THE BUZZELL BUZZ

THE DEPARTMENT OF FLDERLY SERVICES

NOVEMBER 2022



BUZZELL SENIOR CENTER

15 SCHOOL STREET WILMINGTON, MA 01887

TELEPHONE:

978-657-7595 OR 978-658-2258

MONDAY - FRIDAY 9:00AM- 4:30PM



<u>Department</u> of Elderly Services

Staff Contact Information

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NEWS & UPDATES

Happy November! This is the moment we have been waiting for. Make your voice heard by attending the Special Town Meeting on Saturday, November 19, 2022 at 9:00AM at the High School Auditorium. This is a critical final vote for our new Senior Center. Remember, "It's Our Time!" Make sure to stay up to date on all the happenings of the new Senior Center by reading our Senior Center update on page 6.

Blood Pressure Clinic is back! In October we welcomed our new Town Nurse Jennifer Pereira. See page 2 for important information about the Blood Pressure Clinic.

We would like to thank the Tewksbury Wilmington Elks club for sponsoring an always delicious Thanksgiving dinner. More information about this dinner and how to get tickets can be found on page 2. Also this month we welcome back the Delvena Theatre Company as they come to the center to perform "Nun of This and Nun of That." There is still space available for this event. If you are interested in attending, please call the center to sign up.

Check out who won our candy raffle and zoom trivia event in October on page 3. Please note that October was the last zoom trivia event for this year. Stop by the front desk to enter the November candy raffle. Also, get ready for the winter by stopping by the front desk to enter a free raffle to win some Patriots gear! Details on when these drawings will occur can be found on page 3.

It's getting to be that time of the year again... the Annual Festival of Trees and Giving Tree are back! We are excited to be participating in the Festival of Trees again this year. The theme for our tree is "Buzzell Bees." If you are interested in donating to either of these events, see page 4 for what's needed and important deadlines.

October ended with the last of the three part Alzheimer's series. There was a great turnout. We want to thank Laura Pickett for all her hard work in putting this series together and of course, the MA/NH Alzheimer's Association.

Also, don't forget to set your clocks back one hour on Sunday, November 6, 2022.

PLEASE NOTE THAT...

Friday, November 11, 2022: <u>Veteran's Day</u> Center closed, no home delivered meals Wednesday, November 23, 2022: No home delivered meals Thursday, November 24, 2022: <u>Thanksgiving Center closed</u>, no home delivered meals Friday November 25, 2022: Center closed, no home delivered meals



The Department of Elderly Services would like to acknowledge all Veterans' on this Veteran's day, November 11, 2022. We are appreciative and thankful for all that you have done for our country.

NO SEWING COLLAGE QUILTING CLASS REMINDER:

The No Sewing Collage Quilting class with Certified instructor Nancy Sandreuter is on Monday, November 7, 2022 at 1:00PM.



DELVENA THEATRE PRESENTS: NUN OF THIS AND NUN OF THAT!

When: Monday, November 14, 2022 at 1:00PM

Space is still available for this event. Call the Senior Center if you are interested in attending.

Nun of This and Nun of That! is an interactive, live comedy featuring two actresses. Now is the time for the 50th Class Reunion of St. Batholomew's Parochial School. The "sisters"

are excited to meet with their former students from the Class of 1957. The audience members, of course, are the reunion attendees. A good time will be had by all reminiscing about the old days and catching up with everyone. A fun, light-hearted comedy!



TEWKSBURY WILMINGTON ELKS: THANKSGIVING DINNER



When: Thursday, November 10, 2022. Doors open at 5:00PM Where: 777 South Street, Tewksbury MA

Stop by the front desk at the Senior Center to sign up and get your ticket. This event is free of cost! *Limited space is available.* Big thank you to the Tewksbury Wilmington Elks for sponsoring a delicious and entertaining Annual Thanksgiving Dinner. There will be raffle prizes and dancing! You won't want to miss it, come and share in the fun.

BLOOD PRESSURE CLINIC



Blood Pressure Clinic is back and now on **Tuesdays at 9:00AM**.
Stop by to get your blood pressure checked by Town Nurse;
Jennifer Pereira. No need to sign up, just stop by!

HELP SUPPPORT THE ALZHEIMER'S ASSOCIATION

Have you done some Fall cleaning? If so, Dovetail Companies is working with Savers in collecting clothing to help raise funds for the Alzheimer's Association. Bags of clothing can be dropped off at the center on November 28th and 29th and will be brought to

COMMUNITY INFORMATION SESSION

Please join the Senior Center Building Committee, George Hooper, the Architect, and OPM for a public information session regarding the new Senior Center project. No need to sign up, just stop by. Hope to see you there!

When: Wednesday, November 2, 2022 at 2:00PM
Where: Senior Center
(Presentation also at 6:00PM at the
Town Hall)

CIVICS 101 BREAKFAST

Savers on the 30th.

Stop by the Senior Center for breakfast with Jonathan Eaton and get a little lesson in civics! Jonathan is the moderator for the town and will be discussing how a town meeting is run and will be available to answer any of your questions.

When: Wednesday, November 9, 2022 at 8:00AM

Where: Senior Center

NOVEMBER BIRTHDAYS



Charlie Corsaro Vinny Dwyer

Donna Diggs

Dotty Emmons

Patty Flaherty

Joan Farrell

Dorothy Foley Anthony Mattaliano Barbara Glover

Al Hale

Fred Hogan

Judy Hubbard

Peter Indrisano

Donna Minervini

Angelina Pepe

Jerry Pupa

Sue Mellen Ginny Pupa

Betty Molvar Ralph Shea

Nancy Murphy Eileen Urquilla

Marilyn Nicolosi

Gene Leary Grace Olatilu

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We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM. The next meeting is Monday, November 28, 2022.

The Book Club is currently full and not able to accept new members at this time.



This months book is The Alice <u>Network</u> By: Kate Quinn

BINGO

BINGO is back... twice a month! No sign up needed, just come on by! This month, Bingo will be on...

Wednesday, November 9, 2022 at 1:00PM Wednesday, November 16, 2022 at 1:00PM

> Please be sure to bring small bills, preferably 1's or 5's to play!

CAREGIVERS SUPPORT GROUP

The role of a caregiver can be a very difficult one, especially during these last 2 years. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. This months meeting will be on Monday, November 21, 2022 from 10:30AM-12:30PM



LET'S CONGRATULATE OUR OCTOBER WINNERS

CANDY RAFFLE CONGRATULATIONS TO HAZEL PROTO

Hazel won the October candy raffle. There were 888 candy corn in the jar and she guessed closest with 867! Make sure to stop by the front desk and enter the candy raffle for this month.



One lucky winner will be chosen on Tuesday, November 22, 2022

ZOOM TRIVIA

CONGRATULATIONS TO EDUARDA SPERA



Eduarda won Oscars Trivia in October!

PATRIOTS RAFFLE

Calling all football fans! Stop by the center to enter our Patriot's Gear raffle. Get ready for the chilly weather and Patriot's games.

This raffle is free to enter!

One lucky winner will be chosen on Friday, November 18, 2022



ANNUAL GIVING TREE

The Buzzell Senior Center will once again have our "Annual Giving Tree," This is a wonderful way for the community to give to others in town. Anyone interested in donating to the Giving Tree can purchase gift cards to Market Basket, Lucci's, Elia's Country Store, Dunkin Donuts, or any other local restaurants. For those interested in donating, we will be accepting gift cards between Monday, November 28, 2022 and Friday, December 16, 2022. If you know of any elders who would benefit from some holiday cheer, please contact Terri Marciello or Laura Pickett. All names are kept confidential. We thank you in advance for once again bringing the spirit of the holidays to those in need.

FESTIVAL OF TREES

We are happy to announce that we will be participating in the Festival of Trees again this year. Our theme is "Buzzell Bees."

If you are interested in helping out, we are accepting donations of bee themed décor or bee produced products that we can put on the tree as gifts.

All donations need to be in no later than Wednesday, November 23, 2022

This year the Festival of Trees is from December 2nd to December 4th at St Dorothy's Church: 11 Harnden Street, Wilmington.





FUEL ASSISTANCE

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2022. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in the application process with

Terri Marciello or Laura Pickett at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Renewal information is currently being sent out. Please feel free to call the center if you have any questions.

Also, all copies can be made at the center.

Household Size	Max. Gross Income
1	\$42,411
2	\$55,461
3	\$68,511
4	\$81,561

SHINE OPEN ENROLLMENT

Open enrollment is October 15-December 7 and the time is now to review your Medicare coverage!

- Each Medicare beneficiary receives an *Annual Notice of Coverage* which is important information regarding Medicare costs and benefits.
- A no-cost visit or phone call with a state-certified SHINE volunteer may reduce your out of pocket medical and/or prescription drug costs, and help you identify public programs that can help with premiums, copayments and health coverage based on income and assets.
- SHINE counselors are available by appointment to help you understand health care coverage, review cost increases, and find out what's new with Medicare.
- SHINE appointments fill up fast during this busy period so schedule now to avoid making last minute decisions or staying in a plan that no longer works for you.

Plan to have the following information available for your SHINE appointment:

- Medicare A/B Card
- Medigap or Medicare Advantage Card
- Prescription Drug Plan Member Card (if you have a Part D Plan)
- List of medications and dosage which can be obtained from your local pharmacy
- My Medicare account username and password (if you have an account created) this will save time as all medications and dosage information are stored and can be
 updated.

For those who prefer to view Medicare plan choices and costs online please visit www.medicare.gov then click on *Find a Provider* and click on the *Health and Drug Plan* tab.

Other helpful telephone numbers and websites: Social Security www.ssa.gov 800-772-1213 and Prescription Advantage www.prescriptionadvantagema.org 800-243-4636.





TAX ABATEMENTS

The Town of Wilmington offers Tax Relief programs for Disabled Veterans, Legally Blind homeowners, and Elders who meet certain guidelines.

Widows and widowers who have less than \$50,000 in assets (excluding value of the home) who have lived in the home for at least 5 years are eligible for assistance if the spouse passed before July 1, 2022.

Elders aged 70 and older who have lived in Massachusetts for 10 consecutive years and have owned and occupied the property for any 5 years are eligible for assistance if gross income is less than \$37,802 for a married couple, \$25,201 for a single person including Social Security. The asset limit for this deduction is \$40,000 for a single person, \$50,000 for a married couple.

Please note: If the home is held in a trust, you must be a trustee and have beneficial interest in the property as determined by Town Counsel and a copy of the trust and schedule of beneficiaries must be provided with your application.

UPDATE ON NEW SENIOR CENTER PROJECT

Here's what has been happening since our last Update in the October Newsletter

- On October 11, the project OPM and the architects for the Senior Center and the Town Hall/School Administration Project made a final presentation to the Board of Selectmen.
- On October 18, the Finance Committee held a Public Hearing on the articles for the Special Town Meeting to be held on Saturday, November 19. The Finance Committee unanimously voted in favor of the article for the new Senior Center. The total project cost is \$17,264,561. It will be paid for with \$6 million from the town's cash reserves and \$11,264,561 from a bond issue. The annual debt on the bond issue will be in the town's annual operating budget. It will not require an override of Proposition 2-1/2.
- There will be a Public Information Forum on the Senior Center project as well as the Town Hall/School Administration Building project on Wednesday, November 2 at 2 PM at the Senior Center. The same presentation will be given at a Public Information Forum at 6 PM on the same date at the Town Hall. It will be an opportunity to ask questions on the project.

WE HAVE NOW REACHED THE POINT THAT WE HAVE BEEN WORKING ON FOR SO MANY YEARS: THE OPPORTUNITY TO VOTE TO APPROVE FUNDING TO CONSTRUCT YOUR NEW SENIOR CENTER.

PLEASE MARK YOUR CALENDARS FOR SATURDAY NOVEMBER 19 AT 9 AM AT THE HIGH SCHOOL AUDITORI-UM. WE SUGGEST THAT YOU ARRIVE EARLY. DOORS OPEN AT 7:30 AM.

THERE ARE ONLY 3 ARTICLES TO BE VOTED ON. THE SENIOR CENTER ARTICLE IS ARTICLE 2. SINCE IT INCLUDES BORROWING FOR A PORTION OF THE PROJECT COST, A 2/3 VOTE IS NEEDED FOR THE ARTICLE TO PASS. WE NEED EVERYONE'S SUPPORT. DON'T TAKE FOR GRANTED THAT YOURS FRIENDS WILL BE THERE AND YOU ARE NOT NEEDED. WE NEED YOU TO BE THERE. IF THE ARTICLE DOES NOT PASS, IT WILL BE YEARS BEFORE WE GET ANOTHER OPPORTUNITY LIKE THIS TO BUILD A NEW SENIOR CENTER.

SPECIAL TOWN MEETING SATURDAY, NOVEMBER 19 AT 9 AM AT THE HIGH SCHOOL PLEASE ATTEND

Vote YES 11/19/22
Wilmington Senior Center

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SUN	MoM	TUES	WEDS	THUR	FRI	SAT
		BLOOD PRESSURE CLINIC 9:00AM HIKING GROUP 9:00AM DANCE & TONE 9:30AM FUNCTIONALLY FIT 2:00PM	SPECIAL EXERCISE 9:30AM CARDS & GAMES 1:00PM POKER 1:00PM COMMUNITY INFOR- MATION SEMINAR 2:00PM	• GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM	4• ZUMBA 9:00AM• SEWING 9:30AM• CHAIR YOGA 12:30PM• POKER 1:00PM	ഹ
6 SET YOUR CLOCKS BACK!	TAI CHI: 9:00AM SPECIAL EXERCISE 10:30AM NO SEW QUILTING 1:00PM QUILTING 1:00PM	• BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM	• CIVICS BREAKFAST 8:00AM • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM	GENTLE YOGA 9:00AM ART 9:45AM KNITTING & CROCHETING 10:30AM COUNTRY LINE DANCING 10:30AM CERAMICS 1:30PM FUNCTIONALLY FIT 2:00PM ELKS THANKSGIVING DINNER 5:00PM	veteran's day center closed	12
13	• TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • QUILTING 1:00PM • "NUN OF THIS AND NUN OF THAT" 1:00PM	• BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM	• SPECIAL EXERCISE 9:30AM • SIGN UP HOLIDAY PARTY 10:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM	GENTLE YOGA 9:00AM ART 9:45AM KNITTING & CROCHETING 10:30AM COUNTRY LINE DANCING 10:30AM CERAMICS 1:30PM COMMISSIONERS MEETING 1:30PM	• ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM • POKER 1:00PM	SPECIAL TOWN MEETING 9:00AM
20	• TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • CAREGIVERS SUPPORT 10:30AM • QUILTING 1:00PM	• BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM • CANDY RAFFLE	SPECIAL EXERCISE 9:30AM CARDS & GAMES 1:00PM POKER 1:00PM LAST DAY FOR FESTIVAL OF TREES ITEMS TO BE SUBMITTED NO HOME DELIVERED MEALS	24 HAPPY THANKSGIVING! CENTER CLOSED	25 CENTER CLOSED	26
27	28 GIVING TREE BEGINS TAI CHI: 9:00AM SPECIAL EXERCISE 10:30AM QUILTING 1:00PM BOOK CLUB 1:30PM	• BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM	SPECIAL EXERCISE 9:30AM CARDS & GAMES 1:00PM POKER 1:00PM	VOTE "YES" FOR THE NEW SENIOR CENTER AT T SPECIAL TOWN MEETING ON SATURDAY, NOVEMBER 19, 2022 AT 9:00AM IN THE HIGH SCHOOL AUDITORIUM	SENIOR CENTER AT ING ON SATURDAY, 9:00AM IN THE HIGDITORIUM	THE H



TOWN OF WILMINGTON

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CURRENT RESIDENT OR



COVID UPDATE

With many tools now available for reducing COVID-19 severity, such as availability of vaccine, boosters, and treatment, there is significantly less risk of severe illness, hospitalization and death compared to earlier in the pandemic. CDC has updated its guidance for people who know they have been exposed to COVID-19.

- If you were exposed to COVID-19, regardless of your vaccination status: CDC recommends that instead of quarantining, you wear a high-quality mask for 10 days and get tested 5 full days after your last exposure (day 6).
- If you have COVID-19: regardless of vaccination status, you should isolate from others for 5 days. If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving, or you never had symptoms, you should test on Day 6. If the test is negative, you may end isolation but should continue masking around others and in public. If the test is positive, you should continue to isolate.

Individuals with moderate illness or severe illness or with a weakened immune system, should isolate through day 10 and consult your doctor before ending isolation.

BOCCE

Stop by the center any time you'd like to use our bocce court, no need to call ahead. When the center is open, bocce balls, scoreboard, and rake are located inside the center in the hallway. You may use the bocce court when the center is closed but you will need to bring your own equipment.

CALL THE CENTER IF YOU ARE IN NEED OF ...

- Male or Female Incontinence Products
- Hearing Aid Batteries Size 312
- Puzzles
- Books
- DVDs
- Puzzle Books