



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

DECEMBER 2020



BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA 01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM– 4:30PM



News & Updates

As 2020 comes to a close, we reflect on a year that has been so much different than any other. We have learned new ways of staying in touch; Drive-thru events, Zoom, special home deliveries, our “Happiness Is... card campaign, and outdoor classes/activities. We have also heard from so many of you that have been keeping in touch over the phone and checking in on one another. If 2020 has taught us anything, it is that we are lucky to live in such an incredibly special community.

The gifts just keep on coming too! We would like to thank Joan Lawrence for filming another Yoga video. Please see the back page of this newsletter for when this and more will be airing. Also, make sure you check out new episodes of “Lets Be Candid About Elder Issues” with Terri Marciello. These can be seen on WCTV or on our Facebook page.

There were *tricks* and treats for our Halloween drive-thru luncheon in October. Take a look at the photos on page 3. Also, find out who won our Zoom Trivia and drive-thru trivia events on page 4. The sports trivia winner will be announced in the January Newsletter.

At this time, the Caregiver’s Support Group that meets on the 3rd Monday of the month, will be cancelled for the months of December and January (2021). The group had been able to meet outside but with the much colder, New England winter days ahead, it is best to cancel until we can meet together again safely. As much as this is disappointing, the Department’s top priority is always the health and safety of our members. We will continue to search alternative ways of meeting the needs of our community through these next few months. In the meantime, any caregiver who is in need of information, support or services is urged to please contact Case Manager Laura Pickett at 978-657-7595.



Department of Elderly Services

Staff Contact Information

Director: Terri Marciello
TMARCILO@WILMINGTONMA.GOV

Case Manager: Laura Pickett
LPICKETT@WILMINGTONMA.GOV

Senior Clerk: Kelly Fordham
KFORDHAM@WILMINGTONMA.GOV

Assistant Clerk: Lisa Fanikos
LFANIKOS@WILMINGTONMA.GOV

Assistant Case Worker:
Patti Meehan
PMEEHAN@WILMINGTONMA.GOV



Happy Holidays

We wish you all a happy, healthy, and safe holiday season.

From all of us at the Buzzell Senior Center.

Please note that the center is closed on the following dates...

Christmas Eve: Center Closes at 12:00PM

Christmas Day: Friday, December 25, 2020

New Years Day: Friday, January 1, 2021



FUEL ASSISTANCE

Fuel Assistance can help pay part of your home’s winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call the center to set up your appointment for assistance in the application process. Residents under the age of 60 should contact the Billerica Veteran’s Agent.

2020-2021 INCOME GUIDELINES

Household Size	Max. Gross Income
1	\$39,105
2	\$51,137
3	\$63,169
4	\$75,201

DRIVE THRU LUNCHEON

Join us for Lunch!

When: Tuesday, December 8, 2020

At 12:00PM

Boneless Chicken Breast, Mashed Potatoes, & Green Beans from Rocco's

This event is free of cost.

Please call the center to sign up as limited space is available.



Trivia:

1. What soft beverage company has been using Santa Claus in its advertising since 1931?
2. In the 1964 classic "Rudolph the Red-Nosed Reindeer," what was the name of Rudolph's faithful elf companion?
3. "Miracle on 34th Street" centers on what real-life department store?
4. What fictional town does the movie "It's a Wonderful life" take place in?
5. Including this one here, How many of these candy canes (🍭) can you find throughout this newsletter?

THE GIVING TREE



Like most of 2020, The Giving Tree is going to be a little bit different this year. We are going to ask that anyone who is interested in donating to the Giving Tree to please purchase gift cards to Market Basket, Lucci's, Elia's Country Store, Dunkin Donuts, or any other local restaurants that does take out and/or delivery.

This will be a wonderful way of showing our seniors that they are being thought of and at the same time supporting local businesses.



BASKET RAFFLES



For the holiday season, The Buzzell Senior Center staff will be creating a few different gift baskets to raffle off.

Please call the center to sign up.

****There is no cost to enter****

Winners will be drawn on Monday, December 21, 2020. They will also be announced in the January Newsletter.



CARD MAKERS

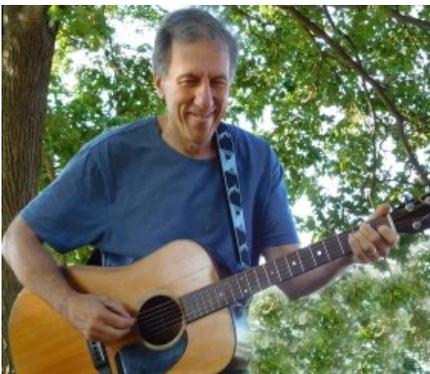
Calling all of our amazing card makers! We would love to be able to send holiday cards to let our seniors know that they are being thought of during this holiday season.

Please drop off all cards in the orange bucket on the bench located by the front door of the Senior Center. We thank you!



HOLIDAY SPECIAL WITH HOWIE NEWMAN

(Please check WCTV with date and time of this special event)



We are happy to have a Howie Newman performance with WCTV. Howie is going to include some holiday favorites. Feel free to sing along!

It's a sing-along, toe-tapping musical journey from the early 1900s up through the 1970s. He will perform classic songs from yesteryear, including show tunes and material from artists like Frank Sinatra, the Beatles, Dean Martin, Elvis Presley, Neil Diamond, and many others. Howie also adds trivia, background stories about the songs and a little G-rated humor here and there. Have a great time!



DECEMBER BIRTHDAYS

We can't help you blow out the candles on your cake unless you tell us your special day!

Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!



Janice Buckley	Michelle Dinatale	Cheryl Gustafson	Mary Murphy	Janet Sullivan
Joseph Brown	Sheila Elfman	Marylou Healy	Hazel O'Brien	Paul Surrette
Laura Butt	Mary Evans	Ann Marie Holdren	Mary Odlum	Eileen Thebeau
Elena Carnabuci	Linda Fasulo	Linde Kashian	Richard Paiva	Janice Weed
Judith Connell	Donna Flynn	Patricia King	Patricia Richard	Deborah White
Celia Cornish	Gina Franculli	Diane Lepore	Mary Rogers	
Joanne Corvino	Janine Gaudreau	Carol Loud	Mary Schultz	
Joyce Dalton	Jackie Gray	Michael McCoy	Heinz Stemmler	

ZOOM BINGO



We would love to start Zoom Bingo and are looking to see if there is an interest. Please call the center if you would like to participate. All supplies would be delivered to your home. If you are interested but have never used Zoom that is not a problem! Call the center and ask to speak with Kelly.



HALLOWEEN DRIVE-THRU LUNCHEON:

On Friday, October 30, 2020 we had our Halloween drive-thru luncheon sponsored by Adviniacare of Wilmington. It was great to see everyone! We gave out a delicious lunch and some treats as well. There were some tricks too... Mother Nature played the biggest trick of all, SNOW in October. But we made the best of it and had a good time.

➔
Terri Marciello:
(Queen Bee),
Laura Pickett &
Kelly Fordham
(Worker Bees),
Lisa Fanikos
(Dalmatian),
Sonja Halliday
(Dinosaur)



←
Our van driver, Sonja Halliday dressed up in her dinosaur costume and handed out treat bags to everyone who came.

ZOOM TRIVIA



Join Kelly for Zoom Trivia! This month is Nicknames and Holiday Trivia. Please see how to play each of these below. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for Zoom Trivia events, reach out to Kelly if you have a trivia idea! **If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have. Lets all learn Zoom together and be prepared for those not so nice weather days!

Winners will be announced in the January Newsletter



NICKNAMES TRIVIA
TUESDAY, DECEMBER 8, 2020
9:30AM-10:30AM

HOLIDAY TRIVIA
TUESDAY, DECEMBER 22, 2020
9:30AM-10:30AM



HOW TO PLAY:

All you need is a pen and paper! I will ask the question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

Sample Questions (Many questions are multiple choice):

Nickname Trivia: What was Abraham Lincoln's nickname? Answer: *Honest Abe.*

Holiday Trivia: In Frosty the Snowman (1969), who or what brought Frosty back to life? Answer: *Santa Claus*



TWO WAYS TO SIGN UP:

① Call the center and give us your email address. We will email you the link to the zoom event.

② Sign up online at www.myactivecenter.com. Choose Buzzell Senior Center as your preferred location. Search "Zoom Trivia." Click on the date you'd like to join and click register. A new screen will pop up, click register again. The meeting link will be emailed to you a couple days before the event. A few minutes before it begins go to your email and click on the link, then you will be entered into the video chat.

LETS CONGRATULATE OUR WINNERS!



Spooky Trivia
Winner:
Jeanne Grant

HARROWS POT PIE TRIVIA WINNER: Irene Mercurio

- Cyber Monday is a marketing term that refers to the first Monday after Thanksgiving. What year did Cyber Monday begin?
A. 2003 **B. 2005**
C. 2007 D. 2008

Food Trivia
Winner:



Ann Berghaus

- In what decade did both the Macy's Thanksgiving Day Parade and the America's Thanksgiving Day Parade begin?
1920'S

Breast Cancer Raffle
Winner:
Christine Ford



- Take a guess... What age group do you think submitted the most responses to the survey in the October newsletter for a new senior center?
A. 50-59 B. 60-69 **C. 70-79**
D. 80-89 E. 90+

KEEP YOUR IDENTITY AND MONEY SAFE... DON'T FALL VICTIM TO SCAMS!

The most effective way to defeat scammers is to know how to identify scams. You should just hang up on any call you're uncertain of and ignore any suspicious emails. Many scammers pose as federal agents or other law enforcement using fear tactics to get what they want.

In each upcoming newsletter we are going to go into detail about one of the 6 most common scams; Grandparent Scam, Sweepstakes scam, Home Improvement Scam, Telemarketer Scam, Internet Scams, and Charity Scams. Last month we learned about the Home Improvement Scam. This month, we are going to learn about the Telemarketer Scam.



Telemarketer Scam: Scammers will target seniors in an effort to obtain financial information by claiming to be from an important institution such as a credit card company, Microsoft, Social Security Administration, Internal Revenue Service, phone company, power company, and so on. **Never feel pressured to commit to anything over the phone.**

- Don't rely upon caller ID to let you know who the call is coming from. Technology today allows for calls to be masked and appear to be from a number you know or can associate with, but it is not.
- Never give out personal information to an unsolicited caller. Never provide birthday, social security number (even the last 4 digits), your mother's maiden name, pet's name, bank account information or anything that can be used as password or identifying information.
- Hang up and contact the company the caller claims to be with directly if you feel you need to talk to them. Refer to your copy of your phone bill, power bill, or the number on the back of your credit card or bank card to initiate contact.

MEDICARE PHONE CALL SCAM



Beware of this Medicare phone call scam as there have been reports of this call from Wilmington residents. The caller ID shows that the call is coming from the Town of Wilmington. When answered, it is an automated message stating that their Medicare benefits are going to expire. **Hang up this call immediately and do not give out any personal information!** If someone calls you and asks for your Medicare Number or other personal information, hang up and call 1-800-MEDICARE (1-800-633-4227).

UNEMPLOYMENT SCAM

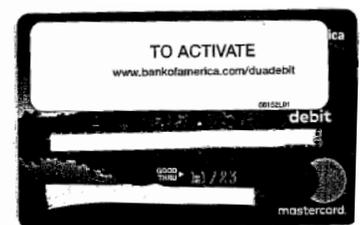
Another scam has come to our attention. This one involves fraudulent unemployment claims - due to the high level of unemployment claims filed, scammers have been able to submit false claims. If you receive a letter from the Department of Unemployment Assistance with a Bank of America debit card in your name, but you have not filed for unemployment benefits - this is an indicator that your information has been compromised. You should immediately contact the Massachusetts Department of Unemployment Assistance at 877-626-6800.

Massachusetts Department of Unemployment Assistance

P.O. Box 9022
Gray, TN 37615-9022

IMPORTANT INFORMATION
PLEASE OPEN IMMEDIATELY

9FFNKRA1 0002 001647



Activate your card immediately

- Visit www.bankofamerica.com/duadebit or call 1.855.898.7292 (TTY 1.866.656.5913).
- When prompted, create a four-digit Personal Identification Number (PIN) to use at ATMs.
- Your card is now ready to use—shop everywhere Mastercard® debit cards are accepted or get cash from an ATM or bank teller.
- **Sign the back of your card.**

Recipe Sharing

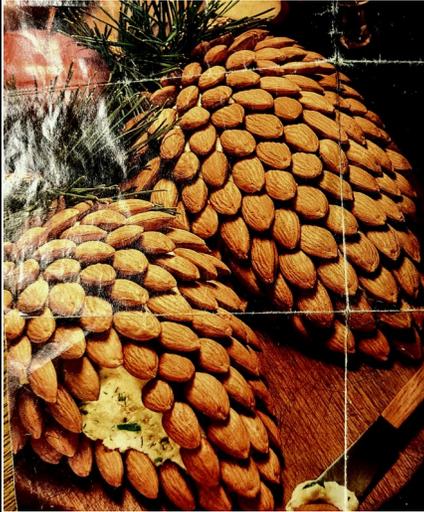


Do you have a favorite holiday recipe? We would love for you to share it with us! Make sure the recipe is neatly written and gives clear and concise ingredients/instructions. Feel free to put your name on it and give us any other details you'd like to share about it. You can send us the recipe in the mail or drop it off in the bucket outside the center on the bench. **We will publish recipes in upcoming newsletters.**



ALMOND PINECONES:

Rosemary Eaton



- 1 1/4 Cups whole raw almonds
- 1 8oz package cream cheese (NOT low or non fat)
- 1/2 Cup mayonnaise
- 5 Strips of crispy cooked bacon (crumbled)
- 1/2 TSP Dill Weed
- 1 TBSP chopped onion
- 1/8 TSP black pepper

- Spread almonds in a single layer in a shallow pan. Bake 300° for 15 minutes until almonds begin to brown.
- Combine softened cream cheese and mayonnaise, mix well.
- Combine rest of ingredients and add to cheese mix. Chill overnight.
- Form mixture into two ovals on a serving platter. Beginning at the narrow (bottom) end. Press almonds at a slight angle ("head" into the cheese) Overlap rows until cheese mix is covered.
- For holiday flare, cut sprigs of pine, spruce, or yews to insert into top ends on cone.
- Serve with crackers.



CINNAMON APPLE PIE WITH RAISINS & CRUMB TOPPING

Submitted by: Priscilla Cipriani From: Bon Appétit, October, 2007



FILLING:

- 1 Cup packed golden brown sugar
- 3 Tablespoons all-purpose flour
- 2 Teaspoons finely grated lemon peel
- 1 1/4 Teaspoons ground cinnamon
- 2 3/4 Pounds of Granny Smith apples (about 6 medium apples) peeled, halved, cored, cut into 1/8 inch thick slices (about 8 cups)
- 1 Cup raisins
- 2 Teaspoons vanilla extract

- Position rack in center of oven and preheat to 375°
- Mix brown sugar, flour, lemon peel, and cinnamon in large bowl
- Add apple slices, raisins, and vanilla. Toss until well coated.
- Transfer filling to unbaked crust, mounding filling slightly in center
- Bake until apples begin to soften, About 40 minutes

CRUMB TOPPING:

- 1 Cup all-purpose flour
- 1/2 Cup packed golden brown sugar
- 1 Teaspoon cinnamon
- 1/8 Teaspoon salt
- 1/2 Cup chilled unsalted butter



PIE CRUST:

Use Pillsbury Pie Crust



- While filling is in the oven, prepare the crumb topping
 - Whisk flour, sugar, cinnamon, and salt in small bowl
 - Add butter and rub with fingertips until mixture begins to clump together
- Sprinkle topping evenly over hot pie. Continue to bake until apples are tender and topping is browned and crisp, tenting pie with foil if browning too quickly. About 50 minutes. Cool pie on rack at least 2 hours.
 - Cut pie into wedges and serve warm or at room temperature with whipped cream or ice cream.



TOWN OF WILMINGTON

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10

CURRENT RESIDENT OR



STAY ACTIVE AT HOME 99 FOR COMCAST/39 FOR VERIZON

Yoga with Joan	Tuesdays and Thursdays at 2:00PM (Also available on our Facebook page)
Special Exercise with Mary and Fred	Mondays at 11:00AM, Saturdays at 10:00AM (Also available on our Facebook page)



To find us on Facebook:
www.facebook.com/BuzzellSeniorCenter or
simply search Buzzell Senior Center



Please call the center if you would like to borrow any puzzles or books. We also have incontinence products available if you are in need.

Transportation is being provided for medical appointments and local errands (when availability permits). Call us at 978-657-7595 to schedule a ride. Please note that due to social distancing requirements, space on the van is limited.