



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

JUNE 2022





BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA
01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM– 4:30PM



Department of Elderly Services

Staff Contact Information

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NEWS & UPDATES

Are you ready for summer? We certainly are! The first day of Summer is Tuesday, June 21, 2022. We have a “cool” treat for you on this day. Make sure you check out page 2 for more details.

We are gearing up towards a busy summer and have a lot of fun events planned. In the May newsletter, we listed future Summer day trips that will be coming up. As each one gets closer, there will be more detailed information including cost and how to sign up. This month, we have all the important details about Maine’s Famous Bull and Claw lobster bake trip which can be found on page 4. The sign up date will be announced in the July newsletter.

This month we are happy to have Julie Stepanek here to teach a three part ukulele class. Also coming to the center, is Jim Munsey to wow us with his popular magic show. More information about Munsey’s Magic Show and how to sign up can be found on page 3.

Our first Game Night of the year was a lot of fun! Game Night will be once a month on the third Thursday of the month from 4:30PM-7:00PM. This will run through to the end of September. The sign up date for each night will be announced in that month’s newsletter. **Please note that starting this month, sign up for Game Night must be done in person only. Payment of \$5.00 is due at time of sign up.** More information about Game Night can be found on page 2.

Maureen’s Crafty Creations class will be on Monday, June 13, 2022 as the center is closed on June 20, 2022 in observation of Juneteenth. Also, please note that our pilot Chair Dancing class with Jan was completed on Tuesday, May 31, 2022. See our up to date class schedule on the back of this newsletter.

Check out page 5 to see who won our zoom trivia and the quilt raffle from May. Unfortunately, there was no candy raffle for May but it will return this month! Stop by the front desk to take a guess at how many candies are in the jar. Whoever guesses the closest without going over will win a special prize and of course... the candy! One lucky winner will be chosen on Friday, June 17, 2022.

Wondering about progress made on the new Senior Center in the last month? Make sure to check out page 6 to stay up to date on all the Senior Center Building Committee happenings.

Please note that the Senior Center will be closed on Monday,
June 20, 2022 in observation of Juneteenth.

There will be no home delivered meals on this date as well.

June
TEENTH
FREEDOM DAY

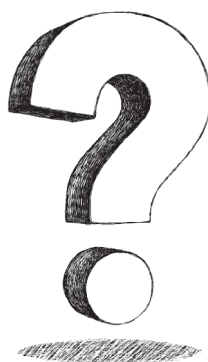
FATHERS'S DAY



To celebrate Father's Day this year we invite all fathers, grandfathers, great grandfathers, and great great grandfathers to stop by the center any time on Friday, June 17, 2022 for a special surprise.

No sign up needed, just stop by!

SUMMER SURPRISE



Let's kick off the Summer of '22 with a special "something" just for you-

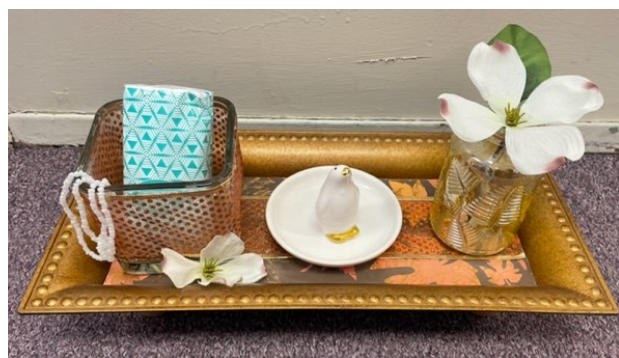
Stop by the center at 1:00PM on Tuesday, June 21, 2022 to be apart of the Senior Center fun!

MAUREEN'S CRAFTY CREATIONS CORNER

Join Maureen on **Monday, June 13, 2022 at 1:00PM** to create this bathroom/bedroom tray.

This class is free to join and all the materials will be supplied.

Sign up for this class will begin on **Thursday, June 9, 2022 at 10:00AM**



GAME NIGHT

Join us for Game Night on Thursday, June 16, 2022! It will be held from 4:30PM-7:00PM, indoors or out in our outdoor tent area. You will be able to have a light dinner, dessert and fun activity. (\$5.00 per person). Don't miss out on the fun!

Sign up for this event will begin on Tuesday, June 7, 2022 at 10:00AM.

Sign up for Game Night will now be in person at the Senior Center. \$5.00 is due at sign up.

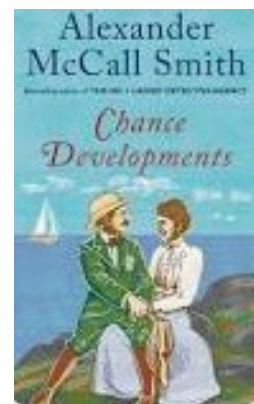


BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. The next meeting is Monday, June 27, 2022 at 1:30PM

If you are interested in joining, please call the center.

This months book is Chance Developments
By: Alexander McCall Smith



CAREGIVERS SUPPORT GROUP



The role of a caregiver can be a very difficult one, especially during these last 2 years. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. This months meeting will be Monday, June 27, 2022 from 10:30AM-12:30PM as the center is closed on Monday, June 20, 2022 in observation of Juneteenth.

If you are caring for a loved one, relative, or friend, come and meet with others who understand all that you are going through and who can offer support and provide helpful coping strategies.

June Birthdays

Diane Allan	Pat Driscoll
Elizabeth Aprile	Philip Kaufman
Madeline Bimbo	Rosemary Kludjian
Terry Bourque	Marie McLeod
Leona Bombard	Arnold Peterson
Mary Boylen	Deborah Perry
Sue Carbone	Hazel Proto
Harold Carver	Bernice Russo
Matthew Crossen	Stan Radomski
Sonja Carlson	George Suprenant
Marge Cornish	Rita Woodside

Happy Birthday!



We can't help you blow out the candles on your cake unless you tell us your special day!
Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

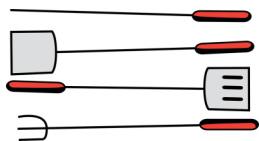
MUNSEY MAGIC SHOW

On the evening of Wednesday, June 29, 2022 at 6:30PM, come enjoy *Munsey's Magic* a fun-filled show packed with audience participation, comedy, surprises, magic, mystery, mentalism and more. Adults will find themselves to be as surprised as they are fooled (and fooled badly)!

With over 25 years of performing experience, Jim has had repeat bookings for some big names in Boston. With a "feel" all its own, *Munsey's Magic* captivates audience members of all ages and leaves them believing that maybe, just maybe, there really is some magic in this world.

Sign up for this event will begin on Wednesday, June 8, 2022 at 10:00AM





SAVE THE DATE

You won't want to miss our annual cook-out this year on **Wednesday, July 13, 2022**. More details including how to sign up will be in the July newsletter. We look forward to seeing you there!

UPCOMING TRIPS

Mark your calendar for these upcoming trips! More information including trip details, cost, and sign up dates to follow in upcoming newsletters. Transportation for all trips is provided.



Wednesday, August 24, 2022:

Crane Estates Tour

Thursday, September 8, 2022:

Charles River Cruise

MAINE'S FAMOUS "BULL AND CLAW" LOBSTER BAKE

When: Wednesday, July 27, 2022

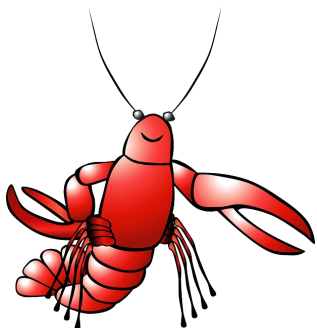
Bus departs from Senior Center at 9:00AM

Expected arrival back to Senior Center is 6:30PM

Tour Includes: Scrumptious lobster bake at Bull and Claw restaurant. Scenic ride around Maine. Shopping in Ogunquit. Trip to Yummies Candies in Kittery.

Choose your entrée at sign up. Choices include:

- Maine Lobster
- Prime Rib
- Cranberry Stuffed Chicken Breast



Your Cost: \$60.00
(actual cost \$99.00)

Sign for this trip will be announced in the July Newsletter and must be done in person with \$60.00 due at sign up.

Depart this morning on your luxury Silver Fox Coach for a great tour with you and your friends! Arriving in Maine, "The Pine Tree State" you'll travel along the coast past scenic towns and attractions until arriving in Wells. Now be ready for a lobster feast at The Bull and Claw restaurant beginning with a cup of delicious clam chowder, sauteed mussels, fresh Maine clams, tossed green salad, fresh baked bread and rolls, and an entrée choice of delicious Maine lobster, succulent prime rib, or cranberry stuffed chicken breast. Your feast includes a hot blueberry crisp dessert with french vanilla ice cream! Yum! After departing, you'll continue along the Atlantic seacoast and make a visit to scenic Ogunquit, where you'll have time to visit quaint shops. Finally, you'll visit the outstanding Yummies in Kittery and experience candies ranging from old time vintage candies to fresh 'made in Maine' chocolates—what fun! You're expected arrival home will be approximately 6:30PM after a most pleasant down east day.

"KNOCK ON WOOD" A HOWIE NEWMAN CONCERT EVENT

When: Thursday, July 7, 2022 from 6:30PM-8:00PM

Sign up for this event will begin on Tuesday, June 28, 2022 at 10:00AM.



Howie Newman will be performing "Knock on Wood." Knock on Wood is a high-energy acoustic folk-rock duo, featuring singer-songwriter Howie Newman. Combining acoustic guitar with fiddle, mandolin and pleasing vocal harmonies, the duo performs old rock classics from performers like Elvis Presley, the Beatles, the Drifters and Johnny Cash. It's a very lively and lots of fun, with great musicianship along with a bit of humor here and there. For more information, including videos and music samples, visit www.howienewman.com/knockonwood.

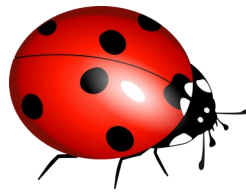
QUILT RAFFLE
CONGRATULATIONS TO
ROBIN MACMILLAN

Robin won the
quilt raffle!



DRIVE-THRU TRIVIA GAME FROM 5-25-2022

How many ladybugs can you find throughout this
newsletter? **ANSWER: 19**



CONGRATULATIONS TO
BETTY MOLVAR

Betty won the drive thru game!

ZOOM TRIVIA

WE HAD A TIE FOR OUR SPRING TRIVIA!
CONGRATULATIONS TO



JIM BRENNICK
&
EDUARDA SPERA!



ZOOM TRIVIA

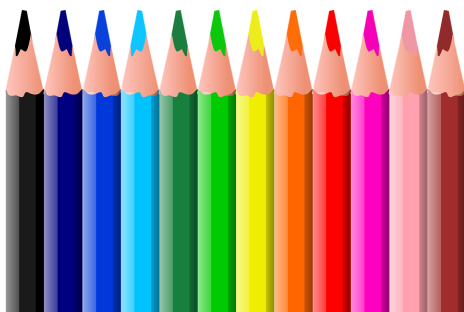
Join Kelly for zoom trivia! This months trivia topic is art! Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for zoom trivia topics. If you have an idea, call the center and ask to speak with Kelly. **If you are hesitant to sign up because you have never used zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

HOW TO SIGN UP & PLAY: Call the center and give us your email address. We will email you the link to the zoom event. All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end will win a prize!

ART TRIVIA

WHEN: Tuesday, June 21, 2022
from 11:00AM-12:00PM

**Winner will be announced in the
June newsletter**



IMPORTANT REMINDER THIS SUMMER



- Drink plenty of liquids, such as water or fruit or vegetable juices. Stay away from drinks containing alcohol or caffeine. If your doctor has told you to limit your liquids, ask what you should do when it is very hot.
- If you live in a home or apartment without fans or air conditioning, try to keep your house as cool as possible. Limit your use of the oven. Keep your shades, blinds, or curtains closed during the hottest part of the day. Open your windows at night.

UPDATE ON NEW SENIOR CENTER PROJECT

Here's what has been happening since our last update in the May Newsletter

- The Chair of the Senior Center Building Committee, George Hooper, gave a report at the Annual Town Meeting on April 30, 2022, on the activities of the Committee over the past year.
- The Committee met on May 11, 2022, at the Town Hall with the architect from Dietz and Co. The programming needs and building layout were reviewed. The consensus of the Committee members was that the layout of the spaces was satisfactory. There was discussion of the building exterior. Some members expressed concern that the entrance needs to be more prominent and make a statement. The architect will look at potential modifications.
- The architect presented options for the building exterior materials. For the siding, combinations of brick, fieldstone, cedar and fiber cement were discussed but a final decision was not made. Roofing options include asphalt shingles and standing seam metal roof. Window options include aluminum, wood and fiberglass. Further discussion will take place at future meetings before any decisions are made on these options.
- A date for a public forum will be scheduled soon.
- The next meeting for the Committee is scheduled for June 8, 2022, at 6:00PM with the location to be determined. Topics for that meeting will include site survey analysis, civil design and structural design.

As we get more into the details of the building and what it will look like, it is important to stay engaged. This is your Senior Center. Let's make it what you want.



In the Garden

U	A	P	U	T	Y	N	F	B	S	T	N	A	X	Q	W	P	J	C
Z	A	I	J	H	M	O	E	P	E	P	P	E	R	K	A	O	E	T
G	W	U	V	J	R	L	R	O	S	P	S	V	E	F	T	T	V	N
F	A	H	O	S	E	E	T	S	D	R	O	B	L	P	E	T	M	A
E	K	A	R	J	B	M	I	P	E	U	N	R	F	R	R	I	O	L
C	O	B	Z	R	M	R	L	I	E	N	E	O	F	E	I	N	C	P
A	Y	E	I	Y	U	E	I	D	W	I	C	C	N	N	N	G	D	G
N	Q	E	N	E	C	T	Z	E	S	N	U	C	U	I	G	S	Z	G
T	S	T	S	R	U	A	E	R	B	G	T	O	S	H	C	O	U	E
A	R	S	E	S	C	W	R	S	L	S	T	L	E	S	A	I	C	G
L	E	U	R	T	A	J	Q	F	U	H	E	I	N	N	N	L	C	E
O	W	D	T	E	G	R	Y	O	B	E	L	D	I	U	M	X	H	O
U	O	T	A	M	O	T	G	G	E	A	E	I	V	S	M	I	I	A
P	L	D	E	E	R	E	R	D	Q	R	J	R	U	K	I	U	N	D
E	F	J	R	F	U	D	R	E	C	S	E	T	G	R	F	E	I	H

LETTUCE TOMATO PEPPER GRASS WEEDS SPIDERS
 SUNSHINE EGGPLANT BROCCOLI FLOWERS ZUCCHINI
 FERTILIZER CUCUMBER CANTALOUPE POTTING SOIL
 WATERING CAN WATERMELON PRUNING SHEARS BULBS
 HOSE BEETS ANTS RAKE DIRT VINES



SUDOKU: Use deductive

logic to complete the grid so that each row, each column, and
 each 3 by 3 box contains the numbers 1 through 9 in some order.
 The solution is unique.

4	1	2				9	6	
9				2				3
3			9	7	6		4	2
			4	9	2	7	3	
2		7		3	1	5		9
6		3	8		7		1	4
7	2			4	5	6		8
5	3	9		6	8		7	
8	6	4	7	1				5



TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10



Please call the center if you are in need of any of the following items...

Male/Female incontinence products, hearing aid batteries size 312, puzzles, books, DVDs, and puzzle books.

BUZZELL PROGRAMMING

Monday

Tai Chi: 9:00AM

Blood Pressure Clinic: 9:30AM

Special Exercise: 10:30AM

Quilting: 1:00PM

Book Club: 4th Monday of the month at 1:30PM

Caregivers Support Group: 3rd Monday of the month at 10:30AM

Tuesday

Hiking Group: 9:00AM

Dance & Tone: 9:30AM

Wednesday

Special Exercise: 9:30AM

Cards & Games: 1:00PM

Poker: 1:00PM

Thursday

Yoga: 9:00AM

Art: 9:45AM

Country Line Dancing: 10:30AM

Knitting & Crocheting: 10:30AM

Ceramics: 1:30PM

Friday

Zumba: 9:00AM

Sewing: 9:30AM

Chair Yoga: 12:30PM

Poker: 1:00PM

