



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

NOVEMBER 2020



BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA 01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM– 4:30PM

News & Updates

The holiday season is quickly approaching! Thanksgiving is a time to give thanks and this year, the Buzzell Senior Center certainly has a lot of thank you's to give! Time and time again, our community provides exceptional support. We would like to take a moment to thank those individuals and business's who have reached out to help us. We truly couldn't do everything we do without their support. Take a look at our thank you section on page 6.

Speaking of holiday season, we have an early gift for all of you special exercise fans. Mary and Fred are back with a new recording of their special exercise class. It airs on WCTV Mondays at 11:00AM and Saturdays at 10:00AM. It can also be found on our Facebook page. We would like to thank Mary and Fred for taking the time to film another installment of Special Exercise.

Our drive-thru events and trivia, and Zoom trivia have been a great way for us to all stay connected during these difficult times. Check out page 4 to see our drive-thru trivia winners and Zoom trivia winners from October. The winner for the breast cancer raffle was drawn on October, 28, 2020 since this newsletter had already gone to the printer, this winner and the spooky trivia winner will all be announced in the December newsletter instead.

We continue to explore ways of safely offering alternative programming at the center. There are some services that have continued uninterrupted throughout this time of COVID-19. Case Management services through the Department of Elderly Services continues to be available. Case management can assist with ensuring that elders have the help they need to remain in their home safe and independent. These services may include home delivered meals, life-line, helping with fuel assistance applications, and SNAP applications. Also, referrals to in-home services that can assist with personal care, food shopping, and light housekeeping. **Please contact Case Manager Laura Pickett, 978-657-7595 for further information.**



Department of Elderly Services

Staff Contact Information

Director: Terri Marciello
TMARCIELLO@WILMINGTONMA.GOV

Case Manager: Laura Pickett
LPICKETT@WILMINGTONMA.GOV

Senior Clerk: Kelly Fordham
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Assistant Clerk: Lisa Fanikos
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Assistant Case Worker:
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VETERANS DAY



The Department of Elderly Services would like to acknowledge all Veterans' on this Veteran's day, November 11, 2020. We are appreciative and thankful for all that you have done for our country.

THE CENTER IS CLOSED ON THE FOLLOWING DATES:

- Wednesday, November 11, 2020:
- Thursday, November 26, 2020:
- Friday, November 27, 2020

**There are no home delivered meals on these dates and also no meals on Wednesday, November 25, 2020*



From all of us here at the Buzzell Senior Center, we would like to wish you a very happy and safe Thanksgiving!

Drive-Thru Luncheon

When: Wednesday, November 18, 2020
at 12:00PM



Join us for Harrows Pot Pie!

This event is free of cost. Thank you
Monteforte Law for sponsoring!

**Please call the center to sign up as
limited space is available**

TRIVIA & GAME:

1. Cyber Monday is a marketing term that refers to the first Monday after Thanksgiving. What year did Cyber Monday begin?
A. 2003 B. 2005
C. 2007 D. 2008
2. In what decade did both the Macy's Thanksgiving Day Parade and the America's Thanksgiving Day Parade begin?
3. Take a guess... What age group do you think submitted the most responses to the survey in the October newsletter for a new senior center?
A. 50-59 B. 60-69 C. 70-79
D. 80-89 E. 90+
4. Is there a program or activity that you would participate in on Zoom?

Recipe Sharing



Do you have a favorite holiday recipe? We would love for you to share it with us! The holiday season is among us and with the colder weather coming, what better thing to do than to spend some time cooking. Is there anything better than the aroma of something delicious cooking in the oven? (Besides eating it of course!)

You can submit any kind of recipe you'd like. Just make sure the recipe is neatly written and gives clear and concise ingredients/instructions. Feel free to put your name on it and let us know where the recipe came from or any other details you'd like to share. You can send us the recipe in the mail, drop it off in the bucket outside the center on the bench, or you can email it to Kelly at kfordham@wilmingtonma.gov. We will pick one recipe to share in each newsletter for the winter months.



CELEBRATING THE SEASON: SONGS & STORIES



Tune in to Celebrating the Season: Songs & Stories airing Thursday, November 12, 2020 at 7PM on WCTV (Comcast 9/Verizon 37 or online at wctv.org/live). Award winning singer and storyteller Davis Bates shares songs and stories celebrating the harvest, Halloween and Thanksgiving. It includes sing-alongs, a trick-or-treating tale, a ghost story, family lore, spoon playing and an appearance by a dancing wooden dog named Bingo.

Pete Seeger called Davis "thoughtful, creative, human, and a fantastic storyteller." Davis' traditional and participatory performance style empowers and encourages audiences of all ages to join in the fun, and to take the songs and stories home with them to share with others. He also encourages listeners to remember and tell stories from their own family and cultural traditions.

Davis Bates has been telling stories for over forty years, in schools, libraries, colleges and community settings around New England and across the country. His recording of Family Stories won a Parent's Choice Gold Award and was named one of the year's best Audio Recordings by Booklist Magazine. Davis has also served as director and consultant for several local and regional oral history and folk arts projects. Davis lives in the village of Shelburne Falls, MA, and when he isn't collecting or learning stories, he spends his time working with the Hampshire College Alumni Advisory Group and gardening on the Hampshire campus and at home.

The performance is sponsored by the Wilmington Council on Aging. You do not want to miss this program! Funded, in part, by a grant from the Wilmington Cultural Council, a local agency supported by the Massachusetts Cultural Council.

NOVEMBER BIRTHDAYS



We can't help you blow out the candles on your cake unless you tell us your special day!

Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!



Beverly Berrigan	Donna Diggs	Al Hale	Betty Molvar	Judy Rachdorf
Robert Bertwell	Kathleen Durost	Fred Hogan	Nancy Murphy	Ralph Shea
Elaine Calvo	Vinny Dwyer	Judy Hubbard	Phyllis Martel	Millie Tenny
Alicia Candelino	Dotty Emmons	James Jensen	Marilyn Nicolosi	Angelo Tummino
Thomasine Carlson	Joan Farrell	Gene Leary	Polly O'Brien	Eileen Urquilla
Joan Corsaro	Dorothy Foley	Anthony Mattaliano	Grace Olatilu	
Arlene Crossen	Barbara Glover	Donna Minervini	Angelina Pepe	

Fuel Assistance:

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2020. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in the application process with Terri Marciello/Laura Pickett at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Renewal information has been sent out. Please feel free to call the center if you have any questions. Also, all copies can be made at center.

2020-2021 INCOME GUIDELINES

Household Size	Max. Gross Income
1	\$39,105
2	\$51,137
3	\$63,169
4	\$75,201

Caregivers Support Group

The Department of Elderly Services continues to test new ways of providing services during these challenging times. Our Caregivers Support Group will resume meeting on the 3rd Monday of the month from 10:30AM to 12:00PM outside at the Buzzell Senior Center (weather permitting). The next meeting will be held on Monday, November 16, 2020. For safety and health reasons, this group is limited to 8. We are requesting that anyone interested to please call Laura Pickett, Case Manager at 978-657-7595.

The Department will continue to search for innovative ideas to meet the needs of our community during these unsettling times.



Bereavement Support Group



Meets the first Monday of the month 6:00PM-7:00PM
At Villanova Hall
126 Middlesex Ave, Wilmington

All are welcome, No need to RSVP.
COVID precautions will be in place,
Please wear a mask.

This group is facilitated by Lori Hayes,
RN – Faith Community Nurse

Please contact Lori at 978-604-3102 with any questions.

CONGRATUALIONS TO OUR OCTOBER TRIVIA WINNERS



Wilmington Trivia:
WINNER: AUDREY REED
 Thank you to Ann Berghaus for creating the trivia questions.



Name that Movie:
WINNER: AUDREY REED



Name that Artist:
WINNER: DAVID COUTURE

As always, thank you to all of our Zoom Trivia participants

Franks & Beans Trivia: WINNER: JEAN MICELI

1. When was the 19th Amendment giving women the right to vote ratified? **B. 1920**
2. We elect a US Representative for how long? **C. 2 Years**
3. How long is a US Senator's Term? **B. 6 Years**

Firefighters Breakfast Trivia: WINNER: DICK WETZLER

1. Over 300 species of fruit depend on pollination by bats. Bats are typically attracted to flowers of what color? **B. White/Pale**
2. Can you count all of the bats in this newsletter? **22 BATS**

Spooky Trivia: WINNER: TO BE ANNOUNCED IN DECEMBER NEWSLETTER

1. In what country was Halloween first celebrated in? **B. Ireland**
2. **D. 1/4** of all candy sold annually in the US is purchased for Halloween.
3. What is your favorite type of puzzle or game to play in the newsletter?
 Multiple answers

ZOOM TRIVIA

Join Kelly for Zoom Trivia! This month is Food Trivia and Sports Trivia. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for Zoom Trivia events. If you have an idea for a trivia topic you would like to play in December, call the center and speak with Kelly. So far, we have Holiday Trivia for the month of December, we still need another topic, if you have any suggestions call the center. **If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have. Lets all learn Zoom together and be prepared for those not so nice weather days!

FOOD TRIVIA TUESDAY, NOVEMBER 10, 2020 9:30AM-10:30AM	SPORTS TRIVIA TUESDAY, NOVEMBER 24, 2020 9:30AM-10:30AM
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HOW TO PLAY:

All you need is a pen and paper! I will ask the question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

****Winners will be announced in the December Newsletter****

TWO WAYS TO SIGN UP:

<p>① Simply call the center to sign up. Tell us the date you'd like to join and give us your email address. We will email you the link to the zoom event. On the day of the event, click on the link and you will be entered into the video chat.</p>	<p>② Sign up online for any of these events at www.myactivecenter.com Create an account using your <i>My Senior Center</i> card (the card you scan when you enter the center). If you do not have a card, call the center and we will assign you one. Next, choose Buzzell Senior Center as the closest center available. The site will remember that this is the preferred location. In the search bar, search "Zoom Trivia" and click on it. Click on the date you'd like to join and click register. A new screen will pop up, click register again. The event will then be added on your My Activity Center calendar. The Zoom Meeting link will be emailed to you a couple days before the event. A few minutes before it begins go to your email and click on the link, then you will be entered into the video chat.</p>
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BUZZELL BOOK CLUB

Neither rain, nor cold could deter the book club from meeting outside on Monday, October 26, 2020. That must have been one good book!



SURVEY RESPONSE

Thank you to everyone who participated in the new senior center survey. We received over 100 responses!



3 COMMON WAYS PEOPLE GET PHISHED

The term Phishing is used when someone pretends to be someone they aren't in order to obtain your personal information and, ultimately, your money. So it's important to realize that banks will never approach you via text, email, or phone to ask you for your account number, PIN, or other data.

If you didn't expect a call from the bank, it could be a scam. Don't provide any information!

Hang up and call your bank.



Your bank will never ask you to sign in, or give personal information via text message.

Delete the message and call your bank.



Watch out for any email that asks you to click a link or provide personal information.

Delete the email and call your bank.



KEEP YOUR IDENTITY AND MONEY SAFE... DON'T FALL VICTIM TO SCAMS!

The most effective way to defeat scammers is to know how to identify scams. You should just hang up on any call you're uncertain of and ignore any suspicious emails. Many scammers pose as federal agents or other law enforcement using fear tactics to get what they want.

In each upcoming newsletter we are going to go into detail about one of the 6 most common scams; Grandparent Scam, Sweepstakes scam, Home Improvement Scam, Telemarketer Scam, Internet Scams, and Charity Scams. Last month we learned about the Sweepstakes Scam. This month, we are going to learn about the Home Improvement Scam.



Home Improvement Scam: Scammers target seniors by providing home improvement services in order to gain access to their home, belongings, and personal information. They will arrive at their target's house, offer free inspections, or offer services to fix something they deem "needs work." The scammer may pretend to be working for the local town or county to appear more legitimate.

The homeowner should stay in control of the situation and not be intimidated by the person at the door:

- Never let them in your home
- Be suspicious of unsolicited offers, and ask for identification.
- If work does need to be done, ask friends and neighbors who they would recommend. Be sure to get references, and only use licensed contractors.
- Never pay the full amount up front. Pay as the work is completed according to a contract.

SHINE COUNSELING



Are you thinking about changing your Medicare Advantage or Medigap Supplement Plan?
Are your prescription costs unaffordable?

Do you want to learn about Medicare Savings Programs for income eligible beneficiaries?

Annual Medicare Open Enrollment October 15, 2020 – December 7, 2020 is the best time of year to compare plans, costs, and new benefits. Please call 978-657-7595 to schedule a virtual or telephonic SHINE counseling session now.

			
	<p>WILMINGTON FOOD SERVICE</p> 	<p>WILMINGTON RUNS ON DUNKIN'</p> 	 <p>MONTEFORTE LAW, P.C.</p>
			
			 <p>POWER OF FLOWERS PROJECT</p>
			
	<p>IAGB INDIA ASSOCIATION OF GREATER BOSTON</p>		
		<p>Thank you to our community for continuing to make & donate face masks!</p> 	<p>Thanks to everyone who participated in our Happiness is... campaign!</p> 
 <p>Uptown Deli & Catering</p>		<p>Thanks to the anonymous donors who have made some of our special events possible!</p>	



TOWN OF WILMINGTON

PRESORTED
STANDARD
US POSTAGE
PAID
WILMINGTON,
MA

CURRENT RESIDENT OR



Please call the center if you are interested in borrowing any books or puzzles!
We also received a donation of incontinence supplies. Please call if you are in need.

Transportation is being provided for medical appointments and local errands (when availability permits). Call us at 978-657-7595 to schedule a ride. Please note that due to social distancing requirements, space on the van is limited.