



THE BUZZELL BUZZ

MAY 2019

THE DEPARTMENT OF ELDERLY SERVICES



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MONDAY THRU FRIDAY—9:00AM-4:30PM



MAY NOTES

May has finally arrived! The daffodils, tulips and tree buds are blooming, especially refreshing to see after this intense winter we've had. To start, I would like to send a special Mother's Day wish to all Great Grandmothers, Grandmothers and Mothers in this beautiful month of May.

This is also the time of year that we can thank our many volunteers for all their support of services throughout the year. We will be having a Volunteer Appreciation Brunch at the Tewksbury Country Club in Tewksbury, MA. We are extremely fortunate to have the amount of volunteers and the dedication each volunteer shows. We appreciate all the acts of kindness that all of our volunteers have shown. This event is just a small gesture of the gratitude to the over 90 volunteers for making the department stand strong.

In meeting with the Arts Council Board, it became evident that they have a lot of different opportunities to offer. As a team, we explored what types of activities everyone may be interested in. One of the top interest was Water Colors. We are very excited to introduce water color painting on Monday, May 6, 2019 From 12:30PM—2:00PM. There are a few openings still available.

Please remember, on Saturday, May 4, 2019 at 10:30AM is our Annual Town Meeting at the Wilmington High School Auditorium. This is your opportunity to take part in opportunities and open discussion of what takes place in our community.

On Thursday, May 30, 2019 at 1:00PM, Come meet Attorney Michael Monteforte Jr. Esq to discuss "everything you need to know about Estate Planning and Elder Law

Lastly, on Tuesday, June 25, 2019, we will be having our Special Home Bound meals to welcome in the Summer! I want to thank the many volunteers that continue to step forward in offering to deliver the meals. Please sign up with Lisa or Paula at the front desk.

THANK YOU!



We would like to thank Paula Stalker, volunteer in delivering Trader Joe's, for her dedication and support to the Wilmington Department of Elderly Services . We are truly appreciative for all that she has done for us and her involvement in making this possible the last six months.

We thank you and look forward to other opportunities in the future.



MAY BIRTHDAYS



Joan Bannon Rose Carozza Marilyn Cox
Susan Delaney Marilyn DiBenedetto Grace Santo
Jeanne Grant Charlotte Guthrie Anne Linehan
Walter Kaminsk Pat Robarge Pat Newhouse Walter Sevenser
Pat McKenna Paz Mendoz Grace Mullen Gerri Familitti
Kathy Shea Charles Wayman Norrine Solari Sonny Mercurio Anne Marie Hill
Frank Puleo Irene Mercurio Robert Taylor Tom Tivnan Ginny Wilson

We can't help you blow out the candles on your cake unless you tell us your special day!

Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!

Thursday, June 6, 2019

At 1:00PM

Live (Free Performance) at the Buzzell Senior Center

“Dear Ann and Abby”

By Delvena Theater



Celebrate the 100th birthday of the twins, Ann Landers and Dear Abby.

How did two fifties era Iowan housewives, who performed songs by the Andrews Sisters and were married on the same day, become two of the most influential advice columnists of all time.

***Dear Ann and Abby* examines how chutzpah, hard work and a bit of luck propelled the twins into becoming two of the most beloved and respected women of the 20th century. With humor and a whole**

lot of love, Abby and Ann will dole out advice to the audience on the proper way to hang toilet paper, how to participate in nude housekeeping and how not to be a love-lorn teen plus they may give advice on many other important matters.

Don't miss out on the fun and laughs

Sign up Friday, May 17, 2019



The Buzz Book Club

We will be meeting on Monday, May 20th at
1:00 p.m.

The book club selection for May is
Carnegie's Maid by Marie Benedict

Please contact the Senior Center if you are
interested in this popular program!



Friday Sewing Group

Meets every Friday from 10:00AM—12:00PM

A very informal group that gathers to share
ideas, patterns and fun.

Come on down and join the FUN!!



GAME NIGHT

Back by popular demand

4:30-7:00 p.m.



We will be serving a light dinner and everyone
gets to relax and play card games, board games,
bocce and even get to paint more "Wilmington
Rocks". Don't miss out -

Thursday, May 30, 2019

Cost \$3.00

Sign up at the front desk.

GUESS WHO?

This is the baby picture of someone who comes to
the Center! Take a close look and place your an-
swer in the container located on the front coun-
ter or call the center with your answer.

Clues:

1. Enjoys our Day Trips
2. Enjoys Priscilla's Exercise Class
3. An avid walker



We will choose one winner
who will receive a prize!

GOOD LUCK !

Memorial Day Luncheon

Friday, May 24, 2019—12:00 P.M.

We will be having an All American luncheon on May 26, 2019 to honor our Veterans.

(Spaghetti and meatballs)

Tickets are \$5.00 Veterans are free.

Sign ups will be on Tuesday, May 7, 2019 at 10:00 A.M. at the Buzzell Senior Center
(Stop by the front desk)



SAVE THE DATE

Thursday, June 13, 2019

Plymouth's 399th Birthday Tour—Harbour Cruise and Luncheon—\$70.00

Motor Coach Transportation

(\$89.00 non-residents) Sign-up on April 25th

Thursday, July, 11, 2019

Our Annual Cookout

Thursday, August 22, 2019

Newport Rail Excursion and Luncheon - \$70.00

Motor Coach Transportation

(\$89.00 non-residents) Sign-up on June 26th



Art Show

We cordially invite you to join us at our

Annual Art Gallery Show

Buzzell Senior Center

Thursday, May 23, 2019

1:00 p.m.

**Come view the beautiful acrylics that are created by our painting students
instructed by Steve Greco**

Light Refreshments will be served



Memory Café

“Our Moment Café”

Wednesday, May 15, 2019

1:00 p.m. - 2:30 p.m.

at the 4th of July Building

A Memory café is a special gathering place for those dealing with memory loss and their caregivers. The Café gives the person with memory loss and their caregiver an opportunity to socialize, participate in an activity and make new friends in a welcoming environment.



Caregivers Support Group

**Caregivers support group will meet on Monday, May 20, 2019
from 10:30 to Noon**

This support group is opened to all who are interested.

If you are caring for a loved one, please join us.

**If you have any questions, please contact
Laura Pickett, our Case Manager at 978-657-7595.**



IN LOVING MEMORY



We express sympathy for the
loss of our friends

Marjorie King
John Foley
Ruth Swenson
Dorothy Noel
Edward Gillis
Mary Bonasoro

GET WELL WISHES

Barbara Maguire
Carol Trainor
Gail Dickson
Marie Vigliotti



Tai Chi, Yoga and Zumba

Will Continue

**Tai Chi with Greta on Tuesdays at 1:00 p.m.
through June 25th**

**Yoga with Joan on Tuesdays, at 2:30 p.m.
through June 25th**

**Zumba with Kelli on Tuesdays, at 9:00 a.m.
through June 25th**

Special Homebound Meals

Volunteers Needed

Tuesday, June 25, 2019



Singing Students

Thursday, May 16, 2019 at 10:00AM

What better way to start your day than with a cup of coffee and listening to the beautiful voices of the Wilmington Middle School Chorus.



Come on down and don't miss out on the fun!

Thursday, May 30, 2019

At 1:00Pm

Come meet Michael Monteforte Jr., Esq.
for an in-depth discussion on

Planning Ahead

Everything You Need to Know About

Estate Planning and Elder Law





New “Water Colors” Class

We are very happy to announce this new art class that will start on
Monday, May 6, 2019
12:30PM– 2:00PM

This Watercolor class is to learn the basics of mixing colors and handling the watercolor medium. Beginners and intermediate are welcome to join this class where creation is about keeping it simple. Advanced students are also welcome to work on their own project under the teacher's guidance, as needed. It will be fun and relaxing.

Space is limited— sign up NOW
You will receive the list of supplies needed.



Come get your own “Charlie Card”

On Tuesday, May 14, 2019 at 1:00PM

In speaking with Senator Tarr, he felt it would be a great and beneficial event to give people the chance to apply for a “Charlie Card” right at the Buzzell Senior Center. We will be holding this special event on Tuesday, May 14, 2019 at 1:00PM.

People 65 and older are eligible for reduced MBTA fares with a Senior CharlieCard. These cards are valid for 8 years. It is very easy, you'll need to bring a valid, government-issued license or ID for proof of age, fill out an application, and get your photo taken.

Don't miss out on the great opportunity . If you are interested , please sign up at the front desk of the Buzzell Senior Center or call 978-657-7595.

Wilmington High School Culture Club—”Greet, Taste and Learn”

Presentation on May 22 2019 2:30PM







Ever wondered where baseball greats like Big Papi, Pedro Martinez, and Manny Ramirez are from? It's the Dominican Republic! But the DR is known for so much more than just baseball.

Come join the Wilmington High School's World Cultures Club on May 22nd as they teach you more about the food, dance, and culture of the Dominican Republic!

Sign up at front desk.



MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1 9:30AM Beading 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Line Dancing 1:30PM Cards 3:00PM Fun Singers	2 9:00AM Art Class 10:30AM Aerobics 11AM Knitting/ Crocheting 1:00PM Ceramics	3 10:00AM Sewing 10:00AM Video Exercise 11:00AM Special Exercise 1:00PM Bingo	4 10:30AM Annual Town Meeting
5 Cinco de Mayo 	6 9:00AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 12:30PM Wii Bowling 12:30PM Watercolor Class	7 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga Sign-up Veterans Luncheon	8 9:45 AM SBF Exercise 10:30AM Pop-up Library 11AM Special Exercise 1:00PM Line Dancing 1:30PM Cards 3:00PM Fun Singers	9 All morning activities cancelled Volunteer Appreciation Brunch 1:00PM Ceramics	10 10:00AM Sewing 10:00AM Video Exercise 11:00AM Special Exercise 1:00PM Bingo 1:00PM Cards	11 Fun Singers performing at Woodbriar & Windsor Place
12 	13 9:00AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 12:30PM Wii Bowling Tournament vs. North Reading 12:30PM Watercolor Class	14 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi 1:00PM Charlie Card Program 2:30PM Gentle Yoga	15 9:30AM Beading 9:30AM Podiatrist 9:45 AM SBF Exercise 11AM Special Exercise 11:00AM Rep. from Senator Tarr's Office 1:00PM Line Dancing 1:00PM Moment's Café 1:30PM Cards 3:00PM Fun Singers performing at Care One	16 9:00AM Art Class Exercise Cancelled 10:00AM WMS Chorus 11AM Knitting/ Crocheting 1:00PM Ceramics 1:30PM Commissioner's Mtg	17 10:00AM Sewing 10:00AM Video Exercise 11:00AM Special Exercise 1:00PM Bingo 1:00PM Cards Sign-up Dear Ann and Abbey Program	18
19	20 9:00AM Blood Pressure 9:45 AM SBF Exercise 10:30AM Caregivers 11AM Special Exercise 12:30PM Wii Bowling 12:30PM Watercolor Class 1:00PM Book Club	21 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga	22 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Line Dancing 1:30PM Cards 2:30PM Greet, Taste & Learn 3:00PM Fun Singers	23 9:00AM Art Class 10:30AM Aerobics 11AM Knitting/ Crocheting 1:00PM Ceramics 1:00PM Art Show	24 All Activities cancelled  VETERANS' LUNCHEON	25
26	27 Memorial Day  CENTER WILL BE CLOSED	28 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga	29 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Line Dancing 1:30PM Cards 3:00PM Fun Singers	30 9:00AM Art Class 10:30AM Aerobics 11AM Knitting/ Crocheting 1:00PM Ceramics 1:00PM Estate Planning 4:30PM Game Night	31 10:00AM Sewing 10:00AM Video Exercise 11:00AM Special Exercise 1:00PM Bingo 1:00PM Cards	



What better place to be than at the Buzzell Senior Center!





TOWN OF WILMINGTON

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10

CURRENT RESIDENT OR



ACTIVITY PROGRAMS

MONDAY

BLOOD PRESSURE CLINIC 9:00
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
QUILTING 1:00
WII BOWLING 12:30

TUESDAY

ZUMBA CLASS 9:00
AEROBICS 10:30
TAI CHI 1:00
MAH JONGG 1:00
YOGA 2:30

WEDNESDAY

SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
COUNTRY LINE DANCING 1:00
CARDS 1:30-4
FUN SINGERS 3:00

THURSDAY

ACRYLIC PAINTING 9:00
AEROBICS 10:30
KNITTING/CROCHETING 11:00
CERAMICS 1:00

FRIDAY

SEWING GROUP 10:00
VIDEO EXERCISE 10-11
SPECIAL EXERCISE 11-12
BINGO 1-3
CARDS 1:30-4

DAILY

GAME ROOM -SOCIALIZATION
KITCHEN 9-4:30

SENIOR VAN SERVICES

MONDAY THRU FRIDAY
PICKUPS FROM 9:00 AM TO 3:00 PM. MUST
CALL TO SCHEDULE PICKUP. WE CAN NOT
GUARANTEE TO ALWAYS HAVE
AVAILABILITY.

SPECIAL PROGRAMS

PODIATRIST

3RD WEDNESDAY OF THE MONTH
9:30 AM

SHINE COUNSELOR
CALL FOR PERSONAL
APPOINTMENT

CAREGIVERS GROUP

3rd Monday of the Month
10:30 AM

HOME DELIVERED MEALS

MONDAY-FRIDAY
COST \$2.00
CALL FOR INFO
978-657-7595

COMMISSIONER'S MEETING
3rd THURSDAY OF EVERY MONTH
AT 1:30 PM

*** Activities are subject to change***
Please contact Center for more information