



# Recreation Matters

## Winter 2018



### How to Register:

#### Weekdays:

Monday - Friday, 8:30 a.m. - 4:30 p.m.  
Recreation Office, Town Hall, Room 8

#### Online:

[www.wilmingtonma.gov](http://www.wilmingtonma.gov)  
Click on the link for the Recreation Dept.

#### Mail:

Wilmington Recreation Department  
Town Hall, 121 Glen Road  
Wilmington, MA 01887

#### Night Drop:

In a sealed envelope, place  
payment, with your contact information,  
and program or trip information in the

#### Payment Drop Off

slot in the wall at the left of  
the front door to Town Hall.  
The box is opened once daily at 8:30 a.m.  
The date payment is considered received  
is the date it is removed from the box.

Pre-registration and/or pre-payment are required for all programs except for  
Community Events and Adult Open Gym.

Please mark your calendar. There are no reminder calls.

Weekday programs held in a school are cancelled if school is cancelled.

There is a processing fee for program or trip cancellations.

Non-resident participation is at the discretion of the Recreation Department.

Non-residents pay a surcharge of \$5 for a class or day trip, and \$10 for an  
overnight trip.

Avoid disappointment - sign up early! Programs may have minimum registration  
requirements and risk cancellation if under enrolled.

We welcome suggestions for new programs or trips.

Group sales allow us to offer the best possible prices for show tickets, events and  
trips, and occur well before sales to the general public. To secure the best possible  
prices, seats and accommodations, we must plan in advance - sometimes well  
before an event will actually be held, and before you see it advertised elsewhere.  
If it is in our newsletter - it is time to register!

**Our newsletter is updated in February, May, August & November!**

Stay current with your Recreation Department!  
Subscribe to E-Alerts at: [www.wilmingtonma.gov](http://www.wilmingtonma.gov)



### *Gift Certificate*

Purchase a gift certificate for Recreation Department  
programs in any denomination \$25 and over. A great gift!

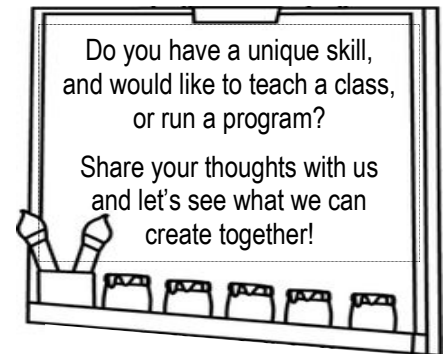


Follow us on  
Facebook!

[www.facebook.com/WilmingtonMARecreation](http://www.facebook.com/WilmingtonMARecreation)

### Symbols

- ☐ Registration **form** is available online
- ☐ This trip/ticket can be reserved with a **deposit**
- ☐ Optional trip **insurance** available



Do you have a unique skill,  
and would like to teach a class,  
or run a program?

Share your thoughts with us  
and let's see what we can  
create together!

We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc.  
If you require an accommodation, call the Recreation Office at (978) 658 - 4270 or call TTY (978) 694 - 1417.

**Town of Wilmington Recreation Department**  
Town Hall, 121 Glen Road, Wilmington, MA 01887  
**Phone:** (978) 658 - 4270 **Web:** [www.wilmingtonma.gov](http://www.wilmingtonma.gov)

## Community Event

### Santa's Workshop

**Date:** Thursday, December 7  
**Time:** 6 - 7:30 p.m.  
**Location:** Town Hall, Room 9  
**Cost:** Free

Santa has reserved some time to visit with Wilmington children. Bring your camera to capture this special moment!



### SOME NEW PROGRAMS!

\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\*

#### BEGINNER VIDEO GAME DEVELOPMENT

**Instructor:** Coding with Kids  
**Grades:** 3 - 5  
**Dates:** Wednesdays, February 28 - April 25, (no 4/18), 8 Weeks  
**Time:** 4 - 5 p.m.  
**Location:** Wilmington High School  
**Cost:** \$175

In this new program, students are introduced to computer programming fundamentals including loops, conditionals and coordinates. Students will use "Scratch" software which was developed by MIT and is simple enough for young minds to understand. At the end of the program, students will have a basic working game that they can share with their family!



#### SNL presents....KNOCKERBALL

**Instructor:** SNL  
**Grades:** 6 - 8  
**Dates:** Tuesday - Friday, February 20 - 23 (vacation!)  
**Time:** 1:30 - 2:30 p.m.  
**Location:** Middle School Gym  
**Cost:** \$60

"Knockerball" is an activity that uses large inflatable bubble suits that surround the player's torso while keeping their legs and feet exposed for mobility. Bubble Soccer, Sumo Ring and Man in the Middle are just a few of the games that players will try.



#### EDISON'S WORKSHOP

**Instructor:** High Touch High Tech  
**Grades:** 2 - 5  
**Dates:** Mondays, March 5 - April 2, 5 Weeks  
**Time:** 4 - 5 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$85



This new program taught by a STEM educator allows students to explore different types of energy, such as magnetism, electricity, light and sound. Learn what's "current" as you make water bend and hair rise. Transfer energy and get all the electrifying facts!



#### INTRODUCTION TO ACTING

**Instructor:** Mike Haddad  
**Grades:** 6 - 9  
**Dates:** Wednesdays, January 10 - 31, 4 Weeks  
**Time:** 6:30 - 7:30 p.m.  
**Location:** North Intermediate Cafeteria  
**Cost:** \$40

Students with little or no acting skills will gain experience preparing and delivering a monologue, reading scenes with a partner, memorizing lines, learn how to make themselves memorable at an audition and more. Two weeks will focus on comedy/improv with two weeks devoted to tragedy/drama.



# Saturday = Fun Day

## KINDER BASKETBALL

**Instructor:** Allison Bleier  
**Ages:** 4 - Kindergarten  
**Dates:** Saturdays, January 6 - 27,  
 4 Weeks  
**Times:** 9 - 9:50 a.m. or 10 - 10:50 a.m.  
or 11 - 11:50 a.m.  
**Location:** West Intermediate School Cafeteria  
**Cost:** \$40



It all starts here! Learn and best of all - have a "ball"!  
 Parents are invited to attend part of the last class  
 for a demonstration of the newly-acquired skills!

## Kids in Motion

**Instructor:** Jennifer Stacey  
**Ages:** 2 - 4  
**Dates:** January 6 - February 10 (no 1/13),  
 5 Weeks  
**Time:** 9 - 10 a.m.  
**Location:** Middle School Cafeteria  
**Cost:** \$55

These classes incorporate rhythm, and movement  
 using a variety of props and music.  
 Consider it a first gym class!



## STEM Fun

**Instructor:** STEM Beginnings  
**Dates:** Saturdays, January 6 - February 10, 6 Weeks  
**Location:** Shawsheen School Cafeteria  
**Cost:** \$100

<u><b>TOTS</b></u>	<u><b>KIDS</b></u>
<b>Ages:</b> 3 - 5	<b>Grades:</b> K - 2
<b>Time:</b> 9:15 - 10:15 a.m.	<b>Time:</b> 10:30 - 11:30 a.m.

STEM Beginnings offers fun-filled programs  
 appropriate for young children focused on  
 building and sustaining interest in the areas of  
 Science, Technology, Engineering and Math.



## Beyond TOPS for Special Needs Children

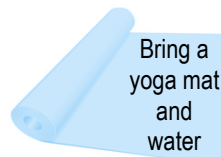
This program for special needs children ages 3 - 18  
 allows participation in group games and basketball.

Children are paired with a volunteer middle or  
 high school student. The program is on  
**Saturdays, December 2 - February 10**  
**(no 12/23 & 12/30), 9 Weeks, 10:30 - 11:30 a.m.,**  
 in the North Intermediate School Cafeteria.

Contact Niki Wilson at [NikiWilson3@gmail.com](mailto:NikiWilson3@gmail.com)  
 for registration and information.

## YOGA-PLAY

**Instructor:** Nicole Walker  
**Dates:** Saturdays, January 6 - February 3,  
 5 Weeks  
**Location:** West Intermediate School Music Room  
**Cost:** \$35



### Junior Yogis

**Ages:** 9 - 12  
**Time:** 9 - 9:45 a.m.  
 Students will learn to center themselves  
 and practice fun yoga poses individually  
 and as a group. Non-competitive and  
 fun, this class helps develop strength,  
 flexibility, concentration and confidence.

### Mini Yogis

**Ages:** 2 - 4 w/caregiver  
**Time:** 10 - 10:45 a.m.  
 In this supportive, active class, your mini  
 yogi will learn yoga inspired poses through  
 music, stories and games all while building  
 confidence, balance and flexibility.

### Little Yogis

**Ages:** 5 - 8  
**Time:** 11 - 11:45 a.m.  
 Children will strengthen their bodies by  
 imitating animals and nature while learning  
 basic yoga poses. This creative playful  
 atmosphere helps to develop flexibility and  
 explore ways to calm the mind.



## YOUTH BASKETBALL

\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\*



### JUNIOR BASKETBALL

*Limited Openings!*

**Grades:** 1 & 2  
**Dates:** Saturdays, January 6 - February 10  
 6 Weeks  
**Location:** Shawsheen School Gym  
**Cost:** \$50 (includes \$10 late fee)

This co-ed instructional league introduces the basics. Teams play a staggered schedule of hourly sessions that include drills and scrimmages.



### HIGH SCHOOL HOOPS

Keep in shape and have fun this winter playing organized pick-up basketball!

#### FRESHMAN/SOPHOMORE HOOPS

**Grades:** 9 & 10  
**Dates:** Mondays, November 27 - February 5  
 (no 12/25, 1/1 & 1/15), 8 Weeks

#### JUNIOR/SENIOR HOOPS

**Grades:** 11 & 12  
**Dates:** Thursdays, November 30 - February 1,  
 (no 12/28), 9 Weeks

**Location:** Middle School Gym  
**Time:** 8 - 9:30 p.m.  
**Cost:** \$25



Participants are **required** to wear a blue/white reversible mesh jersey. If needed, they are available in the Recreation Dept. for \$10.



### WRBL Wilmington Recreation Basketball League

*Limited Openings!*

**Boys:** Grades 3 - 4 and Grades 7 - 8  
**Girls:** Grades 3 - 4  
**Dates:** December 2 - February 10  
 (no 12/23 & 12/30), 9 Weeks  
**Cost:** \$105 includes \$20 late fee

This will mark the 55<sup>th</sup> year for Wilmington Recreation Basketball! There are 9 Saturday games and a one-hour weeknight practice each week, with separate divisions for boys and girls. Games and practices will be held in Wilmington school gyms.

### SNL Basketball Clinic

**Grades:** 4 - 8  
**Dates:** Tuesday - Friday, February 20 - 23  
 (school vacation week!)  
**Time:** 9 a.m. - 1 p.m.  
**Location:** Middle School Gym  
**Cost:** \$100



This co-ed program is brought to you by the same team that runs our awesome Flag Football program! Local High School basketball coaches will help you improve your basketball skills through fun drills and scrimmages. This active Clinic is suitable for all ability levels.



## YOUTH PROGRAMS

\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\*

### KARATE

**Supervisor:** Academy of Traditional Karate  
**Dates:** January 2 - 29, 4 Weeks  
**Location:** 155 West Street  
**Cost:** \$35



Try an introduction to traditional Karate where life skills such as focus, confidence, respect, self-discipline and goal-setting are taught while achieving the physical benefits of self-defense, fitness and stress reduction. Each week students learn new skills and build upon the curriculum from their previous class. T-shirt included.

#### Little Dragons (Ages 3 & 4)

**Tuesdays:** 4 - 4:30 p.m.  
**Thursdays:** 5 - 5:30 p.m.  
**Saturdays:** 11:15 - 11:45 a.m.

#### Karate Kids (Ages 7 - 12)

**Mon. or Wed.:** 4 - 4:45 p.m.  
or 5:30 - 6:15 p.m.  
**Tuesdays:** 5 - 5:45 p.m.  
**Tue. or Thu.:** 5:45 - 6:30 p.m.  
**Saturdays:** 9 - 9:45 a.m.  
or 10 - 10:45 a.m.

#### Little Samurai (Ages 5 & 6)

**Mon. or Wed.:** 4:30 - 5:15 p.m.  
or 5:30 - 6:15 p.m.  
**Tue. or Thu.:** 4 - 4:45 p.m.  
**Saturdays:** 9 - 9:45 a.m.  
or 12 - 12:45 p.m.

Choose your class day and time with the flexibility to book make-up classes within the four-week program!

### “JUST YOU & ME KID!” GYMNASTICS

**Instructor:** GymStreet USA  
**Ages:** Walking - 36 Months  
**Dates:** Tuesdays, January 9 - February 13, 6 Weeks  
**Time:** 11 - 11:50 a.m.  
**Location:** 1 Jewel Drive  
**Cost:** \$98



This program is designed to assist children with gross motor skill development through games, music and age-appropriate gymnastics. Interact with others while learning basic tumbling skills to enhance balance, coordination and flexibility. This shortened session is the perfect “try-it” for you and your little one!

### INTRO TO GYMJA WARRIOR

**Grades:** 2 - 5  
**Dates:** Fridays, March 2 - April 6, 6 Weeks  
**Time:** 6:30 - 7:30 p.m.  
**Location:** Gymja Warrior  
 10 Gill St., Woburn  
**Cost:** \$165



If you are a fan of the TV show “Ninja Warrior”, this new program is for you! Students will move through an obstacle course featuring different types of equipment that challenge athletic and gross motor skills. Test your skills on the balance beam, monkey bars, the popular “Warped Wall” and more.

Parents:  
 Try “**Couch to CrossFit**” while your child is in this class!

### IRONCLAD MARTIAL ARTS

**Supervisor:** John Johnston  
**Dates:** March 1 - 31 *Unlimited visits!*  
**Location:** IronClad Martial Arts Center  
 442 Main Street  
**Cost:** \$38

These non-contact classes are a combination of different martial arts (Muay Thai, Jiu Jitsu, Krav Maga, Karate and Wrestling) intended to improve self-discipline, balance, flexibility, coordination and self-control. Students can have fun while learning basic martial arts skills!

#### Little Warriors (Ages 4 - 7)

**Mon. - Thu.:** 4 - 4:30 p.m.  
**Sat.:** 9:30 - 10 a.m.

#### Karate Kids (Ages 8 - 11)

**Mon. - Thu.:** 4:30 - 5:15 p.m.  
**Sat.:** 10:15 - 11 a.m.



### The Rookies

**Registration Begins:** Thursday, February 1  
**Ages:** Age 5 (by 4/30/2018) - Grade 1  
**Dates:** Monday - Thursday, April 23 - May 31, 6 Weeks  
**Location:** Boutwell Field  
**Cost:** \$30

**Registration Deadline:** Thursday, March 15



This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun! Choose from a **Monday/Wednesday** or **Tuesday/Thursday** Schedule.

**\*\*\*Weekday programs held within a school are cancelled if school is cancelled\*\*\***

## KIDS TEST KITCHEN

**Instructor:** Lori Deliso  
**Location:** WHS Consumer Science Room  
**Cost:** \$38 each class

## Valentine Delight

**Grades: 3 - 6**  
**Date: Tuesday, February 13**  
**Time: 4 - 5:30 p.m.**

Let's shake it up for Valentine's Day and make a Chocolate-Strawberry Waffle Cake with Whipped Cream filling!

“Cooks” will create and eat their cake in class but bring home the recipe for an encore performance!

## Granola Parfait

**Grades:** 1 - 3  
**Date:** Tuesday, March 6  
**Time:** 4 - 5:15 p.m.

Join us as we make our own Honey granola cereal (nut free!) and learn all about the bees that make our local honey! We will practice some knife skills with our special plastic picnic table knives (safe for young cooks). The final product - a yogurt, fruit and granola parfait!

<b>Instructor:</b>	<b>Lisa Bopf</b>
<b>Grades:</b>	<b>1 - 5</b>
<b>Dates:</b>	<b>Wednesdays, February 7 - March 21, (no 2/21), 6 Weeks</b>
<b>Time:</b>	<b>4 - 5 p.m.</b>
<b>Location:</b>	<b>WHS Consumer Science Room</b>
<b>Cost:</b>	<b>\$95</b>

In this program, children will prepare fun snacks, entrées and side dishes with key nutritious ingredients. Each week your chef will take home the recipe and main dish of the week to demonstrate their new skills.



## SKATING LESSONS

<b>Instructors:</b>	<b>Wilmington Figure Skating Club</b>		
<b>Ages:</b>	<b>4 &amp; up</b>		
<b>Dates:</b>	<b>Fridays</b>		
	<b>January 5 - February 16</b>	<b>7 Weeks</b>	<b>\$127</b>
	Sibling registered for the same session		\$115
<u>or</u>	<b>March 2 - April 27</b>	<b>8 Weeks</b>	<b>\$143</b>
	Sibling registered for the same session		\$129
<i>Cost includes one-time annual \$15 USFSC registration fee (7/1/17 - 6/30/18)</i>			

**Times:** 4 - 4:50 p.m. or 5:20 - 6:10 p.m.  
**Location:** Ristuccia Memorial Arena  
**Equipment:** Helmet and single blade skates



## Learn to Skate

Class consists of 25 minutes of instruction and 25 minutes of practice time.

## Learn to Skate Hockey

No pucks or sticks are used. Children without the necessary skating skills will move into Learn to Skate.



## BEGINNER BALLET LESSONS

<b>Instructor:</b>	<b>Nicolette McCoy</b>
<b>Ages:</b>	<b>Ages 3 &amp; 4</b>
<b>Dates:</b>	<b>Fridays, January 26 - March 9, (no 2/23), 6 Weeks</b>
<b>Time:</b>	<b>12 - 12:45 p.m.</b>
<b>Location:</b>	<b>Lorraine Spada School of Dance 52 Main Street, Suite #3</b>
<b>Cost:</b>	<b>\$52 (Ballet slippers are optional)</b>

A great way to introduce music and movement into your child's life. They will have so much fun twirling, skipping and hopping their way through this beginner ballet program.



## VOLLEYBALL CLINIC

<b>Instructor:</b>	<b>Katie Lulsdorf</b>
<b>Dates/Times:</b>	<b>Mondays, February 26 - April 2, 6 Weeks</b>
<b>Location:</b>	<b>North Intermediate School Gym</b>
<b>Cost:</b>	<b>\$40</b>

<u>Grades 3 - 5</u>	<u>Grades 6 - 8</u>
6:30 - 7:20 p.m.	7:30 - 8:20 p.m.

This introductory program will teach the basics of this life-long sport using modified equipment as well as standard volleyballs. Students will develop skills and play mini-games.



## FAMILY FUN SKATES

**Dates:** Fridays December 29  
February 23  
**Time:** 4 - 6 p.m.  
**Location:** Ristuccia Arena

Head to the rink for some cool fun!  
Free for students enrolled in the **Learn to Skate** program.



## More Saturday Fun!

### SPORTS 101



**Instructor:** Allison Bleier  
**Ages:** 4 - Kindergarten  
**Dates:** Saturdays, March 3 - 31, 5 Weeks  
**Times:** 9 - 9:50 a.m. *or* 10 - 10:50 a.m.  
**Location:** West Intermediate School Gym  
**Cost:** \$50

This program blends sports and games for overall fun! Sample such sports as soccer, basketball, kickball, T-Ball, and pillow polo hockey, and throw in some relay races for the most fun ever! When you pick up your child after class each week, ask them what they learned today!



### VIKING SOCCER CLINIC

**Instructors:** Viking Sports  
**Age:** 3 w/caregiver  
**Dates:** Saturdays, March 3 - 31, 5 Weeks  
**Times:** 10 - 10:45 a.m. *or* 11 - 11:45 a.m.  
**Location:** West Intermediate School Cafeteria  
**Cost:** \$60



This introductory program teaches beginning soccer skills using age-appropriate techniques. Just like the big kids, now you can play indoor soccer! The primary goal(!) is to have fun!!!



### POTTERY PLUS!

**Instructor:** Tricia Langeleh, Magic Brush Pottery  
**Dates:** Saturdays, March 3 - 31, 5 Weeks  
**Location:** West Intermediate School Art Room  
**Cost:** \$70

This class offers two weeks of pottery, two fused glass projects and a canvas painting. All pottery pieces will be functional and food-safe. Paints are non-toxic and washable. Ready, set - create!

Grades 3 - 5	Grades K - 2
9 - 10 a.m.	10:15 - 11:15 a.m..



### KIDS IN MOTION

**Instructor:** Jennifer Stacey  
**Ages:** 2 - 4  
**Dates:** March 3 - 31, 5 Weeks  
**Time:** 9 - 10 a.m.  
**Location:** West Intermediate School Cafeteria  
**Cost:** \$55

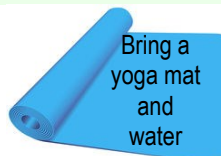


These classes incorporate rhythm and movement using a variety of props and music.

Consider it a first gym class!

### YOGA-PLAY

**Instructor:** Nicole Walker  
**Dates:** Saturdays, March 3 - 31, 5 Weeks  
**Location:** West Intermediate School Music Room  
**Cost:** \$35



#### Junior Yogis

**Ages:** 9 - 12  
**Time:** 9 - 9:45 a.m.  
 Students will learn to center themselves and practice fun yoga poses individually and as a group. Non-competitive and fun, this class helps develop strength, flexibility, concentration and confidence.

#### Mini Yogis

**Ages:** 2 - 4 w/caregiver  
**Time:** 10 - 10:45 a.m.  
 In this supportive, active class, your mini yogi will learn yoga inspired poses through music, stories and games all while building confidence, balance and flexibility.

#### Little Yogis

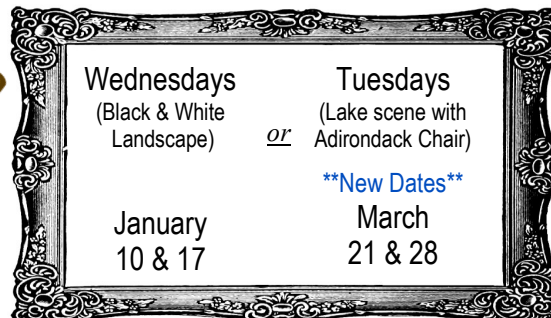
**Ages:** 5 - 8  
**Time:** 11 - 11:45 a.m.  
 Children will strengthen their bodies by imitating animals and nature while learning basic yoga poses. This creative playful atmosphere helps to develop flexibility and explore ways to calm the mind.

**ADULT PROGRAMS**  
(Weekday programs held within a school are cancelled if school is cancelled)

## PAINT NIGHT!

**Instructor:** Corine Mazza  
**Time:** 6 - 8 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$60 (2 weeks)

Yes you can! Whether you are new to painting in oils or experienced, and want to develop your skills, this is the class for you. Escape your day, relax, and take home a finished painting to display or gift! Samples are on display in the Recreation Office.



## UPHOLSTERY WORKSHOP

**Instructor:** Louise Redgate  
**Dates:** Thursdays, March 8 - April 26, 8 Weeks  
**Time:** 6:30 - 9:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$75

Give new life to a piece of your old furniture by learning to reupholster. You'll cover your piece with new fabric, learn to tie springs and re-pad. A supply list will be provided as your project progresses. Be aware - you will have homework! The class motto is "If you can carry it, bring it!"



## SIGN BY DESIGN

**Instructor:** Terry Pino, Beach Day Designs  
**Date:** Monday, February 5  
**Time:** 6 - 8 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$48



Join us as we create a reversible stenciled door hanger to take us from Valentine's Day through St. Patrick's Day. All materials provided.

Wooden it be lovely! 😊



A sample will be on display in the Recreation Dept.

## DANCE CLASSES

**Location:** Lorraine Spada School of Dance  
52 Main Street, Suite #3  
**Cost:** \$52

These six-week courses are perfect for beginners or returning students. Fun, exercise and new skills in each class!

### Dance Sampler

**Instructor:** Nicolette McCoy

**Mondays**  
**January 22 - March 5**  
(no 2/19)  
**7:30 - 8:30 p.m.**

This class includes jazz, ballet, hip hop and lyrical dance classes. A chance to see what you like while getting some exercise.



### Beginner/Intermediate Tap

**Instructor:** Chrissy Bowman

**Thursdays**  
**January 25 - March 8**  
(no 2/22)  
**7:30 - 8:30 p.m.**

Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape! Tap shoes required.



## YOGA FOR THE FULL-FIGURED WOMAN

**Instructor:** Jennifer Ryan  
**Location:** The Yoga Loft  
3 Lopez Rd.  
**Cost:** \$85 per 8-week session



This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself! Please bring a yoga mat to each class.

**Mondays**  
**4 - 5 p.m.**

**January 8 - March 12**  
(no 1/15 & 2/19)

**Thursdays**  
**7:15 - 8:15 p.m.**

**January 11 - March 8**  
(no 2/22)



**ADULT PROGRAMS**  
(Weekday programs held within a school are cancelled if school is cancelled)



### 35+ BASKETBALL



**Supervisor:** Peter Otovic  
**Dates:** Wednesdays, January 3 - February 28, (no 2/21), 8 Weeks  
**Time:** 6:30, 7:30 & 8:30 p.m. games  
**Location:** North Intermediate School Gym  
**Cost:** \$55

This league offers those ages 35 and over structured team play with refereed games for fun and fitness. Players without a 35+ mesh shirt must pay a \$22 shirt fee.

### ADULT OPEN GYM

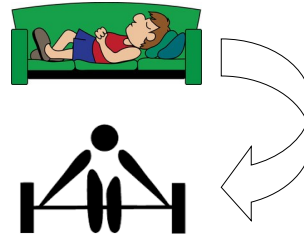


**Supervisor:** Chris O'Rourke  
**Dates:** Wednesdays, December 6 - April 25, (no 12/27, 2/21 or 4/18), 18 Weeks  
**Time:** 8 - 9:30 p.m.  
**Location:** Woburn Street School Gym  
**Cost:** \$5 cash per night

Drop in for informal games of pick-up basketball. Enjoy a workout in the middle of the week.

### COUCH TO CROSSFIT

**Instructor:** Gymja Warrior  
**Dates:** Fridays, March 2 - April 6, 6 Weeks  
**Time:** 6:30 - 7:30 p.m.  
**Location:** Gymja Warrior  
 10 Gill Street, Woburn  
**Cost:** \$135



CrossFit is a high intensity fitness program incorporating elements from several sports and types of exercise. Workouts include elements of gymnastics, weightlifting, running, rowing and more.

Learn adaptive techniques to bring your workout home to continue your journey off the couch!

(Note to Parents: "Intro to Gymja Warrior" for Grades 2 - 5 will be held at the same place and time!)

### PICKLEBALL

**Supervisor:** Kathleen Shure  
**Dates:** Tuesdays, January 9 - March 6 (no 2/20), 8 Weeks  
**Location:** Woburn Street School Gym  
**Cost:** \$25

Pickleball is a fun sport that combines elements of tennis, badminton and ping-pong. It is played on a badminton-sized court with a slightly modified tennis net. Each player should bring their own paddle.

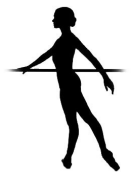
Beginners	Intermediate
6 - 7:15 p.m.	7:15 - 8:45 p.m.

Non-resident registration begins:  
 Wednesday, December 13



### POWER-UP FITNESS

**Location:** IronClad Martial Arts Center  
 442 Main Street  
**Dates:** January 2 - 31  
**Cost:** \$55



Sample some new exercise classes in the New Year:

Cardio Kick  
 Power-Up Muscle/Kick  
 Kickboxing  
 Barre FIT  
 Total Barre

Participants can attend unlimited classes within the class schedule for the month. Cost includes a pair of boxing gloves!



Call or stop by the Recreation Dept. for the complete class schedule.



## ADMISSION TICKETS

(Available while supplies last)



### Discount Movie Tickets

Maximum purchase per day is 20 tickets. Tickets have no expiration date!

#### IMAX Tickets \$11 each

Redeem at Jordan's Furniture box office (Reading/Natick) for a full-length feature film (including 3D).

#### AMC Black \$11 each

No restrictions!

#### Showcase Tickets \$9 each



### Altitude Trampoline Park

Billerica

#### One-hour Pass

**\$12** (Save \$3)



TD Garden



February 2018

Hosted by Minnie and Mickey, join five Disney heroines as they shape their own destiny! In her Disney on Ice debut, see how far **Moana** will go in a quest to save her island. Frozen's **Anna** sets off on a perilous journey to mend her bond with **Elsa** and stop an eternal winter, while Rapunzel breaks out of her tower to realize her dream. See **Belle** befriend the enchanted castle staff to look beyond the Beast's rough exterior and **Cinderella** make the wish in her heart come true - with a little help from her friends!



Check our website under  
Theatre and Events  
beginning November 29 for  
the date, time and ticket price.



### THEATRE TRIPS

This trip includes bus transportation and an orchestra seat. All buses depart 1½ hours prior to stated show time. Theatres restrict patrons to those age five and up.



Thursday, February 22  
7:30 p.m.  
\$80 Opera House

Inspired by the beloved film with music and lyrics by Sara Bareilles, this is the story of Jenna, a waitress and expert pie maker, who dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county may offer her a chance at a fresh start. While her fellow waitresses offer their recipes for happiness, Jenna must summon the courage to rebuild her own life.

"WAITRESS is a little slice of heaven!"

\$50 deposit per ticket; balance due when picking up your ticket.



Thursday, August 2  
7:30 p.m.  
\$120 Opera House

Discover a whole new world at Disney's *Aladdin*, the hit Broadway musical.

This thrilling new production is filled with unforgettable beauty, magic, comedy and breathtaking spectacle. It's an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite.

See why audiences and critics agree, *Aladdin* is "exactly what you wished for!"

\$50 deposit per ticket; Balance due: March 1



## TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under Trips.

Please note – no smoking or alcoholic beverages are allowed on buses or motorcoaches.

Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

☐ this trip has a registration **form**

☐ this trip can be reserved with a **deposit**

☐ optional cancellation **insurance** is available for this trip

## Day Trips



### FOXWOODS

**Tuesdays, March 20 or May 22**

7 a.m. - 6:30 p.m.

Select your motor coach seat upon registration.

Trip includes transportation and casino incentives.

Motor coach will depart from and return to the Town Common Parking Lot.

**BINGO**

14	29	38	52	74
4	18	39	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73



### LET'S HANG ON!

**Monday, May 7**

☐ \$82



Your day begins in Uncasville, CT where you can test your luck at the Mohegan Sun Casino.

Use your food credit to dine at the buffet or at another participating restaurant.

This afternoon travel to the Garde Arts Center in New London, CT for today's featured entertainment - a performance of Americas #1 Frankie Valli Tribute Show "Let's Hang On". All the hits, all the moves and all the memories.



If you liked "Jersey Boys" you will love "Lets Hang On".

### Taste of Providence

**Saturday, April 28**

☐ \$90

You guessed it - we are traveling to Providence, RI, named by USA Today as "One of the Top Ten Little Italy's in America".

Taste is the theme of the day as you visit and tour Scialo Brothers Bakery, dine on authentic Italian cuisine at Spirito's Restaurant, and have free time in Venda Ravioli's Italian Food Emporium. Mangia!

To complete the day we will enjoy a 90 minute guided tour of...Providence!

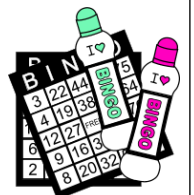


### Bingo Bonanza

**Thursday, May 17**

**\$62**

Travel to **Wright's Chicken Farm Restaurant** in Harrisville, Rhode Island where people "come for the meal and stay for the Bingo!" Enjoy an all-you-can-eat family-style chicken dinner with salad, pasta, French fries and dessert. Then let the bingo games begin! Prizes are assorted gift cards. B9 fun!



### New York City

**Saturday, May 5**



Take a bite out of the Big Apple!

Board our luxury motor coach at 6:30 a.m. for a fabulous day experiencing the sights and sounds of NYC.

Arrive home at approximately 1 a.m.



### Mark Shelton presents... Elvis!

**Thursday, June 7**

☐ \$88

Join us for a trip to the Venus de Milo in Swansea for a plated luncheon and an Elvis tribute show by the one and only **Mark Shelton**. Mark has thrilled Wilmington audiences at the Indian Head Resort and on our own Town Common. Always the consummate performer, when he is on stage, Elvis is "in the house".



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## Overnight Trips

### ST. PATRICK'S CELEBRATION at the INDIAN HEAD RESORT

Saturday - Sunday, March 10 & 11

☐ ☐

\$190 p.p.d.o.

Let us whisk you away to Lincoln, NH for a St. Patrick's Day celebration!

This overnight trip includes motor coach transportation, one night's accommodations, three meals, entertainment and a trip leader.

The trip home will include a visit to the Wright Museum of World War II History in Wolfeboro, NH. This museum, dedicated to recognizing and honoring the contributions and enduring legacy of WWII era Americans, features exhibits, photos and artifacts that educate visitors about this period of American history.



### Escape to the Jersey Cape

Wildwood Crest, Cape May & Atlantic City

Monday, June 4 - Thursday, June 7

☐ ☐ ☐

\$529 p.p.d.o.

Join us for this four day/three night trip to the Crown Jewel of the Jersey Shore.

Take time to relax and enjoy the beach, walk the boardwalk, try your luck in

Atlantic City, and take in the charm and beauty of the quaint city of Cape May.

This trip will include motor coach transportation, hotel accommodations in Wildwood Crest at the oceanfront El Coronado Hotel, seven meals, evening entertainment, a guided tour of Cape May, a winery tour and tasting, and an optional evening trip to Atlantic City.



☐ ☐ ☐

### Alaska Mountain Medley Tour

Land Tour: July 22 - 27

Cruise: July 27 - August 3

This once-in-a-lifetime trip begins in Anchorage with an optional six day/five night land tour with travel to Talkeetna, Denali National Park and Alyeska before arriving in Seward to board the Celebrity Millennium for your seven night southbound cruise to Vancouver. This combination provides the majestic beauty of frontier Alaska with the awe-inspiring coastal glaciers.



### Black Hills and Badlands Trip

Wednesday, September 19 - Tuesday, September 25

☐ ☐ ☐

\$2,200 p.p.d.o.

This seven day/six night trip to South Dakota begins and ends with Mt. Rushmore!

In between, visit Devil's Tower National Monument, historic Deadwood, the Crazy Horse Memorial, Badlands National Park, Custer State Park, take a

Buffalo jeep safari and much more! Included are round trip airfare, airport/hotel transfers, motor coach transportation, hotel accommodations, ten meals (including a chuck wagon dinner), all admissions and tours.

A detailed trip flyer is available in our office and on our webpage.