

# THE BUZZELL BUZZ FEBRUARY 2018

*Better Together.*



## THE DEPARTMENT OF ELDERLY SERVICES

15 SCHOOL STREET, WILMINGTON, MA 01887  
DIRECTOR: TERRI MARCIELLO  
EMAIL: [TMARCIELLO@WILMINGTONMA.GOV](mailto:TMARCIELLO@WILMINGTONMA.GOV)  
TELEPHONE: 978-657-7595 OR 978-658-2258

**MONDAY THRU FRIDAY—9:00AM-4:30PM**



### **“BETTER TOGETHER” FOR 2018**



For the year 2018, our new motto will be “Better Together”. You will notice throughout the year different programs and events will be role modeled after this theme. We were extremely fortunate to have a great collaboration with the



Graphic Design Wilmington High School students lead by Visual Arts teacher, Jennifer Fidler. This class has been working with us to develop a motto design for the year. These students designed several logo's for our motto. Everyone had a chance to vote for the one that best suits this years motto. We are happy to announce that it came down to two finalist designs done by Jasmine Le and Angelica Lochak. We will be using both designs throughout the year. Keep a watch for the fun to come.

This winter has proven to be one for the records. It is not too late to apply for Fuel Assistance, it runs thru April 2018. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in this application process with Terri Marciello/Laura Pickett at 978-657-7595.

For all of the Patriot Fans —they did it again... we are off to the Super Bowl - Sunday February, 4, 2018. We will be showing our team support on Friday, February 2, 2018 with fun surprises throughout the day.

Lastly, if anyone is interested in being a driver for our Home Delivered Meals program, please call (978-657-7595) for more information. It is morning hours one to two days a week.



### Inclement Weather Policy

The Department of Elderly Services storm policy states that when the Wilmington Public Schools are closed due to inclement weather, all scheduled Senior Center activities are also canceled for the day. No meals are served and the van will not be available.

**The center will remain open for emergencies.**



## Circuit Breaker Information

Courtesy of Senator Bruce Tarr

### Who is Eligible?

- Taxpayers who are Massachusetts residents, age 65 or older by December 31, 2017 (for joint filers, it is sufficient if one taxpayer is 65 years of age or older).
- Taxpayers must own or rent residential property in Massachusetts and occupy the property as your primary residence.
- Taxpayers must have an annual income of \$57,000 or less for a single filer, \$72,000 or less for a head of household, and \$86,000 or less for joint filers.

### Who is Ineligible?

Taxpayers who are married, but file separate returns;  
Individuals who are dependent of another tax filer;  
Taxpayers who receive federal or state rent subsidy directly, or those who live in a property tax exempt facility  
Those whose property is assessed at a value of \$747,000 or more

### How much is the tax credit?



It's capped at \$1080.00 as of 1/1/2017.

### Tips to Stay Healthy This Winter!

- Drink a lot of water!
  - Eat a healthy diet with a lot of greens!
  - Exercise regularly
- (Try a class at the Center!!)
- Get the right amount of sleep every night
  - Wash your hands regularly



### LINE DANCE UPDATE

The new Line Dance Schedule has begun. Due to room availability, Line Dance classes will run 6 weeks at a time. The current six week schedule will conclude on Wednesday, February 7, 2018. The next six week session will start Wednesday, March 7, 2018.



A PRESENTATION BY THE  
ALZHEIMER'S ASSOCIATION



**The Basics: Memory Loss, Dementia and Alzheimer's Disease**

This program provides information about Alzheimer's Disease and other dementias, the benefits of early detection, causes and risk factors, treatment and support resources.

**Date:** Monday, February 12, 2018

**Time:** 3:00—4:30 p.m.

**Place:** Villanova Hall, 126 Middlesex Avenue

**REGISTER BY CALLING: 1-800-272-3900**

If you have questions, please contact: Lori Hayes, RN Parish Nurse at 978-658-4665, ext. 109 or [lorih@wilmingtoncatholic.com](mailto:lorih@wilmingtoncatholic.com)

**alzheimer's  association®**

IN LOVING MEMORY

We express sympathy for the loss of our friends

Elaine Mendes  
Virginia DiGregorio  
Max Freuchet  
Leon Roueche  
Tony Crupi  
Prudence Day

GET WELL WISHES

Pat Robarge  
Louise Redgate  
Jean Valente  
Pat Boulton  
Bertha DePrez

**FEBRUARY BIRTHDAYS**



Barbara and Frank DeVita  
Marie Downey                      Mary Kuchler  
Marylou LaBossiere              Dorothy Loder  
Dick Searfoss                      Judy Simmons  
Gloria Szabo                      Phyllis Taylor  
Carol Gingra-Sharpe              Frank Walsh

*We can't help you blow out the candles on your cake unless you tell us your special day!*  
Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!

## **Valentine's Day Luncheon**

**Wednesday, February 14, 2018—12:00 p.m.**

**Cost \$5.00**



Join us for a delicious lunch at the Senior Center where we spend time with people we love!

Harrow's Chicken Pot Pie will be served. Students from the WHS Rotary Interact Program will be here to lend a hand!

## **Doris Art's Corner**



**Memory Wire Bracelet**

**Friday, February 9, 2018**

**At 10:00AM**

**(space is limited)**

*Come sign up!*

## **St. Patrick's Day Luncheon**

**Friday, March 16, 2018**



On St. Patrick's Day, the Buzzell Senior Center will be having a delicious homemade corned beef and cabbage luncheon at The Knights of Columbus where we will be celebrating this special holiday. Come relax and enjoy an excellent afternoon with good food and friends. We will also have live entertainment by Joe Leary—back by popular demand!



This lunch is sponsored by Peter MacLellan. We are so fortunate for Peter's continued generosity. We are also very lucky to have this meal prepared by our specialty chef Lou Cimaglia.

**Sign up on Tuesday, February 20, 2018**



### **Five Minute Fudge**

**By: Doris Allen**

#### **Ingredients:**

- 12 oz., semi-sweet chocolate chips
- 8oz. (3/4 of 12 oz. bag) butterscotch chips or mint chips (your preference)
- 1 can, sweetened condensed milk
- 1 teaspoon, vanilla

#### **Instructions:**

1. Line a 8X8 baking dish with wax paper
2. Add all ingredients to a pot over low heat
3. Turn up heat until chips start to melt (never boil), then stir until combined and smooth (**or for five minutes**)
4. Pour into 8x8 baking dish, cool for 30 minutes, cut into squares... YUM

### **GUESS WHO?**

This is the baby picture of someone who comes to the Center! Take a close look and place your answer in the container located on the front counter or call the center with your answer.

**We will choose one winner**



**Clues: extremely creative and has a very unique way of honoring her mother**

**GOOD LUCK !**

## PATRIOTS SUPERBOWL FUN

**Friday, February 2, 2018**

**Come join us with your Patriots Fan Outfits and excitement to get ready for the Big Day.**

**There will be fun surprises throughout the day! This will include prizes to the most enthusiastic fan and much more. Come with your team spirit!**



## Pop-Up Library

Simplify your Wednesday mornings!

Choose some reading materials while you're at the center. The Wilmington Memorial Library will have a "pop-up" library on

**Wednesday, February 7, 2018**

**between 10:30—11:30 a.m.**

## Caregivers Support Group

Caregivers support group will meet

**Monday, February 26, 2018 from 10:30 to Noon.**

This support group is opened to all who are interested. If you have any questions, please contact

**Laura Pickett at 978-657-7595.**



## COMPUTER NEWS FOR FEBRUARY THRU APRIL, 2018

**\*\*PLEASE NOTE THAT FOR FEBRUARY THRU APRIL, THE COMPUTER ROOM WILL BE USED EVERY TUESDAY BY THE TAX PREPARATION TEAM TO ASSIST OTHERS WITH PREPARING THEIR TAXES.**

**SO IF YOU NEED HELP DURING THAT TIME, REMEMBER THAT I WILL ONLY BE HERE ON THURSDAYS! THANKS FOR YOUR UNDERSTANDING AND PLEASE ACCEPT OUR APOLOGIES IF THIS CAUSES YOU ANY INCONVENIENCE. \*\***

### \*\*TONY'S APP OF THE MONTH\*\*

**(AND IT'S ALL FREE!)**

**"WAZE"** is the world's largest community-based traffic and navigation app. Join drivers in your area who share real-time traffic & road info to save time, gas money, and improve daily commuting for all. Just by driving with Waze open, you're already contributing tons of real-time traffic information to your local community. You can also actively report accidents, police traps and other hazards you see on the road. Get road alerts along your route and find the cheapest gas prices around you, shared by the community. Waze also gives you:

- Live routing based on community driven, real-time traffic & road info
- Community reported alerts including accidents, hazards, police traps, road closures, and more.
- Turn-by-turn voice guided navigation
- Live maps, consistently edited and updated by Waze community map editors
- Automatic rerouting as conditions change on the road
- Learns your frequent destinations, commuting hours, and preferred routes
- Finds the cheapest gas station on your route





**Peggy's**

**"Retirement Send-Off"**

**Wednesday, February 28, 2018**

**12:00PM Luncheon**



*Congratulations*

**Come celebrate her 12 years of dedicated  
Service to Our Department**

**Sign up Monday,  
February 12, 2018**





# February 2018



SUN      MON      TUE      WED      THU      FRI      SAT

<i>Better Together.</i>						
				1 9:00AM Comp. Class 10:00AM Art Class 10:30AM Aerobics 11:00AM Knitting/ Crocheting 1:00 PM Game Day 1:00PM Ceramics	2 10:00AM Video Exercise 11:00AM Special Exercise 1:00PM Bingo 1:00PM Cards  Patriot's Rally!!!!	3
4	5 9:30AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 1:00PM Quilting 1:00PM Wii Bowling	6 9:00AM Computer Class 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Tai Chi Class 2:30PM Gentle Yoga	7 9:45 AM SBF Exercise <b>10:30 PopUpLibrary</b> 11AM Special Exercise 1:00 PM Line Dancing 1:30 PM Cards 3:00 PM Fun Singers	8 9:00AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11:00 AM Knitting/ Crocheting 1:00 PM Game Day 1:00PM Ceramics	9 10:00AM Video Exercise 10:00Doris Art Corner 11:00AM Special Exercise 1:00PM Bingo 1:00PM Cards	10
11	12 9:30AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 1:00PM Quilting 1:00PM Wii Bowling	13 9:00AM Computer Class 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi Class 2:30PM Gentle Yoga	14 <b>Valentine's Day Celebration</b>  No classes held today!  	15 9:00AM Comp. Class 10:00AM Art Class 10:30AM Aerobics 11:00AM Knitting/ Crocheting 1:00PM Game Day 1:30 Commissioners 1:00PM Ceramics	16 10:00 AM Video Exercise 11:00 AM Special Exercise 1:00PM Bingo 1:00PM Cards	17
18	19 <b>CENTER IS CLOSD</b>  	20 9:00AM Computer Class 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi Class 2:30PM Gentle Yoga Sign up St. Patrick's Day	21 9:30AM Podiatrist 9:45AM SBF Exercise 11:00AM Special Exercise 1:30 PM Cards 3:00 PM Fun Singers	22 9:00AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11:00 AM Knitting/ Crocheting 1:00PM Game Day 1:00PM Ceramics	23 10:00 AM Video Exercise 11:00 AM Special Exercise 1:00PM Bingo 1:00PM Cards	24
25	26 9:30AM Blood Pressure 9:45AM SBF Exercise 10:30AM Caregivers Sup- port group 11AM Special Exercise 2:30PM Quilting 1:00Wii Bowling	27 9:00AM Computer Class 9:00AM Zumba Class 10:30AM Aerobics 1:00PM Mah Jongg 1:00PM Tai Chi Class 2:30PM Gentle Yoga	28 <b>Peggy's Retirement Luncheon at 12 Noon</b> 1:30 PM Cards 3:00 PM Fun Singers			
 <b>"BETTER TOGETHER"</b> <b>What better place to be than at the Buzzell Senior Center!</b> 						



# TOWN OF WILMINGTON

**PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10**

**CURRENT RESIDENT OR**



## ACTIVITY PROGRAMS

### **MONDAY**

BLOOD PRESSURE CLINIC 9:30  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
QUILTING 1:00  
Wii BOWLING 1:00 PM

### **TUESDAY**

ZUMBA 9:00  
COMPUTER CLASS 9:00  
AEROBICS 10:30  
Yoga 2:30PM

### **WEDNESDAY**

CRAFT CLASS 9-12  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
COUNTRY LINE DANCING 1:00  
CARDS 1:00-4  
FUN SINGERS 3:00

## **THURSDAY**

ACRYLIC PAINTING 10:00  
AEROBICS 10:30  
KNITTING/CROCHETING 11:00  
CERAMICS 1:00  
CRIBBAGE/GAME DAY 1:00PM

## **FRIDAY**

VIDEO EXERCISE 10-11  
SPECIAL EXERCISE 11-12  
BINGO 1-3  
CARDS 1:00-4

## **DAILY**

GAME ROOM -SOCIALIZATION  
KITCHEN 9-4:30

## SPECIAL PROGRAMS

### **PODIATRIST**

3<sup>RD</sup> WEDNESDAY OF THE MONTH  
9:30

**SHINE COUNSELOR**  
CALL FOR PERSONAL  
APPOINTMENT

### **HOME DELIVERED MEALS**

MONDAY-FRIDAY  
COST \$2.00  
CALL FOR INFO  
978-657-7595

**COMMISSIONER'S MEETING**  
3<sup>rd</sup> THURSDAY OF EVERY MONTH  
AT 1:30 PM

### SENIOR VAN SERVICES

MONDAY THRU FRIDAY  
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST  
CALL TO SCHEDULE PICKUP AT LEAST 48  
HOURS IN ADVANCE. VAN SERVICES A 13  
MILE RADIUS OF WILMINGTON.