



# THE BUZZELL BUZZ

## THE DEPARTMENT OF ELDERLY SERVICES

### NOVEMBER 2021



#### BUZZELL SENIOR CENTER

15 SCHOOL STREET  
WILMINGTON, MA  
01887

#### TELEPHONE:

978-657-7595 OR  
978-658-2258

MONDAY – FRIDAY  
9:00AM– 4:30PM



#### Department of Elderly Services

#### Staff Contact Information

#### Director:

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#### NEWS & UPDATES

Where has the time gone? We are quickly approaching the holiday season once again. The Department of Elderly services would like to give thanks to all of those individuals and local companies who have lent us a hand this year. We truly couldn't do it all without them. Take a look at our thank you section on page 6. Also, speaking of this time of year...**Don't forget to set your clocks an hour back on Sunday, November 7, 2021.**

In October we had a lot of raffles and contests, take a look at page 5 to see who won. November will be a busy raffle month too. Come to the front desk to see if you can guess how many candy corn are in the jar. Who ever guesses the closest wins a special prize, and of course... the candy! The winner will be chosen on Monday, November 22, 2021. There is also a quilt raffle (more information on page 2), and the very popular movie raffle. Because this will be a busy month, there is only one zoom trivia event. All of this information and more can be found on page 5.

Zumba will be starting again in November on Friday mornings. Sign ups for this class began in October and the class filled up quickly. Please note that there has been a change; the Zumba Instructor will be Patty, not Kelli as was previously stated in the October newsletter. Patty comes with a wealth of training, knowledge, and a glowing recommendation from Kelli.

Work is underway for our "Color Me Purple" tree for the Festival of Trees this year. Our tree will be garnished in purple in support of Alzheimer's awareness. If you are interested in helping, we will be accepting gift cards to local businesses in the amount of \$10-\$25 to decorate our tree with. Gift card donations for the "Color Me Purple" tree can be dropped off at the senior center. Please note that the Festival of Trees and the Annual Giving Tree are two separate events both accepting donations of gift cards. If you are making a donation please make sure to specify which one. More information about the Annual Giving Tree can be found on page 3.

**Correction from October newsletter: Indigenous Peoples Day should have been called Columbus Day, please accept our apologies.**



The Department of Elderly Services would like to acknowledge all Veterans' on this Veteran's day, November 11, 2021. We are appreciative and thankful for all that you have done for our country.

#### THE CENTER IS CLOSED ON THE FOLLOWING DATES:

- Thursday, November 11, 2021
- Thursday, November 25, 2021
- Friday, November 26, 2021

*\*There are no home delivered meals on these dates and also no meals on Wednesday, November 24, 2021\**



From all of us here at the Buzzell Senior Center, we would like to wish you a very happy and safe Thanksgiving!



### DRIVE-THRU LUNCHEON

Join us for a delicious Thanksgiving Luncheon.  
*This event is free of cost thanks to an anonymous donor!*

**When:** Tuesday, November 23, 2021 at 12:30PM

**Where:** Senior Center Parking Lot

**What's on the menu:** Harrows Pot Pie and Apple Pie

**Sign up begins on Wednesday, November 10, 2021 at 9:30AM**

### DRIVE-THRU GAME:



1. There are turkeys hiding all over this newsletter! Including this one here (🦃), how many can you find?
2. What was the book title from last months Book Club meeting?

### MAUREEN'S CRAFT CREATIONS CORNER

Come play and make all kinds of projects for home, gifts, holidays, etc. Have fun, make new friends, and share ideas.



Join Maureen on Monday, November 15, 2021 at 1:00PM to create this beautiful holiday center piece shown above. You won't want to miss this one! **Please call the center on Monday, November 8, 2021 to sign up.**

### QUILT RAFFLE



Call the center to enter the quilt raffle for a chance to win this beautiful quilt seen here donated to us from the Quilting Class

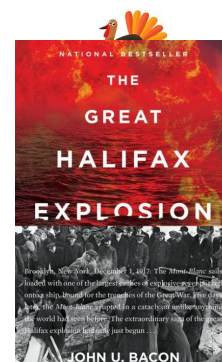
One lucky winner will be chosen on **Monday, November 22, 2021.**

### BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. If you are interested in joining, please call the center at 978-657-7595.

This months book is  
The Great Halifax  
Explosion  
 by John Bacon

**Next meeting is  
 Monday, November 22,  
 2021**



### CAREGIVERS SUPPORT GROUP

The role of a caregiver can be a very difficult one, especially during these last 20 months. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. If you are caring for a loved one, relative, or friend, come and meet with others who understand all that you are going through and who can offer support and provide helpful coping strategies.



For November's Caregiver Support Group we will once again be presenting a virtual program by the Alzheimer's Association, **"Effective Communication Strategies"**. Communication is more than just talking and listening, it's also about sending and receiving messages through attitude, tone of voice, facial expression and body language. As people with dementia progress in their journey and their ability to use words gets lost, caregivers need new ways to connect. Learn to decode the verbal and behavioral messages delivered by someone with dementia and identify strategies to help you connect and communicate at each stage of the disease.

## NOVEMBER BIRTHDAYS



Marsha Agostino	Dotty Emmons	Betty Molvar
Beverly Berrigan	Joan Farrell	Nancy Murphy
Robert Bertwell	Dorothy Foley	Phyllis Martel
Elaine Calvo	Barbara Glover	Marilyn Nicolosi
Alicia Candelino	Al Hale	Polly O'Brien
Thomasine Carlson	Fred Hogan	Grace Olatilu
Joan Corsaro	Judy Hubbard	Angelina Pepe
Arlene Crossen	James Jensen	Judy Rachdorf
Donna Diggs	Gene Leary	Ralph Shea
Kathleen Durost	Anthony Mattaliano	Angelo Tummino
Vinny Dwyer	Donna Minervini	Eileen Urquilla

*We can't help you blow out the candles on your cake unless you tell us your special day!*

**Call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!**

### "POST CARDS & MORE"



We are excited to be kicking off a new intergenerational program with the Wilmington High School Medical Careers group, called **"Postcards and More"**. Coming up with new innovative ways of connecting has been a priority, especially over the last 20 months. Our **"Postcards and More"** program connects High School students with members of the Senior Center through quick, short postcards. Each participant will receive a welcome packet with postcards, stamps, and a short bio about the person they will be connecting with. The program will run from December 2021 through May 2022. Please call the Buzzell Senior Center to sign up for this program 978-657-7595. Space is limited.

### ANNUAL GIVING TREE

The Buzzell Senior Center will once again have our **"Annual Giving Tree,"** This is a wonderful way for the community to give to others in town. Like last year, the Giving Tree is going to be a little bit different again this year. We are going to ask that anyone who is interested in donating to the Giving Tree to please purchase gift cards to Market Basket, Lucci's, Elia's Country Store, Dunkin Donuts, or any other local restaurants that does take out and/or delivery. For those interested in donating, we will begin accepting gift cards the week of November 29, 2021, and no later than Friday, December 17, 2021. If you know of any elders who would benefit from some holiday cheer, please contact Terri Marciello, (tmarciello@wilmingtonma.gov) or Laura Pickett (lpickett@wilmingtonma.gov) at 978-657-7595. All names are kept confidential. We thank you in advance for once again bringing the spirit of the holidays to those in need.





## HELPING HOPE FAMILIES

The American Cancer Society Hope Lodge program offers adult cancer patients and their caregivers a free place to stay when they have to travel away from home for treatment. Each Hope Lodge community offers a supportive, home-like environment that lets patients focus on one thing: getting well.

If there are any questions or you can not get to a donation site or wish to donate past the dropbox time window, please contact Angelyn Ciampa at [angelynciampa@gmail.com](mailto:angelynciampa@gmail.com)

Service learning at WHS is collecting the following items for Hope Lodge:

- Pots and pans
- Small trash barrels
- Cleaning supplies
  - Coffee pods
- Shower curtains
  - Clorox Wipes
  - Hand Sanitizer
- Kitchen Utensils (whisks, forks, spoons, etc.)
- Dish towel and oven mitts



*-Organized by Angelyn Ciampa, Senior at the Wilmington High School*

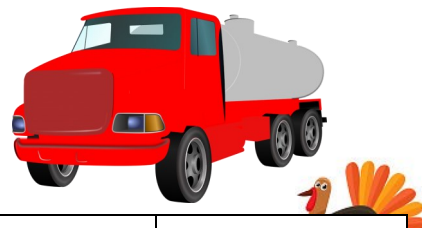
### Donation Drop Sites:

**Buzzell Senior Center, Town Hall, Wilmington Library (Nov. 1-Nov 29.)**

## FUEL ASSISTANCE

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2021. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in the application process with Terri Marciello/Laura Pickett at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Renewal information is currently being sent out. Please feel free to call the center if you have any questions. Also, all copies can be made at the center.



Household Size	Max. Gross Income
1	\$40,951
2	\$53,551
3	\$66,151
4	\$78,751

## SHINE OPEN ENROLLMENT



Medicare Open Enrollment will end on December 7. If our SHINE appointment schedule is filled, you may visit [www.medicare.gov](http://www.medicare.gov) and use the Medicare Plan finder tool, contact the Center for Medicare Services directly at 800.633.4227 directly to speak with a professional or call Minuteman Senior Services SHINE Line at 781.221.7029 to be redirected to another community with available SHNE counselors ready to assist.

*Shine is a program of Minuteman Senior Services and partially funded by the federal Administration for Community Living with local funding provided by Winchester Hospital and Lahey Hospital and Medical Center, Cummings Foundation, Dana Home Foundation, Acton-Boxborough United Way, Concord-Carlisle Community Chest, Maynard Community Chest, Stow Community Chest and private contributions.*

## CANDY RAFFLE



Congratulations to  
**IRENE MERCURIO**

The actual number of M&M's in the jar was 779. Irene was only 23 away from guessing correctly! WOW! Thank you to everyone who participated. Make sure to stop by the front desk during November to enter our next raffle.

## NOVEMBER MOVIE RAFFLE



Call the center to sign up for our movie raffle! It is free to enter. We will be raffling off a movie and some movie snacks so you can have a fun movie night at home!

A lucky winner will be chosen on  
**Monday, November 15, 2021**

Congratulations to  
**DORIS O'CONNELL**

for winning the October  
Movie Basket Raffle!

We hope you were able to  
enjoy it!

## CONGRATULATIONS TO OUR ZOOM TRIVIA WINNERS!



SITCOM TRIVIA:  
**DAVID COUTURE**



ACTOR TRIVIA:  
**DAVID COUTURE**

## CLOCK RAFFLE

Congratulations to  
**JUDY RACHDORF**

For winning the October Clock Raffle! Thanks again to Mark Ryan for donating this piece of art!

## ZOOM TRIVIA

Join Kelly for Zoom Trivia! This month is Actress Trivia. Please see below how to play. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for Zoom Trivia topics, reach out to Kelly if you have a trivia idea!

**If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

***\*The winner will be announced in the December newsletter\****



**ACTRESS TRIVIA**  
**TUESDAY, NOVEMBER 16, 2021**  
**9:30AM-10:30AM**

## HOW TO PLAY:

All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

## HOW TO SIGN UP:



1. Call the center and give us your email address. We will email you the link to the zoom event.

			<div>WILMINGTON RUNS ON <b>DUNKIN'</b></div> <div></div>
			
 POWER OF FLOWERS PROJECT			
			
 Assisting Hands® Home Care			 Board of Health
 Wilmington Arts Council			<p>Thanks to all who helped make our "Celebration of Life - Community of Hope" Event possible</p> <p>-The Hayes Family</p> <p>-Pastor Hey</p> <p>-High School Soundscape</p> <p>-Jane Hill</p>
Thanks to the <u>ANONYMOUS DONORS</u> who have made some of our special events possible!			
Thanks to our card makers	Thanks to our SHINE & AARP Income Tax Prep. Volunteers!		

# NOVEMBER WORD SEARCH

O U F A L L P O L O G A T H E R I N G T N O A  
 O X R V H Z F T N O V E M B E R B N K Q F L I  
 K F M C N P Q V Q A Z U S Q A H O I P N G U R  
 Q O L U F E T A R G H K J B Q G Z A D K S L J  
 N O H K E D K N E P A S T H X W A D T K W D D  
 A T G Y N A P P H G P C U S B F I X G C H K S  
 E B R R V R L C I J W V K N G A P U J P A Q N  
 G A A X Z A L W D Y V N U E S M O E X V H I A  
 X L V T M P H G S E V A E L C I C O X V T C R  
 W L Y F Y A D I L O H X U Z I L U H I L H B E  
 O D R S T R E S S E D S Z Z D Y N Z I D C K T  
 Q L F P T S A E F Q N R C Q A D R P D S H F E  
 M K F X E C D S U Q S R X R R N O A R K E T V  
 C Z X A T U R K E Y V D N D K K C K L W Q W P  
 I G R X N I K P M U P Z A P P L E S C O O K S  
 R K W X F P C T H A N K F U L W M W F W A H K

APPLES  
 CIDAR  
 COOK  
 CORNUCOPIA  
 DESSERTS  
 FALL  
 FAMILY

FEAST  
 FOOTBALL  
 GATHERING  
 GRATEFUL  
 GRAVY  
 HOLIDAY  
 LEAVES

NOVEMBER  
 PARADE  
 PUMPKIN  
 THANKFUL  
 TURKEY  
 VETERANS

	4							9
6	1	2	3	5				8
		8		2	4			
7				8	2	1		
	2			4		8	3	
8	6		1	7			9	
			2	6	8	4	7	3
	8	6					1	
4	7	3	5	9				

## Sudoku

Use deductive logic to complete the grid so that each row, each column, and each 3 by 3 box contains the numbers 1 through 9 in some order. The solution is unique. *\*Answer below\**

happy  
 thanks  
 giving



2	8	2	1	6	9	5	3	7	4
8	6	4	3	7	9	1	5	2	6
1	5	9	2	6	8	4	7	3	1
8	6	5	1	7	3	2	9	4	7
9	2	1	6	4	5	8	3	7	6
7	3	4	9	8	2	1	5	6	3
3	9	8	7	2	4	5	6	1	9
6	1	2	3	5	9	7	4	8	5
5	4	7	8	1	6	3	2	9	4





# TOWN OF WILMINGTON

**PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10**

**CURRENT RESIDENT OR**



We have received some large donations and would love to help anyone who is in need. Please give us a call if you could use any of these items... Incontinence products, Hearing aid batteries, Books, Puzzles, and Puzzle Books. We also have DVD's available to borrow. Call the center and we can give you the full list of titles!



## BUZZELL PROGRAMMING CLASSES

Tai Chi with Greta	Mondays at 9:00AM
Special Exercise with Judy	Mondays at 10:30AM
Maureen's Crafty Creations Corner	3rd Monday of the month at 1:00PM
Dance & Tone with Joie	Tuesdays at 9:30AM
Chair Dancing with Jan	Tuesdays at 1:00PM
Special Exercise with Mary	Wednesdays at 9:30AM
Yoga with Joan	Thursdays at 9:00AM
Art with Steve	Thursdays at 9:45AM
Ceramics with Carol	Thursdays at 1:30PM
Zumba with Patty	Fridays at 9:00AM
Chair Yoga with Joan	Fridays at 12:30PM

## ACTIVITIES & GROUPS

Blood Pressure Clinic	Mondays at 9:30AM
Quilting	Mondays at 1:00PM
Book Club	4th Monday of the month at 1:30PM
Caregivers Support Group	3rd Monday of the month at 10:30AM
Hiking Group	Tuesdays at 9:30AM
Cards/Games	Wednesdays at 1:00PM
Knitting & Crocheting	Thursdays at 10:30AM
Sewing	Fridays at 9:30AM
Poker	Fridays at 1:00PM
Bocce	Play anytime! (Balls & Scoreboard are in the hallway by kitchen.)