



Recreation Matters

SPRING 2019

To Register:

In Person or by Phone:

Monday - Friday, 8:30 a.m. - 4:30 p.m.
Recreation Office, Town Hall, Room 8
(978) 658 - 4270

Online:

www.wilmingtonma.gov
Click on the link for the Recreation Dept.

Mail:

Wilmington Recreation Department
Town Hall, 121 Glen Road
Wilmington, MA 01887

Night Drop:

In a sealed envelope, place
payment, with your contact information,
and program or trip information in the

Payment Drop Off

slot in the wall at the left of
the front door to Town Hall.

Pre-registration and/or pre-payment are required for all programs except for
Community Events and Adult Open Gym.

Please mark your calendar. There are no reminder calls.

Weekday programs held in a school are cancelled if school is cancelled.

There is a processing fee for program or trip cancellations.

Non-resident participation is at the discretion of the Recreation Department.

Non-residents pay a surcharge of \$5 for a class or day trip, and \$10 for an
overnight trip.

Avoid disappointment - sign up early! Programs may have minimum registration
requirements and risk cancellation if under-enrolled.

We welcome suggestions for new programs or trips.

Group sales allow us to offer the best possible prices for show tickets, events and
trips, and occur well before sales to the general public. To secure the best possible
prices, seats and accommodations, we must plan in advance - well before
an event will actually be held, and before you see it advertised elsewhere.

If it is in our newsletter - it is time to register!

Our newsletter is updated in February, May, August & November!

Stay current with your Recreation Department!

Subscribe to E-Alerts at: www.wilmingtonma.gov

Volunteers:

Students looking for volunteer opportunities must contact the
Recreation Department in advance of each event or program.
Please note that some programs may have application deadlines
and limited openings. Call or stop by for more information.

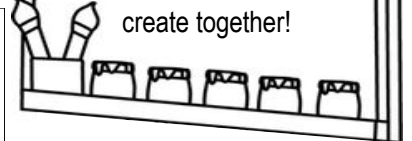


Follow us on
Facebook!

www.facebook.com/WilmingtonMARecreation

Do you have a unique skill,
and would like to teach a
class, or run a program?

Share your thoughts with us
and let's see what we can
create together!



Symbols

- ☐ Registration **form** is available online
- ☐ This trip/ticket can be reserved with a **deposit**
- ☐ Optional trip **insurance** available

Gift Certificate

Purchase a gift certificate for Recreation
Department programs in any denomination
\$25 and over. A great gift!

We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc.
If you require an accommodation, call the Recreation Office at (978) 658 - 4270 or call TTY (978) 694 - 1417.

Town of Wilmington Recreation Department

Town Hall, 121 Glen Road, Wilmington, MA 01887

Phone: (978) 658 - 4270

Web: www.wilmingtonma.gov/Recreation

Community Event

The Annual
Easter Egg Scramble
for children age 6 and under will be held on the
Wilmington Town Common
Saturday, April 20 2 p.m. sharp!
time change

(If you are late, you will miss the fun!)

Location for rain or poor ground conditions: **Wilmington High School.**



Help Wanted: Summer 2019 Lifeguards

The Recreation Department is accepting applications for Lifeguard positions for the summer of 2019. Enjoy working outdoors at Town Beach at Silver Lake. All lifeguards must be 16 years of age or older, and certified.



YOUTH PROGRAMS

SHRINERS CIRCUS TICKETS

Friday, April 19 10 a.m. show
Shriners Auditorium



The Shriners have donated free tickets for **Wilmington** special needs youngsters and their families. Call to reserve tickets to this school vacation event.

The Rookies

Ages: Age 5 (by 4/30/2019) - Grade 1
Dates: Monday - Thursday, April 22 - May 30, 6 Weeks
Location: Boutwell School Field
Cost: \$30

This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun! Choose from a **Monday practice/Wednesday game** or **Tuesday practice/Thursday game** schedule.

Practices: 45 minute practices are assigned, and will be at 5:15, 6:00 or 6:45 p.m.

Games: 60 minute games will be played at 5:30 and 6:45 p.m. on a rotating schedule.

Registration Deadline: Thursday, March 14

Volunteer Coaches Needed!

You can register to coach your child's team at the same time you register your child!



ARCHERY

Instructor: Bob Wait, On-Site Archery
Dates: Mondays, March 25 - April 29 (no 4/15)
5 Weeks
Location: Shawsheen Elementary Gym
Cost: \$105

Taught by a Level 3 USA Archery Coach, this program teaches archery safety, range procedures, steps of shooting, scoring and games. All equipment provided.

Grades 3 - 5	Grades 5 - 8
6:30 - 7:30 p.m.	7:45 - 8:45 p.m.



"A RUNNING START"

Instructor: Jill Chisholm
Grades: 6 - 8
Dates: Mondays, April 22 - June 3 (no 5/27),
6 Weeks
Times: 2 - 2:45 p.m.
Location: Middle School Field and Carter Lane Area
Cost: \$90

This co-ed program, taught by an RRCA Certified Running Coach, will introduce students to the sport of running. The focus of the program will be proper running technique and pacing. Runners will start slowly and increase distances each week.



SPRING TENNIS

Instructors: Kathleen Black Reynolds
Dates: Thursdays, May 2 - 30, 5 Weeks
Location: Shawsheen Elementary School Courts
Cost: \$40




Grades K - 1 4:30 - 5:30 p.m.	Grades 2 - 4 5:30 - 6:30 p.m.	Grades 5 - 6 6:30 - 7:30 p.m.
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The perfect class for both new and continuing students to learn this life-long sport. Bring a racquet if you have one!

YOUTH PROGRAMS	
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BEGINNER BALLET LESSONS

Instructor: Nicolette McCoy
Ages: 3 & 4
Dates: Fridays, April 5 - May 17 (no 4/19),
6 Weeks
Time: 1 - 1:45 p.m.
Location: Lorraine Spada School of Dance
52 Main Street, Suite #3
Cost: \$52 (Ballet slippers are optional)



A great way to introduce music and movement into your child's life. They will have fun twirling, skipping and hopping their way through this program!



BABYSITTER TRAINING

Instructor: Debbie LaFlamme


Ages: 11 & up

Date: Saturday, June 8

Time: 9:15 a.m. - 1:15 p.m.

Location: Wilmington Library Conference Room

Cost: \$45 (Includes course manual)



Learn the necessary skills to begin your babysitting career. Discuss interviewing with parents, infant and toddler care, handling bedtime issues, basic first aid and more.



INTRODUCTION TO PHOTOGRAPHY

Instructor: Nicole LaRivee Vecchi

Ages: 8 - 12

Dates: Mondays, April 22 - May 20, 5 Weeks


Times: 5 - 6 p.m.

Location: Town Hall Auditorium

Cost: \$35

Adult Class:
6 - 7 p.m.

Did you ever wonder why some photos stand out from all the rest?
Learn photographic techniques that will result in quality photographs.
Topics of discussion will include camera settings, exposure,
composition, lighting, posing and more. **Equipment needed:**
*** An SLR camera (preferred) or a standard digital camera***



Junior Golf or Golf for Girls

Instructor: Barrie Bruce
Ages: 6 - 14
Days: Monday - Friday, April 15 - 19
Time: 9 - 10:15 a.m.
Location: Billerica Country Club
Cost: \$129



Classes are for both beginners and continuing students. All equipment provided.

"All you need is a pair of sneakers and a good attitude!"

KARATE



Supervisor: Academy of Traditional Karate
Dates: April 8 - May 4, 4 Weeks
Location: 155 West Street
Cost: \$35

Try an introduction to traditional Karate where life skills such as focus, confidence, respect, self-discipline and goal-setting are taught while achieving the physical benefits of self-defense, fitness and stress reduction. Each week students learn new skills and build upon the curriculum from their previous class. T-shirt included.

Little Dragons (Ages 3 & 4)

Tuesdays: 4 - 4:30 p.m.
Thursdays: 5 - 5:30 p.m.
Saturdays: 11:15 - 11:45 a.m.

Karate Kids (Ages 7 - 12)

Mon. or Wed.: 4 - 4:45 p.m.
or 5:30 - 6:15 p.m.
Tuesdays: 5 - 5:45 p.m.
Tue. or Thu.: 5:45 - 6:30 p.m.
Saturdays: 9 - 9:45 a.m.
or 10 - 10:45 a.m.

Little Samurai (Ages 5 & 6)

Mon. or Wed.: 4:30 - 5:15 p.m.
or 5:30 - 6:15 p.m.
Tue. or Thu.: 4 - 4:45 p.m.
Saturdays: 9 - 9:45 a.m.
or 12 - 12:45 p.m.

Choose your day and time with the flexibility to book make-up classes within the four-week program!



SKATING LESSONS

Instructors: Wilmington Figure Skating Club

Ages: 4 & up

Dates: Fridays, March 1 - April 26 (no 4/19)
or May 3 - June 21, 8 Weeks

Times: 4 - 4:50 p.m. or 5:20 - 6:10 p.m.



Location: Ristuccia Memorial Arena

Cost: \$153 per session
\$140 Sibling registered for the same session

Cost includes one-time annual \$17 USFSC fee (7/1/18 - 6/30/19)

Equipment needed: Helmet and single blade skates

Learn to Skate	Learn to Skate Hockey
Class consists of 25 minutes of instruction and 25 minutes of practice time.	No pucks or sticks are used. Children without the necessary skating skills will move into Learn to Skate.



Class consists of 25 minutes of instruction and 25 minutes of practice time.

No pucks or sticks are used. Children without the necessary skating skills will move into Learn to Skate.



HOCKEY SKILLS CLINIC	
Instructors:	Wilmington Figure Skating Club
Ages:	4 & up
<i>Prerequisite:</i>	<i>Must be able to skate forward, backward & stop</i>
Dates:	May 3 - June 21, 8 Weeks
Times:	4 - 4:50 p.m.
Location:	Ristuccia Memorial Arena
Cost:	\$169
	\$154 (Sibling)
<i>Cost includes one-time annual \$17 USFSC fee (7/1/18 - 6/30/19)</i>	
<p>Fundamentals of Ice Hockey with emphasis on crossovers and edges, focusing on inside and outside edges, power skating and overall speed development. Learn to combine skating skills with stick handling drills. Full gear required including stick, helmet, gloves, shin guards, shoulder and elbow pads.</p>	



Dates: Fridays, February 22, April 19 & June 28
Time: 4 - 6 p.m.
Location: Ristuccia Arena



F TINY TOTS (Ages 4 & 5) & KIDS CLUB (Ages 6, 7 & 8)

Session 1: Monday, June 24 - Friday, July 12 (No 7/4)
 Session 2: Monday, July 15 - Thursday, August 1
 Time: 9 a.m. - 12:00 p.m.
 Location: Boutwell School
 Cost: \$180 per session

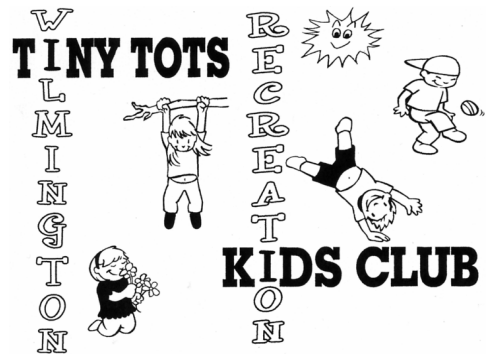
This social/recreational program includes arts and crafts, games, special events, daily themes and a field trip.

Registration Open House:

Wednesday, April 10 5 - 6:30 p.m.
 Town Hall Auditorium

Registration forms will be available Tuesday, April 2 in the Recreation Office and on our website. Beginning April 11, registration will continue in the Recreation Office and online.

Beginning April 24, children can register for an additional session based on availability.



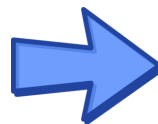
F TINY TOTS/KIDS CLUB VOLUNTEERS

\$5

Students entering grade 9 and above can apply for a volunteer position assisting staff and students.

New this year:

Applications will be accepted in the Recreation Office on a first-come first-served basis for a limited number of positions beginning **May 1**. Applications will not be accepted after May 31.



F PLAYGROUND PROGRAM

Ages: Entering Grades 2 - 8
 Dates: Monday, June 24 - Wednesday, July 31 (No 7/4)
 Time: 8:30 a.m. - 1 p.m.
 Location: Shawsheen School
 Cost: \$200

This six-week program consists of arts and crafts, games, sports, special events, free play and optional field trips. The program runs on weekdays, and is held rain or shine. Forms will be available at the Recreation Office and on our website beginning Tuesday, April 2.

Registration Date:

Monday, April 8 7:30 a.m.
 in the Recreation Office.

Walk-in Registration only.
No overnight or mail payments.

- This program is for **Wilmington** residents only.
- One adult can register one family **only**.

To facilitate the registration process, please create an online account for your household (including children that will be registered) **prior to** the day of registration. Go to the **Town website** (www.wilmingtonma.gov), visit the **Recreation page** and click on the link or call the Recreation office (978 658 - 4270).

F PLAYGROUND COUNSELOR-IN-TRAINING PROGRAM

Ages: Entering Grade 9 and above
 Dates: Monday, June 24 - Wednesday, July 31 (No 7/4)
 Time: 8:30 a.m. - 1 p.m.
 Location: Shawsheen School
 Cost: \$25

Selected participants will be assisting Playground staff to provide a wide variety of activities for enrolled children. Learn leadership skills and gain valuable experience for future resumes.

Applications Available: March 1

Application Deadline: March 29

Summer Programs 2019

TOP SECRET SCIENCE & MATH

Instructor: Michael Bergen, Mass. Science Center
Grades: Entering Grades 1 - 5
Location: West Intermediate Cafeteria

Half Day

June 24 - 28
9 a.m. - 12 p.m.
\$110



Full Day

July 29 - August 2
9 a.m. - 3 p.m.
\$180

Each day students will explore up to 20 weird and wacky hands-on science experiments, and will take home at least 10 different projects. Students will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Classes are interesting, fun, entertaining...and educational!

GET INTO CODE MODE!



Instructor: Circuit Lab
Ages: 9 - 13
Dates: Monday - Friday, August 5 - 9
Location: Wilmington High School
Cost: \$165 each session

Hands-On Electronics **8:15 - 11:15 a.m.**

Tinker with electronics while learning the basics of computer programming. Students use the latest tools, such as Raspberry Pi, to experiment with LED's, resistors, motors, and programming. Each day students will design a hands-on project!

Scratch Programming **12 - 3 p.m.**

Let's write some code! We will use Scratch programming language to build interactive animations, games and more! Projects will help develop logical thinking skills and an understanding of how computers work.

Students participating in both programs will be supervised during lunch break.

LEGO ROBOTICS

Instructor: Wicked Cool for Kids
Grades: Entering grades 2 - 5
Dates: Monday - Friday, July 8 - 12
Time: 9 a.m. - 3 p.m.
Location: Wilmington High School
Cost: \$315



Learn to program free roaming LEGO robots and make science come to life! Use an iPad with LEGO's new software to program Milo the science rover and other untethered robots.

Create a shake table to test house designs for their ability to withstand an earthquake, or create a bot to sort and recycle items.

Design your own specialized bots that use sensors to explore space or create a safe wildlife crossing!

CHEFS IN TRAINING - SUMMER SIZZLE!

Instructor: Lori Deliso, Kids Cooking Green
Grades: Entering Grades 3 - 8
Dates: Monday - Friday, June 24 - 28
Time: 9:30 a.m. - 12 p.m.
Location: WHS Consumer Science Room
Cost: \$310



Celebrate summer by learning to cook delicious foods using fresh local ingredients! Menu items to include Baked Alaska (ice cream rolled in a thin cake layer then covered in meringue and baked), Chinese Dumplings with gingered pork filling served with Asian Cucumbers, and Cheese Ravioli with a summer pesto sauce.

Learn cooking techniques including those all-important knife skills. Each class will highlight a different hands-on recipe while you prepare a healthy, hearty main course, dessert and beverage to enjoy at the end of each class. Go home with recipes, a full belly and new knowledge of local ingredients and nutrition facts.

Includes Optional Field Trip: Sunday, June 23, 10:30 - 11:30 a.m.

Meet at the Wilmington Farmer's Market where students will be divided into small groups to participate in a "Food Network Style" Challenge! Groups will stick to a budget and make substitutions when required as they shop for ingredients for the week.

OFF ROADING IN WILMINGTON



Instructor: Joe Tammaro
Ages: 10 - 15
Dates: Monday - Friday, August 19 - 23
Time: 9 a.m. - 12 p.m.
Cost: \$215

Location	
Monday & Tuesday	Wednesday - Friday
Sawmill Conservation Area 34R Mill Road	Wilmington Town Forest 430 Andover Street

Learn mountain biking, safety, maintenance and other outdoor skills while being introduced to some of the natural resources that Wilmington has to offer. Bikers will be guided for two days through trails in the Sawmill Conservation Area and three days exploring the Wilmington Town Forest.

Bikes will be available; participants must provide their own helmet.

Summer Programs 2019



SUMMER BASKETBALL

Registration deadline is Tuesday, June 4

Games will be played at the Shawsheen School Outdoor Courts.



SHOOTING STARS LEAGUE

Ages: Entering Grades 3 - 5

Dates: Girls: Tuesdays, July 9 - August 13
Boys: Thursdays, July 11 - August 15
(6 Weeks)

Time: 6 - 9 p.m.

Cost: \$30

This program will provide instruction and games once a week. Teams will play a staggered game schedule.



TWILIGHT HOOPS

Ages: Entering Grades 6 - 8

Dates: Mondays & Wednesdays, July 8 - 31, 4 weeks

Time: 6 - 8 p.m.

Cost: \$30 (\$40 w/mesh reversible Recreation jersey)

This co-ed program allows participants to drop in for as much or as little pick-up basketball as they want! Games will be organized by a supervisor and refereed. Pre-registration is required. Players new to Recreation Basketball must purchase a navy/white reversible jersey.



SNL SUPER SPORTS

Monday - Friday, June 24 - 28

Woburn Street School

In the event of rain, class will be held indoors.

Documentation of a physical within the past two years, and immunization records, are required



Super Sports Jr. (Ages 3 - 4)

8:30 - 9:15 a.m.

This new program is an introduction to sports for our youngest athletes. They will learn soccer and tee ball as well as playing fun games!

\$45



Super Sports (Ages 4 - 7)

9:30 a.m. - 12:30 p.m.

Children can sample a wide variety of sports including wiffle ball, soccer, flag football and ultimate Frisbee. The emphasis will be on fun - while children are building skills and creating new athletic interests!

\$140



THUNDERCAT SPORTS

Monday - Friday, July 29 - August 2

Middle School

In the event of rain, class will be held indoors.

Registration forms are required for this program.

Documentation of a physical within the past two years, and immunization records, must be provided with the registration form. The registration form is available in the Recreation Office and on our website.



Kiddie Cat Jam: Ages 4 - 6

8:45 a.m. - 11:45 a.m. \$145

The mini version of Sports Jam! Play soccer, t-ball, kickball, basketball, softee hockey and balloon ball. Play "Finding the Nemo", Sponge Bob tag, Thunder relays, Kiddie Cat Olympics & more. Theme days include Red Sox Day and Friday Fun!



Sports Jam: Ages 7 - 10

Half Day	8:45 a.m. - 11:45 a.m.	\$145
Full Day	8:45 a.m. - 2:45 p.m.	\$175

The ultimate multi-sport program with core sports of baseball, basketball and soccer. Other sports like flag football, volleyball, ultimate Frisbee, dodgeball, disc golf, team handball and kickball are included - as well as games like "shark attack" and "safari".

"ADVENTURE KIDS" KAYAKING CLINICS

Instructor: Joe Tammaro
Ages: 8 - 15



Location: Silver Lake (by the Fishing Pier)
Cost: \$215 (all equipment provided)

Beginner

Dates: Monday - Friday, July 8 - 12
Times: 9 a.m. - 12 p.m.

This program combines recreational kayaking skills development with fun games and activities. Participants will learn to overcome challenges individually through paddling, and as a team.

Intermediate

Dates: Monday - Friday, August 12 - 16
Times: 9 a.m. - 12 p.m.

This new program builds on skills learned in the Beginner class, and introduces paddling in rough conditions, dealing with currents and/or winds, right-of-way and more.

Pre-requisite:
Completion of Beginner class

Outdoor Fun

LEARN TO SAIL - Community Boating

Ages: 10 - 18
Dates: Monday - Friday, August 5 - 9
Times: 10:30 a.m. - 4 p.m.
Location: Charles River, Boston
Cost: \$150

F



Beginner and Intermediate classes.

The **pre-requisite** for entry into the Intermediate class is completion of two sessions of the Beginner class.

Each day consists of classroom lecture and, of course, sailing! Bus transportation and chaperones are included. New students must pass a swim test prior to the program.

Golf Fore All!

GOLF CLINICS

Instructor: Barrie Bruce
Ages: 6 - 14
Time: 9 - 10:15 a.m.
Location: Billerica Country Club
Cost: \$129



Junior Golf (Co-Ed) or Golf for Girls Monday - Friday

June 24 - 28	July 15 - 19	July 29 - August 2
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Classes are for both beginners and continuing students. Choose the clinic that's right for you! All equipment provided.
"All you need is a pair of sneakers and a good attitude!"

ADULT GOLF LESSONS

Instructor: Barrie Bruce
Location: Billerica Country Club
Cost: \$179



Thursdays
 April 11 - May 9
 5:30 - 6:30 p.m.

Tuesdays
 July 9 - August 6
 6 - 7 p.m.

Sundays
 July 14 - August 11
 11:30 a.m. - 12:30 p.m.

This 5-week class teaches ball striking skills to beginner and intermediate golfers. Golf clubs are provided if needed.

Tennis - Everyone



TENNIS BASICS

Instructor: Rob Mailey
Location: Boutwell Courts
Cost: \$40

Tennis anyone? Learn or improve your skills for this life-long sport!
 Equipment provided if needed.

Monday - Friday	June 24 - 28	July 22 - 26
Rain Location:	West Intermediate Gym	
Ages 4 - 5	9 - 10 a.m.	
Ages 6 - 8	10 - 11 a.m.	
Ages 9 - 12	11 a.m. - 12 p.m.	

TENNIS LESSONS

Instructor: Rob Mailey
Location: WHS Tennis Courts
Cost: \$45 (6 Weeks)

Learn basic tennis skills with mini-matches to improve your game!
 Equipment provided if needed.

Mondays June 10 - July 22 (no 7/1)	Wednesdays June 12 - July 24 (no 7/3)
Grades 4 - 6 5 - 6 p.m.	Grades K - 1 5 - 6 p.m.
Grades 7 - 12 6 - 7 p.m.	Grades 2 - 3 6 - 7 p.m.

TENNIS CLINIC

Instructor: Matt Hackett
Grades: 6 - 9
Dates: Monday - Friday,
 *June 17 - 21
 August 12 - 16
or
Time: 9 a.m. - 2 p.m.
Location: WHS Tennis Courts
Cost: \$80

Have fun on the courts as you spend a full week developing a strong fore hand, working on your serve, volleying with others and playing matches!

Love all!

*If the school year ends by June 14!

ADULT TENNIS ROUND ROBIN

Instructor: Kathleen Reynolds
Dates: Tuesdays, May 28 - August 6,
 (no 7/2), 10 Weeks
Times: 5:30 - 7:30 p.m.
Location: Wilmington High School Tennis Courts
Cost: \$85



This two-hour program is designed to provide opponents for Individuals to create match play. Participants will receive instruction to improve their skills. Players must be able to serve and keep score, and should bring their own racquet and a can of new tennis balls.

ADULT PROGRAMS

35+ BASKETBALL

Supervisor: Peter Otovic
Dates: Wednesdays, March 27 - May 22,
 (no 4/17), 8 Weeks
Time: 6:30, 7:30 & 8:30 p.m. games
Location: Middle School Gym
Cost: \$55



This league offers those ages 35 and over structured team play with refereed games for fun and fitness.

Players without a 35+ mesh shirt must pay a \$22 shirt fee.

ADULT OPEN GYM

Supervisor: Chris O'Rourke
Dates: Wednesdays through April 10 (no 2/20),
Time: 7 - 8:30 p.m.
Location: Woburn Street School Gym
Cost: \$5 cash per night

Drop in for informal games of pick-up basketball. Enjoy a workout in the middle of the week.



PICKLEBALL

Supervisor: Tom Pazyra
Dates: Tuesdays, April 2 - May 28 (no 4/16),
 8 Weeks
Time: Beginner: 6 - 7 p.m.
 Intermediate: 7 - 8:15 p.m.
Location: Woburn Street School Gym
Cost: \$35

Pickleball is a fun sport that combines elements of tennis and ping-pong. It is played on a badminton-sized court with a slightly modified tennis net. Each player should bring their own paddle.



Non-resident registration begins: March 19

WILMINGTON BOCCE LEAGUE

Instructor: Jack Cushing
Ages: 14 & up (Wilmington Residents only)
Dates: Mondays & Tuesdays, May 6 - June 21
 (no 5/27 & 5/28), 6 Weeks
 Your schedule will be one night each week
Times: 6 p.m. and later
Location: Jack Cushing Courts
 (72 Middlesex Ave.)
Cost: \$15 per person



This program begins with one week of instruction, followed by seven weeks of league play. Participants can register individually, or in teams of two - four players.



DANCE CLASSES

Location: Lorraine Spada School of Dance
 52 Main Street, Suite #3
Cost: \$52

These six-week courses are perfect for beginners or returning students. Fun, exercise and new skills in each class!

Dance Sampler

Instructor: Nicolette McCoy

Mondays
 April 1 - May 13
 (no 4/15)
 8 - 9 p.m.

This class includes jazz, ballet, hip hop and lyrical dance lessons. A chance to see what you like while getting some exercise.



Beginner/Intermediate Tap

Instructor: Chrissy Bowman

Thursdays
 April 4 - May 16
 (no 4/18)
 7:30 - 8:30 p.m.

Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape! Tap shoes required.



"OFF AND RUNNING"

Instructor: Jill Chisholm
Dates: Tuesdays, April 30 - June 4,
 6 Weeks
Time: 5:30 - 6:30 a.m.
Location: Wilmington High School Track
Cost: \$100

Enjoy a fun and challenging workout under the supervision of this certified running coach. Adults of all ages and experience are welcome.



ADULT PROGRAMS

Namaste!

YOGA FOR THE FULL-FIGURED WOMAN

Instructor: Jennifer Ryan
Location: The Yoga Loft (3 Lopez Road)
Cost: \$85 per 8-week session



This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself! Please bring a yoga mat to class.

Mondays
4 - 5 p.m.

March 25 - May 20
(no 4/15)

Thursdays
7:15 - 8:15 p.m.

March 28 - May 23
(no 4/18)

INTRODUCTION TO PHOTOGRAPHY

Instructor: Nicole LaRivee Vecchi
Dates: Mondays, April 22 - May 20,
5 Weeks
Times: 6 - 7 p.m.
Location: Town Hall Auditorium
Cost: \$35



Student Class:
 5 - 6 p.m.

Did you ever wonder why some photos stand out from all the rest? Learn photographic techniques that will result in quality photographs. Topics of discussion will include camera settings, exposure, composition, lighting, posing and more. **Equipment needed:**
 *** An SLR camera (preferred) or a standard digital camera***

IRONCLAD TOTAL FITNESS

Location: IronClad Martial Arts Center
 442 Main Street
Dates: April 1 - 30 *Unlimited visits!*
Cost: \$45



Try a month membership to this popular fitness studio. You will have unlimited visits for any adult classes offered including but not limited to Sculpt Barre and Kick Boxing. You will even receive a set of boxing gloves!



PAINT NIGHT!



Instructor: Corine Mazza
Dates: Wednesdays, April 24 & May 1, 2 Weeks
Time: 6 - 8 p.m.
Location: Town Hall Auditorium
Cost: \$60 (2 weeks)

Yes you can!
 Under the guidance of our talented instructor, you will paint a beautiful dragonfly with oils on canvas! All supplies included.



A sample is on display in the Recreation Office.

TAI CHI



Instructor: Tim LaVallee
Dates: Tuesdays, March 26 - May 21 (no 4/16)
8 Weeks
Time: 7 - 8 p.m.
Location: North Intermediate School Gym
Cost: \$50

Tai Chi is an ancient Chinese martial art that is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner, and accompanied by deep breathing and meditation. This low impact activity can be practiced anywhere for its many health benefits.



SIGNS BY DESIGN

Instructor: Terry Pino, Beach Day Designs
Location: Town Hall Auditorium

All supplies included.

"Heartbeat"

Tuesday, April 30 6 - 7:30 p.m. \$40

Is there something, someone or someplace that makes your heart happy?
 Stencil it on a stained board to make you smile all day!



"Crate Fun"

Thursday, June 6 6 - 8 p.m. \$45

How cute is this? Each box will have three blue mason jars. Stain and stencil with whatever saying you like. The choices are endless!





ADMISSION TICKETS

(Available while supplies last)



Discount Movie Tickets

Tickets have no expiration date!

IMAX Tickets **\$11 each**

Redeem at Jordan's Furniture box office (Reading/Natick) for a full-length feature film (including 3D).

AMC Black **\$11 each**

No restrictions!

Showcase Tickets **\$10 each**



Altitude Trampoline Park

Billerica



One-hour Pass

\$12 (Save \$3)

BOSTON RED SOX TICKETS

Can our team repeat this year?



Boston Red Sox
vs.
Toronto Blue Jays



Fenway Park

Friday, June 21, 7:10 p.m. Game

Bleacher Seats, Section 42

Tickets sold on a first-come, first-served basis.

Six Flags New England

Opens Saturday, April 6

\$41

(Save up to \$31)

Good for anyone age three & up; two and under are free.

Canobie Lake Park

Opens Saturday, May 4

\$36

(Save \$4)

Good for anyone 48" tall and over; three & under are free.

THEATRE TRIPS

Each trip includes bus transportation and an orchestra seat. The bus will depart 1½ hours prior to stated show time. Theatres restrict patrons to those age five and up.

DEAR EVAN HANSEN

Boston Opera House
Thursday, July 25
7:30 p.m. \$130

A letter that was never meant to be sent, a lie that was never meant to be told, a life that he never dreamed he could have.

Evan Hansen is about to get the one thing he has always wanted: a chance to fit in.

Dear Evan Hansen is a deeply personal and profoundly contemporary musical about life and the way we live it.

A life where technology allows us to chat any time and any place with our many "friends", yet not have anyone to whom we actually speak. The Washington Post calls this "one of the most remarkable shows in music theatre history."

HELLO, DOLLY!

Boston Opera House
Thursday, August 15
7:30 p.m. \$115

This is the story of the bold and enchanting Dolly Gallagher Levi, a widow, matchmaker and professional meddler. When she decides the next match she needs to make is for herself, she weaves a web of romantic complications for her newest client, the cantankerous "half-a-millionaire" Horace Vandergelder, his two clerks, a pretty hat maker and her assistant.

Hello, Dolly! features Broadway classics like "Before the Parade Passes By," "It Only Takes a Moment", "Put on Your Sunday Clothes" and, of course, the title number, "Hello, Dolly!" Winner of four Tony Awards, including Best Musical Revival, Broadway's most beloved musical is back where it belongs!

\$50 deposit per ticket; Balance due: June 24

CASINO TRIPS



Foxwoods

Tuesdays,
March 26 or May 14
7 a.m. - 6:30 p.m.

BINGO											
14	29	38	52	74							
4	18	33	46	62							
7	16	★	60	71							
9	27	44	51	67							
12	23	35	47	73							

Trips include transportation and casino incentives. Motor coach will depart from and return to the Town Common Parking Lot.

Select your motor coach seat upon registration.



"Take a Chance on Me"

Thursday, August 1

☐ \$75

Test your luck this morning at **MGM Springfield**. Whether it's slots or games, there is plenty to choose from.

Build in time for lunch (on your own).

This afternoon, we head to the Majestic Theatre for an **ABBA Tribute Show** by Dancing Dream.

This show will take you back to the days when Swedish group ABBA ruled the music world with their great pop hits and memorable performances.



TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under Trips.

Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

☐ this trip has a registration **form**

☐ this trip can be reserved with a **deposit**

☐ optional cancellation **insurance** is available for this trip

Day Trips

"A Day of Fine Dining & Wining!"

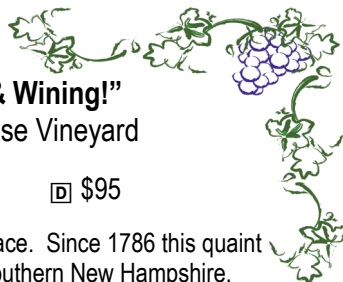
Pickity Place & Averill House Vineyard

Saturday, April 27

☐ \$95

Begin your day with a luncheon at Pickity Place. Since 1786 this quaint little red cottage has graced the hills of southern New Hampshire, seemingly untouched by time. The enchanting cottage was chosen by Elizabeth Orton Jones as the model for her illustrations in Little Red Riding Hood (Little Golden Books, 1948). Today it is a mecca for gardeners, foodies and anyone looking for inspiration and relaxation.

After lunch, enjoy a tour and tasting at Averill House Vineyard. Averill House Winery crafts unique creations using primarily organic New Hampshire fruits and grapes. With eleven grape varietals, Raspberry, Strawberry, Blueberry and fruit trees surrounding the property, there is new wine being made every day!



3 Redneck Tenors

Wednesday, June 19

☐ \$95

Top Finalists on "America's Got Talent", The 3 Redneck Tenors are a new breed in the "tenor genre" - their musical comedy featuring classically trained veteran artists is like Duck Dynasty goes to Carnegie Hall - down home laughs with big city music!



Join us for this trip to Danversport Yacht Club for lunch and a show featuring lots of laughter and great music ranging from Gospel, to Country, to Broadway, Pop and Classical.

"For the Love of Lobster"

Friday, July 26

☐ \$140



Lobster is the theme for the day! Experience first hand the process of lobstering.

Join Captain Bob and his crew on a classic wooden New England lobster boat for a tour of the Kennebunk River.

Enjoy a scenic tour of the beautiful coastline and watch the crew haul in the lobster traps. Sit back and relax, or roll up your sleeves and join the fun!

Enjoy free time in Kennebunkport, where you can wander the shops, take a trolley tour or relax by the water.

Finish the day with lunch at the Bull & Claw in Wells.

New York City Saturday, May 4



\$65

Take a bite out of the Big Apple!

Board our luxury motor coach at 6:30 a.m. for a fabulous day experiencing the sights and sounds of NYC. Arrive home at approximately 1:30 a.m.

"We've Only Just Begun"

The Carpenters Remembered Show

Tuesday, May 21

☐ \$92



Travel with us to Chez Josef in Agawam, MA for a luncheon and a concert celebrating the music of The Carpenters.

Singer Michelle Berting Brett accompanied by a 4-piece Nashville Band recreates the Carpenter's original sound. Experience an intimate behind-the-scenes portrait of the pop music phenomenon that defined an era.

Martha's Vineyard

Saturday, September 7

Adults - \$50

Children - \$40

Let us deal with the traffic while you enjoy this day at leisure. Trip includes motor coach transportation and your round-trip ferry ticket to the Vineyard.

While there, take a tour or explore on your own!



TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under *Trips*.
Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

☐ this trip has a registration **form** ☐ this trip can be reserved with a **deposit** ☐ optional cancellation **insurance** is available for this trip

Overnight Trips



OCEAN CITY ADVENTURE!

Tuesday - Friday, May 28 - 31

☐ ☐ ☐ \$645 p.p.d.o.

Join us for this 4-day/3-night motor coach trip to Ocean City, Maryland. This trip includes oceanfront accommodations, six meals, an Eco-Cruise and tours of Ocean City and Assateague Island National Seashore, a Magic Show at Dickens Parlour Theatre and more! Throw in a chance to try your luck at the Ocean Downs Casino for a mid-Atlantic getaway to remember!

NIAGARA FALLS & THE BASEBALL HALL OF FAME

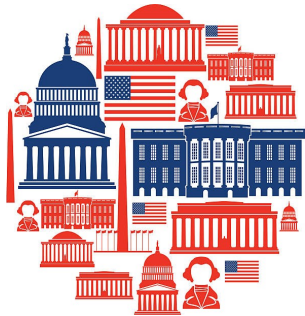
Wednesday - Friday, August 7 - 9

☐ ☐ ☐ \$615 p.p.d.o.



This 3-day/2-night trip begins with the *World Class* destination of Niagara Falls and ends with a tribute to the *World Champion* Boston Red Sox at the Baseball Hall of Fame!

This over-the-top trip includes motor coach transportation, hotel accommodations, a guided tour of Niagara Falls, Welland Canal, the Journey Behind the Falls, Hornblower Boat Ride, a dinner overlooking the Falls, a Dinner Show at "Oh Canada Eh?" and more. A home run, right?



Northeast Historical Tour

September 6 - 15, 2019

☐ ☐ ☐ \$2,650 p.p.d.o.

Make the most of a journey through the Northeast on this 10-Day Tour! From the Big Apple to the Nation's Capitol, learn about our history. See where we began, and just how far we've come!

We will take a motor coach to New York City, Philadelphia, Gettysburg, Charlottesville, Williamsburg and Washington D.C. We'll enjoy tours of each city, as well as such monumental sights as the Eisenhower Site, Monticello, the Smithsonian Museums and more. We'll fly home from Washington D.C., after a fun and informative trip!



COSTA RICA ADVENTURE

November 5 - 13

☐ ☐ ☐ \$2,325 p.p.d.o.

This 9-day/8-night adventure takes us to Costa Rica! This country in Central America, known for its beaches, volcanoes and biodiversity, has both Caribbean and Pacific coastlines. Roughly one quarter of its area is made up of protected jungle teeming with wildlife. Sights include Poas Volcano National Park, Selvatura Park & Hanging Bridges, Monteverde Cloud Forest, Arenal Volcano Park and a cruise on Lake Arenal, a jungle crocodile safari cruise, a visit to a coffee plantation, and an optional Zip Line ride over the tree tops!

Just like all of our trips, this adventure includes all of your accommodations, and transportation from and returning to Wilmington. All of the highlights of the destination are arranged by a professional tour company. Register and let us take care of all the logistics while you enjoy the journey!

