



# Recreation Matters

## SPRING 2018

### How to Register:

#### Weekdays:

Monday - Friday, 8:30 a.m. - 4:30 p.m.  
Recreation Office, Town Hall, Room 8

#### Online:

[www.wilmingtonma.gov](http://www.wilmingtonma.gov)  
Click on the link for the Recreation Dept.

#### Mail:

Wilmington Recreation Department  
Town Hall, 121 Glen Road  
Wilmington, MA 01887

#### Night Drop:

In a sealed envelope, place  
payment, with your contact information,  
and program or trip information in the

#### Payment Drop Off

slot in the wall at the left of  
the front door to Town Hall.  
The box is opened once daily at 8:30 a.m.  
The date payment is considered received  
is the date it is removed from the box.

Pre-registration and/or pre-payment are required for all programs except for  
Community Events and Adult Open Gym.

Please mark your calendar. There are no reminder calls.

Weekday programs held in a school are cancelled if school is cancelled.

There is a processing fee for program or trip cancellations.

Non-resident participation is at the discretion of the Recreation Department.

Non-residents pay a surcharge of \$5 for a class or day trip, and \$10 for an  
overnight trip.

Avoid disappointment - sign up early! Programs may have minimum registration  
requirements and risk cancellation if under enrolled.

We welcome suggestions for new programs or trips.

Group sales allow us to offer the best possible prices for show tickets, events and  
trips, and occur well before sales to the general public. To secure the best possible  
prices, seats and accommodations, we must plan in advance - sometimes well  
before an event will actually be held, and before you see it advertised elsewhere.  
If it is in our newsletter - it is time to register!

**Our newsletter is updated in February, May, August & November!**

Stay current with your Recreation Department!  
Subscribe to E-Alerts at: [www.wilmingtonma.gov](http://www.wilmingtonma.gov)

Applications for a limited number of  
positions with the Recreation Department will  
be accepted from **March 1 through March 31**.  
Lifeguard applications may be accepted  
throughout the summer. Applicants for paid  
positions must be 16 years of age or older.

### *Gift Certificate*

Purchase a gift certificate for Recreation  
Department programs in any denomination  
\$25 and over. A great gift!

### Symbols

- ☐ Registration **form** is available online
- ☐ This trip/ticket can be reserved with a **deposit**
- ☐ Optional trip **insurance** available

Do you have a unique skill,  
and would like to teach a  
class, or run a program?

Share your thoughts with us  
and let's see what we can  
create together!



Follow us on  
Facebook!

[www.facebook.com/WilmingtonMARecreation](http://www.facebook.com/WilmingtonMARecreation)

We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc.  
If you require an accommodation, call the Recreation Office at (978) 658 - 4270 or call TTY (978) 694 - 1417.

**Town of Wilmington Recreation Department**  
Town Hall, 121 Glen Road, Wilmington, MA 01887  
**Phone:** (978) 658 - 4270 **Web:** [www.wilmingtonma.gov](http://www.wilmingtonma.gov)

## Community Event



The Annual  
**Easter Egg Hunt**  
 for children age 6 and under will be held on the  
**Wilmington Town Common**  
**Saturday, March 31 2 p.m. sharp!**  
 (If you are late, you will miss the fun!)

Location for rain or  
 poor ground conditions:  
**Wilmington  
 High School**

### YOUTH PROGRAMS

\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\*



#### The Rookies

**Registration Deadline: Thursday, March 15**



**Ages:** Age 5 (by 4/30/2018) - Grade 1  
**Dates:** Monday - Thursday, April 23 – May 31, 6 Weeks  
**Location:** Boutwell Field  
**Cost:** \$30

**Volunteer Coaches Needed!**  
 You can register to coach your child's team  
 at the same time you register your child!  
☒ Select both yourself and your child  
 when beginning the registration process.

This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun!

Choose from a **Monday practice/Wednesday game** or **Tuesday practice/Thursday game** schedule.

**Practices:** 45 minute practices are assigned, and will be at 5:15, 6:00 or 6:45 p.m.

**Games:** 60 minute games will be scheduled at 5:30 and 6:45 p.m. on a rotating schedule.



#### ARCHERY

**Instructor:** Bob Wait, On-Site Archery  
**Dates:** Thursdays, March 29 - May 3 (no 4/19),  
 5 Weeks  
**Location:** Shawsheen Elementary Gym  
**Cost:** \$105

Taught by a Level 3 USA Archery Coach, this program teaches archery safety, range procedures, steps of shooting, scoring and games. All equipment provided.



Grades 3 - 5	Grades 5 - 8
6:30 - 7:30 p.m.	7:40 - 8:40 p.m.

#### INTRODUCTION TO PHOTOGRAPHY



**Instructor:** Nicole LaRivee Vecchi  
**Ages:** 8 - 12  
**Dates:** Mondays, April 23 - May 21, 5 Weeks  
**Times:** 5 - 6 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$35

Did you ever wonder why some photos stand out from all the rest?  
 Learn photographic techniques that will result in quality photographs.  
 Topics of discussion will include camera settings, exposure,  
 composition, lighting, posing and more.

Equipment needed:

\*\*\* An SLR camera (preferred) or a standard digital camera\*\*\*

#### "A RUNNING START"

**Instructor:** Jill Chisholm  
**Grades:** 6 - 8  
**Dates:** Mondays, April 23 - June 4 (no 5/28),  
 6 Weeks  
**Times:** 2 - 3 p.m.  
**Location:** Middle School Field and Carter Lane Area  
**Cost:** \$100



This new co-ed program, taught by an RRCA Certified Running Coach, will introduce students to the sport of running. The focus of the program will be proper running technique and pacing. Runners will start slowly and increase distances each week.

## YOUTH PROGRAMS

\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\*

### KARATE

**Supervisor:** Academy of Traditional Karate  
**Dates:** April 2 - May 5 (no 4/15 - 4/21), 4 Weeks  
**Location:** 155 West Street  
**Cost:** \$35



Try an introduction to traditional Karate where life skills such as focus, confidence, respect, self-discipline and goal-setting are taught while achieving the physical benefits of self-defense, fitness and stress reduction. Each week students learn new skills and build upon the curriculum from their previous class. T-shirt included.

#### Little Dragons (Ages 3 & 4)

**Tuesdays:** 4 - 4:30 p.m.  
**Thursdays:** 5 - 5:30 p.m.  
**Saturdays:** 11:15 - 11:45 a.m.

#### Karate Kids (Ages 7 - 12)

**Mon. or Wed.:** 4 - 4:45 p.m.  
                     or 5:30 - 6:15 p.m.  
**Tuesdays:** 5 - 5:45 p.m.  
**Tue. or Thu.:** 5:45 - 6:30 p.m.  
**Saturdays:** 9 - 9:45 a.m.  
                     or 10 - 10:45 a.m.

#### Little Samurai (Ages 5 & 6)

**Mon. or Wed.:** 4:30 - 5:15 p.m.  
                     or 5:30 - 6:15 p.m.  
**Tue. or Thu.:** 4 - 4:45 p.m.  
**Saturdays:** 9 - 9:45 a.m.  
                     or 12 - 12:45 p.m.

Choose your class day and time with the flexibility to book make-up classes within the four-week program!

### BEGINNER BALLET LESSONS

**Instructor:** Nicolette McCoy  
**Ages:** Ages 3 & 4  
**Dates:** Fridays, April 6 - May 18 (no 4/20), 6 Weeks  
**Time:** 12 - 12:45 p.m.  
**Location:** Lorraine Spada School of Dance  
                     52 Main Street, Suite #3  
**Cost:** \$52 (Ballet slippers are optional)



A great way to introduce music and movement into your child's life. They will have so much fun twirling, skipping and hopping their way through this beginner ballet program.

### BABYSITTER TRAINING

**Instructor:** Debbie LaFlamme  
**Ages:** 11 & up  
**Date:** Saturday, June 9  
**Time:** 9:15 a.m. - 1:15 p.m.  
**Location:** Wilmington Library Conference Room  
**Cost:** \$45



Learn the necessary skills to begin your babysitting career. Discuss interviewing with parents, infant and toddler care, handling bedtime issues, basic first aid and more. Course manual included.

### GOLF CLINICS

**Instructor:** Barrie Bruce  
**Ages:** 7 - 14  
**Days:** Monday - Friday  
**Time:** 9 - 10:15 a.m.  
**Location:** Billerica Country Club  
**Cost:** \$129



#### Junior Golf (Co-Ed) or Golf for Girls

April 16 - 20	June 25 - 29	July 16 - 20	July 30 - August 3
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Classes are for both beginners and continuing students. Choose the clinic that's right for you! All equipment provided. "All you need is a pair of sneakers and a good attitude!"

### SKATING LESSONS

**Instructors:** Wilmington Figure Skating Club  
**Ages:** 4 & up  
**Dates:** Fridays, March 2 - April 27 (no 4/20)  
                     or May 4 - June 22, 8 Weeks  
**Times:** 4 - 4:50 p.m. or 5:20 - 6:10 p.m.  
**Location:** Ristuccia Memorial Arena  
**Cost:** \$143 per session  
                     \$130 Sibling registered for the same session

*Cost includes one-time annual \$15 USFSC fee (7/1/17 - 6/30/18)*

**Equipment:** Helmet and single blade skates

#### Learn to Skate

Class consists of 25 minutes of instruction and 25 minutes of practice time.

#### Learn to Skate Hockey

No pucks or sticks are used. Children without the necessary skating skills will move into Learn to Skate.



### HOCKEY SKILLS CLINIC

**Instructors:** Wilmington Figure Skating Club  
**Ages:** 4 & up  
**Prerequisite:** Must be able to skate forward, backward & stop  
**Dates:** May 4 - June 22, 8 Weeks  
**Times:** 4 - 4:50 p.m.  
**Location:** Ristuccia Memorial Arena  
**Cost:** \$159  
                     \$145 (Sibling)



*Cost includes one-time annual \$15 USFSC fee (7/1/17 - 6/30/18)*

Fundamentals of Ice Hockey with emphasis on crossovers and edges, focusing on inside and outside edges, power skating and overall speed development. Learn to combine skating skills with stick handling drills. Full gear required including stick, helmet, gloves, shin guards, shoulder and elbow pads.

### FAMILY FUN SKATES

**Dates:** Fridays, February 23, April 20 & June 29  
**Time:** 4 - 6 p.m.  
**Location:** Ristuccia Arena

Head to the rink for some cool fun! Free for students enrolled in the Learn to Skate program.



**TINY TOTS (Ages 4 & 5) & KIDS CLUB (Ages 6, 7 & 8)**

**Session 1:** Mon., June 25 - Fri., July 13 (No 7/4)  
**Session 2:** Mon., July 16 - Thu., August 2  
**Time:** 9 a.m. - 12:00 p.m.  
**Location:** Boutwell School  
**Cost:** \$180 *per session*

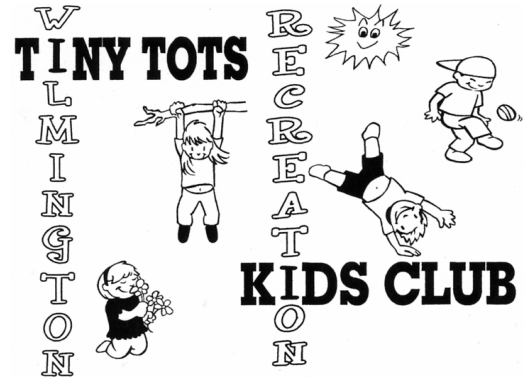
This social/recreational program includes arts and crafts, games, special events, daily themes and a field trip.

**Registration Open House:**

**Wednesday, April 11 5 - 6:30 p.m.**  
**Town Hall Auditorium**

**Registration forms** will be available Tuesday, April 3 in the Recreation Office and on our website. *Beginning* April 12, registration will continue in the Recreation Office and online.

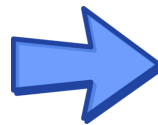
**Beginning April 25**, children can register for an additional session based on availability.



**TINY TOTS/KIDS CLUB VOLUNTEERS**

Students entering grade 9 and above can apply for a volunteer position assisting staff and students.

**Cost:** \$5  
**Applications Available:** May 1  
**Application Deadline:** May 31



**PLAYGROUND PROGRAM**

**Ages:** Entering Grades 2 - 8  
**Dates:** Mon., June 25 - Wed., August 1 (No 7/4)  
**Time:** 8:30 a.m. - 1 p.m.  
**Location:** Shawsheen School  
**Cost:** \$180

This six-week program consists of arts and crafts, games, sports, special events, free play and optional field trips. The program runs on weekdays, and is held rain or shine. Forms will be available at the Recreation Office and on our website beginning Tuesday, April 3.

**Registration Date:**

**Monday, April 9 7:30 a.m.**  
in the Recreation Office.

**Walk-in Registration only.**  
**No overnight or mail payments.**

- This program is for **Wilmington** residents only.
- One adult can register one family **only**.

To facilitate the registration process, please create an online account for your household (including children that will be registered) **prior to** the day of registration. Go to the **Town website** ([www.wilmingtonma.gov](http://www.wilmingtonma.gov)), visit the **Recreation page** and click on the link.

**PLAYGROUND COUNSELOR-IN-TRAINING PROGRAM**

**Ages:** Entering Grade 9 and above  
**Dates:** Mon., June 25 - Wed., August 1 (No 7/4)  
**Time:** 8:30 a.m. - 1 p.m.  
**Location:** Shawsheen School  
**Cost:** \$25

Selected participants will be assisting Playground staff to provide a wide variety of activities for enrolled children. Learn leadership skills and gain valuable experience for future resumes.

**Applications Available:** March 1  
**Application Deadline:** March 30



## Summer Programs 2018

### TOP SECRET SCIENCE & MATH

**Instructor:** Michael Bergen, Mass. Science Center  
**Grades:** Entering Grades 1 - 5  
**Location:** West Intermediate Cafeteria

#### Half Day

June 25 - 29  
 9 a.m. - 12 p.m.  
 \$98



#### Full Day

July 30 - August 3  
 9 a.m. - 3 p.m.  
 \$170

Each day students will explore up to 20 weird and wacky hands-on science experiments, and will take home at least 10 different projects. Students will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Classes are interesting, fun, entertaining...and educational!

### AT HOME ALONE

**Instructor:** Gunther Wellenstein, S.A.F.E.  
**Grades:** Entering Grades 4 - 6  
**Dates:** Thursday, June 21  
                   or Wednesday, August 22  
**Time:** 4 - 6 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$20



How do you handle knocks and rings?  
 Who do you call in an emergency?  
 Prepare your child to stay at home alone.

### GADGETS & CONTRAPTIONS

**Instructor:** Wicked Cool for Kids  
**Grades:** Entering Grades 1 - 5  
**Dates:** Monday - Friday, July 16 - 20  
**Time:** 9 a.m. - 12 p.m.  
**Location:** Wilmington High School  
**Cost:** \$210

Design, build and experiment with classic moving gadgets, and investigate how they work. Tinker with tops and construct zany zip lines. Create cars that move with magnets. Conquer kinetic energy with wind-ups and rubber band powered playthings. Build an awesome motorized doodling robot friend.



### CHEFS IN TRAINING - SUMMER SIZZLE!

**Instructor:** Lori Deliso, Kids Cooking Green  
**Grades:** Entering Grades 3 - 8  
**Dates:** Monday - Friday, June 25 - 29  
**Time:** 9:30 a.m. - 12 p.m.  
**Location:** WHS Consumer Science Room  
**Cost:** \$310



Celebrate summer by learning to cook delicious foods using fresh local ingredients! Menu items to include breaded chicken tenders with a homemade tomato garlic dipping sauce, vegetable sushi, chocolate salted cookies, a red, white and blue tart and more! Try your hand at a team fruit smoothie competition.

Learn cooking techniques including those all-important knife skills. Each class will highlight a different hands-on recipe while you prepare a healthy, hearty main course, dessert and beverage to enjoy at the end of each class. Go home with recipes, a full belly and new knowledge of local ingredients and nutrition facts.

**Includes Optional Field Trip: Sunday, June 24, 10:30 - 11:30 a.m.**

Meet at the Wilmington Farmer's Market where students will be divided into small groups to participate in a "Food Network Style" Challenge! Groups will stick to a budget and make substitutions when required as they shop for ingredients for the week.

### MINECRAFT MANIA

*for New and Returning Students!*

**Instructor:** Wicked Cool for Kids  
**Grades:** Entering Grades 1 - 5  
**Dates:** Monday - Friday, July 9 - 13  
**Time:** 9 a.m. - 3 p.m.  
**Location:** Wilmington High School  
**Cost:** \$290



Minecraft Mania is a blend of virtual learning and companion hands-on activities that explore science and engineering using Minecraft. Students will use an interactive avatar to investigate a game-based educational environment. Explore and build worlds that have been customized for Wicked Cool learning activities. Construct complex Minecraft villages and map out a hands-on model community build with real world materials. Learn the secrets of Minecraft to forge unique tools, discover the awesome power of redstone, and create automated factories to supply your empire. Design light-up circuits and simple machines to take home.

**New projects and adventures for 2018!**



## Summer Programs 2018



### SUMMER BASKETBALL

**Registration deadline is Tuesday, June 5**

Games will be played at the **Shawsheen School Outdoor Courts.**



#### SHOOTING STARS LEAGUE

**Ages:** Entering Grades 3 - 5

**Dates:** Girls: Tuesdays, July 10 - August 14

Boys: Thursdays, July 12 - August 16  
(6 Weeks)

**Time:** 6 - 9 p.m.

**Cost:** \$25

This program will provide instruction and games once a week.  
Teams will play a staggered game schedule.



#### TWILIGHT HOOPS

**Ages:** Entering Grades 6 - 8

**Dates:** Mondays & Wednesdays, July 9 - August 1, 4 weeks

**Time:** 6 - 8 p.m.

**Cost:** \$25 (\$35 w/mesh reversible Recreation jersey)

This co-ed program allows participants to drop in for as much or as little pick-up basketball as they want! Games will be organized by a supervisor and refereed. Pre-registration is required.

Players new to Recreation Basketball must purchase a navy/white reversible jersey.

**F**

### YOUTH SPORTS CLINICS

**\*Registration begins March 1\***

**Classes are held Monday - Friday, rain or shine! In the event of rain, class will be held indoors.**

Forms will be available in the Recreation Office and on our website. Documentation of a physical within the past two years and immunization records must be provided with the registration forms (*except Tiny Hawks*).



#### Skyhawks Tiny Hawks - Ages 3 & 4

**\$52 Woburn Street School**

Mon. - Fri., June 25 - 29 8:30 - 9:15 a.m.

Learn beginning basketball and soccer skills!



#### Skyhawks Mini Hawks - Ages 4 - 6

**\$115 Woburn Street School**

Mon. - Fri., June 25 - 29 9:30 a.m. - 12:30 p.m.

Graduate to T-ball, basketball and soccer!



#### Thundercat Kiddie Cat Jam: Ages 4 - 6

Mon. - Fri., July 30 - August 3 Middle School

8:45 a.m. - 11:45 a.m. **\$140**

The mini version of Sports Jam! Play soccer, t-ball, kickball, basketball, softee hockey and balloon ball. Play "Finding the Nemo", Sponge Bob tag, Thunder relays, Kiddie Cat Olympics & more. Theme days include Red Sox Day and Friday Fun!



#### Thundercat Sports Jam: Ages 7 - 10

Mon. - Fri., July 30 - August 3 Middle School

**Half Day 8:45 a.m. - 11:45 a.m. \$140**

**Full Day 8:45 a.m. - 2:45 p.m. \$170**

The ultimate multi-sport program with core sports of baseball, basketball and soccer. Other sports like flag football, volleyball, ultimate Frisbee, dodgeball, disc golf, team handball and kickball are included - as well as games like "shark attack" and "safari".

### LEARN TO SAIL - Community Boating

**Ages:** 10 - 18

**Dates:** Monday - Friday, August 6 - 10

**Times:** 10:30 a.m. - 3:30 p.m.

**Location:** Charles River, Boston

**Cost:** \$150

**F**



Beginner and Intermediate classes.

The **pre-requisite** for entry into the Intermediate class is completion of two sessions of the Beginner class.

Each day consists of classroom lecture and, of course, sailing! Bus transportation and chaperones are included. New students must pass a swim test prior to the program.

### "ADVENTURE KIDS" KAYAKING CLINICS

**Instructor:** Patrick Barry

**Ages:** 8 - 15

**Location:** Silver Lake (by the Fishing Pier)

**Cost:** \$215



All  
Equipment  
Provided

#### Beginner

**Dates:** Monday - Friday, July 9 - 13

**Times:** 9 a.m. - 12 p.m.

This program combines recreational kayaking skills development with fun games and activities. Participants will learn to overcome challenges individually through paddling, and as a team.

#### Intermediate

**Dates:** Monday - Friday, August 13 - 17

**Times:** 9 a.m. - 12 p.m.

This new program builds on skills learned in the Beginner class, and introduces paddling in rough conditions, dealing with currents and/or winds, right-of-way and more.

Pre-requisite:  
Completion  
of the  
Beginner  
class

## Tennis - Anyone!

### SPRING TENNIS

**Instructors:** Skyhawks Sports Academy  
**Dates:** Thursdays, May 3 - 31, 5 Weeks  
**Location:** Shawsheen School Tennis Courts  
**Cost:** \$60



Grades K - 1	Grades 2 - 4	Adults
4:30 - 5:30 p.m.	5:30 - 6:30 p.m.	6:30 - 7:30 p.m.

The perfect class for both new and continuing students to learn this life-long sport. Bring a racquet if you have one!

### Morning Tennis Clinics

**Instructor:** Skyhawks  
**Location:** Boutwell Courts  
**Cost:** \$60



Tennis anyone? Players will be divided by ability within each age group. Equipment provided if needed.

Monday - Friday	June 25 - 29	July 23 - 27
Rain Location:	West Intermediate School Gym	
<b>Ages 4 - 5</b>	9 - 10 a.m.	
<b>Ages 6 - 8</b>	10 - 11 a.m.	
<b>Ages 9 - 12</b>	11 a.m. - 12 p.m.	

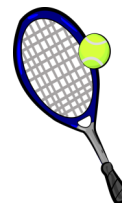
### Evening Tennis Lessons at the High School Courts

**Instructor:** Skyhawks

<b>Wednesdays</b> June 13 - July 18 (no 7/4) 5 Weeks \$60	<b>Mondays</b> July 9 - August 6  5 Weeks \$60
<b>Entering Grades K - 1</b> 5 - 6 p.m.	<b>Entering Grades 4 - 6</b> 5 - 6 p.m.
<b>Entering Grades 2 - 3</b> 6 - 7 p.m.	<b>Entering Grades 7 - 12</b> 6 - 7 p.m.
Learn basic tennis skills with mini-matches to improve your game! Equipment provided if needed.	

### TENNIS ROUND ROBIN - ADULTS

**Instructor:** Kathleen Reynolds  
**Dates:** Tuesdays, May 29 - August 21 (no 7/3), 12 Weeks  
**Times:** 5:30 - 7:30 p.m.  
**Location:** Wilmington High School Tennis Courts  
**Cost:** \$85



This two-hour program is designed to provide opponents for individuals to create match play. Participants will receive instruction to improve their skills. Players must be able to serve and keep score, and should bring their own racquet and a can of new tennis balls.

### ADULT PROGRAMS

(Weekday programs held within a school are cancelled if school is cancelled)

### PICKLEBALL

**Supervisor:** Tom Pazyra  
**Dates:** Tuesdays, April 3 - May 29 (no 4/17), 8 Weeks  
**Location:** Woburn Street School Gym  
**Cost:** \$25

Beginner	Intermediate
6 - 7:15 p.m.	7:15 - 8:45 p.m.



Pickleball is a fun sport that combines elements of tennis, badminton and ping-pong. It is played on a badminton-sized court with a slightly modified tennis net. Each player should bring their own paddle. A composite paddle is recommended.

Non-resident registration begins:  
 Tuesday, March 20

### ADULT GOLF LESSONS

**Instructor:** Barrie Bruce  
**Location:** Billerica Country Club  
**Cost:** \$179

Thursdays	Saturdays	Thursdays
April 12 - May 10	May 26 - June 23	July 12 - August 9
5:30 - 6:30 p.m.	11:30 a.m. - 12:30 p.m.	6 - 7 p.m.

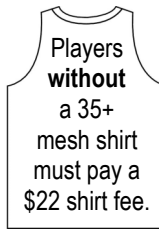


This 5-week class teaches ball striking skills to beginner and intermediate golfers. Golf clubs are provided if needed.

**ADULT PROGRAMS**  
(Weekday programs held within a school are cancelled if school is cancelled)



### 35+ BASKETBALL LEAGUE



**Supervisor:** Peter Otovic  
**Dates:** Wednesdays, March 28 - May 23, (no 4/18), 8 Weeks  
**Time:** 6:30, 7:30 & 8:30 p.m. games  
**Location:** Middle School Gym  
**Cost:** \$55

This league offers those ages 35 and over structured team play with refereed games for fun and fitness.

### ADULT OPEN GYM



**Supervisor:** Chris O'Rourke  
**Dates:** Wednesdays through April 25, (no 2/21 or 4/18)  
**Time:** 8 - 9:30 p.m.  
**Location:** Woburn Street School Gym  
**Cost:** \$5 cash per night

Drop in for informal games of pick-up basketball.  
 Enjoy a workout in the middle of the week.

### WILMINGTON BOCCE LEAGUE



**Instructor:** Jack Cushing  
**Ages:** 14 & up  
**Dates:** Mondays & Tuesdays, April 30 - June 26 (no 5/28 & 5/29), 8 Weeks  
 Your schedule will be one night each week  
**Times:** 6 p.m. and later  
**Location:** Jack Cushing Courts (72 Middlesex Ave.)  
**Cost:** \$15 per person

This new program begins with one week of instruction, followed by seven weeks of league play. Participants can register individually, or in teams of two - four players.

(Wilmington residents only)



### YOGA FOR THE FULL-FIGURED WOMAN

**Instructor:** Jennifer Ryan  
**Location:** The Yoga Loft (3 Lopez Road)  
**Cost:** \$85 per 8-week session



This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself! Please bring a yoga mat to class.

**Mondays**  
4 - 5 p.m.

**Thursdays**  
7:15 - 8:15 p.m.

**March 26 - May 21**  
(no 4/16)

**March 22 - May 17**  
(no 4/19)

### YOGA FOR ATHLETES

**Instructor:** Mike Delorey  
**Days:** Sundays, March 18 - May 13 (no 4/1), 8 Weeks  
**Time:** 11:30 a.m. - 12:45 p.m.  
**Location:** The Yoga Loft (3 Lopez Road)  
**Cost:** \$85



This fun and challenging co-ed class for yoga students of all levels, will leverage traditional yoga poses and pillars of "Balanced Athlete™" to build functional strength, improve mobility and enhance core stabilization, balance and flexibility.



### DANCE CLASSES

**Location:** Lorraine Spada School of Dance  
52 Main Street, Suite #3  
**Cost:** \$52

These six-week courses are perfect for beginners or returning students. Fun, exercise and new skills in each class!

**Dance Sampler**  
**Instructor:** Nicolette McCoy

**Mondays**  
 April 2 - May 14  
 (no 4/16)  
 7:30 - 8:30 p.m.

This class includes jazz, ballet, hip hop and lyrical dance lessons. A chance to see what you like while getting some exercise.



**Beginner/Intermediate Tap**  
**Instructor:** Chrissy Bowman

**Thursdays**  
 April 5 - May 17  
 (no 4/19)  
 7:30 - 8:30 p.m.

Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape! Tap shoes required.



### TAI CHI

**Instructor:** Tim LaVallee  
**Days:** Tuesdays, March 27 - May 22 (no 4/17), 8 Weeks  
**Time:** 7 - 8 p.m.  
**Location:** North Intermediate School Gym  
**Cost:** \$50

Tai Chi is an ancient Chinese martial art that is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner, and accompanied by deep breathing and meditation. This low impact activity can be practiced anywhere for its many health benefits.





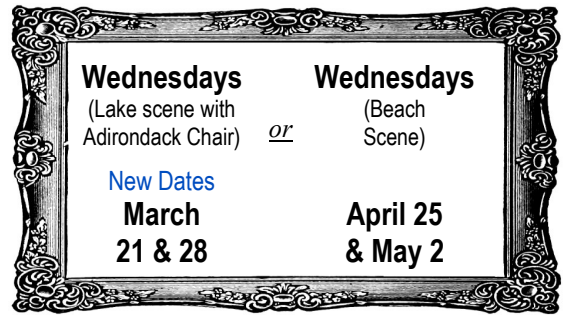
**ADULT PROGRAMS**  
(Weekday programs held within a school are cancelled if school is cancelled)

## PAINT NIGHT!

**Instructor:** Corine Mazza  
**Time:** 6 - 8 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$60 (2 weeks)

Samples on display  
in the Rec. Dept.

Yes you can! Whether you are new to painting in oils or experienced, and want to develop your skills, this is the class for you. Escape your day, relax, and take home a finished painting to display or gift!



### ADMISSION TICKETS

(Available while supplies last)



### Discount Movie Tickets

Maximum purchase per day is 20 tickets. Tickets have no expiration date!

**IMAX Tickets**      **\$11 each**

Redeem at Jordan's Furniture box office (Reading/Natick) for a full-length feature film (including 3D).

**AMC Black**      **\$11 each**

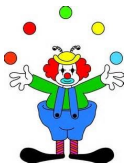
No restrictions!

**Showcase Tickets**      **\$10 each**



### SHRINERS CIRCUS TICKETS

**Friday, April 20    10 a.m. show**  
**Shriners Auditorium**



The Shriners have donated free tickets for **Wilmington** special needs youngsters and their families.  
Call to reserve tickets to this school vacation event.

### Altitude Trampoline Park

Billerica

**One-hour Pass**      **\$12 (Save \$3)**



**\$35**

### Canobie Lake Park

(save \$4)

**Opens May 5**

Good for anyone 48" tall and over; ages three & under are free.  
For best savings, use tickets mid-June - September.  
Valid any day. Parking is free.

### Six Flags New England

(Opens April 7)

**\$40 (Save \$28 per ticket)**

Good for anyone age three & up;  
two and under are free.



### BOSTON RED SOX TICKETS

*Will 2018 be our next championship season?*



**Boston Red Sox**  
vs.  
**Seattle Mariners**



**Fenway Park**  
**Sunday, June 24**  
**1:05 p.m. Game**  
**Bleacher Seats, Section 43**

Tickets sold on a first-come, first-served basis.

Ⓛ

### THEATRE TRIP

This trip includes bus transportation and an orchestra seat. All buses depart 1½ hours prior to stated show time. Theatres restrict patrons to those age five and up.

**Thursday,  
August 2**

**7:30 p.m.  
Opera House**

**\$120**

*Aladdin*

Discover a whole new world at Disney's *Aladdin*, the hit Broadway musical. This thrilling new production is filled with unforgettable beauty, magic, comedy and breathtaking spectacle. It's an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite.

See why audiences and critics agree, *Aladdin* is "exactly what you wished for!"

\$50 deposit per ticket; Balance due: March 1



### TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under Trips.

Please note – no smoking or alcoholic beverages are allowed on buses or motorcoaches.

Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

Ⓛ this trip has a registration **form** Ⓛ this trip can be reserved with a **deposit** Ⓛ optional cancellation **insurance** is available for this trip

### Day Trips



### FOXWOODS

**Tuesdays, March 20 or May 22**

7 a.m. - 6:30 p.m.

Select your motor coach seat upon registration.

Trip includes transportation and casino incentives.

Motor coach will depart from and return to the Town Common Parking Lot.

**BINGO**

14	29	38	52	74
4	18	39	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73



### Bingo Bonanza

Thursday, May 17

**\$62**

Travel to **Wright's Chicken Farm Restaurant** in Harrisville, Rhode Island where people "come for the meal and stay for the Bingo!" Enjoy an all-you-can-eat family-style chicken dinner with salad, pasta, French fries and dessert. Then let the bingo games begin! Prizes are assorted gift cards. B9 fun!



### LET'S HANG ON!

Monday, May 7

Ⓛ \$82

Your day begins in Uncasville, CT where you can test your luck at the **Mohegan Sun Casino**. Use your food credit to dine at the buffet or at another participating restaurant.

This afternoon travel to the Garde Arts Center in New London, CT for today's featured entertainment - a performance of Americas #1 Frankie Valli Tribute Show "Let's Hang On". All the hits, all the moves and all the memories.

If you liked "Jersey Boys" you will love "Lets Hang On".



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 ☐ this trip can be reserved with a **deposit**    
 ☐ optional cancellation **insurance** is available for this trip

## Day Trips

### Taste of Providence

Saturday, April 28

☐ \$90

You guessed it - we are traveling to Providence, RI, named by USA Today as "One of the Top Ten Little Italy's in America".

Taste is the theme of the day as you visit and tour Scialo Brothers Bakery, dine on authentic Italian cuisine at Spirito's Restaurant, and have free time in Venda Ravioli's Italian Food Emporium.

Mangia!

To complete the day we will enjoy a 90 minute guided tour of...Providence!



### CABBAGE ISLAND & BOOTHBAY HARBOR

Sunday, June 24

☐ \$115



Join us for this trip to Boothbay Harbor, Maine for an authentic clambake on Cabbage Island. Your day includes motor coach transportation, a narrated cruise to Cabbage Island, a clambake with two lobsters and all the fixings followed by free time to enjoy the island and Boothbay Harbor before heading home. (Chicken substitution available upon request.)

### Block Island

Thursday, August 9

☐ \$115



Upon arrival in the quaint fishing village of Galilee, Rhode Island, we will board a ferry for the twelve mile (one hour) voyage to this beautiful island just off the coast of Rhode Island.

Upon arrival we depart on a narrated Island Tour which takes us along sandy beaches and up on hilltops with beautiful vistas.

Today's luncheon is at The National Hotel. The National's famous wrap-around porch has been applauded for its magnificent views of the harbor and the Atlantic Ocean.

After lunch there is time to discover Block Island's beauty, browse the shops along the main streets in Old Harbor or head to the beach to relax and enjoy the view.

### New York City

Saturday, May 5



Take a bite out of the Big Apple!  
Board our luxury motor coach at 6:30 a.m. for a fabulous day experiencing the sights and sounds of NYC.  
Arrive home at approximately 1 a.m.

### Mark Shelton presents... Elvis!

Thursday, June 7

☐ \$88

Join us for a trip to the Venus de Milo in Swansea for a plated luncheon and an Elvis tribute show by the one and only **Mark Shelton**. Mark has thrilled Wilmington audiences at the Indian Head Resort and on our own Town Common. Always the consummate performer, when he is on stage, Elvis is "in the house".



### Duck into Fenway

Saturday, August 25



Today begins with a "behind the scenes" tour of "America's Most Beloved Ballpark". Fenway Park is a place "where dreams are made, traditions are celebrated and baseball is forever". Then board the bus and head to the Prudential Center for free time to enjoy lunch, sightseeing or shopping. At last, board your "Duck" for a tour of the Hub, seeing the sights first from our winding roadways, and then from the water as your Duck takes you for a ride on the Charles.

	Adult	Senior/Student	Child
<input type="checkbox"/>	\$75	\$68	\$64



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☐ this trip has a registration **form**    ☐ this trip can be reserved with a **deposit**    ☐ optional cancellation **insurance** is available for this trip

## Overnight Trips



### Escape to the Jersey Cape

Wildwood Crest, Cape May & Atlantic City

Monday, June 4 - Thursday, June 7

☐ ☐ ☐

\$529 p.p.d.o.

Join us for this four day/three night trip to the Crown Jewel of the Jersey Shore. Take time to relax and enjoy the beach, walk the boardwalk, try your luck in Atlantic City, and take in the charm and beauty of the quaint city of Cape May. This trip will include motor coach transportation, hotel accommodations in Wildwood Crest at the Acacia Oceanfront Resort, seven meals, evening entertainment, a guided tour of Cape May, a winery tour and tasting, and an optional evening trip to Atlantic City.



☐ ☐ ☐

### Alaska Mountain Medley Tour

Land Tour: July 22 - 27

Cruise: July 27 - August 3



This once-in-a-lifetime trip begins in Anchorage with an optional six day/five night land tour with travel to Talkeetna, Denali National Park and Alyeska before arriving in Seward to board the Celebrity Millennium for your seven night southbound cruise to Vancouver. This combination provides the majestic beauty of frontier Alaska with the awe-inspiring coastal glaciers.



### Black Hills and Badlands Trip

Wednesday, September 19 - Tuesday, September 25

☐ ☐ ☐

\$2,200 p.p.d.o.

This seven day/six night trip to South Dakota begins and ends with Mt. Rushmore! In between, visit Devil's Tower National Monument, historic Deadwood, the Crazy Horse Memorial, Badlands National Park, Custer State Park, take a Buffalo jeep safari and much more! Included are round trip airfare, airport/hotel transfers, motor coach transportation, hotel accommodations, ten meals (including a chuck wagon dinner), all admissions and tours.

### New York City

Thursday - Saturday, September 6 - 8

☐ ☐ ☐

\$345 p.p.d.o.

Here by popular demand. This three-day/two-night trip includes motor coach transportation and two nights accommodations at **The Roosevelt Hotel** in mid-town Manhattan. This is your opportunity to leisurely explore the city and take in the sights.



### Bar Harbor and Acadia National Park

Thursday - Saturday, October 25 - 27

☐ ☐ ☐

\$410 p.p.d.o.

Discover Maine's safe harbors, hidden coves and coastal treasures. Enjoy four diamond accommodations on beautiful Mt. Desert Island. Explore Acadia National Park and take a narrated two-hour cruise of Frenchman Bay. Add time in Freeport, a traditional Downeast Lobsterbake, mountain vistas and more to fill your days.

This three day/two night trip includes motor coach transportation, two nights at the Bluenose Inn, four meals, a guided tour of Acadia National Park, a narrated cruise of Frenchman Bay and more!