



# **THE BUZZELL BUZZ** **THE DEPARTMENT OF** **ELDERLY SERVICES** **DECEMBER 2023**

## **BUZZELL**

### **SENIOR CENTER**

15 SCHOOL STREET  
 WILMINGTON,  
 MA 01887

### **TELEPHONE:**

978-657-7595 OR  
 978-658-2258

**MONDAY – FRIDAY**  
**9:00AM– 4:30PM**



## **Department** **of Elderly Services**

### ***Staff Contact*** ***Information***

#### **Director:**

Terri Marciello  
 TMARCIELLO@WILMINGTON  
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#### **Case Manager:**

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 LPICKETT@WILMINGTON  
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#### **Senior Clerk:**

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 KFORDHAM@WILMINGTON  
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#### **Coordinator**

#### **Assistant:**

Debra Hurley  
 DHURLEY@  
 WILMINGTONMA.GOV

#### **Van Driver:**

Sonja Halliday



## **NEWS & UPDATES**

Happy holidays! We hope everyone had a safe and delicious Thanksgiving. The holiday season is here which means we have been preparing our Giving Tree. The Giving Tree is a special tree in our lobby holding written ornaments stating needed gifts for the seniors of Wilmington. The community has given overwhelming support to this yearly program and we are excited to do it again. To learn more about the Giving Tree and how you can participate, see page 2.

This year, we are doing our special homebound meals again. We will be delivering 75 meals from Rocco's to homebound seniors in town. We would like to thank all those who have volunteered to help us deliver them.

Make sure to check our “Holiday Cheers from the Senior Center” tree for the annual Festival of Trees. This year the Festival of Trees is from Friday, December 1, 2023 to Sunday, December 3, 2023 at St. Dorothy's Church.

This month, we have our holiday party at the Knights of Columbus. We can't wait to see you all there! Sign up was in November, if you are interested in attending, call the center to see if space is still available. The Wilmington High School Orchestra and High School Chorus will be at the center to perform for the holidays. Also performing this month is the Delvena Theatre Company with their production of *A Christmas Carol*.

Please note that there is no Book Club this month. Take a peek at page 5 to see some photos from our Halloween party! On Page 6, see an update about our new Senior Center. If you are able, take a drive by the site. It is incredible the amount of work that has already been done!

*From all of us at the Senior Center, we wish you a very happy holiday season! Please note that the center will be closed on Monday, December 25, 2023 and Monday, January 1, 2024. There will be no home delivered meals on these dates as well.*

## **INCLEMENT WEATHER POLICY**



The Department of Elderly Services storm policy states that when the Wilmington Schools are closed due to inclement weather, all scheduled Senior Center activities are also cancelled for the day. No home delivered meals are served and transportation is cancelled. The center will remain open for emergencies.



Please note that you may receive automated calls from the Senior Center that may appear as coming from Belmont, MA. These are not spam calls and will be recordings with important center information and updates. They may be voice recorded calls or automated calls. Feel free to call with any questions or concerns.

### 2023 HOLIDAY PARTY

**When:** Wednesday, December 6, 2023  
From 6:00PM-10:00PM

**Where:** Knights of Columbus  
112 Middlesex Ave, Wilmington, MA

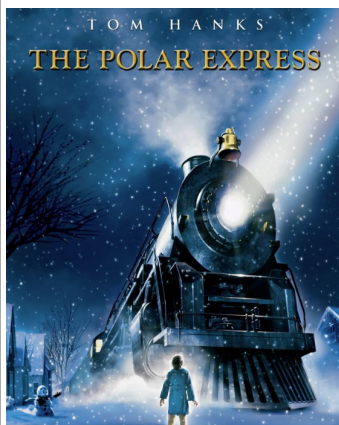
Dance the night away with music by DJ Dan!

*Sign up was in November, call to see if space is still available!*

### MOVIE DAY

**When:** Monday, December 18, 2023 at 1:00PM

**The Polar Express (2004)**



On Christmas Eve, a young boy embarks on a magical adventure to the North Pole on the Polar Express, while learning about friendship, bravery, and the spirit of Christmas.

**Call the center so sign up!**

### UGLY SWEATER DAY

**When:** Friday, December 1, 2023



Join us for an ugly sweater contest. Prizes will be awarded for the "best" sweater!

**Call the center to sign up.**

### HIGH SCHOOL PERFORMANCE



We are thrilled to once again be hosting the Wilmington High School Orchestra and Chorus at the Senior Center.

Come get into the holiday spirit!

**Wilmington High School Orchestra:**

Thursday, December 14, 2023 at 11:30AM

**Wilmington High School Chorus:**

Wednesday, December 20, 2023 at 11:30AM

*Call the center to sign up.*

### A CHRISTMAS CAROL

**When:** Friday, December 8, 2023 at 1:00PM

The Christmas season comes alive with Delvena Theatre Company's production of the beloved story of A Christmas Carol by Charles Dickens.

Sign up was in November. Call the center to see if space is still available.



### GIVING TREE

Our annual Giving Tree is back! The tree is decorated in ornaments with ideas of needed gifts for the seniors of Wilmington. The Giving Tree gives the community an opportunity to help others in town.

***Come to the center to choose an ornament. Then return the wrapped gift (with tag) back to the center by December 18, 2023.***

These gifts are delivered personally and truly bring a smile to all who receive. If you know of any seniors who would benefit from some holiday cheer, please call the center. All names are kept confidential. We thank you in advance for once again bringing the spirit of the holidays to those in need.

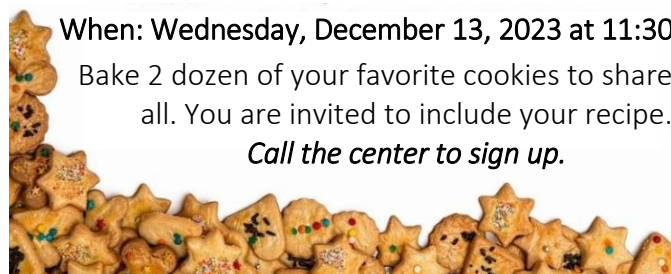


### COOKIE SWAP

**When:** Wednesday, December 13, 2023 at 11:30AM

Bake 2 dozen of your favorite cookies to share with all. You are invited to include your recipe.

**Call the center to sign up.**



### WOOD CARVING

The wood carving group will be meeting to finish carving their Christmas ornaments.



Friday, December 1, 2023 at 10:00AM  
&

Friday December 15, 2023 at 10:00AM



## DECEMBER BIRTHDAYS

Janice Buckley	Mary Evans	Patricia King	Richard Packard
Elena Carnabuci	Linda Fasulo	Diane Lepore	Carol Quilty
Judith Connell	Donna Flynn	William Lohrman	Patricia Richard
Celia Cornish	Gina Franculli	Carol Loud	Mary Rogers
Joanne Corvino	Janine Gaudreau	Michael McCoy	Bill Schultz
Nancy Cronin	Jackie Gray	Mary Murphy	Mary Schultz
Deborah Cullen	Cheryl Gustafson	Carolyn Martino	Heinz Stemmler
Paul Cullen	Charlotte Haas	Dianne Morrissey	Janet Sullivan
Joyce Dalton	Marylou Healy	William McLeod	Eileen Thebeau
Michelle Dinatale	Ann Marie Holdren	Hazel O'Brien	Elaine Tordiglione
Robert Dillon	Linde Kashian	Mary Odlum	Janice Weed
Sheila Elfman	Stephen Kelleher	Richard Paiva	

*We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!*



### CAREGIVERS SUPPORT GROUP

This month our Caregivers Support Group will be on  
**Monday, December 18, 2023 from 10:30AM-12:00PM**

The role of the caregiver can be a difficult one. If you are caring for a loved one, please feel free to join us.

### NO SEW QUILT

**When: Monday, January 22, 2024 at 1:00PM**

Join Nancy to make this bouquet of flowers. The cost is \$30.00 which includes all that you will need to make your own beautiful collage quilt and the finishing touches. Nancy Sandreuter is a certified teacher for the Laura Heine method of collage quilting.

**Sign up begins Thursday,  
December 28, 2023 at 10:00AM**



### TEA PARTY

**When: Wednesday, January 10, 2024  
at 1:00PM**

**Cost: \$4.00**

We are having a tea party! Call the center to sign up on Wednesday, December 27, 2023 at 10:00AM.

*Space is limited.*



### INSTANT POT

**When: Thursday, January 25, 2024 at  
11:00AM**

Come learn what your instant pot can do! Call the center to sign up!



### CANDY RAFFLE

#### **CONGRATULATIONS TO BILL KENT!**

There was another tie this month. Bill Kent and Janice Murray both guessed 127. Bill was chosen at random. There were 131 candies in the jar.

Make sure to stop by the front desk to enter our December candy raffle.

One lucky winner will be chosen on  
Tuesday, December 19, 2023

### INDOOR CORNHOLE



This month, there will be two cornhole events. Call the center to sign up!

**When: Friday, December 1, 2023 at 2:00PM  
& Friday, December 29, 2023 at 2:00PM**



### HIKING GROUP

The Hiking Group meets on Tuesdays and Thursdays to hike in various locations both locally and in surrounding towns.

If you are interested in joining, please register at the Senior Center first and then you will be connected to the group via email with Arnie.

As of deadline for this newsletter, there were 5 hikes with 21 hikers for the month of November (with two more hikes to go!)

### BINGO

Join us for BINGO! Bingo is on the first and third Wednesday of the month at 1:00PM. No need to sign up. Just stop by!

**Wednesday, December 6, 2023 at 1:00PM  
Wednesday, December 20, 2023 at 1:00PM**

*Please bring small bills, preferably ones or fives to play*

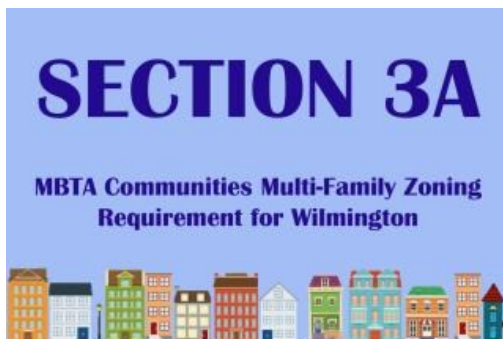


### SECTION 3A HOUSING REQUIREMENT & PROPOSED ZONING

**When: Monday, December 11, 2023 at 1:00PM**

**Where: Senior Center**

The Town of Wilmington is required by the new Section 3A of the Commonwealth's Zoning Act to create a new zoning district that allows for at least 1,248 units of multi-family housing units. The new zoning must be in place by the end of 2024. Public input from the online survey led to the proposed draft zoning district, which will be presented at the May 2024 Annual Town Meeting. The proposed district includes sections of West Street, Main Street and Deming Way. Please join Valerie Gingrich, Director of Planning & Conservation, and Jayne Wierzbicki, Planner/Economic Development Coordinator to learn more about the Section 3A housing requirement and the proposed zoning that will be presented for a vote at the 2024 Annual Town Meeting.







## FUEL ASSISTANCE

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting October 1, 2023. Fuel Assistance can help pay part of your home's winter heating bill. This program begins on November 1, 2023. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call the center to set up your appointment for assistance in the application process with Terri or Laura at 978-657-7595.

Renewal information is currently being mailed to Wilmington residents that applied last year. Please call the center for an appointment if you need assistance with the renewal form. (Residents under the age of 60 should contact the Billerica Veteran's Agent at 978-671-0968). Please feel free to call the center if you have any other questions. Also, all copies can be made at the center.

Household Size	Max. Gross Income
1	\$45,392
2	\$59,359
3	\$73,326
4	\$87,294

## HALLOWEEN 2023





### **NEW SENIOR CENTER UPDATE**

The Senior Center Building Committee met on Wednesday, November 8 at the Town Hall to receive a project update and review the project schedule.


- The site has been cleared of all trees and stumps within the project limits. The trees and stumps are being recycled into lumber and other wood products. The construction crew has been bringing in material to help level the area to the desired grade. Erosion control measures are in place and a construction fence has been installed around the work area. The construction trailers are on site.
- Excavation has begun for the concrete foundations. The forming for the foundations will start before the end of November with the concrete being poured over the next several months. The installation of site utilities is scheduled to begin by December 1. Work will continue on site as the weather allows.
  - The construction team meets on a weekly basis at the site.

The next meeting of the Senior Center Building Committee will be in January on a date to be determined. The public is reminded that this is an active construction site and to stay outside the construction fence; **safety is a priority.**





# DECEMBER 2023

SUN	MON	TUES	WEDS	THUR	FRI	SAT
					<b>1</b> • UGLY SWEATER DAY • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM • CORNHOLE 2:00PM	<b>2</b>
<b>3</b>	<b>4</b> • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM	<b>5</b> • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	<b>6</b> • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM • HOLIDAY PARTY 6:00PM	<b>7</b> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	<b>8</b> • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • A CHRISTMAS CAROL 1:00PM	<b>9</b>
<b>10</b>	<b>11</b> • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM • SECTION 3A INFORMATIONAL 1:00PM	<b>12</b> • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	<b>13</b> • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • COOKIE SWAP 11:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM	<b>14</b> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • HIGH SCHOOL ORCHESTRA 11:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	<b>15</b> • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM	<b>16</b>
<b>17</b>	<b>18</b> GIVING TREE ENDS • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • CAREGIVERS SUPPORT 10:30AM • WII BOWLING 11:30AM • CRIBBAGE 1:00PM • MOVIE DAY 1:00PM	<b>19</b> • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM • CANDY RAFFLE	<b>20</b> • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • HIGH SCHOOL CHORUS 11:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM	<b>21</b> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • COMMISSIONERS MEETING 1:30PM	<b>22</b> • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM	<b>23</b>
<b>24</b>	<b>25</b> CENTER CLOSED 	<b>26</b> • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	<b>27</b> • BLOOD PRESSURE 9:00AM • SPECIAL EXERCISE 9:30AM • SIGN UP TEA PARTY 10:00AM • CARDS & GAMES 1:00PM • POKER 1:00PM	<b>28</b> • GENTLE YOGA 9:00AM • ART 9:45AM • SIGN UP NO SEW QUILT 10:00AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	<b>29</b> • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • CORNHOLE 2:00PM	<b>30</b>
<b>31</b>						



# TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10

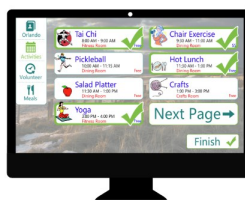
## my seniorcenter™



Next time you are at the center, please take a moment to stop at the front desk. We would like to update your profile and make sure we have correct information for you including your emergency contacts. This will only take a minute or two.

### **REMINDER!**

Just a friendly reminder that it is very important to sign in to all events, activities, and classes every time you come to the center. If you do not have a card to scan, please ask for a new one at the front desk.



### **CALL THE CENTER IF YOU NEED...**

- Incontinence products
  - Flushable wipes
  - Hearing aid batteries
- Medical equipment such as walkers, wheelchairs, commodes, showers chairs, etc.
  - Nutritional Drinks (Ensure/Boost)
  - Puzzles
  - Books and Puzzle Books
  - DVD's