

# THE BUZZELL BUZZ

## THE DEPARTMENT OF ELDERLY SERVICES

### MAY 2023

#### BUZZELL

#### SENIOR CENTER

15 SCHOOL STREET  
WILMINGTON,  
MA 01887

#### TELEPHONE:

978-657-7595 OR  
978-658-2258

**MONDAY – FRIDAY**  
**9:00AM – 4:30PM**



#### Department of Elderly Services

#### *Staff Contact Information*

#### Director:

Terri Marciello  
TMARCIELLO@WILMINGTON  
MA.GOV

#### Case Manager:

Laura Pickett  
LPICKETT@WILMINGTON  
MA.GOV

#### Senior Clerk:

Kelly Fordham  
KFORDHAM@WILMINGTON  
MA.GOV

#### Assistant Clerk:

Lisa Fanikos  
LFANIKOS@WILMINGTON  
MA.GOV

#### Assistant Case

#### Worker

Patti Meehan  
PMEEHAN@WILMINGTON  
MA.GOV

#### NEWS & UPDATES

Can you believe its May already? Before you know it summer will be in full swing. We got a little taste of summer weather in April and it left us wanting more! In the meantime, spend the spring with us; we have a lot of fun events coming up so make sure to mark your calendar.

This month, we will be having a Memorial Day luncheon. Also, Fun Day and Game Night return! See page two for more details and how to sign up. Make sure to take a peek at the May calendar on page 7 as some classes and activities have been cancelled due to Fun Day and the Memorial Day luncheon.

Just a few updates for this month. There will be no craft class with Doris. The quilting class will not be meeting again until September. We will give more updates as it gets closer to the class meeting again. Also, keep an eye out in front of the center for a fun summer project created by Esther Bailey.

See page 4 for an update from our hiking group and some information on how to get involved if you are interested. Find out who won our April candy raffle and our spring basket raffle on page 6. Don't forget to stop by the front desk to guess how many candies are in this months jar. One lucky winner will be chosen on Friday, May 19, 2023.

Want to play a game? Can you guess the couple in the wedding photo? Bring in your wedding photo so we can display them. Then, we will see who can guess the most couples correctly. More information about this can be found on page 6.

Please note that there is no new senior center update in this newsletter because there was no meeting in April. The next meeting is scheduled for May 10, 2023. We will have an update for the June 2023 newsletter.

This month, Riley turns 5 months old. Even though she is our youngest member, she has visited the center a couple times to check out the activities. Here is Riley's latest photo.

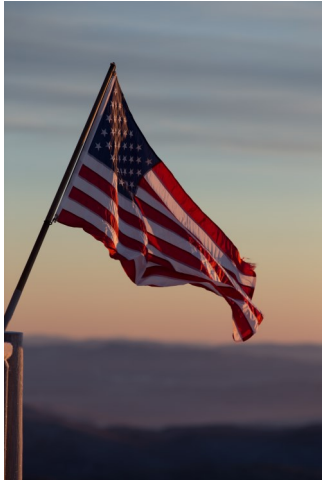


We would like to wish everyone a safe Memorial Day weekend as we remember and honor all the brave heroes who served our country.

**The senior center will be closed on Monday, May 29, 2023 for Memorial Day.** There will be no home delivered meals on this date as well.

### MEMORIAL DAY LUNCHEON

Join us for a Memorial Day luncheon!



When: Friday, May 26, 2023  
At 12:00PM

What's on the menu?  
Hotdogs and beans

Cost: \$5.00  
(Veterans are free!)

*The sign up for this event will  
be in person beginning  
Tuesday, May 9, 2023 at  
10:00AM*

### FUN DAY:

Fun Day is Back! Come try your luck at horse racing, blackjack, and L-R-C (Left Right Center)

Games begin at 10:00AM. A bagged lunch from AJ's Kitchen will be served.

When: Wednesday, May 31, 2023 from  
10:00AM-3:00PM

Cost: \$5.00

*The sign up for this event will be in person  
beginning Monday, May 15, 2023 at 10:00AM*

### BUILD A BIRDHOUSE

Assemble and paint your very own birdhouse!

When: Wednesday, May 10, 2023  
at 1:00PM

Thank you to Robert Boyce for donating all the supplies for this project to the center.

Sign up for this event was in April.  
If you are interested in signing up,  
please call the senior center to see  
if space is still available.



### ALZHEIMER'S TALK

Please join us for an evening of Alzheimer's education with Kelly McCarthy, author of "Brass Ring Memoirs".

Participants will have the opportunity to take part in **Join My Journey**, a virtual dementia experience.

**Join My Journey** allows participants to develop a deeper understanding of the physical and emotional hardships those living with dementia experience on a daily basis.

This event will be held on  
Tuesday, June 6, 2023 at  
6:00PM.

Light Refreshments will be served. Please call the center to sign up.



### GAME NIGHT



When: Thursday, May 18, 2023  
from 4:30PM-7:00PM

Cost: \$5.00



Join us for a light dinner, dessert, and evening full of fun! *Sign up for this event will be in person beginning Thursday, May 11, 2023 at 10:00AM.*

Game Night will be on the third Thursday of the month through to September.

Mark your calendar for future Game Night dates:  
Thursday, June 15, 2023; Thursday, July 20, 2023;  
Thursday, August 17, 2023 & Thursday, September 21, 2023.

### ELDER CARE ATTORNEY

Attorney Heather Dennehy, from Cannon/Murray Law will be here on Thursday, June 1, 2023, at 6:00PM to discuss legal issues that you may have.

Topics include Health Care Proxy's, Power of Attorney, Wills, Trusts, etc. Attorney Dennehy will also provide us with the latest information on changes in elder law. Please call the Buzzell Senior Center to sign up for this program.

**CannonMurrayLaw, llc**  
Estate Planning, Elder & Probate Law

## MAY BIRTHDAYS

Esther Bailey	Marilyn DiBenedetto	Diane Lavoie Wilbur	Elaine Palizzolo	David Sweeney
Eileen Banks	Ron Esher	Edward Leary	John Quilty	William Theriault
Elna Bent	Mike Elia	Susan Lohrman	Marilyn Robinson	Tom Tivnan
Georgia Boudreau	Paul Gerade	Joan Maga	Pat Robarge	Robert Taylor
Roberta Brennan	Mary Gerry	Roger Metcalfe	Frank Santangelo	Diane Ward
Carol Costello	Gerri Familitti	Robin MacMillan	Grace Santo	Charles Wayman
Diana Couture	Charlotte Guthrie	Pat McKenna	Walter Sevenser	Ginny Wilson
Rose Carrozza	Roy Golisano	Paz Mendoza	Kathy Shea	Cynthia Walsh
Marilyn Cox	Jeanne Grant	Irene Mercurio	Sandra Spinazola	Gertrude White
Mary Collins	Ann Marie Hill	Grace Mullens	Stanley Souza	Laura Veno
Edward Cronin	Ines Iocco	Pat Newhouse	George Stewart	
Barbara Crosby	Elizabeth Keeley	Ralph Newhouse	Charlotte Stewart	
Messina Dipietro	Mary Ellen Kottmyer	Joanne Newhouse	Rosemarie Stowell	
Susan Delaney	Anne Linehan	Frank Puleo	Ronald Swasey	

*We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!*

### BOOK CLUB

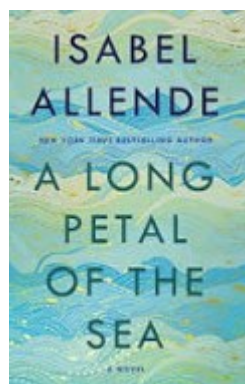
The Book Club meets on the 4th Monday of the month at 1:30PM.

The next meeting is  
**Monday, May 22, 2023 at 1:30PM**

This month's book is

A Long Petal of the Sea

By: Isabel Allende (2020)



### CAREGIVERS SUPPORT GROUP

This month our Caregivers Support group will be on

**Monday, May 15, 2023 at 10:30AM.**

The role of the caregiver can be a difficult one. If you are caring for a loved one, please feel free to join us.



### INDOOR SENIOR CORNHOLE

Looking for something FUN and different. Come on down and give cornhole a try! If you have never played before, that is not a problem. This is a simple, easy and fun game to play. Indoor Senior Cornhole is led by Audrey Reed.

Don't miss out!

When: **Friday, May 26, 2023 at 2:30PM**  
Last Friday of each month



### WII BOWLING

We are looking to see if there is an interest in having Wii Bowling again beginning in June.

Please call the center if this is something you would like to participate in.





### **BINGO**

Join us for Bingo!  
Bingo is on the first and third Wednesday of the month. No need to sign up, just stop by!

**Wednesday, May 3, 2023 at 1:00PM**

**Wednesday, May 17, 2023 at 1:00PM**

*Please be sure to bring small bills,  
preferably 1's or 5's to play*

B	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
I	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
N	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
G	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
O	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75

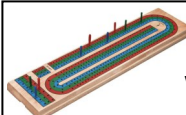
### **BLOOD PRESSURE CLINIC**

Blood Pressure Clinic will continue to be held on  
**Wednesdays at 9:00AM** with our Town  
Nurse Jennifer Pereira.

No need to sign up, just stop on by!



### **CRIBBAGE**



When: **Mondays @ 1:00PM**

Come play cribbage on Mondays at 1:00PM. This group is led by Jack Cushing. Feel free to bring your own board.

### **HIKING GROUP**

The Wilmington senior center hiking group walks every Tuesday in favorable weather. The planned walks are local and in adjacent towns. Our walks are from 1 to 2 hours depending on the weather and mood of the walkers. The goal of a walk is getting outdoor exercise and meeting other seniors. Inclement weather has reduced the number of walks scheduled this past winter. As the weather improves so will the number of scheduled walks. We walk as a group better together.

I have been asked about faster and longer walks. A second weekly 9:00AM walk will be added on a Thursday or Friday, when at least 2 or 3 walkers that can walk at least 2-3 times a month have signed up. Meet the leaders Arnie leader Rick co-leader.

The walks we take are designed for low impact, that provide exercise, safety, and camaraderie.

Email Arnie at [alp4982@gmail.com](mailto:alp4982@gmail.com). After registering with the Wilmington senior center, then email Arnie putting "WWWW" in the subject line, to be added to the scheduled walks email list. Info will be emailed to you at that time.



### **BEADING GROUP**

The beading group is lead by Robin Theodos and meets on **Tuesdays at 10:30AM**.

Robin and her class would like to thank those who donated beads and old jewelry. These donations are greatly appreciated!



Call the center to  
sign up for this  
group.

### **MOVIE DAY**

When: **Wednesday, May 24, 2023**  
**at 1:00PM**

We will be showing the  
movie **Book Club** (2018,  
comedy, drama, romance)

Four lifelong friends have  
their lives forever changed  
after reading 50 Shades of  
Grey in their monthly book  
club.

Call the center to sign up.  
Light refreshments will be  
served.



### **NO SEW COLLAGE QUILTING**

No sew collage quilting is led by certified instructor Nancy Sandreuter. Join Nancy on **Monday, May 8, 2023 at 1:00PM**. Collage quilting is the process of cutting out portions of fabrics to assemble and reproduce “pictures”. Patterns are abundant for this process. Even if you are not a quilter you will enjoy collage quilting. There is NO SEWING to create your piece of fabric art. Sewing is only required to quilt and apply a binding. This month the collage picture will be of a ladybug. **The cost will be \$30.00**—which includes all that you will need to make your own beautiful Collage Quilt and the finishing touches. Nancy Sandreuter is a certified teacher for the Laura Heine method of collage quilting. During class we will create small collage quilts. Come and join the fun. Her work will be displayed in the Senior Center lobby.

**Please call the center to sign up for this class.** *Limited space available.*



### **WOOD CARVING**

The New England Woodcarvers (NEWC) are happy to offer a woodcarving class at the Wilmington senior center. Class are every other Friday between 10:00AM and noon and is limited to 8 people. The class is free with the exception of the wood. The wood may cost anywhere between \$1 to \$5 dollars depending on the project. Anyone signing up for the class is encourage to bring their own carving knife. Future classes will be announced on a month by month basis depending on the availability of the instructor but it essentially every other Friday.

#### **THE INSTRUCTORS:**

The instructor is Darren Boehm who a resident of Wilmington and a member of the New England Woodcarvers. Darren dabbles in various types of woodcarving from chip carving, spoon carving, caricature carvings and even chainsaw carvings. He is assisted by Mike Quigley who is a certified mountain man and an expert bush crafter. He enjoys craving knife handles, gun stocks, & green wood.

#### **THE PROJECT:**

The class will try and complete one project every month. The project for May a bear shaped sweater pin and participants will whittle a rose. Cost is \$1

#### **CLASS SIGN UP:**

You can sign up for May classes at the front desk. The classes will held on **Friday, May 12, 2023 and Friday, May 26, 2023 from 10:00AM to 12:00PM** at the senior center.

### **MUNSEY'S MAGIC SHOW**

On the evening of **Wednesday, June 21 2023 at 6:30PM**, come enjoy *Munsey's Magic* a fun-filled show packed with audience participation, comedy, surprises, magic, mystery, mentalism and more. Adults will find themselves to be as surprised as they are fooled (and fooled badly)!



With over 25 years of performing experience, Jim has had repeat bookings for some big names in Boston. With a “feel” all its own, Munsey’s Magic captivates audience members of all ages and leaves them believing that maybe, just maybe, there really is some magic in this world.

***Sign up for this event will begin on Tuesday, May 30, 2023 at 10:00AM***



### CANDY RAFFLE

#### CONGRATULATIONS TO DICK WETZLER

Dick won the April candy raffle. There were 260 candies and Dick guessed closest with 256.



Make sure to stop by the front desk to enter our May candy raffle. One lucky winner will be chosen on  
**Friday, May 19, 2023**

### SPRING BASKET

#### CONGRATULATIONS TO JOAN FORESTEIRE

Joan won the April spring basket raffle!

We hope you enjoyed it!



### CHESS

PLEASE NOTE THIS DATE HAS CHANGED



When: **Wednesday, May 17, 2023**  
**from 2:15PM-3:15PM**

Wilmington High School chess club will be at the center where they can teach you how to play chess or enjoy a game with you! ***Call the center to sign up***

### WHO ARE THEY?



Come join in on the fun!

Bring in your wedding photo so we can display them.

Let's see how many couples you can recognize and name. The participant with the most correct guesses will win a prize!

Please have photos in by June 1, 2023

### MEDICARE SAVINGS PROGRAM

The Medicare Savings Program, will not affect your current medical insurance. People who qualify will no longer have Medicare Part B, which is currently \$164.90 a month, taken out of their Social Security check. Assets include all bank accounts, CD's, stocks, bonds, and mutual funds. Your home and one car do not count as assets. If your income and assets are under the limits listed below call the center with any questions about the program or to make an appointment with Patti Meehan.

- Single Asset Limit \$18,180
- Single Gross Monthly Income Limit \$2,734 (\$32,808 Yearly)
- Married Asset Limit \$27,260
- Married Gross Income Limit \$3,698 (\$44,376 Yearly)



# MAY 2023

SUN MON TUES WEDS THUR FRI SAT

1	2	3	4	5	6
<ul style="list-style-type: none"> <li>TAI CHI: 9:00AM</li> <li>SPECIAL EXERCISE 10:30AM</li> <li>CRIBBAGE 1:00PM</li> </ul>	<ul style="list-style-type: none"> <li>HIKING GROUP 9:00AM</li> <li>DANCE &amp; TONE 9:30AM</li> <li>BEADING 10:30AM</li> </ul>	<ul style="list-style-type: none"> <li>BLOOD PRESSURE 9:00AM</li> <li>SPECIAL EXERCISE 9:30AM</li> <li>CARDS &amp; GAMES 1:00PM</li> <li>POKER 1:00PM</li> <li><b>BINGO 1:00PM</b></li> </ul>	<ul style="list-style-type: none"> <li>GENTLE YOGA 9:00AM</li> <li>ART 9:45AM</li> <li>KNITTING &amp; CROCHETING 10:30AM</li> <li>COUNTRY LINE DANCING 10:30AM</li> <li>CERAMICS 1:30PM</li> </ul>	<ul style="list-style-type: none"> <li>ZUMBA 9:00AM</li> <li>SEWING 9:30AM</li> <li>CHAIR YOGA 12:30PM</li> <li>POKER 1:00PM</li> </ul>	
7	8	9	10	11	12
<ul style="list-style-type: none"> <li>TAI CHI: 9:00AM</li> <li>SPECIAL EXERCISE 10:30AM</li> <li>CRIBBAGE 1:00PM</li> <li><b>NO SEW QUILT 1:00PM</b></li> </ul>	<ul style="list-style-type: none"> <li>HIKING GROUP 9:00AM</li> <li>DANCE &amp; TONE 9:30AM</li> <li><b>SIGN UP LUNCHEON 10:00AM</b></li> <li>BEADING 10:30AM</li> <li>FUNCTIONALLY FIT 2:00PM</li> </ul>	<ul style="list-style-type: none"> <li>BLOOD PRESSURE 9:00AM</li> <li>SPECIAL EXERCISE 9:30AM</li> <li>CARDS &amp; GAMES 1:00PM</li> <li>POKER 1:00PM</li> <li><b>BUILD A BIRDHOUSE 1:00PM</b></li> </ul>	<ul style="list-style-type: none"> <li>GENTLE YOGA 9:00AM</li> <li>ART 9:45AM</li> <li><b>SIGN UP GAME NIGHT 10:00AM</b></li> <li>KNITTING &amp; CROCHETING 10:30AM</li> <li>COUNTRY LINE DANCING 10:30AM</li> <li>CERAMICS 1:30PM</li> <li>FUNCTIONALLY FIT 2:00PM</li> </ul>	<ul style="list-style-type: none"> <li>ZUMBA 9:00AM</li> <li>SEWING 9:30AM</li> <li><b>WOOD CARVING 10:00AM</b></li> <li>CHAIR YOGA 12:30PM</li> <li>POKER 1:00PM</li> </ul>	13
14	15	16	17	18	19
<ul style="list-style-type: none"> <li>TAI CHI: 9:00AM</li> <li><b>SIGN UP FUN DAY 10:00AM</b></li> <li><b>CAREGIVERS SUPPORT 10:30AM</b></li> <li>SPECIAL EXERCISE 10:30AM</li> <li>CRIBBAGE 1:00PM</li> </ul>	<ul style="list-style-type: none"> <li>HIKING GROUP 9:00AM</li> <li>DANCE &amp; TONE 9:30AM</li> <li>BEADING 10:30AM</li> <li>FUNCTIONALLY FIT 2:00PM</li> </ul>	<ul style="list-style-type: none"> <li>BLOOD PRESSURE 9:00AM</li> <li>SPECIAL EXERCISE 9:30AM</li> <li>CARDS &amp; GAMES 1:00PM</li> <li>POKER 1:00PM</li> <li><b>BINGO 1:00PM</b></li> <li><b>CHESS 2:15PM</b></li> </ul>	<ul style="list-style-type: none"> <li>GENTLE YOGA 9:00AM</li> <li>ART 9:45AM</li> <li><b>OFFICE HOURS FOR SENATOR</b></li> <li><b>FINEGOLD'S AID 10:00AM</b></li> <li>KNITTING &amp; CROCHETING 10:30AM</li> <li>COUNTRY LINE DANCING 10:30AM</li> <li>CERAMICS 1:30PM</li> <li><b>COMMISSIONERS MEETING 1:30PM</b></li> <li><b>GAME NIGHT 4:30PM</b></li> </ul>	<ul style="list-style-type: none"> <li>ZUMBA 9:00AM</li> <li>SEWING 9:30AM</li> <li>CHAIR YOGA 12:30PM</li> <li>POKER 1:00PM</li> <li><b>CANDY RAFFLE</b></li> </ul>	20
21	22	23	24	25	26
<ul style="list-style-type: none"> <li>TAI CHI: 9:00AM</li> <li>SPECIAL EXERCISE 10:30AM</li> <li>CRIBBAGE 1:00PM</li> <li><b>BOOK CLUB 1:30PM</b></li> </ul>	<ul style="list-style-type: none"> <li>HIKING GROUP 9:00AM</li> <li>DANCE &amp; TONE 9:30AM</li> <li>BEADING 10:30AM</li> <li>FUNCTIONALLY FIT 2:00PM</li> </ul>	<ul style="list-style-type: none"> <li>BLOOD PRESSURE 9:00AM</li> <li>SPECIAL EXERCISE 9:30AM</li> <li>CARDS &amp; GAMES 1:00PM</li> <li>POKER 1:00PM</li> <li><b>MOVIE DAY 1:00PM</b></li> </ul>	<ul style="list-style-type: none"> <li>GENTLE YOGA 9:00AM</li> <li>ART 9:45AM</li> <li>KNITTING &amp; CROCHETING 10:30AM</li> <li>COUNTRY LINE DANCING 10:30AM</li> <li>CERAMICS 1:30PM</li> <li>FUNCTIONALLY FIT 2:00PM</li> </ul>	<ul style="list-style-type: none"> <li>SEWING 9:30AM</li> <li><b>WOOD CARVING 10:00AM</b></li> <li><b>MEMORIAL DAY</b></li> <li><b>LUNCHEON 12:00PM</b></li> <li>POKER 1:00PM</li> <li><b>CORNHOLE 2:30PM</b></li> </ul>	27
28	29	30	31		
<b>MEMORIAL DAY</b> <b>CENTER CLOSED</b>	<ul style="list-style-type: none"> <li>HIKING GROUP 9:00AM</li> <li>DANCE &amp; TONE 9:30AM</li> <li><b>SIGN UP MUNSEY MAGIC 10:00AM</b></li> <li>BEADING 10:30AM</li> </ul>	<ul style="list-style-type: none"> <li>BLOOD PRESSURE 9:00AM</li> <li><b>FUN DAY 10:00AM-3:00PM</b></li> </ul>			



# TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10



We are looking for a Home Delivered Meals driver for Thursdays.  
Drivers are paid a stipend and receive transportation mileage.

If you are interested or would like more information, please call the  
center at 978-657-7595

## CALL THE CENTER IF YOU ARE IN NEED OF...

- Male or female incontinence products
- Flushable wipes
- Hearing aid batteries size 312
- Nutritional drinks such as Ensure, Boost and Glucerna
- Medical equipment such as walkers, wheelchairs, commodes, showers chairs, etc.
- Puzzles
- Books
- DVDs
- Puzzle books