



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

MAY 2021

BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA 01887

TELEPHONE:

★ 978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM – 4:30PM



Department of Elderly Services

Staff Contact Information

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NEWS & UPDATES

You can always tell when spring is here by the daffodils and tulips popping up everywhere. It's refreshing to finally see some bright colors when you look outside! We will start by wishing a very happy Mother's Day to all the Great Grandmothers, Grandmothers, and Mothers out there. We hope you have a beautiful day.

We are very excited to announce that we will begin outdoor classes and activities starting this month! Pre-registration is required for all of these events. Please see page 3 to see the class and activity schedule. We cannot wait to see you! We know that not everyone is comfortable returning to the center just yet so we will still be having our drive-thru luncheons/desserts monthly.

Our drive-thru luncheon this month will be on Wednesday, May 26, 2021 to celebrate the Flower Moon of May! The Flower Moon is the second of two super moons this year and will also be a partial lunar eclipse for our area. The luncheon will have mystery bags with a chance to win a prize and of course good food and friendly faces. You won't want to miss the moon or this event! See more details about how to sign up on page 2.

We are sponsoring the "Celebration of Life—Community of Hope" Candlelight Vigil on Thursday, May 13, 2021 at 7:00PM. See page 2 for more details. As a follow up to the Celebration of Life, Nancy Duffy will be giving a three part series discussion on loss. More information about this series including how to sign up can be found on page 2.

On page 4, you can see who won our Zoom Trivia events and check to see if your answers for the drive-thru trivia were right. Remember, you can participate in the drive-thru trivia's even if you did not sign up for the event. Just drop off your answers with your name on it in the orange bucket by the front door of the center or you can email/call the center with your answers. There are always fun prizes!



We would like to wish everyone a safe Memorial Day weekend as we remember and honor all the brave heroes who served our country.

Please note that the center will be closed on Monday, May 31, 2021 in observation of Memorial Day. There will be no home delivered meals on this day as well.

SURVEY RESPONSE

Thank
you ❤️

Thank you to everyone who participated in the reopening survey. These surveys are a very important way for us to assess your comfort level returning to the center. We received over 100 surveys back!



DRIVE-THRU LUNCHEON

When: Wednesday, May 26, 2021 at 12:30PM

Where: Buzzell Senior Center Parking Lot

What's on the Menu: Join us for Franks & Beans.

This event is free of charge thanks to an anonymous donor!

During this event, we will be giving out "Mystery Bags" filled with all kinds of goodies! If your mystery bag has this flower moon (🌕🌻) symbol inside, call the center to collect your prize!

Sign up for this event will begin on Wednesday, May 12, 2021 at 9:30AM. Please note that everyone must call the center for themselves to sign up in order to give everyone a fair chance.

DRIVE-THRU TRIVIA & GAME:

1. The Flower Moon of May will be the second super moon of the year, what month was the first super moon of the year?
2. How many stars can you find hidden throughout this newsletter?
3. What has been your favorite drive thru luncheon/dessert meal so far?



CELEBRATION OF LIFE—COMMUNITY OF HOPE

When: Thursday, May 13, 2021 at 7:00PM (*Rain Date: Thursday, May 20, 2021 at 7:00PM*)

Where: Wilmington Town Common



Join us for the "Celebration of Life—Community of Hope" to honor those we have lost during this past year. If you are interested in making a square for our "Remembrance Quilt" there is still time! Call the senior center to pick up a packet, or we can drop one off to you. The packet includes an 8x8 square which you can decorate any way you'd like and a post card where you can share a memory of your loved one. You can return your finished square to the center by Friday, May 7, 2021 or bring it on the night of the Vigil. We hope to see you there. The "Remembrance Quilt" and a book of all the memories will travel around town to be displayed.

DEALING WITH LOSS WITH NANCY DUFFY

Losing a loved one is never easy. But for many, losing someone during the time of this pandemic has been especially difficult. As a follow up to the "Celebration of Life—Community of Hope", the Department of Elderly Services will be hosting Nancy Duffy, from Beacon Hospice. Nancy has worked at Beacon Hospice for the past 13 years and has worked extensively in grief support. Nancy will be leading a 3 part series on Dealing with Loss. Each session will take place from 12:00PM – 2:00PM and will be held at the Buzzell Senior Center.

Session 1 - May 20, 2021 - A brief service to share and remember those we are missing.

Session 2 - May 27, 2021 - Direct discussion around grief. The shock and anger that COVID-19 took place and how it affected all our lives.

Session 3 - June 3, 2021 - Continue with positive goals as survivors of grief, - what are some great strategies for handling grief and memorializing those we love.

Pre-registration is required. Please call the Senior Center at 978-657-7595. Space is limited.



MAY MOVIE RAFFLE

Call the center to sign up for our movie raffle!
It is free to enter. We will be raffling off a movie and some
movie snacks so you can have a fun movie
night at home!



One lucky winner will be chosen on
Monday, May 17, 2021

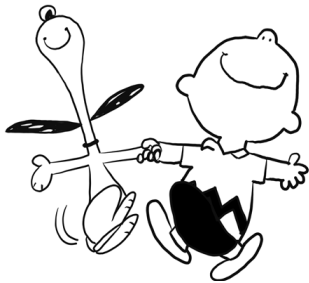
APRIL MOVIE RAFFLE WINNER:

Congratulations to...

★ **MARGE CORNISH** ★

Marge won the movie basket raffle in
April. We hope you were able to enjoy a
relaxing movie night!

UNDER THE TENT EVENTS:



We are happy to announce that the Wilmington Buzzell Senior Center will be starting our programming in a new and innovated way. We are excited to have a tent (20X40) that will be placed next to the building to use as an extension of the building. We will begin for the month of May, pre-registration for classes and activities that will be held in the morning and then in the afternoons. Pre-registration is required for all events under the tent. These classes will be conducted for 4 weeks to then rotate to the next group that have an interest in the class. This will ensure that everyone will have the opportunity to participate. Below are the following classes and activities and their times:

CLASSES

Tai Chi with Greta	Mondays at 9:00AM
Special Exercise with Mary	Wednesdays at 9:30AM
Yoga with Joan	Thursdays at 9:00AM
Art with Steve	Thursdays at 10:30AM
Ceramics with Carol	Thursdays at 1:30PM
Zumba with Vera	Thursdays at 4:15PM

ACTIVITIES & GROUPS

Book Club	Last Monday of the month at 1:30PM
Caregivers Support Group	3rd Monday of the month at 10:30AM
Cards/Games	Wednesdays at 1:00PM
Knitting & Crocheting	Fridays at 9:30AM
Poker	Fridays at 1:00PM

Thank you for your patience in making this all happen. Remember, we are finally able to take the first steps
TOGETHER!



Join us in welcoming our new Zumba
instructor Vera Kochs!

Get to know Vera; The following is from her website.
"I've been a ZIN™ Member since Feb 2009 and I absolutely love teaching Zumba classes. For the Love of Dancing, music and staying fit, thus my Zumba passion! An excellent exercise in disguise. The reason is simple: Every class feels like a party! I am currently licensed to teach Zumba, Zumba® Toning, Aqua Zumba®, Zumba Sentao®, Zumba Gold®, Zumba Gold® Toning, Zumba® Kids & Kids Jr. **Come join me, I guarantee you will have a blast!"**

"I'LL BE SEEING YA!"



Thursday, June 10, 2021 at 1:30PM
Buzzell Senior Center Tent

A Virtual Murder Mystery/Comedy
Featuring Delvena Theatre Company as you've never
seen before!

Shirley Galore has been murdered at
Joe's Bar and Grille and More. Who
dunnit! Put your sleuth hat on and
have some fun! Prizes awarded.



MAY BIRTHDAYS



Esther Bailey	Diana Couture	Frank Jason	Grace Santo
Eileen Banks	Rose Carrozza	Walter Kaminski	Walter Sevensen
Joan Bannon	Marilyn Cox	Anne Linehan	Kris Stone
Georgia Boudreau	Susan Delaney	Robin MacMillian	Kathy Shea
Roberta Brennan	Marilyn DiBenedetto	Pat McKenna	Norraine Solari
Frank Clifford	Mike Elia	Paz Mendoza	Sandra Spinazola
Carol Costello	Gerri Familitti	Irene Mercurio	Tom Tivnan
	Charlotte Guthrie	Grace Mullens	Robert Taylor
	Roy Golisano	Pat Newhouse	Diane Ward
	Jeanne Grant	Frank Puleo	Charles Wayman
	Anne Marie Hill	Pat Robarge	Ginny Wilson

★ *We can't help you blow out the candles on your cake unless you tell us your special day!*

★ **Call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!**

LET'S CONGRATULATE OUR WINNERS!



CURRENT EVENTS TRIVIA:
WINNER: GEORGE ALLAN

DRIVE-THRU TRIVIA: APRIL 1, 2021

★ **WINNER: GINNY WILSON**

- What is the official birth flower of March?
ANSWER: C. DAFFODIL
- Name the two zodiac signs associated with March.
ANSWER: PISCES & ARIES
- The mathematical constant Pi (π) is celebrated every year on what date?
ANSWER: MARCH 14
- What is the month of March in Spanish?
ANSWER: MARZO
- In the original Roman calendar what month was March?
ANSWER: A. 1ST
- How many shamrocks can you find hidden throughout the March newsletter?
ANSWER: 25



SCIENCE TRIVIA:
TO BE ANNOUNCED IN JUNE NEWSLETTER

DRIVE-THRU TRIVIA & GAME: APRIL 22, 2021

★ **WINNER: PAT VARDARO**

- If you were born in April, what would your birthstone be?
ANSWER: DIAMOND
- What classic board game is honored on the 13th of April?
ANSWER: B. SCRABBLE
- The Titanic sank on April 15 of what year?
ANSWER: C. 1912
- How many chicks and bunnies can you find hiding through-out this newsletter?
ANSWER: 16
- How many March birthdays were listed in the March newsletter?
ANSWER: 16

Z★M TRIVIA

Join Kelly for Zoom Trivia! This month is Human Body Trivia and Literature Trivia. Please see below how to play. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for Zoom Trivia topics, reach out to Kelly if you have a trivia idea!

If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly. Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

Winners will be announced in the June newsletter



HUMAN BODY TRIVIA
TUESDAY, MAY 11, 2021
9:30AM-10:30AM



LITERATURE TRIVIA
TUESDAY, MAY 25, 2021
9:30AM-10:30AM

HOW TO PLAY:

All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

HOW TO SIGN UP:

1. Call the center and give us your email address. We will email you the link to the zoom event.

DON'T BE A MONEY MULE!



Money Mule PSA: Money mules are people who receive and transfer money obtained from victims of fraud. Some money mules know they've been recruited to assist criminal activity, but others become money mules without realizing their activity is benefiting fraudsters. Transferring money/valuables on behalf of others only benefits criminals and may lead to serious consequences for the "mule."

Criminal Elements Usually Use Several Methods of Recruiting Victims:

- **Work-from-home Scams:** A job posting offers easy money for reshipping packages, buying gift cards or Postal Money Orders, or transferring money, which can be done at home.
- **Confidence Scams:** A person or business you don't know offers you a cut/commission if you transfer money for them. Many of these scammers are active on social media sites, like Facebook and Instagram.
- **Lottery Scams:** A person informs you that you need to transfer or accept money in order to collect a prize.
- **Romance Scams:** A person you've met online or on an app who says they're romantically interested in you asks you to transfer money and/or packages.

Don't engage in financial transactions with strangers: This includes transferring money into and out of accounts you own or purchasing Postal Money Orders, gift cards, or virtual currency at the direction of others. Never give your personal information (Social Security or bank account) to someone else.

Don't take a job that promises easy money and involves sending or receiving money or packages: While the allure of working from home can be tempting, remember the old adage: if it sounds too good to be true, it probably is. And, never accept or send packages on behalf of others.

Check it out: Check any work-from-home opportunity or money transferring offer with a trusted family member or friend. You can also contact your Better Business Bureau chapter or access your state's corporation directory to help verify if the business is legitimate.

Report it: It's important to report money mule activity/scams as soon as possible. Contact the Postal Inspection Service (www.uspis.gov/report; 877.876.2455).

Buzzell Senior Center Hiking group:

In a few months we will have our first anniversary. In that time we have our own private Facebook group to help us communicate. Our main mission is to be kind observers of nature and to assimilate as much as possible.

We are the intruders in the homes of the wildlife. Our goal is to fully enjoy what nature has to offer and to get to know each other as new friends. For that to happen, we devote our full attention to observing and sharing the sights and sounds of the current environment.

In this period we have grown from a few to our current membership of 13 walkers. We may be slow but we are united in our purpose. The group must be doing something right as there has not been anyone that has left. We are a safe group by observing the COVID safety rules. I provide a stick for those that don't have or have forgotten one.

Our attendance has been excellent. I'm guessing it has been over 65% of the membership on all our walks. As we grow there will be a need for additional walk leaders. We welcome all seniors who have been registered at our Wilmington senior center.

-Written by Arnie Peterson

-Edited by Rick Eaton



Hiking Group - Mary Cummings Park
Burlington, MA 3-9-21 (Arnie, Peggy,
Annemarie, Phyllis, Rick, Rosemary, Mark)



Dog Park Walking Group - Wilmington, MA
3-16-21
Rosemary, Rick, Arnie, Phyllis,
Annemarie, Mark



U.S State and Capitals Word Scramble:

Unscramble the letters in each line of column 1 to reveal a U.S State. Then, unscramble the letters in each line of column 2 to reveal a U.S Capital City. In column 3, write the corresponding letter from column 2 that matches the number from column 1. **Puzzle answers are on back page**

EXAMPLE



ANSWERS IN EXAMPLE
ARE BOLDED

Column 1: U.S States	Column 2: U.S Capitals	Column 3: Match (Number & Letter)
1. XATSE = TEXAS	A. ESMAL = SALEM	1. B. AUSTIN, TEXAS
2. NOROGE = OREGON	B. UNASIT = AUSTIN	2. A. SALEM, OREGON

★ Column 1: U.S States
1. SMCSTEATHSUS
2. SNGHTIOWNA
3. BMAAALA
4. AFRLIOD
5. UTSHO KDATOA
6. SAKSNA
7. WNE CMIOXE
8. TEYKKUNC
9. AIWO
10. NRMTOVE

★ Column 2: U.S Capitals
A. TMOGYNEOMR
B. REEPRI
C. SDE INSMOE
D. TKFORFRNA
E. POYILAM
F. TASNA EF
G. TBNOSO
H. ELTHSLAASEA
I. TMNPEEROIL
J. KTPOAE

★ Column 3: Match (Number & Letter)
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

		7	2		5		3	4
4	6	3		9	8	1	5	
			3		6		7	
	3	8	6	7		2		
1		6	5			3	4	
7	4		1	3		8		
8						7		
6								
		2	8	6	7			

SUDOKU:

Use deductive logic to complete the grid so that each row, each column, and each 3 by 3 box contains the numbers 1 through 9 in some order. **Puzzle answers are on back page**

The solution is unique.





TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10



TRANSPORTATION



Transportation is still being provided for medical appointments. Call the center at 978-657-7595 to schedule a ride. Please note that due to social distancing requirements, space on the van is limited.



Please reach out to us if you are interested in borrowing a DVD. The DVD's are cleaned before and after each use. We have received more DVDs, if you would like a complete list of what we have to choose from please call the center.



The center has received a large donation of hearing aid batteries. If you are in need, please give us a call.

PUZZLE ANSWERS

3	5	2	8	6	7	4	9	1
6	7	4	9	2	1	5	8	3
8	9	1	4	5	3	7	2	6
7	4	9	1	3	2	8	6	5
1	2	6	5	8	9	3	4	7
5	3	8	6	7	4	2	1	9
2	1	5	3	4	6	9	7	8
4	6	3	7	9	8	1	5	2
9	8	7	2	1	5	6	3	4

10. I Montpelier, Vermont	5. B. Pierre, South Dakota
9. C Des Moines, Iowa	4. H Tallahassee, Florida
8. D Frankfort, Kentucky	3. A Montgomery, Alabama
7. F Santa Fe, New Mexico	2. E Olympia, Washington
6. J Topeka, Kansas	1. G Boston, Massachusetts



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