



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

MAY 2022



BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA
01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM– 4:30PM



Department of Elderly Services

Staff Contact Information

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NEWS & UPDATES

Happy May! As you may have noticed, our tent has arrived! We are excited about these upcoming months with the tent as it allows us to have more space for Spring and Summer events, and we have a lot planned!

We welcomed a crowd of happy dancers on Thursday, April 14, 2022 as Country Line Dancing class with instructor Sam resumed after almost two years! It was great to see so many faces we haven't seen in a while. The response to the class was overwhelmingly positive! Please note that there will be no Country Line Dancing class on Thursday, May 5, 2022.

In April, the Delvena Theatre Company performed *Bon Appetit, Julia!* It was a great show and all in attendance gave it rave reviews. Thank you to the Delvena Theatre Company and the Wilmington Arts Council for making this possible.

We also want to take a moment to thank Wilmington High School juniors Maddie and Mia for their Teen Tech Help program. This program started in April and will continue through May. If you have any tech questions just stop by the center with your device (cellphone, iPad, Kindle, laptop, etc.) on Wednesdays at 2:30PM and Maddie and Mia will help you out. What a great service!

There will be no craft class with Doris for this month. Please see page 2 for information about Maureen's craft class for May. Take a peek at page 3 for some special announcements about upcoming trips and programming and as always check out our raffle and trivia winners on page 5.

This month we are going to be raffling off a handmade quilt that was donated to the center. Call the center or stop by to sign up for the raffle. It is free to enter! The quilt will be displayed in the lobby until the drawing. One lucky winner will be chosen on Friday, May 20, 2022.

BOOSTER CLINIC

On Monday, May 23, 2022, the Wilmington Board of Health will be holding a COVID 19-vaccine/booster clinic (Moderna) for any Wilmington resident 60 and older at the Buzzell Senior Center. You must register by calling the center at 978-657-7595. Please have your insurance information and date of last vaccine available when calling for an appointment. Please note that it needs to be at least 4 months since your last vaccine/booster. Space is limited.



We would like to wish everyone a safe Memorial Day weekend as we remember and honor all the brave heroes who served our country. **Please note that the center will be closed on Monday, May 30, 2022 in observation of Memorial Day. There will be no home delivered meals on this day as well.**

MEMORIAL DAY DRIVE-THRU LUNCHEON

When: Wednesday, May 25, 2022 at 12:30PM

What's on the Menu: A bagged lunch from AJ's Kitchen

Sign up for this event will begin on Wednesday, May 11, 2022 at 10:30AM

Drive Thru Game: Spring has definitely sprung! How many ladybugs can you find throughout this newsletter?



MOTHER'S DAY



To celebrate Mother's Day this year we invite all mothers, grandmothers, great grandmothers, and great great grandmothers to stop by the center any time on Friday, May 6, 2022 for a special surprise.

No sign up needed, just stop by!

MAUREEN'S CRAFTY CREATIONS CORNER

Join Maureen on Monday May 16, 2022 at 1:00PM to create beautiful floral arrangements in all different kinds of containers! This class is free to join and all the materials will be supplied.



Sign up will begin on Tuesday, May 10, 2022 at 9:30AM

GAME NIGHT

Join us for Game Night on Thursday, May 19, 2022! It will be held from 4:30PM-7:00PM, indoors or out in our outdoor tent area. You will be able to have a light dinner and dessert (pending), and fun activity. (\$5.00 per person). Don't miss out on the fun!

Sign up for this event will begin on Friday, May 13, 2022 at 10:00AM

Game Night in June will be on Thursday, June 16, 2022 from 4:30PM-7:00PM. Sign up for the June Game Night will begin on Tuesday, June 7, 2022 at 10:00AM

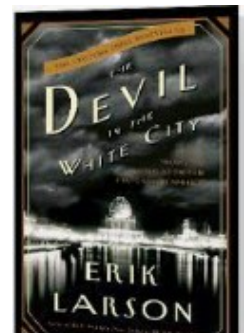


BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. **The next meeting is Monday, May 23, 2022 at 1:30PM.**

If you are interested in joining, please call the center.

This month's book is
The Devil in the White City
By: Eric Larson



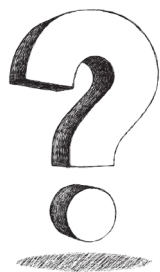
CAREGIVERS SUPPORT GROUP



The role of a caregiver can be a very difficult one, especially during these last 2 years. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. This month's meeting will be Monday, May 16, 2022 from 10:30AM-12:30PM.

If you are caring for a loved one, relative, or friend, come and meet with others who understand all that you are going through and who can offer support and provide helpful coping strategies.

SUMMER SURPRISE



Let's kick off the Summer of '22 with a special "something" just for you-

Stop by the center at 1:00PM on Tuesday, June 21, 2022 to be apart of the Senior Center fun!

UPCOMING TRIPS

Mark your calendar for these upcoming trips! More information including trip details, cost, and sign up dates to follow in upcoming newsletters. Transportation for all trips is provided.

Wednesday, July 27, 2022: Maine's Famous "Bull and Claw" Lobster Bake

Wednesday, August 24, 2022: Crane Estates Tour

Thursday, September 8, 2022: Charles River Cruise

UKULELE CLASSES

Want to try an instrument that is fun and easy to play? Join Julie Stepanek as she shows the fundamentals of ukulele playing. You'll learn how to tune, strum and read chords. After a short lesson, you'll be able to play songs. No experience necessary. Bring your own ukulele or borrow one of hers.

Julie is a singer, songwriter and musician. Originally from Nebraska, she now makes her home in a pine forest in western Massachusetts and for the last 16 years has been teaching and making music at libraries, schools and senior centers throughout New England.



This is a three part class. Sign up for this event begins on Tuesday, May 17, 2022 at 10:30AM

Wednesday June 1, 2022 at 1:00PM

Wednesday, June 8, 2022 at 1:00PM

Wednesday, June 15, 2022 at 1:00PM

MUNSEY MAGIC SHOW



On the evening of Wednesday, June 29, 2022 at 6:30PM, come enjoy *Munsey's Magic* a fun-filled show packed with audience participation, comedy, surprises, magic, mystery, mentalism and more. Adults will find themselves to be as surprised as they are fooled (and fooled badly)!

With over 25 years of performing experience, Jim has had repeat bookings for some big names in Boston. With a "feel" all its own, Munsey's Magic captivates audience members of all ages and leaves them believing that maybe, just maybe, there really is some magic in this world. ***Sign up date and more information will be announced in the June newsletter.***



HOWIE NEWMAN CONCERT

You'll want to save the date for this event!

Join us on Thursday, July 7, 2022 from 6:30PM-8:00PM for a special concert event! More information and when to sign up will be announced in the June newsletter.



Howie Newman will be performing "Knock on Wood." Knock on Wood is a high-energy acoustic folk-rock duo, featuring singer-songwriter Howie Newman. Combining acoustic guitar with fiddle, mandolin and pleasing vocal harmonies, the duo performs old rock classics from performers like Elvis Presley, the Beatles, the Drifters and Johnny Cash. It's a very lively and lots of fun, with great musicianship along with a bit of humor here and there. For

more information, including videos and music samples, visit www.howienewman.com/knockonwood.



Happy Birthday!

Esther Bailey	Marilyn DiBenedetto	Pat McKenna	Kathy Shea
Eileen Banks	Mike Elia	Paz Mendoza	Norrine Solari
Joan Bannon	Gerri Familitti	Irene Mercurio	Sandra Spinazola
Georgia Boudreau	Charlotte Guthrie	Grace Mullens	Tom Tivnan
Roberta Brennan	Roy Golisano	Pat Newhouse	Robert Taylor
Carol Costello	Jeanne Grant	Frank Puleo	Diane Ward
Diana Couture	Anne Marie Hill	Pat Robarge	Charles Wayman
Rose Carrozza	Frank Jason	Grace Santo	Ginny Wilson
Marilyn Cox	Anne Linehan	Walter Sevenser	
Susan Delaney	Robin MacMillan	Kris Stone	



We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

WHY DO I NEED PRESCRIPTION ADVANTAGE?

"Why do I need Prescription Advantage?" This question is often asked. Many say, "I don't need it. I already have a Medicare Part D plan" or "I have coverage from my former employer." Even with Part D or other coverage, **there are many reasons to join Prescription Advantage, including:**

- It does not replace your existing coverage, it supplements it;
- It can lower your co-pays if you reach that coverage gap, also known as the "donut hole";
- It allows you to change your Medicare plan outside of Medicare's open enrollment;
- At certain income levels it's FREE!



Prescription Advantage also provides benefits for individuals age 65 and older who are not eligible for Medicare, as well as those under age 65 with a qualified disability. Find out how Prescription Advantage can help you by **calling 1-800-243-4636** or visiting www.prescriptionadvantagemma.org. Prescription Advantage is administered by the Commonwealth of Massachusetts Executive Office of Elder Affairs.

Beginning in April, Social Security Administration has resumed in-person services:



Online and telephone remain the most convenient ways to contact. Call us, and schedule appointments in advance rather than walking in without an appointment. Customers who walk in without appointments may encounter delays and longer waits at our offices.

People who have access to the internet should first try our online services before calling us or visiting an office.

As we transition to a new modern phone system, some people may experience a busy signal or be unintentionally disconnected from their call. We sincerely regret this disruption and recommend people call when our National 800 Number may be less busy, such as before 10AM or after 4PM local time or later in the week. Like our offices, our waits are generally shorter later in the month.

Given that many of the people we serve have health vulnerabilities, and consistent with our union agreements, we are continuing to require certain safety measures including masking, physical distancing, and self-health checks for COVID-19 symptoms.

Visit online at www.socialsecurity.gov/onlineservices/ or call toll-free at 1-800-772-1213. People who are deaf or hard of hearing may call Social Security's TTY number 1-800-325-0778.

SPRING BASKET RAFFLE



CONGRATULATIONS
TO
NANCY
OTOVIC



Nancy won the
Spring basket raffle!

DRIVE-THRU TRIVIA GAME FROM 4-12-2022

How many bunnies can you find hiding through-
out this newsletter? **ANSWER: 15**



CONGRATULATIONS TO
DIANA WILSON

Diana won the drive thru game!

CANDY RAFFLE

CONGRATULATIONS TO
DIANE HOLDEN

There was 167 candies in the jar and
Diane guessed closest with 158!

CONGRATULATIONS TO
HECTOR LAGUETTE



Hector won the
April movie raffle!

CANDY RAFFLE

Stop by the front desk to take a guess at how many
candies are in the jar. Whoever guesses the closest
without going over will win a special prize and of
course... the candy!



A lucky winner will be chosen on
Thursday, May 19, 2022

LETS CONGRATULATE OUR ZOOM TRIVIA WINNERS

M

The letter M:
GEORGE ALLAN

S

The Letter S:
LINDA WALSH

ZOOM TRIVIA

Join Kelly for zoom trivia! This months trivia topic is Spring Trivia. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for zoom trivia topics. If you have an idea, call the center and ask to speak with Kelly. **If you are hesitant to sign up because you have never used zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

HOW TO SIGN UP & PLAY: Call the center and give us your email address. We will email you the link to the zoom event. All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end will win a prize!

SPRING TRIVIA

WHEN: Tuesday, May 17, 2022 from
11:00AM-12:00PM

**Winner will be announced in the
June newsletter**



UPDATE ON NEW SENIOR CENTER PROJECT

Here's what has been happening since our last Update in the April Newsletter

- On April 8, 2022, Terri Marciello had a good meeting with architect Lee Morrisette of Dietz and Co. at the Senior Center to review the building layout and space needs.
- On April 6, the architect, Dan Pallotta our OPM and George Hooper, the Chair of the Senior Center Building Committee, made a presentation at the Senior Center on the current status of the project and to answer questions and receive input from seniors. There were over 40 seniors in attendance. There was a wide range of questions and good discussion on the project.
- The Senior Center Building Committee met that evening April 6. Our OPM, Dan Pallotta indicated that the site survey was completed and was forwarded to the architect to incorporate into the final site design. He indicated that the site was favorable with no unanticipated issues.
- Our architect Lee Morrisette reviewed the changes in the parking layout since the last meeting. The revisions to the building floor plan and location of activities was discussed and a consensus was reached on the general layout. Further fine tuning will be done during the design process. The architect presented a 3D view of the building along with a "fly through" of the building so the Committee could better visualize the interior spaces. In general the Committee liked the drawings. The entrance to the building generated discussion and further work will be done in that regard.
- The architect had its structural engineer provide a preliminary overview of the structural frame options, which include:
 - Steel beams/columns
 - Engineered wood timber
 - Typical wood trusses and stick framing
 - Hybrid system of above methods

Cost and material availability will be important considerations in the selection of the building's structural framework. These options will be evaluated as we get further into the building design and cost estimates are prepared.

- The Committee had a brief meeting on April 20 to discuss the content of the Committee's Report that will be given at the April 30 Annual Town Meeting.
- The Senior Center Building Committee is scheduled to meet on the evenings of May 11 and May 25 at the Town Hall.
- We need to stay engaged as the design process moves forward. We are entering an important phase of the project. This will be your Senior Center. Let's make it what you want.



Music

P S I N G E R S O N G W R I T E R H T
I C S E X C R C C T F O I D T O I D O
C U P O C E Y Y D E H E S K E P E L E
F U S K J I A P O P C U U P H M A C L
I M N D Q S Z G Z P N R S O E C U O E
N D E Y B E I E G T O O P I I L R U C
S R A T L T C Y I E A C A S E E O N T
T O A P A N T P M N R K S G V Y O T R
R O A S A L C E O N D A U U A M U R O
U Z G D C I R G R F L I S K Y O U Y N
M I H M N D Z O N C U Q E M E V O O I
E J A Z Q B S C Y Y H N A O U O K Z C
N Y C E C O E S S W E Y K B K N Z Z O
T G N I W S U I Z O I R Z P U L F A P
A L U L N X L D S Y N R W P O F O J A
L A L U O S B M F G S M I F Y U U F Q

7	8	5	3	9	4	2		6
		1	7	2	8	5		9
4			6					
	4				3	9		5
9	5		4					
1					7			
5	2				1	6	9	4
			5	4				
	7				9			

CLASSICAL	COUNTRY	REGGAE
SWING	GOSPEL	PUNK
JAZZ	FOLK	FUNK
SOUL	INDIE	POP
ROCK	ELECTRONIC	BLUES
INSTRUMENTAL	HIP HOP	DANCE
SINGER SONG- WRITER	METAL	DISCO

SUDOKU: Use deductive logic to complete the grid so that each row, each column, and each 3 by 3 box contains the numbers 1 through 9 in some order. The solution is unique.



TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10



Please call the center if you are in need of any of the following items...

- Male incontinence products
- Female incontinence products
- Hearing aid batteries size 312
- Word search/crossword/sudoku puzzle books
- Puzzles
- DVD's & books available to borrow



Monday

BUZZELL PROGRAMMING

Tai Chi: 9:00AM

Blood Pressure Clinic: 9:30AM

Special Exercise: 10:30AM

Quilting: 1:00PM

Book Club: 4th Monday of the month at 1:30PM

Caregivers Support Group: 3rd Monday of the month at 10:30AM

Tuesday

Hiking Group: 9:00AM

Dance & Tone: 9:30AM

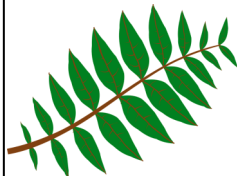
Chair Dancing: 1:00PM

Wednesday

Special Exercise: 9:30AM

Cards & Games: 1:00PM

Poker: 1:00PM



Thursday

Yoga: 9:00AM

Art: 9:45AM

Country Line Dancing: 10:30AM

Knitting & Crocheting: 10:30AM

Ceramics: 1:30PM



Friday

Zumba: 9:00AM

Sewing: 9:30AM

Chair Yoga: 12:30PM

Poker: 1:00PM

