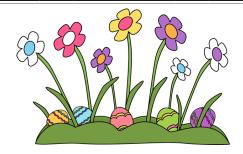


Recreation Matters

Spring 2017



Easter Egg Hunt

How to Register:

Weekdays:

Monday - Friday, 8:30 a.m. - 4:30 p.m. Recreation Office, Town Hall, Room 8

Online:

www.wilmingtonma.gov Click on the link for the Recreation Dept.

Mail:

Wilmington Recreation Department Town Hall, 121 Glen Road Wilmington, MA 01887

Night Drop:

In a sealed envelope, place payment, with your contact information, and program or trip information in the

Payment Drop Off

slot in the wall at the left of the front door to Town Hall. The box is opened once daily at 8:30 a.m. The date payment is considered received is the date it is removed from the box.

- Pre-registration and/or pre-payment are required for all programs except for Community Events and Adult Open Gym.
- Please mark your calendar. There are no reminder calls.
- Weekday programs held within a school are cancelled if school is closed or cancelled.
- There is a processing fee for any class or program cancellation.
- Non-resident participation is at the discretion of the Recreation Department.
 Non-residents may pay a surcharge.
- Avoid disappointment sign up early! Programs may have minimum registration requirements and risk cancellation if under enrolled.
- We welcome suggestions for new programs or trips.
- Group sales allow us to offer the best possible prices for show and sports tickets, and
 occur well before sales to the general public. To secure the best possible prices and
 seats, we must plan in advance sometimes well before an event will actually be held,
 and before you see it advertised elsewhere. If it is in our newsletter it is time
 to register!

Our newsletter is updated in February, May, August & November!

Stay current with your Recreation Department! Subscribe to E-Alerts at: www.wilmingtonma.gov

Symbols

- F Registration form is available online
- This trip/ticket can be reserved with a **deposit**
- Optional trip insurance available

Applications for a limited number of positions with the Recreation Department will be accepted from **March 1 through March 31**. Lifeguard applications may be accepted throughout the summer. Applicants for paid positions must be 16 years of age or older.

Volunteers:

Students looking for volunteer opportunities must contact the Recreation Department in advance of each event or program. Please note that some programs may have application deadlines and limited openings.

Call or stop by for more information.

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Purchase a gift certificate for Recreation Department programs in any denomination \$25 and over. A great gift!

We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc. If you require an accommodation, call the Recreation Office at (978) 658 - 4270 or call TTY (978) 694 - 1417.

Town of Wilmington Recreation Department

Town Hall, 121 Glen Road, Wilmington, MA 01887 **Phone:** (978) 658 - 4270 **Web:** www.wilmingtonma.gov



Online registration:

www.wilmingtonma.gov
Go to the Recreation page, click
on the link to create your account,
and then begin "recreating"!



Follow us on Facebook!

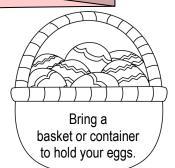
www.facebook.com/WilmingtonMARecreation

Do you have a unique skill, and would like to teach a class, or run a program?

Share your thoughts with us and let's see what we can create together!



Community Event



The Annual

Easter Egg Hunt

for children age 6 and under will be held on the

Wilmington Town Common Saturday, April 15, 2 p.m. sharp!

(If you are late, you will miss the fun!)

Location for rain or poor ground conditions: Wilmington Middle School

YOUTH PROGRAMS

*** Weekday programs held within a school are cancelled if school is closed or cancelled***



The Rookies

Ages: Age 5 (by 4/30/2017) - Grade 1

Dates: Monday - Thursday, April 24 – June 1, 6 Weeks

Location: Boutwell Field

Cost: \$25 Registration Deadline: Thursday, March 16

This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun!

Choose from a Monday/Wednesday or Tuesday/Thursday schedule.



FORENSIC FUN

Instructor: High Touch High Tech of NE

Grades: 2 - 5

Dates: Mondays, March 6 - April 3, 5 Weeks

Time: 4 - 5 p.m.

Location: Town Hall Auditorium

Cost: \$80

Become a CSI technician as you learn to dust for fingerprints, discover DNA, inspect teeth impressions and lip prints and much more. This program is

hands-on, interactive and...fun!

IRONCLAD MARTIAL ARTS

Supervisor: John Johnston

Location: IronClad Martial Arts Center

442 Main Street

Dates: March 1 - 31 *Unlimited visits!*

Cost: \$38

These non-contact classes are a combination of different martial arts (Muay Thai, Jiu Jitsu, Krav Maga, Karate and Wrestling) intended to improve self-discipline, balance, flexibility, coordination and self-control. Students can have fun while learning basic martial arts skills!

Little Warriors (Ages 4 - 7)

Mon. - Thu.: 4 - 4:30 p.m. Sat.: 9:30 - 10 a.m. Karate Kids (Ages 8 - 11)

Mon. - Thu.: 4:30 - 5:15 p.m. Sat.: 10:15 - 11 a.m.

Saturday Fun!

VIKING SOCCER CLINIC

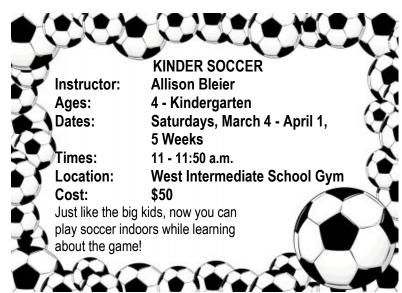
Instructors: Viking Sports 3 w/caregiver Age: Dates: Saturdays, March 4 -April 1, 5 Weeks

9 - 9:45 a.m. or 10 - 10:45 a.m. Times: Location: **West Intermediate School Cafeteria**

Cost: \$60

This introductory program teaches beginning soccer skills using age-appropriate techniques. Just like the big kids, now you can play indoor soccer! The primary goal (!) is to have fun!!!





YOGA-PLAY

Instructor: Nicole Walker

Dates: Saturdays, March 4 - April 1,

Location: West Intermediate School Music Room

Cost: \$35

Junior Yogis

9 - 12 Ages: 9 - 9:45 a.m. Time:

Students will learn to center themselves and practice fun voga poses individually and as a group. Non-competitive and fun, this class helps develop strength, flexibility, concentration and confidence.

Mini Yoqis

2 - 4 w/caregiver Ages: Time: 10 - 10:45 a.m.

In this supportive, active class, your mini yogi will learn yoga inspired poses through music, stories and games all while building confidence, balance and flexibility.

Bring a yoga mat and water

Little Yoais

Ages: 5 - 8 Time: 11 - 11:45 a.m.

Children will strengthen their bodies by imitating animals and nature while learning basic yoga poses. This creative playful atmosphere helps to develop flexibility and

explore ways to calm the mind.

ARCHERY

Instructor: **Bob Wait, On-Site Archery**

Grades: 3 - 6

Dates: Tuesdays, March 28 - May 2 (no 4/18), 5 Weeks

Time: 6:30 - 7:30 p.m.

North Intermediate Gvm Location:

Cost: \$95

Taught by a Level 3 USA Archery Coach, this new program teaches archery safety, range procedures, steps of shooting, scoring and games. All equipment provided.

BEGINNER BALLET LESSONS

Instructor:

Dates:

(no 4/21), 6 Weeks

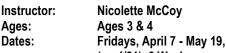
10:15 - 11 a.m. Time:

Location: **Lorraine Spada School of Dance**

52 Main Street, Suite #3

Cost: **\$52** (Ballet slippers are optional)

A great way to introduce music and movement into your child's life. They will have so much fun twirling, skipping and hopping their way through this beginner ballet program.



YOUTH PROGRAMS

*** Weekday programs held within a school are cancelled if school is closed or cancelled ***

CAKE TALK

Instructor: Stephanie Almeda, Cake Talk Custom Confections

Cupcake Decorating (Grades 1 - 5)

Star Wars Lego Cupcakes
Wednesday, April 5

\$30 each Disney Cupcakes Wednesday, May 3



4 - 5:30 p.m.

Town Hall Auditorium

Students will make buttercream frosting and learn fun techniques to decorate pre-baked cupcakes.



Cupcake Wars (Grades 4 - 8) Tuesday, April 18

10 a.m. – 12 p.m. WHS Consumer Science Room



Using basic vanilla cake batter, teams of two will have access to mix-ins and flavors to create their own cupcake confection.

Teams will ice their cupcakes with buttercream frosting and top them with fondant toppers.

Let the contest begin....

Chefs in Training

Hey, You Meatball!

Instructor: Lori Deliso,

Kids Cooking Green

Grades: 2 - 5

Date: Thursday, March 16

Location: WHS Consumer Science Room

Time: 4 - 5:30 p.m.

Cost: \$42

You will learn to make your own meatballs from scratch, roll out pasta to form spaghetti and even make homemade garlic bread. Be the Mario Batali of your household!

KARATE CLASSES

Instructor: Academy of Traditional Karate

155 West St.

Dates: Tuesdays, May 2 - 23, 4 Weeks

Cost: \$37

 Little Dragons
 Little Samurai

 Ages: 3 - 4
 Ages: 5 - 8

 5:00 - 5:30 p.m.
 5:40 - 6:10 p.m.

Lessons include basic Karate moves, Japanese culture and life skills. In weekly classes, students review and add new skills as they learn in a structured class setting. T-shirt included.

SKATING LESSONS

Instructors: Wilmington Figure Skating Club
Location: Ristuccia Memorial Arena
Equipment: Helmet and single blade skates

Dates: Fridays,

March 3 - April 28 (no 4/21) 8 Weeks \$135 Sibling registered for the same session \$123

Cost includes one-time annual \$15 USFSC registration fee (7/1/16 - 6/30/17)

Time: 4 - 4:50 p.m. or 5:20 - 6:10 p.m.

Learn to Skate
Age 4 & up
Class consists of 25

Class consists of 25 minutes of instruction and 25 minutes of practice time.



Learn to Skate – Hockey:
Age 5 & up
No pucks or sticks are used.
Children without the
necessary skills will move
into Learn to Skate.

Dates: Fridays, May 5 - June 23 8 Weeks

Check our website beginning April 3 for class information.

FAMILY FUN SKATES

Date: Fridays, April 21 and June 30

Time: 4 - 6 p.m. Location: Ristuccia Arena

Head to the rink for some cool fun! Free if enrolled in the <u>Learn to Skate</u> programs.



Town Hall, Room 8 www.wilmingtonma.gov

F TINY TOTS (Ages 4 & 5) & KIDS CLUB (Ages 6, 7 & 8)

Session 1: Mon., June 26 - Fri., July 14 (No 7/4)

Session 2: Mon., July 17 - Thu., August 3

Time: 9 a.m. - 12:00 p.m.
Location: Woburn Street School
Cost: \$180 per session

This social/recreational program includes arts and crafts, games, special events, daily themes and a field trip.

Registration Date:

Wednesday, April 12 5 - 6:30 p.m.
Town Hall Auditorium

Registration forms will be available Tuesday, April 4 in the Recreation Office and on our website. *After* April 12, registration will continue online and in the Recreation Office.

Beginning April 26, children can register for an additional session based on availability.







F PLAYGROUND PROGRAM

Ages: Entering Grades 2 - 8

Dates: Mon., June 26 - Wed., August 2

(No 7/4)

Time: 8:30 a.m. - 1 p.m.
Location: Shawsheen School

Cost: \$180

This six-week program consists of arts and crafts, games, sports, special events, free play and optional field trips. The program runs on weekdays, and is held rain or shine. Forms will be available at the Recreation Office and on our website beginning Tuesday, April 4.

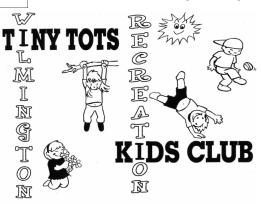
Registration Date:

Monday, April 10 **7:30 a.m.** in the Recreation Office.

Walk-in Registration only.

No overnight or mail payments.

- This program is for Wilmington residents only.
- One adult can register one family **only**.



F TINY TOTS/KIDS CLUB VOLUNTEERS

Students entering grade 9 and above can apply for a volunteer position assisting staff and students.

Cost: \$5

Applications available: May 1
Application Deadline: May 31

To facilitate the registration process, please create an online account for your household (including children that will be registered) prior to the day of registration.

Go to the Town website (www.wilmingtonma.gov), visit the Recreation page

and click on the link.

F PLAYGROUND COUNSELOR IN TRAINING PROGRAM

Ages: Entering Grade 9 and above
Dates: Mon., June 26 - Wed., August 2

(No 7/4)

Time: 8:30 a.m. - 1 p.m.
Location: Shawsheen School

Cost: \$25

Selected participants will be assisting Playground staff to provide a wide variety of activities for enrolled children. Learn leadership skills and gain valuable experience for future resumes.

Applications available: March 1
Application deadline: March 31

BABYSITTER TRAINING

Instructor: Debbie LaFlamme

Ages: 11 & up

Date: Saturday, June 3 Time: 12:30 - 4:30 p.m.

Location: Wilmington Library Conference Room

Cost: \$45

Learn the necessary skills to begin your babysitting career. Discuss interviewing with parents, infant and toddler care, handling bedtime issues, basic first aid and more.

Course manual included.

TOP SECRET SCIENCE & MATH

Instructor: Michael Bergen, Mass. Science Center

Grades: Entering Grades 1 - 5
Location: West Intermediate Cafeteria

Half Day

June 19 - 23 9 a.m. - 12 p.m. \$98



Full Day

July 31 - August 4 9 a.m. - 3 p.m. \$170

The kids can have a blast (literally!) while they learn!
This program follows state guidelines for required
curriculums. Children will complete many experiments each
day under the instruction of an experienced and
professional science teacher.

CHEFS IN TRAINING - SUMMER SIZZLE!

Instructor: Lori Deliso, Kids Cooking Green

Grades: Entering Grades 3 - 8
Dates: Monday - Friday, June 26 - 30

Time: 9:30 a.m. - 12 p.m.

Location: WHS Consumer Science Room

Cost: \$310

Celebrate summer by learning to cook delicious foods using fresh local ingredients! Menu items to include herbed roasted chicken, vegetable sushi, red, white & blue cobbler, homemade berry ice cream and more!

Learn cooking techniques including those all-important knife skills. Each class will highlight a different hands-on recipe while you prepare a healthy, hearty main course, dessert and beverage to enjoy at the end of each class. Go home with recipes, a full belly and new knowledge of local ingredients and nutrition facts.

Includes Optional Field Trip: Sunday, June 25, 10:30 - 11:30 a.m.

Meet at the Wilmington Farmer's Market where students will
be divided into small groups to participate in a "Food Network Style"
Challenge! Groups will stick to a budget and make substitutions
when required as they shop for ingredients for the week.

AT HOME ALONE

Instructor: Gunther Wellenstein,

S.A.F.E.

Grades: Entering Grades 4 - 6

Dates: Wednesday, June 21

<u>or</u> Thursday, August 17 4 - 6 p.m.

Location: Town Hall Auditorium

Cost: \$20

How do you handle knocks and rings? Who do you call in an emergency? Prepare your child to stay at home alone.

LEGOPALOOZA

Time:

Instructor: Wicked Cool for Kids Grades: Entering Grades 2 - 6

Dates: Monday - Friday, July 24 - 28

Time: 9 a.m. - 3 p.m.

Location: Wilmington High School

Cost: \$270

This new program includes advanced, open-ended STEM activities and engaging new LEGO Robotics challenges. The We-Do Robotics system features LEGO models that incorporate working motors and sensors combined with simple programming

software. Build and program a spinning carousel, a roller coaster, a Ferris wheel and other fun carnival rides. Each day continue the fun and build moving machines from your very own take home LEGO Klutz Crazy Action Contraptions Kit.





Instructor: Wicked Cool for Kids Grades: Entering Grades 1 - 5

Dates: Monday - Friday, June 26 - 30

Time: 9 a.m. - 3 p.m.

Location: Wilmington High School

Cost: \$290

Minecraft Mania is a blend of virtual learning and companion hands-on activities that explore science and engineering using Minecraft. Students will use an interactive avatar to investigate a game-based educational environment. Engage in both computer and real world activities covering geology, engineering, physics and biology. Learn about the properties of rocks and minerals and take home your own rock collection. Use your skills to build skyscrapers and simple machines, and plant your own crops in enjoyable experimental challenges.



SUMMER BASKETBALL

Registration deadline is Thursday, June 1

Games will be played at the **Shawsheen School Outdoor Courts**.

SHOOTING STARS LEAGUE

Ages: Entering Grades 3 - 5

Dates: Girls: Tuesdays, July 11 - August 15

Boys: Thursdays, July 6 - August 10

(6 Weeks)

Time: 6 - 9 p.m. Cost: \$25

This program will provide instruction and games once a week.

Teams will play a staggered game schedule.



TWILIGHT HOOPS

Ages: Entering Grades 6 - 8

Dates: Mondays & Wednesdays, July 10 - August 2, 4 weeks

Time: 6 - 8 p.m.

Cost: \$25 (\$35 w/mesh reversible Recreation jersey)

This co-ed program allows participants to drop in for as much or as little pick-up basketball as they want! Games will be organized by a supervisor, and refereed. Pre-registration is required. Players new to Recreation Basketball must purchase a

navy/white reversible jersey.

F

YOUTH SPORTS CLINICS

Registration begins March 1

Classes are held Monday - Friday, rain or shine! In the event of rain, class will be held indoors.

Forms will be available in the Recreation Office and on our website. Documentation of a physical within the past two years and immunization records must be provided with the registration forms.



Skyhawks Tiny Hawks - Ages 3 & 4 \$52 Woburn Street School

Mon. - Fri., June 19 - 23 8:30 - 9:15 a.m. Learn beginning basketball and soccer skills!



Skyhawks Mini Hawks - Ages 4 - 6 \$115 Woburn Street School

Mon. - Fri., June 19 - 23 9:30 a.m. - 12:30 p.m. Graduate to T-ball, basketball and soccer!





Thundercat Kiddie Cat Jam

Mon. - Fri., July 31 - August 4 Middle School

Ages 3 & 4\$678:30 - 9:20 a.m.Ages 4 - 6\$1359:30 a.m. - 12:30 p.m.

The mini version of Sports Jam! Play soccer, t-ball, kickball, basketball, softee hockey and balloon ball. Play "Finding the Nemo", Sponge Bob tag, Thunder relays, Kiddie Cat Olympics & more. Theme days include Red Sox Day and Friday Fun!











 Mon. - Fri., July 31 - August 4
 Middle School

 Half Day
 \$135
 8:45 a.m. - 11:45 a.m.

 Full Day
 \$165
 8:45 a.m. - 2:45 p.m.

Thundercat Sports Jam: Ages 7 - 10

The ultimate multi-sport program with core sports of baseball, basketball and soccer. Other sports like flag football, volleyball, ultimate Frisbee, dodgeball, disc golf, team handball and kickball are included - as well as games like "shark attack" and "safari".

LEARN TO SAIL - Community Boating

Ages: 10 - 18

Dates: Monday - Friday, August 7 - 11

Times: 10:30 a.m. - 3:30 p.m. Location: Charles River, Boston

Cost: \$155



Beginner and intermediate classes. Each day consists of classroom lecture and, of course, sailing! Bus transportation and chaperones are included. New students must pass a swim test prior to the program.

"ADVENTURE KIDS" KAYAKING CLINIC

Instructor: Patrick Barry

Ages: 8 - 15

Dates: Monday - Friday, June 26 - 30

Times: 9 a.m. - 12 p.m.

Location: Silver Lake (by the Fishing Pier)

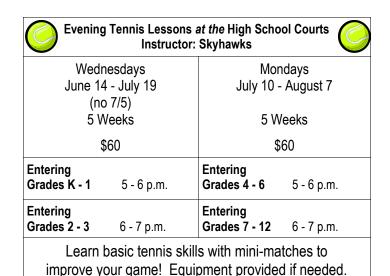
Cost: \$215

This program combines recreational kayaking skills development with fun games and activities. Participants will learn to overcome challenges individually through paddling and as a team. All equipment provided.



		Morning Tenr	nis Clinics		
Instructor: Location: Cost:	Skyhawks Boutwell Courts \$60	Monday - Friday	June 19 - 23	July 17 - 21	July 31 - August 4
		Rain Location:	West Intermediate School Gym		
Tennis anyone? Players will be divided by ability within each age group. Equipment provided if needed.		Ages 4 - 5	9 - 10 a.m.		n.
		Ages 6 - 8	10 - 11 a.m.		m.
		Ages 9 - 12	11 a.m 12 p.m.		p.m.





Junior Golf (Co-Ed) or Golf for Girls

July 17 - 21

GOLF CLINICS

Instructor: Barrie Bruce

6 - 15 Ages: Days:

Monday - Friday Time: 9 - 10:15 a.m.

Location: **Billerica Country Club**

NAVIGATION 101 AND GEOCACHING

8 - 15

TBD

Patrick Barry

9 a.m. - 12 p.m.

Cost:

Instructor:

Ages:

Dates:

Times:

Location:

All equipment provided. Classes are for both beginners and continuing students. Choose the clinic that's right for you! "All you need is a pair of sneakers and a good attitude!"



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June 26 - 30



July 31 - August 4

\$125 Cost: This new program teaches the fundamentals of map and compass navigation. Children will learn the basics so they can orient themselves without technology. Once they have developed that skill, children

Monday - Wednesday, July 10 - 12

will learn the technology of GPS through the fun activity of Geocaching. Geocaching is hunting for and finding a hidden object (Geocache) by means of GPS coordinates - a modern day treasure hunt! Smart phones are welcome but not required.

8

Spring outside!

SPRING TENNIS

Instructors: Skyhawks

Dates: Thursdays, May 4 - June 1
Location: Shawsheen School Tennis Courts

Cost: \$60

Grades K - 1	Grades 2 - 4	Adults
4:30 - 5:30 p.m.	5:30 - 6:30 p.m.	6:30 - 7:30 p.m.

The perfect class for both new and continuing students to learn this life-long sport. Bring a racquet if you have one!

GOLF CLINICS - APRIL VACATION

Instructor: Barrie Bruce

Ages: 6 - 15
Dates: April 17 - 21
Time: 9 - 10:15 a.m.

Location: Billerica Country Club

Cost: \$129



Equipment provided. Classes for both beginners and continuing students. "All you need is a pair of sneakers and a good attitude!"

ADULT GOLF LESSONS

Instructor: Barrie Bruce

Location: Billerica Country Club

Cost: \$179

Thursdays Saturdays

April 13 - May 11 May 27 - June 24

5:30 - 6:30 p.m. 11:30 a.m. - 12:30 p.m.



This 5-week class teaches ball striking skills to beginner and intermediate golfers. Golf clubs are provided if needed.

ADULT PROGRAMS

SCULPT BARRE FITNESS

Location: IronClad Martial Arts Center, 442 Main Street

Cost: \$37

This exercise class mixes elements of Pilates, Yoga, Cardio and Functional Training. The focus is on precision movements that isolate specific muscle groups and incorporate equipment such as mini-balls, bands and small hand weights. All equipment is provided.

April 1 - 30: Unlimited visits!			
Mondays Wednesdays Thursdays	Tuesdays	Wednesdays	
7:30 - 8:30 p.m.	6:30 - 7:30 p.m.	10 - 11 a.m.	



TENNIS ROUND ROBIN

Instructor: Skyhawks

Dates: Tuesdays, May 23 - August 15 (no 7/4)

12 Weeks 5:45 - 7:45 p.m.

Location: High School Tennis Courts

Cost: \$130

Times:

This two-hour program is designed to provide opponents for individuals to create match play. Participants will receive instruction to improve their skills. Players must be able to serve and keep score, and should bring their own racquet.



PAINT NIGHT!

Instructor: Corine Mazza Time: 6 - 8 p.m.

Location: Town Hall Auditorium

Cost: \$52 (2 weeks)

Yes you can! Under the guidance of our talented instructor, you will paint a beautiful scene with oils on canvas! Supplies included. Sample on display in the Recreation Office.



ADULT PROGRAMS

*** Weekday programs held within a school are cancelled if school is closed or cancelled***

35+ BASKETBALL







Supervisor: Peter Otovic

Dates: Wednesdays, March 29 - May 24,

(no 4/19), 8 Weeks

Time: 6:30, 7:30 and 8:30 p.m. games

Location: Middle School Gym

Cost: \$52

This league offers those ages 35 and over structured team play with refereed games for fun and fitness.

Players without a 35+ mesh shirt must pay a \$21 shirt fee.

ADULT OPEN GYM

Supervisor: Chris O'Rourke Ages: 18 and up

Dates: Wednesday evenings through April 26,

(no 2/22 & 4/19)

Time: 8 - 9:30 p.m.

Location: Woburn Street Gym Cost: \$5 <u>cash</u> per night

Drop in for informal games of pick-up

basketball! Enjoy a workout in the middle of the week.

FLOWER POWER

Instructor: Cindy Mattson
Location: Given Erwin Florist

328 Cambridge Street

Burlington

Cost: \$42 per class

Spring Bouquet Friday, March 24 6:30 - 8 p.m.

Combine fresh flowers with a birdhouse to 'Welcome Spring!"



Easter Basket Friday, April 14 6:30 - 8 p.m.

Create an Easter centerpiece filling a basket with tulips, iris, daffodils and



Mother's Day Gift Friday, May 12 6:30 - 8 p.m.

Create an arrangement using a tea cup, saucer, spray roses and orchids.



DANCE CLASSES

Location: Lorraine Spada School of Dance

52 Main Street, Suite #3

Cost: \$52

These six-week courses are perfect for beginners or returning students. Fun, exercise and new skills in each class!

Dance Sampler

Instructor: Nicolette McCoy

Mondays April 3 - May 15 (no 4/17) 7:30 - 8:30 p.m.

This new class consists of two weeks of jazz, two weeks of hip hop and two weeks of lyrical. A chance to see what you like while getting some exercise.

Time:

Beginner/Intermediate Tap Instructor: Chrissy Bowman

Thursdays April 6 - May 18 (no 4/20) 7:30 - 8:30 p.m.

Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape! Tap shoes required.

YOGA FOR THE FULL-FIGURED WOMAN

Instructor: Jennifer Ryan

Location: The Yoga Loft, 3 Lopez Rd. Cost: \$85 per 8-week session

This class introduces beginners to yoga in a fun, relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself! Bring a yoga mat to each class.



Mondays

Thursdays

March 20 - May 15 (no 4/17)

<u>or</u>

March 16 - May 11 (no 4/20)

4 - 5 p.m.

7:15 - 8:15 p.m.

HULA HOOPING

Instructor: Jennifer Ryan Dates: Wednesdays,

March 29 - May 17,

8 Weeks 4 - 5 p.m.

Location: The Yoga Loft, 3 Lopez Rd

Cost: \$85

Hula Hooping is a fun, non-impact way to get in shape. There is a mix of light cardio for waist hooping, core work, arm strength, toning and shaping for thighs, butt and hamstrings.



ADMISSION TICKETS

(Available while supplies last)



Discount Movie Tickets

Maximum purchase per day is 20 tickets. Tickets have no expiration date!

IMAX Tickets \$11 each

Redeem at Jordan's Furniture box office (Reading/Natick)

for a full-length feature film (including 3D).

AMC Black \$11 each

No restrictions!

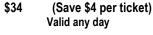
Showcase Tickets \$9 each

One-hour Pass

\$12

(Save \$3)





Canobie Lake Park

(Opens May 6)

Good for anyone 48" tall and over: ages three & under are free. For best savings, use tickets mid-June - September. Parking is free.



Six Flags New England (Opens April 1)

\$38 (Save \$26 per ticket) Good for anyone age three & up; two and under are free.



SHRINERS CIRCUS TICKETS

Friday, April 21 10 a.m. show **Shriners Auditorium**



The Shriners have donated free tickets for **Wilmington** special needs youngsters and their families. Call for tickets to this school vacation event.

SKI TICKETS

Altitude Trampoline Park Billerica

(Valid through March 2017)

Nashoba Valley Ski Tickets

Weekend/Holiday	(Save \$8)	\$47
Weekday/Evening	(Save \$9)	\$36
Snowtubing	(Save \$3)	\$30

Attitash & Wildcat Mountain Ski Tickets

Adult (Ages 18 - 64)	Any Day Sun Fri./Non-Holiday	\$64 \$49
Youth (Ages 7 - 17) & Seniors (65+)	Any Day Sun Fri./Non-Holiday	\$49 \$44

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THEATRE TRIP

This trip includes bus transportation and an orchestra seat. All buses depart 1½ hours prior to stated show time. A \$50 deposit per ticket will reserve your trip.



Thursday, August 17 7:30 p.m. \$109 Opera House

The story of author J.M. Barrie and the family that inspired his greatest work - Peter Pan! Interweaving Barrie's real life story with flights of fancy that take you deep into the world of Captain Hook and the Lost Boys, this musical is an inspiring ode to the creative spirit and speaks to the child in all of us!

RED SOX TICKETS

Will 2017 be our next championship season?



Boston Red Sox Chicago White Sox



Fenway Park Saturday, August 5 Lower Bleacher Seats, Section 38 7:10 p.m. Game

Tickets sold on a first-come, first-served basis.

Test your Luck!



FOXWOODS

Tuesdays, March 7 or May 23 7 a.m. - 6:30 p.m.



Select your motor coach seat upon registration.

Trip includes transportation and casino incentives. Motor coach will depart from and return to the Town Common Parking Lot.



Bingo Bonanza

Thursday, June 1

9:30 a.m. - 5 p.m.

Travel to Wright's Chicken Farm Restaurant in Rhode Island where people "come for the meal and stay for the bingo." Enjoy an all-you-caneat family-style chicken dinner with salad, pasta, French fries and dessert. Then let the Bingo games begin! Prizes are assorted gift cards. B9 Fun!



TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under Trips. Please note – no smoking or alcoholic beverages are allowed on buses or motorcoaches.

Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

F this trip has a registration form

n this trip can be reserved with a deposit

optional cancellation insurance is available for this trip

Day Trips

NEWPORT PLAYHOUSE

Sunday, March 26

DI \$88

9 a.m. - 6 p.m.

After a scenic ride along Newport's beautiful Ocean Drive, arrive at Newport Playhouse for an extensive buffet lunch. Then enter their intimate theatre for a performance of "Romantic Comedy". Romantic comedy writer Jason and his adoring collaborator Phoebe enjoy ten years of fame and success. Jason's world falls apart when his wife divorces him and Phoebe, her love for Jason unrequited, marries a journalist and moves to Paris. Jason goes into a decline as a newly chic Phoebe returns, solo and successful. What will happen next?

Cap off your day with a Cabaret show!



Adam Trent "Magician Reinvented"



Described as "Justin Timberlake meets David Copperfield", Adam Trent is taking the magic world by storm, blending dancing and singing with innovative stage illusions, charming wit and emotion to create an experience that is part magic show, part concert and part stand-up comedy.

This motor coach trip to Lantana's in Randolph includes lunch and an amazing show featuring the star of the hit Broadway show "The Illusionists".

"Wow!" - Ellen DeGeneres

"Phenomenal" - The Today Show



New York City Saturday, May 6

Take a bite out of the Big Apple! Board our luxury motor coach at 6:30 a.m. for a fabulous day experiencing the sights and sounds of NYC. Arrive home at approximately 1 a.m.



Martha's Vineyard

Saturday, September 9 \$48 Adults \$38 Children Let us deal with the traffic while you enjoy this day at leisure. Trip includes motor coach transportation and your round-trip ferry ticket to the Vineyard. While there, take a tour or explore on your own!

Sail Away on a Summer Day

Thursday, August 10

▶ \$90

Travel to the quaint seafaring village of Mystic, CT where you will board the 81-foot Schooner Argia for a narrated 2 1/2 hour sightseeing cruise down the historic Mystic River to Fishers' Island Sound. Sail by scenic coastlines, islands and lighthouses.

After the cruise, we will travel to downtown Mystic where you can have lunch on your own and stroll the one-of-a-kind shops.

Make time in your day to stop at Sift Bake Shop for a free treat!

Overnight Trips



ST. ANDREWS by-the-SEA & CAMPOBELLO ISLAND

Sunday, June 4 - Wednesday, June 7



\$795 p.p.d.o. FDI

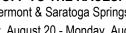
This four day/three night getaway includes a Moose Safari in the mountains of Maine, a tour of the charming old-world settlement of St. Andrews by-the-Sea, and a visit to the summer home of President Franklin D. Roosevelt on Campobello Island. Your trip also includes three nights accommodations, (one night in Sunday River and two at the fabulous Algonquin Resort), six meals, motor coach transportation, admissions and tours.

OFF TO THE RACES!

Killington, Vermont & Saratoga Springs, New York Sunday, August 20 - Monday, August 21

\$255 p.p.d.o.

Join us for this new twist on a familiar trip! Our trip begins at **The Summit** Lodge in Killington with lunch and a Vermont Maple Cooking Demonstration followed by free time to enjoy all the resort has to offer. Dinner and entertainment will cap off your day. Monday morning, after breakfast, we will take a scenic drive to Saratoga Springs for a tour and free time before we head to our reserved Grandstand Seats at the Saratoga Race Course.





COLORADO ROCKIES & RAILS September 21 - 29

FDI

\$2,500 p.p.d.o.

Join us on this new 9 day/8 night trip for a scenic tour of National Parks in Colorado and Utah. This trip begins in the Mile High City of Denver and includes Rocky Mountain National Park, Grand Junction, Silverton, Durango, Mesa Verde, Colorado Springs, Manitou Springs and Pikes Peak Cog Railway in Colorado . Our excursion into Utah will show us the breathtaking scenery in Arches and Canyonlands National Park. This trip includes airfare, airport/hotel transfers, hotel accommodations, motor coach transportation, twelve meals, all admissions and tours.



