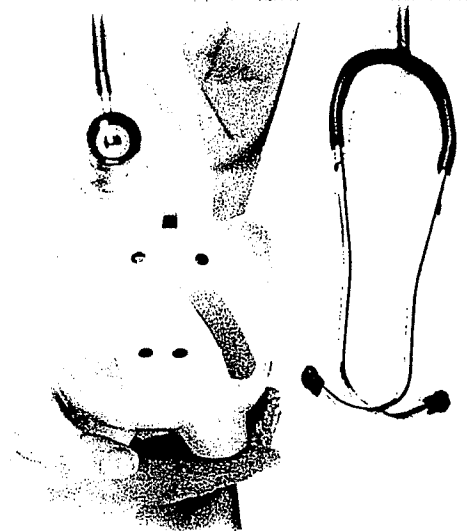




Save up to 30% on eligible expenses

Enroll in a TASC Benefit Account so you can use pre-tax dollars to pay for common, everyday expenses.

Below is a partial list of reimbursable expenses that may be incurred by you, your spouse, or qualified dependents.



Eligible Medical Expenses

- Acupuncture
- Artificial limbs
- Bandages
- Birth control, contraceptive devices
- Birthing classes/Lamaze – only the mother's portion (not the coach/spouse) and the class must be only for birthing instruction, not child rearing
- Blood pressure monitor
- Chiropractic therapy/exams/adjustments
- Contact lens and contact lens solutions
- Co-payments
- Crutches (purchased or rented)
- Deductible and co-insurance
- Diabetic supplies
- Eye exams
- Eyeglasses, contacts, or safety glasses (prescription)
- Flu shots
- Hearing aids and hearing aid batteries
- Heating pad
- Incontinence supplies
- Infertility treatments
- Insulin
- Lactation expenses (breast pumps, etc.)
- Laser eye surgery; LASIK
- Legal sterilization
- Medical supplies to treat an injury or illness
- Mileage to and from doctor appointments
- Nasal strips
- Optometrist's or ophthalmologist's fees
- Orthopedic inserts
- Physical exams
- Physical therapy (as medical treatment)

- Physician's fee and hospital services
- Pregnancy test
- Prescription drugs and medications
- Psychotherapy, psychiatric and psychological service
- Sales tax on eligible expenses
- Sleep apnea services/products (as prescribed)
- Smoking cessation programs
- Treatment for alcoholism or drug dependency
- Vaccinations
- Wrist supports, elastic wraps
- X-ray fees

Eligible OTC Medicines and Drugs

Over-the-counter (OTC) medicines and drugs, except for insulin, require a prescription from your physician to be reimbursable.

- Bengay, Flexall, pain relieving creams or gels
- Calamine lotion
- Canker/cold sore relievers
- Cold medicines
- Corn removal
- Diaper rash ointment
- GasX, baby gas drops
- Hemorrhoid creams and treatments
- Hydrogen peroxide or rubbing alcohol
- Indigestion or anti-acid relievers
- Laxatives
- Nicotine patch
- Pain relievers (Tylenol, Advil, Aspirin, etc.)
- Sinus medicines
- Suppositories
- Teething gel
- Wart removal medication

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Determine if your Dependent Care expenses qualify for FSA reimbursement



The FlexSystem Dependent Care FSA allows you to use pretax dollars to pay for eligible expenses related to care for your child, disabled spouse, elderly parent, or other dependent who is physically or mentally incapable of self-care, so you (or your spouse) can work, look for work, or attend school full time. Medical expenses for your dependent are not eligible for reimbursement under the Dependent Care FSA.

Eligibility for the dependent care benefit requires that certain criteria be met, which is outlined in this document.

- A) The dependent care expenses must be work-related. The care must be necessary for the employee and/or the employee's spouse to work, to look for work, or to attend school full-time, or if they are physically unable to care for their children.
- B) The dependent care expenses provided during a calendar year cannot exceed \$5,000. In the case of a separate return by a married individual, the limit is \$2,500. This amount may be less if the employee's earned income or spouse's earned income is less than \$5,000.

The dependent care expenses must be for the care of one or more qualifying persons. A "Qualifying Person" is defined as one of the following:

- A) A dependent who was under age 13 when the care was provided and for whom an exemption can be claimed.
- B) A spouse who was physically or mentally not able to care for himself or herself, and lived with you for more than half the year.
- C) A dependent who was physically or mentally not able to care for himself or herself and for whom an exemption can be claimed, and lived with you for more than half the year.

Eligible and Ineligible Expenses for Dependent Care FSA Reimbursement (partial list):

Allowed for Reimbursement:

- Fees for licensed day care or adult care facilities
- Before and after school care programs for dependents under age 13
- Amounts paid for services (including babysitters or nursery school) provided in or outside of your home
- Nanny expenses attributed to dependent care
- Nursery school (preschool) fees
- Summer Day Camp – primary purpose must be custodial care and not educational in nature
- Late pick-up fees

NOT Allowed for Reimbursement:

- Medical expenses
- Baby-sitter in or out of your home for reasons other than to enable you to work
- Activity fees/ educational supplies
- Food, clothing, and entertainment
- Transportation expenses
- Child support payments
- Kindergarten fees
- Overnight camp
- Late payment charges

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Easily access your FSA while on the go!

TASC Mobile provides quick and easy access to your FlexSystem account(s)—from anywhere at any time.

Securely check real-time balances, request a reimbursement, view transaction details, and review plan information...all from your mobile device.

MyTASC Mobile App

Download the app for free to your smartphone or tablet. Securely log in using your current MyTASC username and password to conveniently perform the following functions:

- Submit a request for reimbursement for out-of-pocket FSA expenses. Upload pictures of receipts with phone camera.
- View real-time account balances and transactions for active and closing Plans, and your MyCash account.
- Review FlexSystem Plan information and annual contributions.
- Enable login memory for faster return access (per device).

MyTASC Text Messaging (SMS)

Text messaging is available for convenient access to your FlexSystem account(s) from your mobile phone through instant two-way communication.

- Request your current account balance
Text "TASC Bal" to number 41411
- Receive automated reimbursement status alerts

Available for these FlexSystem Plans

- Healthcare FSA
- Limited Purpose FSA
- Dependent Care FSA
- NESP Account

Get Started Today!

Download the MyTASC Mobile App on your mobile device today for easy, secure, and convenient account access. *It's free and available on the following platforms:*

Apple® App Store | Android Google Play™

Activate MyTASC Text Messaging and/or email notifications online by logging in to your MyTASC account online and selecting "Set Notifications."

Get more information about TASC Mobile at:
www.tasconline.com/mobile



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