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15 School Street
WILMINGTON, MA 01887

Elderly Commissioners Meeting Agenda
Thursday, March 19, 2015 at 1:30PM

1. Salute to the Flag
2. Roll Call
3. Minutes – Thursday, February 19, 2015
4. Old Business -
 Director's Report
5. New Business
 - 3 B's Exercise Program
 - Spring into Happiness Campaign now the next step
 - St. Patrick's Day Luncheon – March 17, 2015
 - Lahey Clinic – Eating Healthy Program – 6 weeks –
 Starting March 31, 2015
 - Health Heart Discussion – University of Lowell Nursing students
 - Yoga Classes – start – April 8, 2015
 - April 15, 2015 High School Students – Activity Event – 2:00PM
 - Upcoming Trips
 - Free Income Tax Program

Comments from the Audience
Comments from the Commissioners

Next Meeting: April 16, 2015