	Sylvia Maio	Janet Reinhart	Rachelle Toth
Janice Denehy	Irene Katz	Patricia Malone	Elwin Rice	Eleanor Theriault
Helen Dentali	Ann Kavanaugh	Alfred Marshall	Susan Robbins	Patricia Wayman
Barbara Doucette	Joanne Kelleher	John Martins	Ruth Russo	Margaret White
Terry Driscoll	Patricia Kenney	Joan McLaughlin	Ruth Sampson	
Barbara Farrell	Marcia Kent	Theresa Michaud	Mary Sheehan	
Beverly Gerade	Brian King	Esther Morse	Barbara Siccone	

We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

CAREGIVERS SUPPORT GROUP

5. 27

Due to the Patriots' Day holiday, Our Caregivers Support Group will be held on

Monday, April 24, 2023 at 10:30AM

The role of the caregiver can be a difficult one. If you are caring for a loved one, please feel free to join us.



BLOOD PRESSURE CLINIC

Blood Pressure Clinic will continue to be held

on Wednesdays at 9:00AM

with our Town Nurse Jennifer Pereira.



BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM.

The next meeting is

Monday, April 24, 2023 at 1:30PM

This months book is <u>The Paris Library</u>

By: Janet Skeslien Charles 2021



ATTENTION ALL MEN!

We are seeing if there is any interest to begin a Men's Book Club.

Please call the center if you are interested. We will need one or two leaders.

NO SEW COLLAGE QUILTING



No sew collage quilting is led by certified instructor Nancy Sandreuter. Join Nancy on <u>Monday, April 10, 2023 at</u> <u>1:00PM.</u>

Collage quilting is the process of cutting out portions of fabrics to assemble and reproduce "pictures". Patterns are abundant for this process. Even if you are not a quilter you will enjoy collage quilting. There is NO SEWING to create your piece of fabric art. Sewing is only required to quilt and apply a binding. This month the collage picture will be of a wood pecker. **The cost will be \$30.00**—which includes all that you will need to make your own beautiful Collage Quilt and the finishing touches.

Nancy Sandreuter is a certified teacher for the Laura Heine method of collage quilting. During class we will create small collage quilts. Come and join the fun. Her work will be displayed in the Senior Center lobby.

Sign up for this class will begin on Friday, April 7, 2023 at 10:00AM

Limited space available.

WOOD CARVING

The New England Woodcarvers (NEWC) are happy to offer a woodcarving class at the Wilmington Senior Center. Class are every other Friday between 10:00AM and noon and is limited to 8 people. The class is free with the exception of the wood. The wood may cost anywhere between \$1 to \$5 dollars depending on the project. Anyone signing up for the class is encourage to bring their own carving knife. Future classes will be

announced on a month by month basis depending on the availability of the instructor but it essentially every other Friday.

THE INSTRUCTORS:

WOOD CARVING CLASS:

The instructor is Darren Boehm who a resident of Wilmington and a member of the New England Woodcarvers. Darren dabbles in various types of woodcarving from chip carving, spoon carving, caricature carvings and even chainsaw carvings. He is assisted by Mike Quigley who is a certified mountain man and an expert bush crafter. He enjoys craving knife handles, gun stocks, & green wood.

THE PROJECT:

The class will try and complete one project every month. The project for April is carving and painting a chick in an egg. Cost is \$1

CLASS SIGN UP:

You can sign up for April classes at the front desk. The classes will held on **Friday, March 31st and Friday, April 14th from 10:00AM to noon** at the senior center.





MOVIE DAY

Join us for 80 for Brady on Wednesday, April 12, 2023 at 1:00PM.

Call the center to sign up. Light refreshments will be served.

CANDY RAFFLE

CONGRATULATIONS TO DORIS O'CONNELL

Boll Toortsie Toortsie Roll

Doris won the March candy raffle. There were 363 Tootsie Rolls and Doris guessed closest with 358.

Make sure to stop by the front desk to enter our April Candy Raffle. One lucky winner will be chosen on <u>Friday, April 21, 2023</u>.

🛨 🛨 🛨 🖈 📩 👘 🛛 SAVE THESE DATES!

BUILD A BIRDHOUSE

Assemble and paint your very own birdhouse!

When: Wednesday, May 10, 2023 at 1:00PM

Sign up in begins on Tuesday, April 25, 2023 at 10:00AM

FUN DAY:

Fun Day is Back! Come try your luck at horse racing, blackjack, and L-R-C (Left Right Center) Games begin at 10:00AM. A bagged lunch from AJ's Kitchen will be served.

When: Wednesday, May 31, 2023 from 10:00AM-3:00PM

Cost: \$5.00

Sign up for this event will be announced in the May newsletter.

GAME NIGHT RETURNS:

Game Night returns! <u>Starting on Thursday, May 18, 2023! It will be held from 4:30PM-7:00PM</u>. Game Night will be on the third Thursday of the month through to September. Join us for a light dinner, dessert, and fun activity. (\$5.00 per person). Don't miss out on the fun!



Mark your calendar for future Game Night dates: Thursday, May 18, 2023; Thursday, June 15, 2023; Thursday, July 20, 2023; Thursday, August 17, 2023 & Thursday, September 21, 2023. *Sign up date for the May game night will be announced in the May newsletter.*



MUNSEY'S MAGIC SHOW

On the evening of <u>Wednesday, June 21 2023 at 6:30PM</u>, come enjoy *Munsey's Magic* a fun-filled show packed with audience participation, comedy, surprises, magic, mystery, mentalism and more. Adults will find themselves to be as surprised as they are fooled (and fooled badly)!



With over 25 years of performing experience, Jim has had repeat bookings for some big names in Boston. With a "feel" all its own, Munsey's Magic captivates audience members of all ages and leaves them believing that maybe, just maybe, there really is some magic in this world. *Sign up date and more information will be announced in the May newsletter.*



IRS/FAKE GOVERNMENT ENTITY SCAMS



DESCRIPTION:

• IRS or government scams involve a con artist impersonating a government official to get you to send them money. The most popular is the IRS scam, where a caller pretends to be from the IRS and informs you that you owe taxes.

SPOT THE SCAM:

- If you owe the IRS money, a phone call threatening arrest won't be the first time you hear from them.
- This scam claims late payments can be accepted in the form of gift cards, usually iTunes gift cards. Government entities do not accept payment using gift cards. If payment by gift card is being requested, hang up.
- The IRS will never threaten to have you jailed or deported.

STOP THE SCAM:

- Never give out your bank account information to someone you don't know.
- A variation of this scam requests your credit card payment and a small processing fee. The government won't charge a processing fee on a grant they are awarding.
- Research available grant or assistance programs. Some scammers will charge consumers a fee to assist with grant applications or loan consolidation—services the government usually offers for free.

NEW SENIOR CENTER UPDATE

- As the project continues through the Design Development Phase, the Senior Center Building Committee met twice during March; on March 8, which was an in person meeting and on March 22, which was a Zoom meeting.
- The focus of the March 8 meeting was the building interior and the front entrance to the building. The architect and consultants reviewed various options for color schemes, lighting and materials. The Committee wanted the lighting fixtures to be of a traditional design that was easy to maintain. Several different color schemes were reviewed. The Committee deferred a decision until Director Terri Marciello had a meeting with a Focus Group of seniors to receive their input. The revised front entrance was reviewed and the Committee liked the changes. The architect will present a more detailed design at the next meeting. Our OPM reported that meetings are being held with various town departments, including the Fire Department, DPW, Building Inspector and the Planning Director for their input on the design.
- On March 16, Terri Marciello met with the Focus Group to review the various color schemes under consideration for the building interior. The Focus Group appreciated being asked for their input. After a discussion, it was agreed that the color scheme referred to as "Close to Nature" was the best choice. The colors in this group are rooted in the natural environment. The blue/green tones will work well with the natural wood that will be in the building and provide a classic vibrant feel to the building interior.
- At the March 22 meeting, the Committee reviewed the various color schemes for the building and agreed with the Focus Group that the "Close to Nature" color scheme was the best choice. The architect provided an updated design for the building entrance. The Committee liked the design, which makes the entrance now a prominent feature of the building exterior. The architect presented a "fly around" of the site showing how the completed building, parking area and landscaping would look. He also showed a 3D model of the building interior which showed how it would look as you entered and walked through the building. It enabled the Committee to visualize what the final interior will look like.
- The next scheduled meeting of the Committee is April 12; it will be in the Town Hall at 6 PM. The focus of the meeting with be the exterior building materials, including samples. There will also be an update on the various meetings with town boards and the status of permits.

We are in an exciting phase of the project as we continue to move forward to a Fall Groundbreaking. We encourage you to stay engaged.

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23	24 TAI CHI: 9:00AM • FAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • CAREGIVERS SUPPORT 10:30AM • CRIBBAGE 1:00PM • BOOK CLUB 1:30PM • SPRING BASKET RAFFLE	 25 HIKING GROUP 9:00AM DANCE & TONE 9:30AM BANCE & TONE 9:30AM BIRDHOUSE 10:00AM BEADING 10:30AM FUNCTIONALLY FIT 2:00PM 	26 BLOOD PRESSURE 9:00AM SPECIAL EXERCISE 9:30AM CARDS & GAMES 1:00PM POKER 1:00PM	27 GENTLE YOGA 9:00AM ART 9:45AM KNITTING & CROCHETING 10:30AM KNITTING & CROCHETING 10:30AM COUNTRY LINE DANCING 10:30AM CERAMICS 1:30PM FUNCTIONALLY FIT 2:00PM	28 28 20MBA 9:00AM 5EWING 9:30AM CHAIR YOGA 12:30PM POKER 1:00PM 10DOR CORNHOLE 2:00PM	29 ANNUAL TOWN MEETING 10:00AM
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TOWN OF WILMINGTON

STANDARD US POSTAGE PAID WILMINGTON, MA PERMIT NO 10

PRESORTED

CURRENT RESIDENT OR



We are looking for a Home Delivered Meals driver for Thursdays. Drivers are paid a stipend and receive transportation mileage.

If you are interested or would like more information, please call the center at 978-657-7595

CALL THE CENTER IF YOU ARE IN NEED OF ...

- Male or Female Incontinence Products
- Hearing Aid Batteries Size 312
- Nutritional Drinks such as Ensure, Boost and Glucerna

- Puzzles
- Books
- DVDs
- Puzzle
 Books