

THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

JANUARY 2023

BUZZELL

SENIOR CENTER
15 SCHOOL STREET
WILMINGTON,
MA 01887

TELEPHONE:
978-657-7595 OR
978-658-2258

**MONDAY – FRIDAY
9:00AM – 4:30PM**



Department of Elderly Services

Staff Contact Information

Director:

Terri Marciello
TMARCIELLO@WILMINGTON
MA.GOV

Case Manager:

Laura Pickett
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Senior Clerk:

Kelly Fordham
KFORDHAM@WILMINGTON
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Assistant Clerk:

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MA.GOV

Assistant Case

Worker

Patti Meehan
PMEEHAN@WILMINGTON
MA.GOV



Congratulations Let's Welcome

Riley Elle - 6 pounds 2 ounces

Riley came into the World on December 2, 2022. Kelly and Dennis are doing wonderful and are overjoyed with their beautiful, healthy daughter.

Free Income Tax Assistance

The Department of Elderly Services is excited this year to be able to provide the **"Free Income Tax Assistance"** through the IRS, VITA program (Volunteer Income Tax Assistance) at the Buzzell Senior Center – 15 School Street for Wilmington residents that ages 60 and older. Scheduled appointments should be arranged through the center – 978-657-7595. The program will be starting in February. All returns are prepared with computer accuracy and with electronic filing for rapid refunds. Clients should bring:

- This year's tax information along with last year's tax returns
- W-2 forms
- Your social security & pension information
- Tax forms sent by financial institutions
- Your property tax & water bills

If anyone is in need of transportation, please make the arrangements at the same time you make your appointments when calling the Department of Elderly Services at 978-657-7595 and please feel free to call the department with any questions or concerns. **Sign up starts January 24, 2023 @10:00AM**

We will have information on the Circuit Breaker Benefit next month.

Please note that the center will be closed on Monday, January 2, 2023 & Monday, January 16, 2023. There will be no home delivered meals on these dates as well.

INCLEMENT WEATHER POLICY



The Department of Elderly Services storm policy states that when the Wilmington Schools are closed due to inclement weather, all scheduled Senior Center activities are also canceled for the day. No home delivered meals are served and the van will not be available for transportation. The center will remain open for emergencies. **Please note that you may receive automated calls from the Senior Center that will appear as (855) 997-7375 and may say Belmont, MA. These are not spam calls and will be recordings with important center information and updates.** They may be voice recorded calls or automated calls. Feel free to call with any questions or concerns.





**Movie: Monday, January 23, 2023
At
1:00PM**

After thirty years, Maverick is still pushing the envelope as a top naval aviator, but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.

Cribbage

Monday, January 9, 2023 @ 1:00PM

Who is interested in getting involved with the new Cribbage group?

We are starting a Cribbage Group that will be lead by Jack Cushing .

Feel free to bring your boards.



*Thank
you*

Sending Thanks
Boy Scout Troop 56
along with many supportive residents

*Thank
you*



We would like to extend our heart felt thank you to all who so generously contributed to this year's Giving Tree. We were able to provide over 250 elders with holiday gift cards. This was all made possible by huge hearts of our Wilmington Community. A special thank you to the Boy Scouts Troop 56 for their contributions!! This years donations exceeded all expectations!



Valentine's Day Luncheon

Harrow Pot Pies

Tuesday, February 14, 2023

12:00PM

\$5.00 per person—Sign up January 18, 2023@10:00am

Join us for a delightful luncheon to celebrate the ones we love! Sign ups will start on

Wednesday, January 18, 2023 @ 10:30AM



Beading Group

(is Back)

Lead by : Robin Theodos

When: Tuesdays at 10:30AM.

Tuesday—3rd,10th,17th,24th,31st

Call the center to sign up for this activity.

JANUARY BIRTHDAYS

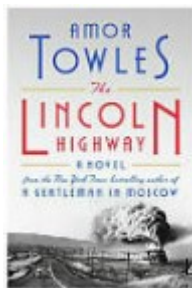
Donna Balboni	Nancy Otovic	James Palman
Beverly Doyle		Sara Piazza
Ken Michaud	Emily Dukus	Gloria Diehl
Kathy Brennick	GeeGee Kaufman	Dot Cunha
Patricia Cucinotta	Jane Forest	Joanne Tompkins
Joanne Fisher	Rose LaVerde	John Wallace
Jean George	Paul Hojo	Carolyn Ryan
Carmen Hale	Jo-Ann Jordan	

We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. **The next meeting is Monday, January 23, 2023**

The Book Club is currently full and not able to accept new members at this time.



This month's book is The Lincoln Highway
By: Amor Towles

BINGO

BINGO is back... twice a month!
No sign up needed, just come on by!

This month, Bingo will be on...

Wednesday, January 4, 2023

Wednesday, January 18, 2023

Please be sure to bring small bills, preferably 1's or 5's to play!

CAREGIVERS SUPPORT GROUP

The role of a caregiver can be a very difficult one, especially during these last 2 years. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. **This month's meeting will be on Monday, January 23, 2023 10:30AM-12:30PM**



LET'S CONGRATULATE OUR DECEMBER WINNER

QUILT RAFFLE



**CONGRATULATIONS TO
Eileen Calli**

NO SEW QUILTING

Correction

No Sewing Collage Quilting with
Nancy Sandreuter.

**When: Monday, January 9, 2023 at
1:00PM**





January Luncheon
Sponsored by Kiwanis Club of
Wilmington

Sunday, January 22, 2023

@12:00PM

Spend your Sunday afternoon with us and the Kiwanis Club of Wilmington!

This free event will be held at the
Buzzell Senior Center -

Sign-up starting Tuesday, January 10, 2023

Minuteman Senior Services Presents:

Powerful Tools for Caregivers

(Virtual Workshop)

By taking care of your own health and well-being,
you become a better

caregiver.

This six-week online course is designed to build the skills caregivers need to take better care of themselves while **caring for an adult living at home**.

The next course begins the first week of February 2023.

For more information and to register, contact

Marianne DiBlasi at 781-221-7095



WE DID IT!

Time to Celebrate with DJ Dan

We are beyond excited and grateful for all your help over these few years to make the dream of a new Senior Center come true.

Open House from 1:00PM-4:00PM on Friday, January 13, 2023.

Sign up begins on Wednesday, January 4, 2023 at 10:30AM.

Thank you



last



FUEL ASSISTANCE

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2022. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in the application process with

Terri Marciello or Laura Pickett at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Renewal information is currently being sent out. Please feel free to call the center if you have any questions.

Also, all copies can be made at the center.

Household Size	Max. Gross Income
1	\$42,411
2	\$55,461
3	\$68,511
4	\$81,561

TAX ABATEMENTS



The Town of Wilmington offers Tax Relief programs for Disabled Veterans, Legally Blind homeowners, and Elders who meet certain guidelines.

Widows and widowers who have less than \$50,000 in assets (excluding value of the home) who have lived in the home for at least 5 years are eligible for assistance if the spouse passed before July 1, 2022. The amount for this exemption increased this year.

Elders aged 70 and older who have lived in Massachusetts for 10 consecutive years and have owned and occupied the property for any 5 years are eligible for assistance if gross income is less than \$37,802 for a married couple, \$25,201 for a single person including Social Security. The asset limit for this deduction is \$40,000 for a single person, \$50,000 for a married couple.

Please note: If the home is held in a trust, you must be a trustee and have beneficial interest in the property as determined by Town Counsel and a copy of the trust and schedule of beneficiaries must be provided with your application.



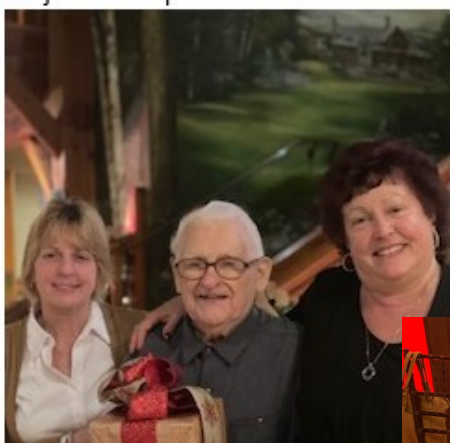
Volunteers Make Our Community

"Better Together"



Do you have some free time? Are you looking to fill that time with something meaningful? Over the last few years, we have all spent more time isolated than we could have ever imagined. For some, loneliness continues to be an ongoing issue. The Department of Elderly Services has recognized this and would like to offer some solutions. The Department of Elderly Services is asking for volunteers who can commit to an hour or so per week as a friendly visitor. If you feel this would be of interest to you, the Department will be holding an informational meeting on Monday, January 30, 2023, at 1pm at the Buzzell Senior Center. If you have any questions, please feel free to contact Laura Pickett @978-657-7595 or email at lpickett@wilmingtonma.gov



HOLIDAY PARTY 2022!



2023



2023

SUN	MON	TUES	WEDS	THUR	FRI	S
1	2 CENTER CLOSED 	3 • BLOOD PRES-SURE 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	4 • SPECIAL EXERCISE 9:30AM • Sign up Open House 10:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • Bingo 1:00PM	5 • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	6 • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • Wood Carving 10:00AM	7
8	9 • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • Cribbage 1:00PM	10 • BLOOD PRES-SURE 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM • Kiwanis Sign Up	11 • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM	12 • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	13 • ZUMBA 9:00AM • SEWING 9:30AM • Afternoon Classes Cancelled • We Did It Celebration!!! 1:00-4:00PM • DJ Dan and	14
15	16 CENTER CLOSED 	17 • BLOOD PRES-SURE 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	18 • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • Valentine Day Luncheon Sign up 10:00AM • Bingo 1:00PM	19 • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • COMMISSIONER'S MEETING • CERAMICS 1:30PM	20 • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • Wood Carving	21
22 Ki-wan- i's Lunc- heon	23 • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • Caregivers Support 10:30 • Movie 1:00PM—Maverick • Book Club 1:30	24 • BLOOD PRESSURE 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM	25 • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM	26 • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT	27 • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM	28
29	30 • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • Volunteers Meeting 1:00PM	31 • BLOOD PRESSURE 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT				



TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10

CALL THE CENTER IF YOU ARE IN NEED OF...

- Male or Female Incontinence Products
- Hearing Aid Batteries Size 312
- Puzzles
- Books
- DVDs
- Puzzle Books

COVID UPDATE

With many tools now available for reducing COVID-19 severity, such as availability of vaccine, boosters, and treatment, there is significantly less risk of severe illness, hospitalization and death compared to earlier in the pandemic. CDC has updated its guidance for people who know they have been exposed to COVID-19.

- If you were exposed to COVID-19, regardless of your vaccination status: CDC recommends that instead of quarantining, you wear a high-quality mask for 10 days and get tested 5 full days after your last exposure (day 6).
- If you have COVID-19: regardless of vaccination status, you should isolate from others for 5 days. If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving, or you never had symptoms, you should test on Day 6. If the test is negative, you may end isolation but should continue masking around others and in public. If the test is positive, you should continue to isolate.

Individuals with moderate illness or severe illness or with a weakened immune system, should isolate through day 10 and consult your doctor before ending isolation.