



# THE BUZZELL BUZZ JUNE 2018



## THE DEPARTMENT OF ELDERLY SERVICES

15 SCHOOL STREET, WILMINGTON, MA 01887  
DIRECTOR: TERRI MARCIELLO  
EMAIL: [TMARCIELLO@WILMINGTONMA.GOV](mailto:TMARCIELLO@WILMINGTONMA.GOV)  
TELEPHONE: 978-657-7595 OR 978-658-2258



**MONDAY THRU FRIDAY—9:00AM-4:30PM**

June has finally arrived and summer will be officially here on June 21, 2018!

What better way to celebrate than with a night at the Buzzell Senior Center. We will be having our first "Game Night" on Thursday, June 21, 2018 from 4:30-7:00PM. This "Game Night" is extra special because we will also be celebrating the "Longest Day". The longest day of the year and summer solstice, thousands of people will join together to show their love for those affected by Alzheimer's disease. Our "Game Night" will include a fundraiser for Alzheimer's, more information included in this month's newsletter. All proceeds from that night will be donated to the Alzheimer's Association. Don't miss out on the fun.

As you read through the newsletter you will notice many great events and new programs. We are starting a new Bridge Group for Intermediate player. The first meeting will be on Thursday, June 7, 2018 from 9:30—11:00AM in the game room. Come join the fun. We are also starting a "Walking group" at Yentile Farm on Tuesday and Thursday mornings at 8:00AM. This will start on Thursday, June 7, 2018. We will meet at the park—please make sure you bring your water bottles. Lastly, our T'ai Chi classes also begin this month—just to mention a few that you will see happening this month.

We are very excited to have a live performance from our Wilmington Middle School Chorus, here at the Buzzell Senior Center, on Tuesday, June 5, 2018 at 10:30AM. This is a perfect time to see the wonderful talent that is right here in our own "backyard".

It is also that time of year where you have to be more aware of keeping hydrated. You don't have to drink only plain water to get hydrated. Coffee, tea, fruit juice, sweetened beverages, fruits and vegetables all contain water.

### **"The Moving Wall" at the Wilmington Common July 26, —July 30 2018**

"The Moving Wall" is the half-size replica of the Washington, DC Vietnam Veterans Memorial and has been touring the country for thirty plus years. When John Devitt attended the 1982 dedication in Washington, he felt the positive power of "The Wall." He vowed to share that experience with those who did not have the opportunity to go to Washington. We are extremely fortunate that our Veterans' Agent, Lou Ciaglia, was able to have it visit Wilmington once again. There will be more information in next month's newsletter—save the date.



**Happy Father's Day to all the Dad's, Grandfather's and Great Grand Father's!**



**Special Homebound Meal**

**To Celebrate**  
**Independence Day!!**

**Tuesday, June 26, 2018**

**Volunteers Needed**

**Please call the center if you are interested.**



**Game Night at the Buzz**

We are very excited to start this month

**“Game Night”.**

This month is In the spirit of

**“Longest Day”**

To raise funds and awareness for those  
affected by Alzheimer's

**Thursday, June 21, 2018**

**4:30—7:00PM**

You will be able to play board game, cards, bocce  
and/or corn hole.

There will be a light dinner/drinks/  
dessert.

Cost \$3.00 per person will be do-  
nated to the Alzheimer's Association



**Line Dancing Class**

**Line Dance classes will run 6 weeks  
at a time.**



**The next session will run from  
Wednesday, May 2, 2018 to  
June 27, 2018**

**Join the Walking Group**

Do you enjoy new people? Enjoy walking? You'll love our weekly Walking  
Group! This group meets every Tuesday and Thursday at 8:00 a.m. Yentile  
Farm Park This is such a great way to start your morning and have the chance  
to meet an awesome group of people!

Please sign up at the Buzzell Senior Center.

Our first day will be on Thursday, June 7, 2018 at Yentile Farm make sure you bring your water bottles.

**(Will not be walking if it rains)**



**Save the Date**

**Thursday, September 13, 2018**

Kimball's Farm Luncheon Event



**Thursday, September 27, 2018**

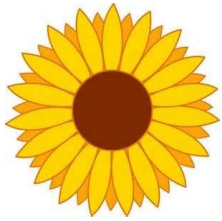
**Isabella—Live Performance by Delevna Theater Group at the Center**

**Wednesday, October 3, 2018**

Charles River Tour/Cheesecake Factory

**\*Sign Ups to be announced\***





Heartfelt  THANKS



**TO OUR VOLUNTEERS!**



With Appreciation





# JUNE BIRTHDAYS



Arnold Peterson  
Terry Burque  
Helen and Harold Carver  
Pat Driscoll

Leona Bombard  
Sonja Carlson  
Evelyn Conlin  
George Suprenant

Matthew Crossen  
Bernice Russo

Hazel Proto  
Mary D'Eon



## GET WELL WISHES

Jackie Gray  
Paul D'Eon



## IN LOVING MEMORY

We express sympathy for the  
loss of our friends



Claire D'Entremont

## Caregivers Support Group

Caregivers support group will meet  
Monday, June 18, 2018  
from 10:30 to Noon

This support group is opened to all who  
are interested. If you have  
any questions, please contact

Laura Pickett at 978-657-  
7595.



## Blood Pressure Clinic

Every Monday at 9:00 a.m.



## PODIATRIST

Every 3rd Wednesday of the Month

Next visit will be on June 20, 2018 at 9:30 a.m.

## The Buzz Book Club

We will be meeting on Monday, June 25, 2018  
at 1:00 p.m.

This will mark our 1 year Anniversary of  
The Book Club!

Please contact the Senior Center if you are inter-  
ested in this popular program!

The June book will be "Lilac  
Girls"  
by Martha Hall Kelly



## Tai Chi

Classes begin on  
Tuesday, June 5, 2018

At 1:00PM

6 weeks

(Session ends on July 10th at 1:00 p.m. )

**Currently Full**

**Greta Nilsen, Certified Instructor**

**Sign up now at the front desk**





## SUMMERTIME HAS FINALLY ARRIVED!

### Our Annual Cook-Out

Wednesday, July 11, 2018 at noon

Come enjoy hot dogs, hamburgers, sausage, chicken,  
Richie's Slush and Fried Dough!

**Tickets:** \$7.00 per person

Sign up on Wednesday, June 6, 2018 at 10:00 a.m.



### Gloucester Lobster Cruise

### Back by Popular Demand!

August 1, 2018

**\$60.00/ticket (non-resident \$89.00/ticket)**

**Sign up Tuesday, June 12, 2018 at 10:00AM**



You will board the new and luxurious Beauport Princess Cruise Ship for a tour through Gloucester Harbor, followed by a delicious "New England Clam Bake". You will then travel to Salem to view displays of Maritime History of the area.

### " FUN DAY "

*Are you Ready for Awesome FUN!*

**FOOD—GAMES—PRIZES**

**Wednesday, August 22, 2018**

Come try your luck at horse racing, roulette, blackjack and L-R-C (left, right center).

We are lucky to have Blue Ribbon Barbeque provide lunch for this great event .

The cost will be \$7.00 per person.

Games will begin at 10:00 AM—with the first horse race taking place at 11:00AM.

The tickets for the games will be \$5.00 for 25 tickets.

Then at 3:00 PM, an Auction will be held where participants can "bid" on a number of prizes—at the auction.

Don't miss out on this day of fun. Space is limited. Sign up will be on Monday, July 9, 2018

**Summer Fun Day!**



## COMPUTER NEWS FOR JUNE 2018

### NEW SERVICE FOR OUR SENIORS!

The “Photo Whisperer” is now setting up shop in our computer room.

Do you have a photo that looks something like this?



Wish someone could “fix” it so it looks something like this?



**If you do, then come in any Tuesday or Thursday morning and ask Tony if he thinks he can breathe life again into your damaged photograph.**

Because this is a new venture, we ask that those of you looking to take advantage of this service to follow these guidelines:

1. One photo per person (for now). Please don't bring in a stack of pictures.
2. Black & White photos preferred. We can repair colored pictures, but our printer can only produce black & white photos, so keep this in mind.
3. Since our printer can at most handle 8”x10” paper, this is the maximum size photo we can work with. We prefer 4”x6” or 5”x7” pictures.
4. Please let Tony decide if he can repair your photo because sometimes the repair required is beyond his skills, or the damage is beyond repair.
5. Tony is still primarily here to offer computer help, so as always feel free to walk in.
6. Of course making an appointment is always better, so see Paula if you wish to make an appointment.

### **Bocce Is Back!!**

**The court is cleaned up and ready for a summer of fun! Grab your sneakers and a friend and make some teams and have a blast.**

**The balls and scoreboard are the front desk.**



### GUESS WHO?

This is the baby picture of someone who comes to the Center! Take a close look and place your answer in the container located on the front counter or call the center with your answer.

A Prize will be given to one winner!




#### Clues:

1. Always smiling & laughing
2. One of our great knitters
3. Enjoys walking

**GOOD LUCK!**



# June 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				<i>Intermediate Bridge Group—Thursdays</i> 9:30 - 11:30 Game Room	<b>1</b> 10:00AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:30 PM Cards	<b>2</b>
<b>3</b> <b>WHS Graduation</b> At 1:00 PM 	<b>4</b> 9:30AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 12:30PM Wii Bowling	<b>5</b> 9:00AM Zumba 10:30 MiddleSchool Chorus 10:30 AM WMS Chorus 1:00 PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga	<b>6</b> 9:30AM Beading Class 9:45 AM SBF Exer 11AM Special Exer. 1:00 PM Line Dancing 1:00 PM Cards 3:00 PM Fun Singers <b>Sign-up Annual Cook-out</b>	<b>7</b> 8:00 Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day 1:00 PM Ceramics 7:30PM Calendar Girls Trip	<b>8</b> 10:00 AM Video Exercise 10:00AM Sewing Class 11:00 AM Special Exercise 1:00 PM Bingo 1:30 PM Cards	<b>9</b> Fun Singers At Woodbriar and Windsor Place
<b>10</b>	<b>11</b> 9:30AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 12:30PM Wii Bowling	<b>12</b> 8:00 Walking 9:00AM Computer 9:00AM Zumba 10:30 AM Aerobics 1:00 PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga <b>Sign-up Lobster Cruise</b>	<b>13</b> 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Cards 1:00PM Line Dancing 3:00 PM Fun Singers	<b>14</b> 8:00Walking Group 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day 1:00 PM Ceramics 1:00 Stress Management	<b>15</b> 10:00AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:30 PM Cards	<b>16</b>
<b>17</b> 	<b>18</b> 9:30AM Blood Pressure 9:45AM SBF Exercise 10:30AM Caregivers Group 11AM Special Exercise 12:30PM Wii Bowling	<b>19</b> 8:00Walking 9:00AM Computer 9:00AM Zumba 10:30 AM Aerobics 1:00 PM Mah Jongg 1:00PM Tai Chi 2:30PM Gentle Yoga 4:30PM Lowell Spinners	<b>20</b> <b>9:30AM Podiatrist</b> 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Cards 1:00 PM Line Dancing 3:00 PM Fun Singers performing off-site	<b>21</b> 8:00Walking 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day 1:00 PM Ceramics 1:30PM Commissioner's Meeting 4:30 -7:30PM Game Night	<b>22</b> 10:00AM Video Exercise 10:00AM Sewing Class 11:00 AM Special Exercise 1:00 PM Bingo 1:30 PM Cards	<b>23</b>
<b>24</b>	<b>25</b> 9:30AM Blood Pressure 9:45AM SBF Exercise 11AM Special Exercise 12:30PM Wii Bowling 1:00PM Book Club	<b>26</b> 8:00 Walking 9:00AM Computer 9:00AM Zumba 10:30 AM Aerobics 1:00PM Tai Chi 1:00 PM Mah Jongg 2:30PM Gentle Yoga <b>Special Homebound Meals</b>	<b>27</b> 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Cards 1:00 PM Last Line Dancing 3:00 PM Fun Singers	<b>28</b> 8:00Walking 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/Crocheting 1:00 PM Game Day 1:00 PM Ceramics	<b>29</b> 10:00AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:30 PM Cards	<b>30</b>



**"BETTER TOGETHER"**

**What better place to be than at the Buzzell Senior Center!**





# TOWN OF WILMINGTON

PRESORTED  
STANDARD  
US POSTAGE PAID  
WILMINGTON, MA  
PERMIT NO 10

CURRENT RESIDENT OR



## ACTIVITY PROGRAMS

### MONDAY

BLOOD PRESSURE CLINIC 9:30  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
QUILTING 1:00

### TUESDAY

WALKING GROUP 9:00  
ZUMBA 9:00  
COMPUTER CLASS 9:00  
AEROBICS 10:30  
Wii BOWLING 12:30

### WEDNESDAY

CRAFT CLASS 9-12  
SBF EXERCISE 9:45 - 11  
SPECIAL EXERCISE 11-12  
COUNTRY LINE DANCING 1:00  
CARDS 1:30-4  
FUN SINGERS 3:00  
GENTLE YOGA 3:45

### THURSDAY

WALKING GROUP 9:00  
ACRYLIC PAINTING 10:00  
AEROBICS 10:30  
KNITTING/CROCHETING 11:00  
CERAMICS 1:00  
CRIBBAGE/GAME DAY 1:00

### FRIDAY

VIDEO EXERCISE 10-11  
SPECIAL EXERCISE 11-12  
BINGO 1-3  
CARDS 1:00-4

### DAILY

GAME ROOM -SOCIALIZATION  
KITCHEN 9-4:30

## SPECIAL PROGRAMS

### PODIATRIST

3<sup>RD</sup> WEDNESDAY OF THE MONTH  
9:30

### SHINE COUNSELOR

CALL FOR PERSONAL  
APPOINTMENT

### HOME DELIVERED MEALS

MONDAY-FRIDAY  
COST \$2.00  
CALL FOR INFO  
978-657-7595

### COMMISSIONER'S MEETING

3<sup>rd</sup> THURSDAY OF EVERY MONTH  
AT 1:30 PM

### SENIOR VAN

#### SERVICES

MONDAY THRU FRIDAY  
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST  
CALL TO SCHEDULE PICKUP AT LEAST 48  
HOURS IN ADVANCE. VAN SERVICES A 13  
MILE RADIUS OF WILMINGTON.