

THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

DECEMBER 2022

NEWS & UPDATES

Happy Holidays! We hope that everyone had a safe Thanksgiving holiday and ate lots of good food! What a great gift we got this year... a new Senior Center is on the horizon. We cannot thank everyone enough! What an exciting time, we did it, it is our time. See page 6 for more information about our new Senior Center.

December is a special time of the year for many reasons and we are happy to be able to have our Annual Giving Tree again which we are collecting gift cards for. If you know anyone in need this year, please call the center and ask to speak with Terri or Laura. All names given are kept confidential. For more information about the Giving Tree, please see page 4.

The first day of Winter is Wednesday, December 21, 2022. With the winter weather approaching, please see page 3 for information about our inclement weather policy and an update on our automated calling system. Also, on page 2 is information about the Sand Buckets for Seniors program that we are happy to announce we will be having again.

The quilting group will not be meeting during these upcoming months. We will let everyone know when they resume meeting. There will be no Book Club this month as well. Also important to remember, open enrollment ends on December 7, 2022. SHINE counselors are still available if you need any last minute assistance. Please contact the center and we can have a SHINE counselor reach out to you.

Thank you to the Delvena Theatre group for coming out to the center in November to perform, "Nun of This and Nun of That." It was a great performance and we can't wait to see what they have in store next!

We are excited to offer a wood carving class with instructor Darren Boehm who is a resident of Wilmington and a member of the New England Woodcarvers. Our first two classes will be Friday, December 9th and Friday, December 23rd from 10:00AM to 12:00PM. If you are interested in joining this class, please call the center as there may still be space available. Future classes will be announced on a month to month basis.



From all of us at the Buzzell Senior Center, We wish you a very happy holiday season! **Please note that the center will be closed on Monday, December 26, 2022 in observation of Christmas and Monday, January 2, 2023 in observation of New Years.**

Home Delivered Meals recipients: Please note that there will be no home delivered meals on this date as well. Also, from Tuesday, December 27, 2022 to Friday, December 30, 2022 there will be Minuteman meals.

BUZZELL

SENIOR CENTER

15 SCHOOL STREET
WILMINGTON,
MA 01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY - FRIDAY
9:00AM - 4:30PM



Department of Elderly Services

Staff Contact Information

Director:

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Assistant Clerk:

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Assistant Case

Worker

Patti Meehan
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WILMINGTON HIGH SCHOOL PERFORMING ARTS

When: Tuesday, December 20, 2022, at 1:00PM

Students from the Wilmington High School performing Arts will be coming over to the Center to get us all in the holiday spirit. The chorus will be reprising some of their winter concert pieces such as "Somebody to Love" "Fix You" and "The Sleigh". Soundscape will also perform some holiday favorites such as "Deck the Halls" "Jingle Bells" "Carol of the Bells" and "Santa Claus is Coming to Town". A select group of band members will also be playing some classic Christmas tunes. Come and enjoy this holiday treat.

Call the center to sign up!



COOKIE SWAP

**WHEN: Friday,
December 16, 2022 at
10:30AM**

Call the center on
Wednesday, December
7, 2022 to sign up.



NO SEW QUILTING

No Sewing Collage Quilting with Nancy Sandreuter.

When: Monday, January 16, 2023 at 1:00PM

Quilting is enjoying a revival and along with that, fabrics are now digitally printed with a huge variety of images and colors. Collage quilting is the process of cutting out portions of fabrics to assemble and reproduce "pictures". Patterns are abundant for this process. Even if you are not a quilter you will enjoy collage quilting. There is NO SEWING to create your piece of fabric art. Sewing is only required to quilt and apply a binding.

Nancy Sandreuter is a certified teacher for the Laura Heine method of collage quilting. During class we will create small collage quilts for the Holidays. Come and join the fun. **Sign up on Wednesday, December 28, 2022 at 10:30AM. Limited space available.**



SANDBUCKETS FOR SENIORS

Eligible residents should request a bucket through the Senior Center. This is a first come first serve program so request your bucket before they are gone. One bucket per household.

Residents receiving buckets will also receive a free cup to spread the sand and a complimentary File of Life for each resident over the age of 60. Each bucket will be serialized and tracked by the Fire Department. The buckets will be collected in the spring when the risk of snow and ice is no longer a threat to the area.



In order to be eligible for the program you must be a Wilmington resident aged 60 or older, reside in a single or multi-family home and must be capable of spreading the mixture without assistance.

Sign up begins on Friday, December 30, 2022 at 10:00AM

BEADING GROUP

WHEN: Tuesdays at 10:30AM.

Call the center to sign up for this activity. There will be a Meet and Greet on **Tuesday, December 27, 2022 at 10:30AM**



CANDY RAFFLE

CONGRATULATIONS TO RUTH RUSSO

Ruth won the November candy raffle. There were 295 rolos in the jar and her guess was spot on, 295! Make sure to stop by the front desk and enter the candy raffle for this month.



One lucky winner will be chosen on Wednesday, December 21, 2022.



PATRIOTS RAFFLE

CONGRATULATIONS TO MARY MURPHY!

Mary won the Patriots raffle!



DECEMBER BIRTHDAYS

Janice Buckley	Gina Franculli	William Lohrman	Bill Schultz
Elena Carnabuci	Janine Gaudreau	Carol Loud	Mary Schultz
Judith Connell	Jackie Gray	Michael McCoy	Heinz Stemmler
Celia Cornish	Cheryl Gustafson	Mary Murphy	Janet Sullivan
Joanne Corvino	Charlotte Haas	Carolyn Martino	Eileen Thebeau
Joyce Dalton	Marylou Healy	Hazel O'Brien	Elaine Tordiglione
Michelle Dinatale	Ann Marie Holdren	Mary Odlum	Janice Weed
Sheila Elfman	Linde Kashian	Richard Packard	Sandy Zenga
Mary Evans	Stephen Kelleher	Richard Paiva	
Linda Fasulo	Patricia King	Patricia Richard	
Donna Flynn	Diane Lepore	Mary Rogers	

We can't help you blow out the candles on your cake unless you tell us your special day! Call the senior center to confirm your birthday month so that we can mention you in future newsletters!

BINGO

BINGO is back... twice a month! No sign up needed, just come on by!



This month, Bingo will be on...
Wednesday, December 7, 2022 at 1:00PM
Wednesday, December 21, 2022 at 1:00PM

Please be sure to bring small bills, preferably 1's or 5's to play!

CAREGIVERS SUPPORT GROUP

The role of a caregiver can be a very difficult one, especially during these last 2 years. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month.

This months meeting will be on Monday, December 19, 2022 from 10:30AM-12:30PM



INCLEMENT WEATHER POLICY



The Department of Elderly Services storm policy states that when the Wilmington Schools are closed due to inclement weather, all scheduled Senior Center activities are also canceled for the day. No home delivered meals are served and the van will not be available for transportation. The center will remain open for emergencies.

Please note that you may receive automated calls from the Senior Center that will appear as (855) 997-7375 and may say Belmont, MA. These are not spam calls and will be recordings with important center information and updates. They may be voice recorded calls or automated calls. Feel free to call with any questions or concerns.



ANNUAL GIVING TREE

The Buzzell Senior Center will once again have our "Annual Giving Tree," This is a wonderful way for the community to give to others in town. Anyone interested in donating to the Giving Tree can purchase gift cards to Market Basket, Lucci's, Elia's Country Store, Dunkin Donuts, or any other local restaurants.

For those interested in donating, we will be accepting gift cards between **Monday, November 28, 2022 and Friday, December 16, 2022.**

If you know of any elders who would benefit from some holiday cheer, please contact Terri Marciello or Laura Pickett. All names are kept confidential. We thank you in advance for once again bringing the spirit of the holidays to those in need.



FESTIVAL OF TREES

Our Buzzell Bees Christmas tree was a success. We received so many bee themed items from everyone!

We sincerely thank everyone who donated bee themed items and those who made hand crafted ornaments! We couldn't have done it without you.

This year the Festival of Trees is from December 2nd to December 4th at St Dorothy's Church: 11 Harnden Street, Wilmington.



REMINDER: 2022 HOLIDAY PARTY

When: Wednesday, December 7, 2022
At 6:00PM

Where: Tewksbury Country Club
1880 Main Street, Tewksbury

Hope to see you there!



FUEL ASSISTANCE

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2022. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in the application process with

Terri Marciello or Laura Pickett at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Renewal information is currently being sent out. Please feel free to call the center if you have any questions. Also, all copies can be made at the center.

Household Size	Max. Gross Income
1	\$42,411
2	\$55,461
3	\$68,511
4	\$81,561

HIKING GROUP UPDATE:

The walk this morning was to the Tewksbury Hospital Forest Trail, off Lot E. According to the Altrails app, we walked 1.4 miles and the step counter 1.7 miles and 4690 steps in 55 minutes. There were five attendees: Arnie, Rick, Rosemary, Annemarie, and Mark. It was cold about 33F and frost on the ground. You needed to scrape the ice off the car windshield and the ground crunched when you walked on the trail. We waited a bit for late comers but started at about 9:05 am. Arnie led the way with Rick then Rosemary and Annemarie and I took up the rear. I take photos as I walk and always stay in step with the group. However, someone always says, hurry up Mark although I am no more than a few feet from the next person. I learned to never argue with the leader. At Arnie's request, Rick kept dropping to the end as the sweeper to keep the straggling cows moving. I thought this was a leisurely walk to enjoy nature. Even the horses and dogs stop a few times to leave their business. Along the way I took some photos of plants: oriental bittersweet, white oak, creeping buttercup, broom fork moss, Chinese crab apple, common dandelion. Yes, there was one lonely dandelion in the middle of the trail, clinging for that last breath. I told the group that I bought a trail book on identifying scat (animal poop). It is quite interesting that you can ID different animal poop. I guess that is important to hunters and our early settlers. Rick joked ... "Mark really knows his Shxx!" I just let the jokes roll off me like rain. However, sometimes it pours. I also took a photo of a bag of hardened cement and a red fire hydrant in case someone asks for directions. Along the way we stopped at the horse corral and said hi and they said heeee. Arnie tried to fix the turnbuckle lock on the corral gate incase the horses didn't know how to open the gate when they went to the barn at night. As we left the horse area we entered the woods and crossed several wood bridges and a plastic flower garden constructed by a local Elementary School. I stopped to review my colors (red, yellow, blue.....). I was mostly in the rear and didn't hear the conversations up front. We should probably have connected earphones. Just kidding. Well that's it for this week. Hope you enjoyed the humor. I meant it all in fun.

SEE MORE PHOTOS BY VISITING THIS SITE: <https://photos.app.goo.gl/eymTfg491L3UW3TJ8>



TAX ABATEMENTS



The Town of Wilmington offers Tax Relief programs for Disabled Veterans, Legally Blind homeowners, and Elders who meet certain guidelines.

Widows and widowers who have less than \$50,000 in assets (excluding value of the home) who have lived in the home for at least 5 years are eligible for assistance if the spouse passed before July 1, 2022.

Elders aged 70 and older who have lived in Massachusetts for 10 consecutive years and have owned and occupied the property for any 5 years are eligible for assistance if gross income is less than \$37,802 for a married couple, \$25,201 for a single person including Social Security. The asset limit for this deduction is \$40,000 for a single person, \$50,000 for a married couple.

Please note: If the home is held in a trust, you must be a trustee and have beneficial interest in the property as determined by Town Counsel and a copy of the trust and schedule of beneficiaries must be provided with your application.

NEW SENIOR CENTER UPDATE



WE DID IT!


We are beyond excited and grateful for all your help over these last few years to make the dream of a new Senior Center a soon to be reality. We will keep you updated on each step of the process in future newsletters. But for now, lets celebrate the YES vote with an Open House from 1:00PM-4:00PM on Friday, January 13, 2023. Sign up begins on Wednesday, January 4, 2023 at 10:30AM.

Thank you!





DECEMBER 2022

SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
FESTIVAL OF TREES	<ul style="list-style-type: none"> • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM 	<ul style="list-style-type: none"> • BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • SPECIAL EXERCISE 9:30AM • SIGN UP COOKIE SWAP • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM • HOLIDAY PARTY 6:00PM 	<ul style="list-style-type: none"> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM 	FESTIVAL OF TREES
11	12	13	14	15	16	17
<ul style="list-style-type: none"> • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM 	<ul style="list-style-type: none"> • BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM 	<ul style="list-style-type: none"> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • COMMISSIONER'S MEETING • CERAMICS 1:30PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • COOKIE SWAP 10:30AM • CHAIR YOGA 12:30PM • POKER 1:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • SIGN UP SANDBUCKETS 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM
18	19	20	21	22	23	24
<ul style="list-style-type: none"> • TAI CHI: 9:00AM • SPECIAL EXERCISE 10:30AM • CAREGIVERS SUPPORT GROUP 10:30AM 	<ul style="list-style-type: none"> • BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • SOUNDSCAPE 1:00PM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • SPECIAL EXERCISE 9:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM • BINGO 1:00PM • CANDY RAFFLE • FIRST DAY OF WINTER 	<ul style="list-style-type: none"> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • WOOD CARVING 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • SIGN UP SANDBUCKETS 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM
25	26	27	28	29	30	31
	CENTER CLOSED	<ul style="list-style-type: none"> • BLOOD PRESSURE CLINIC 9:00AM • HIKING GROUP 9:00AM • DANCE & TONE 9:30AM • BEADING 10:30AM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • SPECIAL EXERCISE 9:30AM • SIGN UP NO SEW QUILT 10:30AM • CARDS & GAMES 1:00PM • POKER 1:00PM 	<ul style="list-style-type: none"> • GENTLE YOGA 9:00AM • ART 9:45AM • KNITTING & CROCHETING 10:30AM • COUNTRY LINE DANCING 10:30AM • CERAMICS 1:30PM • FUNCTIONALLY FIT 2:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • SIGN UP SANDBUCKETS 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM 	<ul style="list-style-type: none"> • ZUMBA 9:00AM • SEWING 9:30AM • SIGN UP SANDBUCKETS 10:00AM • CHAIR YOGA 12:30PM • POKER 1:00PM



TOWN OF WILMINGTON

PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10

CURRENT RESIDENT OR



*Happy
Holidays*

CALL THE CENTER IF YOU ARE IN NEED OF...

- Male or Female Incontinence Products
 - Hearing Aid Batteries Size 312
 - Puzzles
- Books
- DVDs
- Puzzle Books

COVID UPDATE

With many tools now available for reducing COVID-19 severity, such as availability of vaccine, boosters, and treatment, there is significantly less risk of severe illness, hospitalization and death compared to earlier in the pandemic. CDC has updated its guidance for people who know they have been exposed to COVID-19.

- If you were exposed to COVID-19, regardless of your vaccination status: CDC recommends that instead of quarantining, you wear a high-quality mask for 10 days and get tested 5 full days after your last exposure (day 6).
- If you have COVID-19: regardless of vaccination status, you should isolate from others for 5 days. If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving, or you never had symptoms, you should test on Day 6. If the test is negative, you may end isolation but should continue masking around others and in public. If the test is positive, you should continue to isolate.

Individuals with moderate illness or severe illness or with a weakened immune system, should isolate through day 10 and consult your doctor before ending isolation.